



Learning Beyond Boundaries

ADORE is a global voluntary group of college students and professionals, who have come forward together to motivate the budding youth into taking positive action. We conduct interactive sessions for youth in schools, communities, etc. so that they feel a sense of belongingness and flair as a successful and countable professional in the arena of their career, and emerge as aware and responsible citizens and better human beings.

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Youth Unemployment in Kenya

by Alex Kidzagamba, Kenya



The last 2019 census data reveals that the devolved system of government, which was introduced in 2013, still needs to do more to bridge the huge gap in youth unemployment in Kenya. County governments should come up with robust interventions to curb this menace. For instance, forging reliable and long-lasting relationships with the private commercial sector and not-for-profit organizations. Establishing these partnerships will significantly enhance job creation among the youth by reaching out and supporting large numbers of young people at different levels. As a digital literacy champion, I believe that leveraging technology across all sectors of our economy will liberate the Kenyan youth from poverty. I have been at the forefront of advocating for the youth to gain the relevant digital tech skills that will significantly boost their learning outcomes and their work productivity. The positive impact achieved has reinforced my resolve that equipping the youth with the relevant tech skills will revolutionize youth labor hence significantly unleashing the youth's future potential. Collaborations between the public and private sectors will subsequently contribute to tremendous success in imparting the youth with digital tech skills. As has been observed in other advanced developing nations, devolved funds channeled towards youth empowerment programs such as entrepreneurship and self-employment will substantially reduce youth unemployment in Kenya.

The growth rate of youth unemployment in Kenya is alarming. It has led to the majority of the youth in Kenya living in a state of hopelessness. The World Bank report on youth unemployment estimates that nearly 800,000 Kenyans join the labor market every year and only 50,000 succeed in getting professional jobs. Youth unemployment has been described as a ticking time bomb waiting to explode. Currently, unemployment in the country stands at 40 percent & 70 percent of those who are unemployed are under 35 years. Since the inception of devolution in 2013, youth expectations have been high, hoping that devolution will bring services closer to citizens, increase job opportunities and improve governance. Far from it, youth are yet to see the benefits of devolution in their respective countries.



Youth Vs Careers

by Gathoni Ann, Kenya

There is no other great stage in life than youthful age. Everything is available in quantity, from energy, vigor, time, opinions, and ideas. What would happen if all youths throughout the world held a one-time global meeting? The pool of ideas, opinions, thoughts, etc. would be unimaginable.



Who to be

As it is a dream for everyone, every kid goes to school for a well-known bright tomorrow! You good from primary to secondary education - with the aim of being the best in your class, join the tertiary institutions, and most students prefer to go to universities because they think colleges and technological institutions are for those who can't get excellent grades. Choosing subjects is not based on what to be but it is mainly done because you like the teacher, your best friend has also chosen the same, or mainly because of you. don't want to get tired of doing projects and calculations. Senior teachers are also there to teach, get paid, and life goes. Which percentage of the teachers take their time to teach these young and fresh students the best skills to plan their future. Campus students run to do courses with great names like Engineering, law, medicine, education, and economics and look down on courses related to the environment, agriculture, and social work, which are the ones helping the society. However, young people always encounter a great deal of difficulty in deciding what they want for their upcoming life. The well-being of the future is rarely taken into consideration. The lack of information, exposure, and skills in identifying what they want to become in the years ahead has been the main reason the back step in planning a future, which would be, in other words, an ideal future.



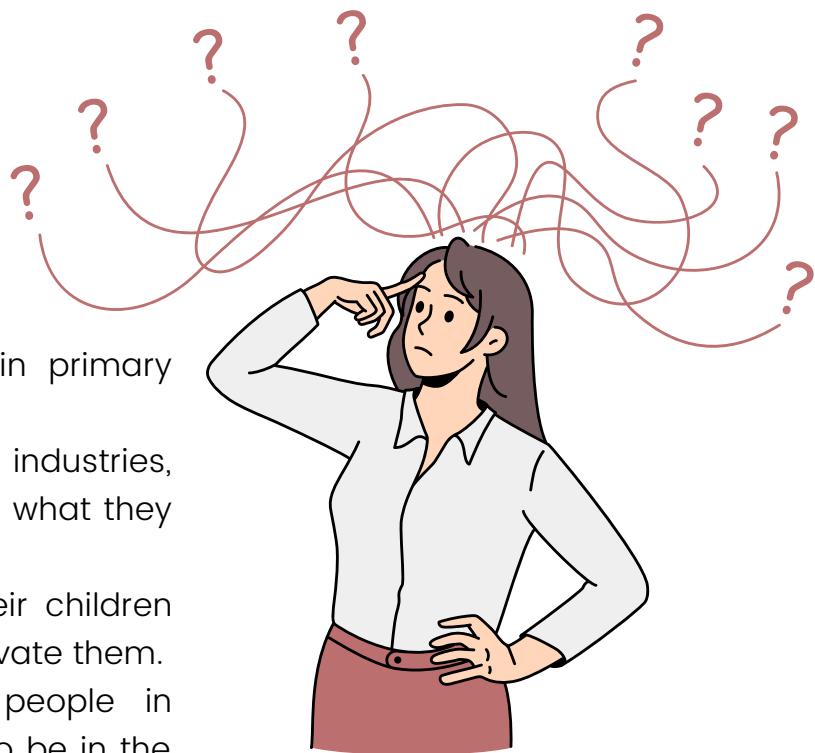
1. Lack of adequate information and exposure to understand what you want to be.
2. Wanting to be like your parents or a person you look up to. This mostly leads to young people getting stuck in careers they don't love or are incompatible with. Most of these young people realize their wrong choice when it's too late and a lot of time has been wasted.
3. Film and TV shows which exalt certain careers and misguide the youths.
4. Lack of nurturing from the root (young age).
5. Not knowing what one wants to do.

