## MIS761 Cyber Security Strategies

Dept. of Information Systems & Business Analytics

**Deakin Business School** 

Week 7 – Contingency Planning





Contingency Plan	Primary Intentions	Main Characteristics	Benefits
Incident Response	<ul> <li>Detect and respond to security incidents.</li> <li>Limit the effects of an information security event.</li> </ul>	<ul> <li>Set of instructions for various potential scenarios (e.g., data breaches, DDoS attacks).</li> <li>Provides clear guidelines for response.</li> </ul>	<ul> <li>Reduces effects of security events.</li> <li>Limits operational, financial, and reputational damage.</li> <li>Faster incident response. Early threat mitigation.</li> </ul>
Disaster Recovery	<ul> <li>Restore IT operations after a disaster.</li> <li>Recover data and systems.</li> </ul>	<ul> <li>IT-specific.</li> <li>Focuses on the IT systems that support business functions.</li> </ul>	<ul><li>Quick restoration of IT services.</li><li>Minimized data loss.</li></ul>
Business Continuity	<ul> <li>Ensure continuous business operations during a disaster.</li> <li>Maintain essential functions during and after a disaster.</li> </ul>	<ul> <li>Focuses on business processes.</li> <li>Ensures that essential functions can continue during and after a disaster.</li> </ul>	<ul> <li>Minimized business operation interruptions. Ensures business survival.</li> </ul>

#### Incident Response Life Cycle

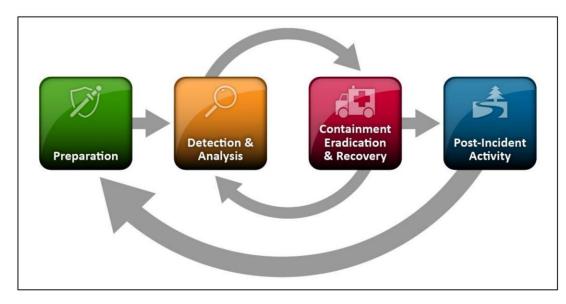


Figure 3-1. Incident Response Life Cycle

- Preparation: Establish and train teams, acquire tools, implement controls
  - Focus on risk assessment and minimizing incidents
- Detection and Analysis: Identify, categorize, and prioritize unusual activity
  - Analysts spend most working hours in this phase
- Containment, Eradication, and Recovery: Stop the spread, remove infection, restore operations
  - Develop a plan based on detection insights
- Post-Incident Activity: Review and document lessons learned, improve processes
  - Conduct after-action reports, update plans for future incidents

- -Elements of an Incident Response Plan
- Purpose Statement: Why and what types of incidents the plan covers
- Clear Strategies: Prioritize actions like containment or preservation
- Roles & Responsibilities: Who handles incidents and their authority
- Communication: Team, organization, and third-party coordination
- Senior Management Approval: Essential for executing unpopular actions

- Developing Your Plan
- Reference NIST SP 800-61: Guides decision-making in planning
- Resources/Templates:
  - ACSC Emergency Response Guide (cyber.gov.au)
  - Cyber Security Incident Response Planning: Practitioner Guidance |
     Cyber.gov.au
  - <a href="https://www.vic.gov.au/sites/default/files/2019-07/VicGov-Cyber-Incident-Response-Plan-template.docx">https://www.vic.gov.au/sites/default/files/2019-07/VicGov-Cyber-Incident-Response-Plan-template.docx</a>
- Adapt to Your Needs: Customize based on organizational requirements

## - Building IR team

- Critical Asset: A well-trained team is key to managing incidents
- 24/7 Availability: Assign primary and backup personnel for coverage
- Professional Development: Opportunity to sharpen technical skills
- Key Team Members: Management, cybersecurity, technical experts, legal, PR, HR, physical security
- Readiness Focus: Design and train your team for effective response
  - Regular Collaboration: Meet regularly, not just during incidents
  - Plan Testing: Ensure the team works well together and is prepared

- Enhancing Team Capabilities
- Identify Gaps: Assess team's capacity to handle incidents
- External Support: Consider retaining external incident response providers
- Advance Planning: Secure contracts before an incident occurs

