```
#pattern 22 with space
row = int(input('Enter the height: '))

# Generating pattern
for i in range(1,row+1):

    # for space
    for j in range(1, row+1-i):
        print(' ', end=' ')

# for decreasing pattern
for j in range(i,0,-1):
    print(j, end=' ')

# for increasing pattern
for j in range(2,i+1):
        print(j, end=' ')

# Moving to next line
print()
```