Reasons For Encountering Difficulty in Choosing A Career

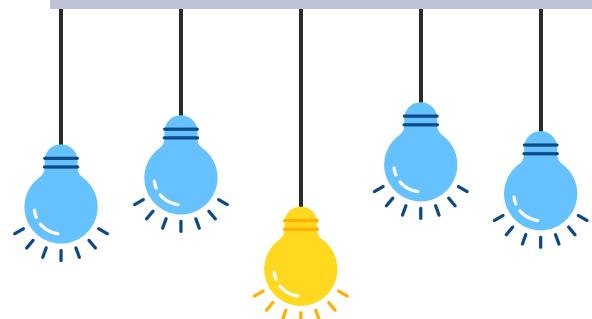
What should be done?

1. Career choice skills should be taught in primary schools.
2. Motivational speakers from all careers, industries, and levels. This would help youth to identify what they really want in future.
3. Parents should take part in realizing their children and adolescents' interests, nurture and motivate them.
4. Youth organizations educate young people in realizing what they need, want and willing to be in the future.

Youth development is a great aspect in building a future for young people. This involves teaching them to understand what they want and love to do, which will help them in the future. Giving this opportunity to youth will create a better path to follow what they want.



Conclusion



Young Leader Activities



Name - Vivan Jarial
Class - 7th



Name - Ansh Tamse
Class - 4th



Name - Varnika
Class - 4th



Name - Preeti
Class - 4th

Webinars

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motivating youth for positive action
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by Muskan Kandoi
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How Important Are First Impressions

- by Ms. Muskan Kandoi, India

7 Building Blocks to Sustainability and Success

- by Dr. Shawn M. Nicholson, USA

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by Bhubaneswar Gorai
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My Career Growth Through Ups & Downs

- by Mr. Bhubaneswar Gorai, India

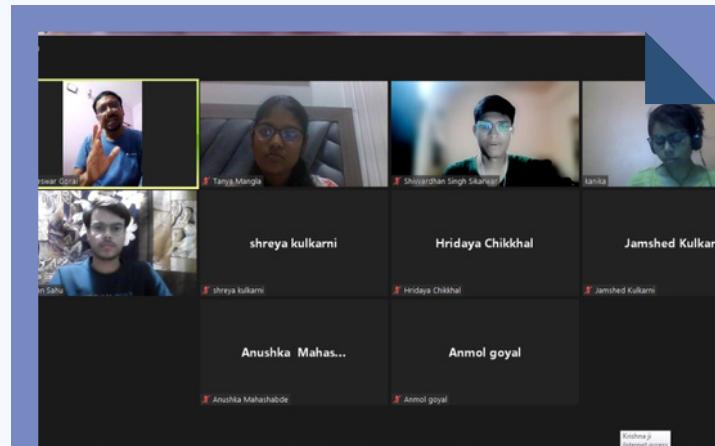
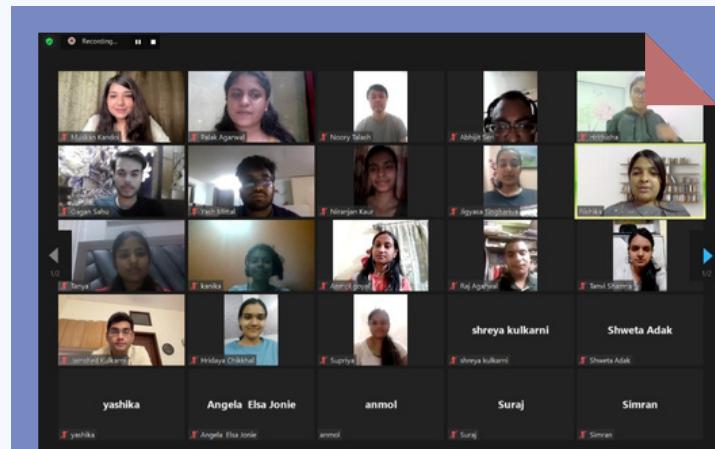
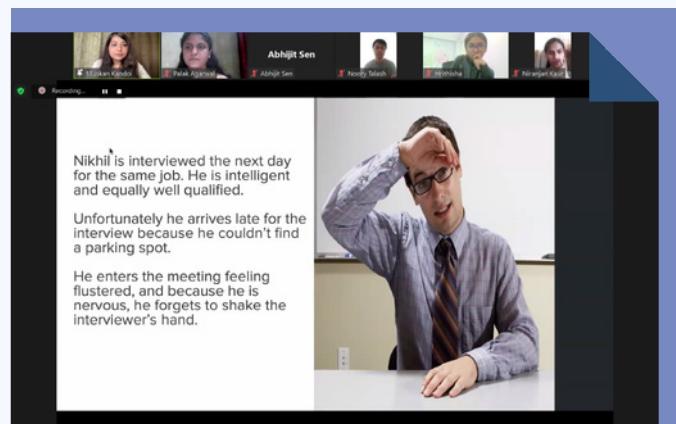
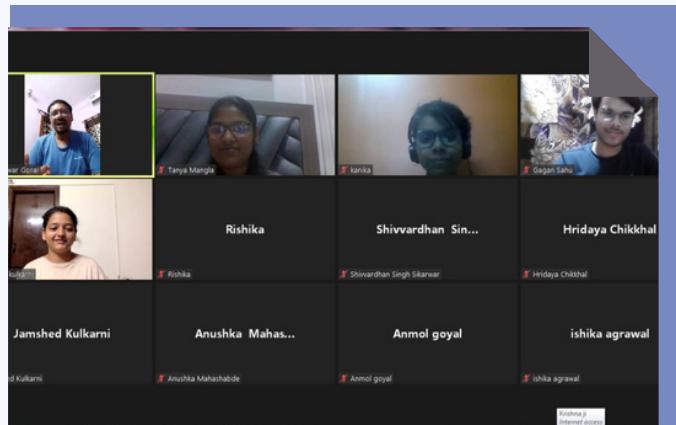
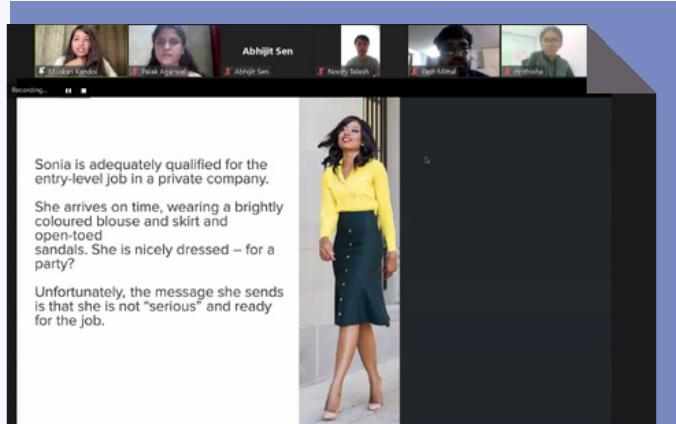
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Presents
CONFIDENCE VS OVERCONFIDENCE
BY MS. SANGEETHA PARAM
(India)
Motivational speaker|TEDx Speaker| Event Anchor| Content Writer
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by Mr. Jamshed Kulkarni
(India)
Aspiring Business Analyst | Founder Datavue.in
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How to become a more Interesting Person