#### Communications and Facilities for IR

- Preparing Communication Needs: Ensure effective internal and external communication
  - Prepare accurate contact lists and on-call schedules
  - Consider primary and backup communication methods
- Facilities Planning: Determine location and resources for response
  - Decide between central location or remote work
  - Ensure necessary equipment (computers, network access) is available
- Information Tracking: Plan for how to track incident details
  - Options: Electronic systems, spreadsheets, whiteboards
- Contingency Plans: Develop backup plans for communication and facilities
  - Address potential roadblocks (e.g., no cell service, equipment failures)
- Training and Preparation: Train staff on tools and procedures in advance
  - Test communication and facility plans through exercises

## - External Information Sharing

- Media Interaction: Establish a single point of contact
  - Limit details shared; avoid technical specifics
  - Prepare responses for common media questions
- Law Enforcement: Involve early if prosecution is desired
  - Coordinate with a designated contact, often from legal
  - Balance business needs with evidence preservation
- Training and Preparation: Ensure staff know what can be shared
  - Use standard phrases to redirect media inquiries
- Communication Strategy: Keep messages clear and concise
  - Avoid statements that could aid attackers

- Continuous Monitoring for Incident Detection
- Perpetual Monitoring: Always watch for signs of incidents
- **Incident Identification:** Requires a robust security monitoring infrastructure
- Data Responsibility: Collect, analyze, and retain security information
- Information Sources: IDS/IPS, firewalls, authentication systems, logs, etc.

- Utilizing SIEM Technology
- Security Information and Event Management (SIEM):
   Centralized log repositories and analysis tools
- Data Correlation: SIEMs handle massive amounts of log data
- Incident Detection: Rules and algorithms flag potential incidents
- **Centralized Investigation:** Provides a unified information source for investigators

- Handling External Reports of Incidents
- **Detection Gaps:** Sometimes, monitoring systems fail to detect incidents
- External Alerts: Reports from employees, customers, external entities
- Consistent Methods: Receive, record, evaluate external incident reports
- Quick Response: First responders must act quickly to contain damage

- Escalation and Notification Process
- Evaluate Severity: Assess incident based on organizational impact
- Appropriate Response Level: Escalate incident to suitable response team
- Notify Stakeholders: Inform management and stakeholders about the incident
- Triaging Process: Identify potential impact after containing an incident
- Severity Rating: Use scale low, moderate, high impact

- Incident Impact Levels and Response
- Low-Impact Incidents: Minimal effect; handled by first responders
- Moderate-Impact Incidents: Significant effect; triggers team activation and management notification
- **High-Impact Incidents:** Critical damage; immediate full response and executive notification
  - Standby Status: Non-critical members on alert during high-impact incidents
- Clear Process: Must have tools and contacts ready for escalation
- Automated Solutions: Consider tech to automate team response

- Immediate response: First Responder Actions
- First Responder Priority: Contain damage by isolating affected systems
- System Isolation: Quarantine to cut off compromised systems
- Integrate Intelligence: Combine incident response with threat intelligence
- Counterintelligence: Thwart adversaries' efforts to gather information

# Containment, Eradication, and Recovery - Incident Mitigation and Containment

- Containment Goals: Prevent spread, minimize damage, control recovery costs
- Containment Activities: Focus on controlling scope and impact
- Six NIST Criteria:
  - 1. Potential for Damage/Theft: Evaluate risk of further damage or theft
  - 2. Evidence Preservation: Consider need to preserve evidence
  - 3. Service Availability: Assess impact on service availability requirements
  - 4. **Time and Resources**: Evaluate resources needed to implement strategy
  - 5. **Effectiveness**: Determine if strategy fully or partially contains incident
  - 6. **Duration**: Consider how long the containment solution will last

- Considerations During Containment
- Balancing Act: Align business needs with security objectives
- Responder Judgment: Use best judgment; consult management and stakeholders
- Attacker Awareness: Containment may alert attackers; expect rapid response
- Semi-Stable State: Aim for limited business operations with temporary solutions
- Prepare for Recovery: Ensure organization is ready for recovery and reconstitution

- Containment strategies—Segmentation
- **Segmentation Purpose:** Limit attack spread without alerting the attacker
- **Network Segmentation:** Divide networks into logical segments by user or system
- Quarantine VLAN: Move compromised systems to a separate VLAN
- Access Controls: Restrict communication to prevent further spread

- Containment strategies—Isolation
- Isolation Strategy: Disconnect compromised systems from the main network
- **Separated Network:** Systems remain connected but isolated from the organization
- Controlled Communication: Systems may still communicate externally, including with attackers
- Advanced Containment: Higher level of security than segmentation

