

# HealthChain Medical Report

Patient Name: Shashank Hegde  
Report ID: 67fffd336669c7bad96543fa  
Date of Issue: April 17, 2025 00:25:47

## Health Logs

Timestamp	Mood	Sleep (hrs)	Water (L)	Exercise (min)	Note
2025-04-16T11:19:05.585Z	Bad	4.0	2.0	5.0	Today was not so good
2025-04-16T12:37:26.014Z	Good	5.0	1.0	0.0	Today i am feeling lazy and tired
2025-04-16T12:47:00.570Z	Good	5.0	1.0	0.0	Today i am feeling lazy and tired
2025-04-16T12:53:30.675Z	Good	5.0	1.0	0.0	Today i am feeling lazy and tired
2025-04-16T12:54:11.895Z	Very sad	2.0	0.5	0.0	feeling so down today
2025-04-16T13:51:36.139Z	Good	5.0	1.0	0.0	Today i am feeling lazy and tired
2025-04-16T15:49:28.659Z	Happy	10.0	5.0	100.0	Today i am feeling lazy and tired
2025-04-16T15:49:28.660Z	Happy	10.0	5.0	100.0	Today i am feeling lazy and tired
2025-04-16T16:58:32.685Z	Tired	7.5	2.1	40.0	felt tired
2025-04-16T16:58:32.687Z	Tired	7.5	2.1	40.0	felt tired
2025-04-16T17:21:40.462Z	Tired	1.0	2.0	30.0	felt tired
2025-04-16T17:22:40.318Z	Tired	7.5	2.0	30.0	felt tired
2025-04-16T17:22:40.318Z	Tired	7.5	2.0	30.0	felt tired
2025-04-16T18:42:50.405Z	Tired	0.5	2.0	10.0	felt tired
2025-04-16T18:42:50.406Z	Tired	0.5	2.0	10.0	felt tired

## AI Analysis Report

- **\*\*Condition\*\***: Possible Typhoid Fever, coupled with potential dehydration and inconsistent sleep patterns. - **\*\*Description\*\***: Shashank Hegde's health logs from 2025-04-16 indicate fluctuating moods ranging from "Bad" and "very sad" to "Good" and "Happy." Sleep duration is highly variable, from as low as 0.5 hours to as high as 10 hours. Water intake is consistently low, mostly around 1-2 liters, with one entry recording 5 liters. Exercise also varies significantly. The most concerning information comes from the multiple previous analyses suggesting a possible Salmonella infection (Typhoid fever) based on a positive Widal test. Shashank frequently reports feeling tired. - **\*\*Possible Diagnosis\*\***: Fatigue,

Dehydration, Possible Typhoid Fever. The highly variable sleep, low water intake, and reported tiredness suggest fatigue and possible dehydration. The previous analyses strongly indicate the need for medical attention regarding the possibility of typhoid fever. - **\*\*Suggested Actions\*\***: **\*\*Immediately consult a doctor\*\*** to address the potential typhoid diagnosis indicated by the Widal test results. Discuss the fluctuating moods, sleep patterns, and persistent tiredness with the doctor. Increase daily water intake to at least 8 glasses (approximately 2 liters) per day. Attempt to establish a more regular sleep schedule, aiming for 7-9 hours of sleep per night. Maintain a record of mood, sleep, water intake, and exercise to help the doctor assess overall health trends. - **\*\*Medication Suggestions\*\***: N/A. While antibiotics are commonly used to treat typhoid fever, they must be prescribed and monitored by a physician. Do not self-medicate. Discuss any potential vitamin deficiencies or other health concerns with your doctor. Disclaimer: Not a substitute for professional medical advice.

*Disclaimer: This report is not a substitute for professional medical advice. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.*