- by Mr. Jamshed Kulkarni, India

Glimpse of the Webinars



Significant Leadership Qualities

by Syed Muzamil, Pakistan

In the world today, leadership qualities are not only required at a professional level but also on a personal level. Leadership on a Personal Level inspires purpose, and personal worth, which is the most important need required all the time from history to now. If we do not find ourselves without a picture of our goals, with a vision of ourselves we cannot become a leader. The challenge of leadership is to be strong but not rude; be kind, but not weak; be bold, but not a bully; be humble, but not timid; proud, but not arrogant; have humor but without folly."

-Jim Rohn



A person who does not accept the reality cannot change his perception, living continuously with the same old perception holds us from living a responsible life.

2. Follow A Discipline

A person who does not accept reality cannot change his perception, living continuously with the same old perception holds us from living a responsible life.

Get yourself disciplined is your next step to become your own leader. "Self-discipline is the ability to do what you should do, when you should do it, whether you feel like it or not."

4. Be Patient Under Difficult Circumstances

A person who does not accept the reality cannot change his perception, living continuously with the same old perception holds us from living a responsible life.

1. Accept the Reality

3. Be Humble to Others

Getting yourself disciplined is your next step to becoming your leader. "Self-discipline is the ability to do what you should do when you should do it, whether you feel like it or not."

5. Have A Learning Mindset

Challenges Facing Youth in Kenya

by Doris Kuri, Kenya

1. Employment creation

There is about 500,000 youth who graduate from various tertiary institutions yearly ready to enter the job market every year. However, due to the slow economic growth, corruption, nepotism, and demand for experience by potential employers, 75% remain unemployed.



2. Empowerment and Participation

One of the greatest challenges in Youth Empowerment and participation is how to ensure that young people are passionate about causing transformation in Kenya. Youth Empowerment and Participation is the quite essential force for causing such transformation. Young people need a youth branded platform from where they can speak powerfully, take appropriate action, and inspire belief that will have a catalytic impact all over the country through youth-led development initiatives. Youth empowerment and participation is a dynamic cycle. Overall, it is anticipated that the outcome of Youth Empowerment and participation is a strong contribution to National prosperity, economic competition, and reduced unemployment. When empowered, young people can contribute greatly toward good governance and democracy with a passionate desire to be catalysts for National Development.



3. Health

The uneven distribution of health facilities in the country continues to widen disparities in affordability and access to medical care. Statistics indicate that only 42% of the population has access to medical facilities within four kilometers and 75% within eight kilometers. Medical personnel is also too few to sufficiently address the health needs of the population, let alone those of the youth. Currently, there is one doctor for every 33,000 people in the rural areas and 1,700 in the urban areas and it is estimated that only 12% of the health facilities are youth-friendly. Health has become a major issue among the youth. Apart from the traditional health problems like malaria, tuberculosis, and the more conservative sexually transmitted diseases, the exponential spread of HIV/AIDS and drug abuse have become issues of major concern. Mental health is increasingly becoming a common problem among the youth. Depression, anxiety, eating disorders, psychosis, and substance abuse are also becoming leading mental problems among the youth. Furthermore, reproductive health is one of the issues with the greatest impact on the youth. Some related problems and side effects include teenage pregnancies and abortion.





5. Crime and Drugs



The early-mid 1980s saw a rapid growth in crime, drug, and substance abuse among the youth in Kenya. Alcohol, cigarettes, khat (miraaj), and cannabis Sativa have remained the most popular abused substances in the country. There is a fast emerging trend of injecting drug use, especially narcotics. Moreover, abuse of drugs is highly associated with the risks of contracting HIV/Aids and other sexually transmitted diseases, especially among the youth. Violent criminal attacks, including rape, mugging, armed carjacking, and home invasions are increasingly being associated with the youth these days. Over 50% of all the convicted criminals are young people aged between 16 and year

4. Education and Training

The 8-4-4 system of education was geared toward imparting appropriate skills to enhance self-employment. However, to the high costs, poverty, and lack of facilities, there have been high school dropout rates. The country's training institutions are also either inadequate or lack the essential facilities and technology to prepare students for the challenging market demands. Recently, sub-standard training institutions have come up to take advantage of the shortage of training opportunities to exploit desperate youth. In most cases, there is no linkage between the training institutions and either the formal or informal (jua kali) sector. The youth trained in these institutions cannot, therefore, be immediately absorbed into the job market.



6. Leisure, recreation, and community service

Leisure, recreation and community service are important for the psychological and physical development of the youth.

It contributes to their personal development by promoting good health, personal discipline, leadership, and team-building skills. It also provides an opportunity for appreciation, participation, and creative experience in leisure, music, art, dance, drama crafts, novelty events service, and cultural activities. This helps engage the youth to make good use of their leisure time, express their beliefs and values as well as promote and preserve local art and culture for the benefit of the future youth. However, current investment in leisure and recreation has not reflected its importance.



7. Youth and Environment

Degradation of the environment, through pollution, poor waste management and deforestation, is a major challenge for Kenya. With the ensuing destruction of water catchments, depletion of fish and other marine stock, pollution of rivers and destruction of plants and animals, the youth cannot be assured of quality life in the future. The need to conserve the environment has become increasingly important and many youth organizations are engaged in activities to protect the environment such as tree planting, clean-up campaigns, biodiversity conservation, wildlife preservation campaigns and agroforestry.