- Containment strategies—Removal
- Removal Strategy: Fully disconnect compromised systems from all networks
- No Communication: Systems can't connect with others or the internet
- Alerting the Attacker: Attacker knows detection, but prevents further damage
- **Decision Making:** Balance investigation, damage prevention, and business impact

- Eradication and Recovery
- Eradication Objective: Remove all traces of the security incident
- Securing Accounts: Protect compromised user and administrator accounts
- System Reconstruction: Rebuild or reimage compromised systems and devices
- Prevent Backdoors: Ensure attackers can't regain access post-recovery

- Recovery Objective: Restore normal business operations securely
- Linked Activities: Eradication and recovery often occur simultaneously
- **System Rebuild**: Avoid using pre-attack images; address vulnerabilities
- Access Control: Strengthen controls to prevent future incidents

- Identifying and Mitigating Vulnerabilities
- **Prevent Reoccurrence**: Avoid restoring systems to pre-incident state
- Vulnerability Remediation: Identify and fix exploited vulnerabilities
- Endpoint Security: Use whitelisting, blacklisting, and quarantine technology
- Compensating Controls: Deploy controls for uncorrected vulnerabilities

- Improving Cybersecurity Measures
- Tool Enhancements: Update firewall rules and security configurations
- **Device Management**: Reconfigure or deploy mobile device management solutions
- Data Protection: Use data loss prevention and URL filtering tools
- Digital Certificates: Update or revoke compromised certificates

## - Media Sanitization Techniques

- Clearing: Overwrite data to prevent casual analysis
- Purging: Use advanced techniques like degaussing or cryptographic functions
- Destroying: Shred, pulverize, or melt media for total data destruction
- Decision Flow Chart: <u>Use NIST</u> <u>guidelines</u> to choose sanitization method

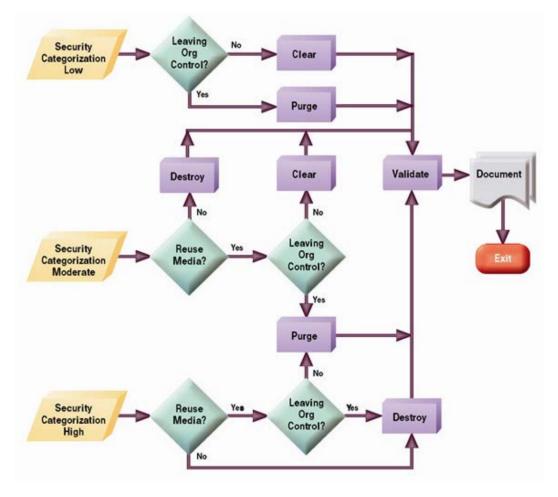


Figure 4-1: Sanitization and Disposition Decision Flow

- Validation: System and Network Checks
- Validate Security: Check all systems, especially compromised ones
- Automated Tools: Use configuration management tools to automate checks
- Patch Updates: Ensure all systems have current security updates
- Vulnerability Scanning: Use scanners to find any exposed vulnerabilities
- Account Review: Verify only authorized accounts exist, no backdoors

- Validation: Logging and Restoration Checks
- Logging Verification: Ensure systems are logging all security information
- SIEM Integration: Confirm all logs are sent to SIEM solutions
- Service Restoration: Verify full restoration of capabilities and services
- Ready for Operations: Ensure readiness for normal business operations
- **Incident Resolution:** Complete validation before moving to post-incident activities

#### Importance of Post-Incident Activities

Post-incident activities often overlooked after recovery

- Four Key Activities:
  - Lessons Learned
  - Root Cause Analysis
  - Evidence Retention
  - Indicators of Compromise
- Purpose: Enhance future incident response efforts and security posture
- Timing: Conduct activities soon after returning to normal operations

- Lessons Learned Process
- Purpose: Reflect on roles and overall response effectiveness
- Method: Conduct sessions led by a neutral facilitator
  - Facilitator should not have been involved in the incident
  - Encourage open and honest feedback
- Timeliness: Hold sessions promptly to capture accurate details
- Outcome: Identify improvements for processes and technologies

- Suggested Questions for Lessons Learned
- Incident Review: What happened and when?
- **Performance Evaluation:** How well did staff and management respond?
- Procedural Adequacy: Were documented procedures followed and effective?
- Future Improvements: What should be done differently next time?
- Information Sharing: How could it be improved with other organizations?
- Preventive Actions: What corrective actions can prevent future incidents?
- **Detection Tools:** What additional tools or resources are needed?

