



A2

I like the most to know our strength

I want to discover it more

A3 (a poem)

I have seen flowers & fountain

I played a lot there

I enjoyed speaking to my friend there

I played a lot there]

I love that place

I played a lot there

A4

Q: How and when did you get into this trade?

Q: How did you get so good at your trade/skill?

Q: What have been some of your challenges?

Q: What do you gain out of your skill?

Q: How do you see others getting being benefitted?

1. I asked a Person named ___, his shop is famous for "2 Wheeler Repairing" & located father's "4 Wheeler Repairing Shop". He

2. ___.
3. ___.
4. ___.
5. ___.

A5 Build a habit (BAH)

⇒ Follow habit a week (mini habits)

*waking up early

⇒ Create a buddy support system

*check ~~solu's~~ English

A6 Things Not doing

1. not waking up at 5:46am
2. Not creating youtube videos

3 positive of waking up early :

- Energetic feel
- Time to focus on important things
- +ve environment

Managing the situation

- Sleep well & early
- Leave phone at 9:30 pm
- Do work till 8:30pm
- Eat before 7:30 pm