8. Information and Communication

Technology

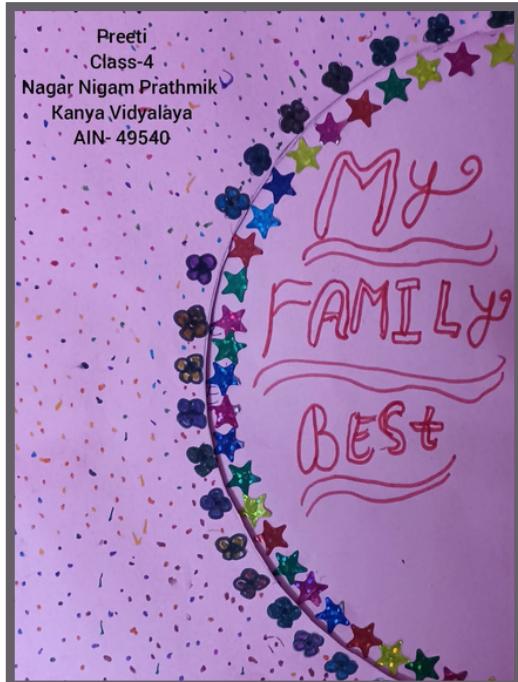
Information and Communication Technology (ICT) may arguably be the most powerful tool for social and economic change. Rapid and continuing growth and development in ICT is transforming the ways in which youth live and work. Using internet for example, youth can get access to both domestic and international education and job opportunities on line. Due to lack of access to information and communication technology (ICT) especially in rural areas, youth cannot exploit their career, business and education opportunities.

9. Youth with Special Needs

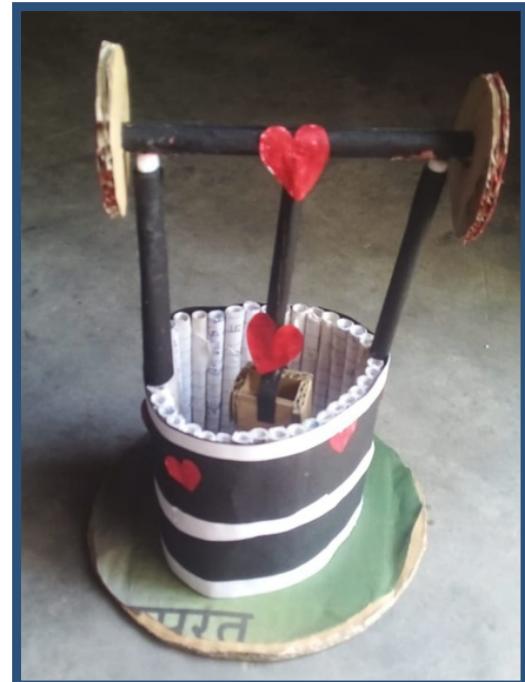
The categories of youths with special needs have been identified as the: Unemployed youth; Out of school youth; Female youth; Youth infected and affected by HIV/Aids; Street youth; physically, and mentally challenged youth; and Youth in difficult circumstances.



Young Leader Activities



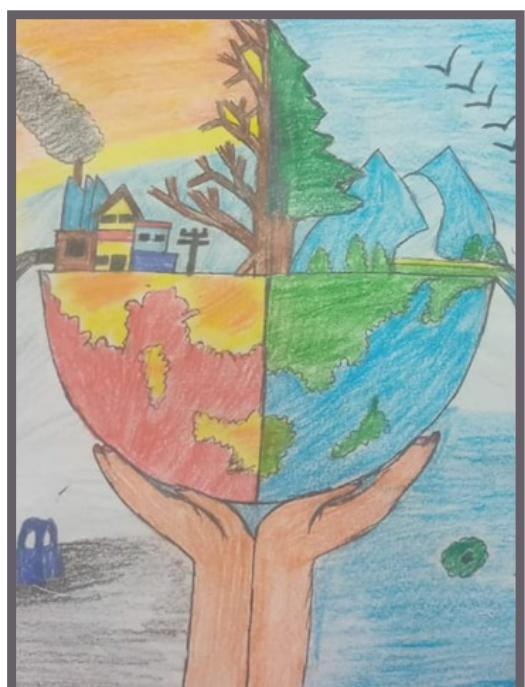
Name - Preeti
Class - 4th



Name - Ayush
Class - 7th



Name - Anup
Class - 5th



Name - Divyanshi
Class - 7th

Kenyan Youths as Agents of Social Change

by Fredrick Ombede, Kenya



More imperatively, there is a need to give chances for Kenyan youths to dream, initiate, and influence their futures both within and outside of their academic surroundings. Providing entrepreneurial possibilities via social innovation is an excellent approach for students to actively employ their intellectual ability and creativity in building companies that will benefit not just them but also their communities long after they graduate (Hamby et al, 2017).

Universities in Kenya are investing in Incubation Centers, which are facilities within universities that foster entrepreneurial training for students and enhance the entrepreneurial culture within the student community, encouraging them to be more proactive in creating opportunities for themselves and their societies while addressing critical social, economic, and environmental challenges.



Kenyan youths, as agents of social change, need a high level of strategic thinking in order to contribute to making Kenya a better place to live. Notably, youths are perhaps regarded as the future generation, with traits such as eagerness and vigor that may help to find new things and establish a better environment for everybody (Liang et al., 2013). The young are seen as social change agents as well as major drivers of the change via strategic thinking. Therefore, the world's rising dynamism needs strategic thinking to assist in addressing this transformation.



In conclusion, Kenya's disgruntled and disillusioned youths are steadily developing an "army" of idle individuals who are easily persuaded. The situation has deteriorated to the point that adolescents have formed gangs for rent to the highest bidder. They are the armed militias that see no harm in committing crimes in order to exist in a world where opportunities and resources are unequally allocated.

Youth of Kenya

by Justa Wachira, Kenya

Young people are the backbone of every country in the world since they are the future leaders and entrepreneurs that will take over after the aging generation. It's upon each country to see that they are equipped and supported in acquiring the necessary skills that will help them contribute economically and socially to the community. In Kenya, there has been a great issue of the youth facing challenges of unemployment which results in them indulging in drug abuse. Many of the youth have gone through the education system and they expect to secure an opportunity in their field of specialization, so when they fail to secure a place it results in them being frustrated. In turn, this will result in stress and depression making them abuse drugs.