- Root Cause Analysis
- Purpose: Identify what allowed the incident to occur
- Focus Areas: Technical, operational, and managerial causes
- Goal: Improve security program and prevent future incidents
- Approach: Analyze the underlying issues beyond immediate symptoms

- Evidence Retention
- Decision Making: Based on data retention policy and legal considerations
- Retention Guidelines: Determine if evidence should be kept securely
- Chain of Custody: Document and maintain evidence securely
- Legal Relevance: Assess if evidence might be needed for future actions

- Indicators of Compromise (IoCs)
- Review Incident Details: Identify new indicators that could detect incidents
- Update Monitoring: Add new indicators to the security monitoring program
- Future Detection: Improve detection capabilities for similar incidents
- Continuous Improvement: Enhance security tools and processes

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## Key Metrics for Incident Response Effectiveness

- Mean Time to Detect (MTTD): Measures time from incident occurrence to detection
  - Goal: Shorter MTTD for early detection and minimal damage
- Mean Time to Respond (MTTR): Measures time from detection to response action
  - Goal: Quick mobilization to mitigate issues promptly
- Mean Time to Remediate (MTTRM): Time from detection to restoration of normal operations
  - Goal: Minimize MTTRM to reduce impact and recover quickly

#### Analysing Metrics and Alert Volume

- Alert Volume: Number of alerts from security tools and systems
  - Challenge: Excess alerts may indicate false positives or overwhelm teams
  - **Solution:** Optimize tools and processes to focus on critical events
- Using Metrics to Improve: Track trends and identify areas for improvement
  - Example: High MTTD suggests need for better detection tools
  - Example: High MTTR indicates need for improved team coordination
- Continuous Improvement: Metrics guide enhancements to incident response capabilities

#### **Business Continuity Planning Overview**

- Core Responsibility: Ensures business operations continue amid adversity
  - Adversity ranges from minor incidents to major disasters
- Focus of BCP: Maintain operations, also known as COOP (Continuity of Operations Planning)
- Security Objective: Supports the availability aspect of cybersecurity
  - One of the "CIA Triad": Confidentiality, Integrity, Availability
- Common Misconception: Often seen as an operational task, but crucial for security

#### Defining Scope and Conducting a BIA

- **Define Scope:** Clarify what the BCP will cover
  - Which business activities and systems are included?
  - What controls will be considered?
- Business Impact Assessment (BIA): Tool for assessing risks
  - Identifies mission-essential functions and supporting IT systems
  - Assesses risks to these systems, both quantitatively and qualitatively
- Purpose of BIA: Prioritize risks that could disrupt operations
  - Helps in making informed prioritization decisions

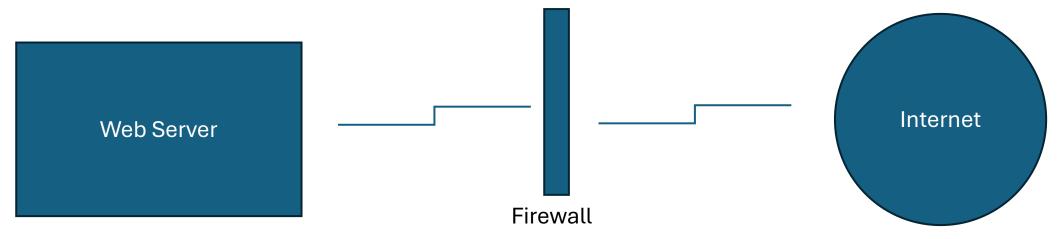
#### Prioritizing Risks and Cloud Considerations

- Risk Prioritization: Focus on risks with highest potential impact
  - Use a risk list ordered by expected loss
  - Prioritize based on risk and cost-effective controls
- Cost-Benefit Example: Justify investments with expected payback periods
  - E.g., flood prevention system to mitigate hurricane damage
- Cloud-Centric BCP: Collaboration between service providers and customers
  - Providers may build infrastructure, while customers replicate services
  - Consider multi-region replication to enhance continuity

#### Importance of Redundancy

- **Redundancy Purpose:** Ensure systems continue running despite component failures
  - Prevents entire system failure from a single issue
- Single Point of Failure (SPOF): Identifying and removing SPOFs is crucial
- Redundant Design: Key to maintaining business continuity
  - Allows operations to continue during predictable failures
- Analysis Process: Regular SPOF analysis helps enhance system reliability

