Communication between Host OS and Guest OS (Sharing folders)

1. Go to Devices> Insert Guest Additions CD Image.
2. On the prompt click on Run.
3. Authenticate installation with password
4. VBox_GA will be added to the installation.
5. Open Terminal
6. Add user to vboxsf
   sudo adduser komal vboxsf
7. Go to Machine>Settings>Shared Folders>Machine Folders> +
   A) Choose Folder path
   B) Enter Folder Name by which folder will be visible in VM.
   C) Click on Auto-Mount and Make Permanent
   D) Click ok
8. Shut down and start VM again
9. Shared folder will be accessible via
   sf_<sharedfoldername>
10. We can add or remove the shared
    folders thereafter