Providing mentorship, and training programs that can inspire youth to become entrepreneurs which will result in the start and sustaining viable businesses and attaining financial independence and stability. To make a smooth transition, the youth need to be equipped with the necessary skills, motivation and a good working environment so that they can contribute to the economic, political development and stability.

The majority of the youth are engaged in the informal sector which is largely unregulated and subjects workers to low earnings and long hours without any formal contract. This has resulted in youth engaging in crime and violence others end up in drug abuse and this is a threat to the community and also to the country's economy. Interventions and strategies have been put by different organizations such as the youth platform where they can plan and apply for the youth funds which can enable them to start businesses in which they can generate income and also in turn create employment for others.



Youth Challenge and Opportunities in Tanzania

by Ramadhan Msang, Tanzania

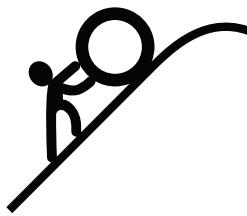
Young people in Tanzania are facing some challenges. Young people constitute a large population, but the main challenge faced by these young people is lack of identity. However, challenges include drugs and substance abuse, which often leads to disrespect towards their elders and a lack of focus in life. Therefore, moral issues are part of the list of problems facing youth in Tanzania. Family is the foundation of good morals and thus, Africa needs a political system that can protect the family. Young people have a crisis of identity where they do not know who they are and their responsibilities in society. Therefore, despite the fact that Tanzania has the largest number of young people in East Africa, these young people have nothing to offer to society. And sometimes these young people have very strong academic credentials, but they are yet to comprehend their part in society.



Furthermore, improved relations between Africa, China, and other countries have opened opportunities for young people to study and work abroad in an attempt to solve the unemployment crisis in Africa. In addition, the internal relations between African nations have improved with an effort to help the youth.

Most countries in Africa are rooting for economic integration, which will open markets to African countries within a specific region. For instance, Rwanda has opened its markets to other African countries like Kenya, Uganda, and Tanzania, among others, for foreign direct investment and trade.

Unemployment among young people is also a problem facing Tanzanian youth. And this gives them a licence to engage in criminal activities and drug abuse. However, the young possess a great deal of talent and creativity, which can be harnessed to change the world. This calls for youth empowerment, where the youth are given information and education so that they can be aggressive and objective in their approach to life. All the above problems facing the youth in Tanzania have affected or influenced the foreign policy in Tanzania. That is the internal relations between the African countries themselves and Africa as a whole with the rest of the world. For instance, Africa has opened itself to China to try and curb the unemployment crisis in the region. By so doing, China has established over 800 corporations in Africa, which target young intellectual minds.



Nigerian Youths And Materialism

by Damilola Onasanya, Nigeria

Youths globally face a lot of issues today, but I want to focus on NIGERIAN YOUTHS AND MATERIALISM.

What is MATERIALISM?

Materialism is the attitude of someone who attaches a lot of importance to money and wants to possess a lot of material things.

A NIGERIAN YOUTH

A Nigerian youth is anyone within the age range of 18-35 years. Based on this, it is evident that youths make up the bulk of the Nigerian entity. Nonetheless, the number of sound youths who have a vision and are focused on Nigeria is less than the total number of youths in general.

EFFECTS ON THE NIGERIAN YOUTHS

The majority of Nigerian youths hardly see beyond the present as their senses of reasoning are dull. All they want is things in trend, which prove to be valueless with the speedy passage of time. It is little wonder that many of them are bent on riding in the latest exotic cars. Some others want to use the latest iPhone. This could probably be the reason why there is a rise in the number of criminals arrested by law enforcement agents, the economic and financial crimes commission among others. Though this is not a bad phenomenon, there is much more to life than all these.

WHO IS TO BE BLAMED?

Society

We live in a society that promotes materialism and youths are taught to measure success and happiness in life based on how much stuff they have, which shouldn't be.

The inability to provide viable jobs and employment has coaxed many youths to engage in different things just to keep their body and soul together. No wonder, many go to the extent of engaging in cyber crimes and other forms of unwholesome practices just to be called "BIG BOYS/GIRLS" in town, drive exotic cars, live in high-end apartments.

Government

Homemade

The last factor that takes the blame is the homemade up of parents and guardians alike. It is sad to say that many youths have imbibed the ugly culture of mediocrity and materialism due to the fact that their parents who are meant to be role models and good examples are behaving in the other way round. What is the end result? The children (now youths) become hooligans who see the street as their home. In reality, you cannot give what you don't have in the parenting world.

Curbing Materialism

A materialistic view on life can result in dissatisfaction when one doesn't have enough and can negatively affect a person's life.

Inspiring youths to pursue lives of greater value -

A life not defined by their possessions but by their actions and dreams may very well spare them financial burdens and empty promises of happiness.

It is difficult to keep Nigerian youths out of the materialistic trap because of our society's increasing culture of "buying more". However, their spending habits can be curbed by parents, other youth that are not materialistic, and other adults who have the ability to shape their thoughts and decisions on materialism before they get themselves into debt or other trouble.

Other Options Are -

- Encourage idealism
- Model Simplicity
- Identify Ad messages
- Discourage Entitlement
- Establish goals and challenges
- Avoid the status game