# Examples of Single Points of Failure (SPOF)



- Web Server: A single server failure stops web service
  - Solution: Implement a clustered server farm for redundancy
- Firewall: A single firewall failure blocks internet access
  - Solution: Use high availability firewall pairs for backup
- Network Connections: Single network connection failure disrupts service
  - Solution: Deploy dual network connections for redundancy
- Continuous Improvement: Ongoing SPOF analysis to identify and mitigate risks

## Broader Business Continuity Considerations

- IT Contingency Planning: Consider risks beyond single points of failure
  - Examples: Vendor bankruptcy, capacity shortages, utility failures
- Personnel Succession Planning: Prepare for key staff departures
  - Importance: IT relies on skilled team members
  - Action: Identify successors and provide professional development
- Continuous Assessment: Regularly evaluate and update continuity plans
  - Goal: Mitigate all potential risks to business operations

## Comprehensive Redundancy Strategy

- Combine High Availability (HA), Fault Tolerance (FT), and diversity for robust protection
  - Ensures resilience against a variety of failure scenarios
- High Availability (HA): Ensures systems remain operational despite failures
  - Examples: Clusters of web servers, redundant firewalls
  - Geographic Dispersal: Protects against facility damage
- Technology Diversity: Avoid reliance on a single vendor or technology
  - Prevents simultaneous failure of redundant elements
- Cryptography Diversity: Use different cryptographic controls to reduce risk

## Comprehensive Redundancy Strategy

Fault Tolerance (FT): Makes systems resilient to technical failures

- Power Supply Redundancy: Protects servers from power supply failure
  - Uninterruptible Power Supplies (UPS): Battery backup for short disruptions
  - Managed Power Distribution Units (PDUs): Condition and clean power within server racks
- Storage Protection with RAID
  - RAID Technology: Provides redundancy against single storage device failure
  - RAID is not a backup strategy
  - Regular backups still necessary for catastrophic failures
- Network Redundancy: Prevents network single points of failure
  - Multiple ISPs: Diverse entry points for internet service
  - NIC Teaming: Use of dual network interface cards

#### Understanding Disaster Recovery

- Disaster Recovery (DR): Restores business operations after disruptions
  - Subset of business continuity activities
  - Aims to restore normal operations quickly
- Triggers for DR Plan:
  - Environmental or man-made disasters, like hurricanes, ransomware attacks
  - Internal or external sources, like data center failures or power outages
- Activation of DR Plan: Recognize circumstances and initiate recovery

## Initial Response and Staffing in DR

- Initial Response: Contain damage and restore immediate capacity
  - Activate alternate processing facilities
  - Contain physical damage or call emergency contractors
- Staffing Flexibility: Employees may assume temporary roles
  - Shift focus from normal duties to recovery tasks
  - Training is key for disaster readiness
  - Predefine roles and provide disaster training

#### Communication and Assessment in DR

- Communication: Secure, reliable methods are crucial
  - Includes activation of the disaster plan after hours
  - Regular status updates for field teams and leadership
  - Ad hoc communications for tactical needs
- Assessment Phase: Shifts from response to damage assessment
  - Triage damage and implement recovery plans
  - Intermediate steps may temporarily restore operations

#### Disaster Recovery Metrics and Final Steps

#### Key Metrics:

- RTO (Recovery Time Objective): Targeted time to restore service
- RPO (Recovery Point Objective): Maximum allowable data loss period
- RSL (Recovery Service Level): Required service availability percentage
- Plan Execution: Restore operations in an orderly manner
  - Disaster recovery concludes when normal operations resume
- Training and Awareness: Regular training on roles and responsibilities
  - Periodic training and awareness programs for preparedness

#### Importance of Backups in Disaster Recovery

- Critical Role: Backups are essential for disaster recovery
  - Data is central to business operations
  - Loss of data could be catastrophic
- Purpose: Recover data after technology failure, human error, or disaster
- Safety Net: Ensures data can be restored in emergencies
- Backup Methods: Vary from simple file copying to sophisticated strategies
  - Manual backups are error-prone; automated solutions are preferred

#### Types of Backup Strategies

- Traditional Tape Backups: Still common but hard to manage
- **Disk-to-Disk Backups:** Backup to dedicated disks, often in separate locations
  - Ensures physical disaster won't affect both primary and backup sites
- Cloud Backups: Use storage from providers like AWS, Azure
  - Geographic diversity and provider backups add extra protection
- Backup Location: Choose based on disaster recovery needs