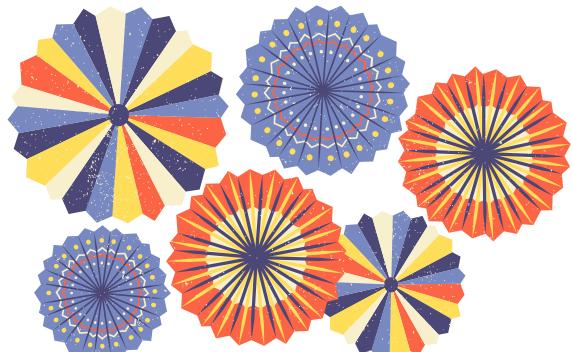
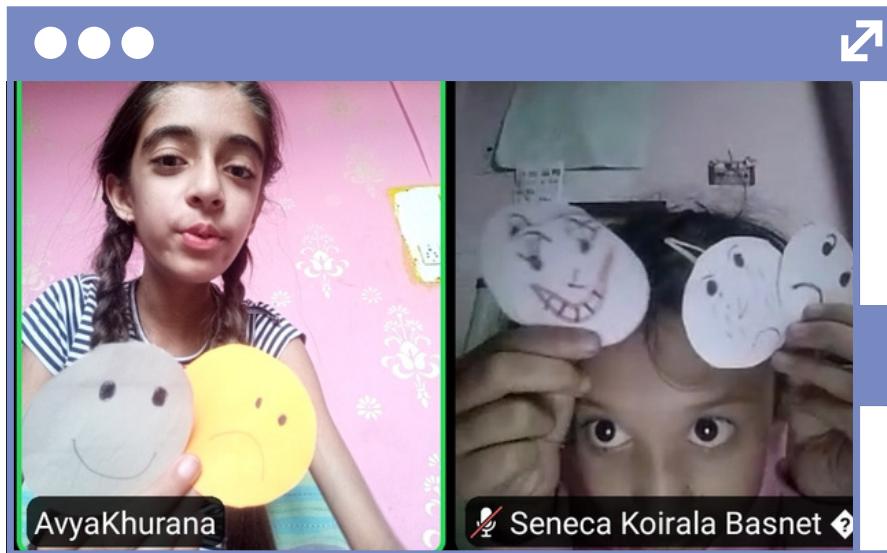
Finally,

Nigerian youths need to be taught the greatest thing in life so they can see that their happiness is not determined by the amount of possessions they have.

E – Sessions

KIDS CAMPUS PRIMARY SCHOOL KATHMANDU, NEPAL

Conducted By Avya Khurana,
Topic – Emoji Making



High Number Of Unemployed Youth In Tanzania

- by Noel Lema, Tanzania



Over the past 3 years, a great deal of attention in employment has been a problem in our country. This led to the increase in number of unemployed people, especially youth. The majority of youth stay at home with nothing to do as a job so as they could get their daily basic needs, bring changes in their family and society as well. This led to the occurrence of higher competition in the private sector, whereby many youths try to fight for the fittest to get jobs so as they could earn income and their basic needs. Many youths are affected by various situations such as, depression, corruption especially sex corruption to many young girls, nepotism and other lack their own right in order to be hired in various organizations. This is because most of them are from poor families.

In Tanzania we have many talented youths in various aspects, but few of them were supported by both public and private sectors. While a high percentage of them has a lack of encouragement, small capital so as they could develop their talents. Few of them are engaged in entrepreneurship activities so as they could get just a bread to feed their families. In short we have a high number of unemployed youth in our country and this is due to high birth rate, low gross national income and poor government support.



In advance many youth nowadays think outside the box meaning that they are not depending on employment from the government/ private organization something which is so great due to time, but they engage in entrepreneurship activities like motorcycle, saloon, restaurant and agricultural activities. Due to the increase in number of the unemployed people in the society especially for youth, the basis below helps to eradicate the notion of depending chance of employment through asking questions and having answers which opens the other door of the development and impacting society through its actions.

Encourages success in our life easily at a right time. But also believing in yourself gives the good path of attaining goals, this is because working hard pays a lot, and it's not by mistake to exist but to fulfill the inner driving force of yours to become true for successful life. What is your Occupation Dream? Most of the youth occupation dreams which lives in their heart is to have a great successful life through engaging in different career businesses and co-operation with others which is the most powerfully important thing in the world because there are people who are more knowledgeable so that we can share different skills and knowledge which could help in our daily activities in the society.



As part of that, volunteering for different issues in our society play a vital role, and it's among the driving force that society expects from youth because both youth and society can benefit. This can raise the emotion of other young people to apply the spirit of volunteering themselves in various development activities in their society and know their purpose of why they live, and then this will ensure successful life of other people on which a successful people act as an icon for many young people so as we could have a super generation of helping each other in the coming days /future. Future dreams of youth life are to live a successful life, to help others reach their dreams and this can give people the self-confidence to work hard, share skills/ knowledge they have, and utilization of such knowledge /skills so as to impact the development in the society. Volunteering in society opens the door of our career, gives us the experience of real-life and be accepted by people in the community, but also they can learn how life goes on. Due to youth professionals of innovating and creating different things for their entrepreneurship career.

Most of the youth in Tanzania live within their purpose of fulfilling their dreams at a right time with the good guidance of their parents/guardians in their lifetime it is because they have purpose and goals which influence development. They focus on having a successful life due to self-confidence, sacrifice in their studies/ any activities because they study hard, work hard in different crossing cutting issues like entrepreneurship, volunteering activities, innovation/creativity and this is because they are not stagnant at all, the presence of their inner beauty strength of being a great entrepreneur/successfully people in society which drives their mind day by day to think big on how they are going to attain a successful life even if there we have the problems of unemployment in our country to transform their life from one stage to the other stage and the answer is only to struggle and working hard to ensure that their dreams and their purpose becomes true. Maximum utilization of the available resources is most of the important issue to note in our real life and this is because once the utilization is done in a good way it will result in changes within a short period, resources like innovation/creativity, idea, time and others. Goals, ambitions, dreams, mission, vision, and future are the basis for youth always focus to attain and impacting positively the society

Passion and plans on how they are going to manage, leading to the achievement of success in businesses. Great support to youth should be provided so as to ensure good achievement of their dreams. First of all, youth should be starting by discover their purpose and not create, then cultivate that purpose day by day through setting plans finally success attained. The data shows that 2%-3% of people they don't know their purpose at all on which they die with their purpose/dreams and sometimes they suffer from poverty because they didn't know.



1. How much potential do you have?

Past victory gives me the strength of severe fighting and not to give up in my hustle. People should believe themselves that, they are not just the common people but special people because i don't know their background or any kind so everything they are going to do they should work like a special person even walking style of a special person, no one should tell you that you're not going to do things you need to do and focus on because many people dreams are killed with viable curses, keep yourself smart and everything you're going to do always will be smart. It's clear that when you listen a good advice take it and make a part of your success but the wrong advice just don't take and move on.

2. why and who they are?

And from that percentage 8/10 are women they don't know their purpose. Myself i like most to talk with people who are closer to me like family /friends/experts people so That i can learn something from them and this will add up the skill and knowledge in my mind also most of thing that i don't like is contempt someone



Internet: Its Positive Impact on African Youth in Recent Time

By: Agodi Tobias Tochukwu, Kenya



The internet in the 21st century has had a countless impacts on the youth in this part of the world and they include the following

Enhancing communication: the internet has majorly aided ineffective communication over the years through e-mail, social network platforms (such as Facebook and LinkedIn, etc.), and instant messaging services to any part of the world. Communication in past decades wasn't as easy as it is in recent times in the sense that it took from days to months to pass across a piece of information to another individual. Through the internet, information can be passed across in milliseconds with just the click of a button.



The internet which represent inter network, is a vast network that connects computers from all part of the world with the major aim of sharing information and enhancing communication from anywhere with an internet connection. The internet, over the past decades has proven to be a pivotal instrument for the growth of man and his society. It would be oblivious of anyone not to acknowledge the major growth and inter-dependency of man and the internet over recent times. In this article, I would love to turn my focus on some of the positive impact the internet have had on a vast population of the youth. It is an undeniable fact that youth holds the greatest percentage of internet users in this century.



Boosting education: Education has received a gigantic boost with the help of the internet. Uncountable books and journals are available online from E-libraries across the world. This has made research easier and aided students in acquiring knowledge from the comfort of their homes and at their own pace. People can now opt for online courses using the internet to learn various skills and gain knowledge. Professionals can now exchange information and materials online, thereby enhancing research.



Business growth: Business growth has been made so much easier with the help of the internet. Business visibility and sales execution have greatly improved in recent times with the aid of the internet. A business task can easily be executed, frequency and efficiency of business meetings have greatly improved in recent times. The internet also improves business interactions and transactions, saving vital time

Financial stability: The internet has helped in creating so many jobs for the youth in this part of the world. Access to required skills and expertise has made a large population of youth qualified for various roles and available positions in various establishments. This job when gotten provides a stream of income that helps in affording their daily basic needs.



Increased job opportunities: You can access the latest jobs from any part of the world without depending on TV or newspaper. Application for jobs has also become easier as most vacancies are advertised online with online applications becoming the normal trend. Research made concluded that the youths are major users of the internet, thus making them the major beneficiaries of the above points in this article. The Internet is one of the key factors driving today's economy and this was proven during the period of global lockdown as a preventive measure to curtail the spread of the Covid-19 virus in the year 2020. Most youths and businesses still managed to thrive with the aid of the internet, the internet also bridged the gap between families and their loved ones during the period of sober reflection. No one can afford to be left behind. Even in a tough macroeconomic framework, the Internet can foster growth, coupled with enhanced productivity and competitiveness.



Career Choice for Young People

by Chrispinus Mkado, Kenya



Over the years one of the main challenges for many young people in Kenya and Africa, in general, has been getting employment to support their daily needs. The main problem is that many young people do not get proper guidance on the careers choices to be made, to align themselves with the ever-changing demands of the employment sector. The world systems have erroneously given most young people the notion that only white color jobs matter and that they have to go to school to get the jobs. With the advent of Covid – 19, it has become more evident that technical blue color jobs mattered in turning around the social and economic situations of the society. Therefore, it's paramount for every young person to think of a skilled hands-on job that they can undertake to earn a living, to complement the white color jobs.

Some of the skills can be nurtured and be taken further to create employment for other people in terms of transforming them into companies. This will change the mentality of most young people sitting back and waiting to be employed, it will encourage innovativeness and creativity, while at the same time ensuring sustainable livelihoods. There is a need for a more targeted approach toward career guidance for young people. An approach with a model that encompasses; education, life skills, information on both white and blue color jobs, and entrepreneurship skills that gives a young person a dynamic and open approach towards employment.



The Youths of the Nation and Community Development

by Adara Davine, Kenya

Kenyan youths form the majority of the adult population. The group also form the largest percentage of the literate population with the technical skills required for the development of our communities. Although the country has been affected by various economic crisis, the youth has remained the most vigilant portion of the society. During the Covid 19 period, majority of the youth were able to improve their technical skills such as online writing, and software skills as a means of income. However, the advancement in the knowledge and skills development has come along with increased exploration of the internet. Today, several youths have developed interest in youth groups that lean towards economic development. Perhaps you may wonder how the influence come. Nevertheless, the answer would be due to necessity. Several non- profit organization has open up different schemes in the country to help education and create awareness about the potential of participation in community development activities. The key targets of the schemes are the youth. The youth have also responded positive through provision of basic training to new members. The initiation of youth activities such as boda boda operation have also help in improving the livelihood of the local community.

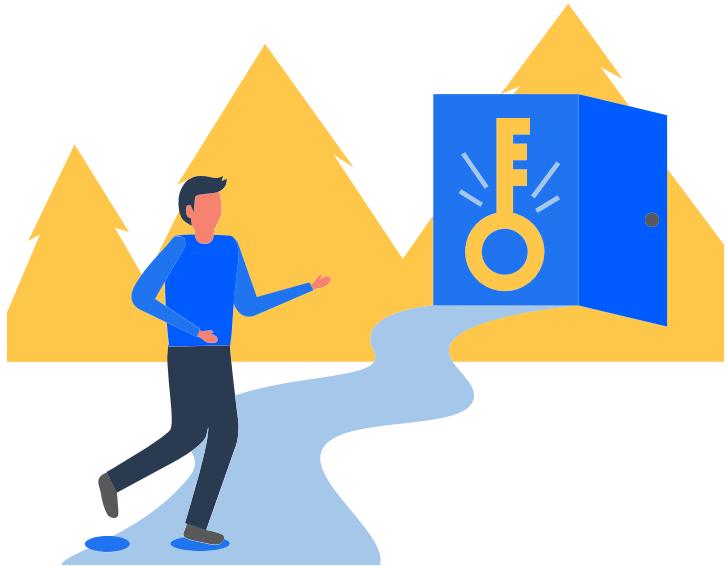


The development of the soft skills have been transformed into substantial benefits for the community. The contemporary society has also invited and recognized the youth of the nation as a huge human resource. Several agencies working in remote areas have incorporated the youth in entry positions that help them to acquire the relevant skills. The youth participate in the leadership and debate programs that help them develop the attitude and confidence in work and the community. Therefore, the improvement of the communities in the past and present decade has help the create understanding, unity, peace and create a source of income among the communities and youths. The concern on the involvement of the youth in community has shown potential gaps. First, the youth lack the proper acquaintance of knowledge to help in problem solving. Secondly, the majority of the youth are not involved in the activities thus, there is need to create a program that may fit all youths of different levels. Lastly, the skills taught to the youths should help in direct problem solving in the community. Therefore, non- profit organization should incorporate technical trainees in agriculture, biotechnology and community development to improve the structure of youth programs.