#### **Primary Backup Types**

- Full Backups: Complete copy of all data
  - Provides a full recovery base
- Differential Backups: Copies data changed since the last full backup
  - Restores quicker with fewer files
- Incremental Backups: Copies data changed since the last full or incremental backup
  - Saves space but takes longer to restore
- Restoration Example:
  - Differential: Restore full backup + last differential
  - Incremental: Restore full backup + all incremental backups in sequence

## Common Scenarios for Restoring Backups

- Human or Technical Error: Most common reason for restoring backups
  - Accidental file deletion or system crashes
  - Other unintentional mishaps requiring data recovery
- Disaster Recovery Efforts: Critical for comprehensive recovery after major events
  - Prioritize restoration of essential services first
  - Plan order of restoration based on business needs
- Non-Persistence Goal: Back up critical data, not entire systems
  - Use Infrastructure as Code to rebuild systems
  - Restore only unique data from backups

#### Alternative Restoration Methods and Tools

- Selective Restoration: Revert to last known good configuration
  - Useful for correcting configuration errors
  - Quick resolution without full rebuild
- Live Boot Media: Enables recovery without original operating system
  - Found on USB drives or similar media
  - Boot system from USB to access storage for data recovery
- Backup Strategy Planning: Essential for effective data and system restoration
  - Prepare for both minor errors and catastrophic events
  - Ensure diverse backup methods and tools are available

#### Types of Disaster Recovery Sites

- Hot Sites: Fully operational data centers ready to run
  - Can activate immediately or automatically when primary fails
  - Provides high redundancy but is costly
- Cold Sites: Basic facilities without servers or data
  - Have racks, cabling, network, and environmental controls
  - Low cost but slow to activate (weeks to months)
- Warm Sites: Compromise between hot and cold sites
  - Equipped with necessary hardware and software, not fully active
  - Activation time ranges from hours to days

# Offsite Backup and Storage

- Disaster Recovery Sites: Serve as offsite data storage locations
  - Secure, geographically distant from the primary site
  - Ensures the same disaster doesn't affect both sites
- Site Risk Assessment: Evaluates location risks for site resiliency
- Backup Transportation: Physical or digital transfer methods
  - Physical: Periodic transportation of backups
  - Digital: Site replication using storage area network (SAN) or virtual machine (VM) platforms
- Backup Format Choice: Online vs. Offline backups
  - Online: Immediate availability, higher cost
  - Offline: Requires manual intervention, lower cost

#### Alternate Business Processes

- **Definition:** Alternate methods to maintain operations during disasters
- Example: Paper-based ordering if electronic systems are down
- Purpose: Provides flexibility and continuity during extended outages
- Integration: Part of comprehensive disaster recovery planning
  - Helps ensure business operations continue smoothly
  - Supports rapid adaptation to disaster scenarios

# Types of IR/BC/DR Testing

- Read-Throughs: Simple review of the plan by team members
  - Also known as checklist reviews
  - Provides feedback for updates to keep the plan current
- Walk-Throughs: Group review, also called tabletop exercises
  - Allows discussion and collective understanding of the plan
  - More effective than read-throughs
- Simulations: Discuss response to specific scenarios
  - Involves detailed role-playing exercises
  - May evolve into full-scale, hands-on exercises

#### **Advanced Testing Types**

- Parallel Tests: Activates DR plan without full switch
  - Runs DR environment parallel to the primary site
  - Tests actual technology and procedures
- Full-Interruption Tests: Simulates disaster by shutting down primary environment
  - Tests the organization's ability to operate from DR site
  - Highly effective but potentially disruptive

# Benefits and Strategy of Combined Testing

- Validation of Plans: Ensures incident response and DR plans work as expected
  - Confirms technology functionality and readiness
- Identify Updates: Adjust plans based on technology or business changes
  - Regular feedback loops keep plans current
- Combined Approach: Use multiple test types for comprehensive preparedness
  - Regular read-throughs and walk-throughs supplemented by simulations
  - Periodic parallel and full-interruption tests enhance readiness

#### **After-action Reports**

- Executive Summary: Concise overview of the event and key findings
- Background Information: Context for the event and contributing factors
  - State of environment, external influences, relevant data
- Event Summary: Detailed facts covering who, what, when, where, why
  - Key questions answered to provide a complete picture
- Lessons Learned: Evaluate performance and identify areas for improvement
  - Outline successful processes and areas needing correction
- Next Steps: Clear action plan with responsibilities and timelines
  - Assign accountability for implementing changes