Youth Opportunities

by Nadhiya Slathia, India



Youth symbolizes hope as they are Nation-builders. They play an important role in the development of our society. And that development will solely depend upon the potential of youth and the kind of opportunities we are offering them. Our Youth is the backbone of our country. And keeping that in mind, there are a few qualities that youth must-have. These are value of time, Discipline, and Goal-oriented. For the development of the country, the young people have to be in any field they get involved in, be it teaching, farming, mechanic or any other field. Today the youth is facing challenges in employment opportunities, drug abuse, HIV/AIDS but there are chances to overcome some of these challenges.

Coming upon the opportunities for youth then, there is no. of such opportunities available for them such as financial aids, fellowships, skill development programs, Service learning opportunities, etc. All of these will help them in shaping their career. There are certain voluntary organizations too which provide decent opportunities to the youth for their all-round development. But when it comes to the employment opportunities then, the most preferred segment of youth employment is Self Employment. So accordingly, there are a decent amount of opportunities available like interest-free loans, subsidies for startups, etc. All these initiatives will prove to be successful only if the youth would make adequate use of them. Getting themselves involved in volunteering services, and awareness programs will boost their social skills. And thus, will take them on a path to serve the nation.



The Silent Endemic

by Nicholas Ayiecho, Kenya



It is a center of international diplomacy, finance, banking, and commerce, because of its facilities and its strategic position in the African continent. Being the hub that it is, it attracts those looking for greener pastures and the vast majority of those relocating are the youth between the ages of 18 and 30. In the pursuit of a better life coupled with unbridled hope of envisioned successes to come, they embark on their journey towards self-sufficiency only to be humbled by the harsh realities of living in a city that never sleeps. In a society that idolizes wealth, the lines are usually blurred when it comes to the methods used to attain said wealth. The subsequent result of the lack of resources and opportunities required to generate wealth leads them to drown their disappointment and sorrows with a bottle in hand. A bottle of liquor retails for 1.73 dollars which is 200 Kenya shillings, this is very affordable considering the median salary in Nairobi is 171,000KSH (1,483.09 USD). So what about the youth between the ages of 15 to 17 who are under the legal drinking age? Well, their priorities are certainly different. Social media portrayal of alcohol consumption is often romanticized as something cool, something to be desired therefore some of them start drinking to raise their social standing amongst their peers.

There's a saying amongst those fortunate enough to visit my country, "You can't outdrink a Kenyan." I don't know how true that is but one thing is certain, we are a drinking nation and some of us take pride in it. Underneath the compliment, however, lies an insidious truth. A silent endemic taking root in my green city under the sun. Nairobi plays an important role in the global, regional, national, and local economy.



This further creates pressure on those who have yet to indulge and fit in, they engage in the use of alcohol recklessly completely disregarding the associated risks. As for the adults, the constant need to "feel good" leads to habitual use which can culminate in addiction. If there are no resources to sate the need for alcohol, some turn to crime. This endemic is a poison slowly killing the youth and it needs to be urgently addressed by all stakeholders. To effectively combat this issue, we need to rethink and replace our value systems with sustainable and productive ones that will enrich society as a whole. This change starts with you.

Mental Health Among the Kenyan Youth

by Leigh Wanyonyi, Kenya

Mental health has been a very serious issue amongst the Kenyan youth. Majority of youth engage with drug abuse, poverty, information communication, reproduction and gender related issues, sexual, war and violence which are major mental health risks. Each day there's an increased percentage of Kenyan youth battling mental illness mostly depression and anxiety. The youth mental health has a very major impact on families, societies, country at large and the socioeconomic development. The youth need a safe space that is loving, cares for them emotionally, shows support by addressing behavioral challenges and exposure to risky behaviors that negatively affect their mental health. Fear of stigma and abuse from people close to them may also prevent the youth from reporting. Fears of legal culpability may also hinder self reports of suicide attempts.

Knowledge of the prevalence of youth with mental health illnesses is a first step in determining the magnitude of the problem in Kenya. Most youth are not treated early enough leading to failed adulthood affecting one's relationships, work, and general way of life. It is only possible to roughly estimate the scale of the problem based on data from small-scale studies and the developed world is far from the ideal for context-specific planning and budgeting. Kenya is struggling to collect civil registration and statistics including the cause of death data. As a result, accurate causes of death are not always captured in Kenya's official statistics. When it is, suicide deaths are likely to be underreported because suicide is illegal in Kenya and the stigma associated with it. Learning more about the availability and use of mental health services could inform the development of effective models for delivering services to the youth. Mental illnesses are often underdiagnosed because symptoms are either not recognized or attributed to spiritual or behavioral issues.



Distorted Mental Health Due to Covid-19

The identification of risks and protective factors affecting youth with mental health needs to inform the design of interventions that can reduce the burden of this disorder. The survey on mental illnesses in youth will provide the national government and other stakeholders with important information needed for prioritizing and planning services to address the problem of mental illness among the youth in Kenya. However, it is hoped that all these will lead to an improved ability to design and implement effective and age-appropriate mental health services in Kenya that will improve the quality of young people in the country.

From The Editors

We sincerely thank all the young leaders and volunteers at ADORE, who work selflessly for making this journal possible. All the amazing views solely belong to our responsible volunteers. It was a great opportunity to work with the editorial team. We thank ADORE from the bottom of our hearts for giving us this platform to showcase our skills and views, openly.

Your suggestions and criticism are welcome.



- Anmol goyal
- Gagan Sahu
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- Hridaya Chikkhal
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