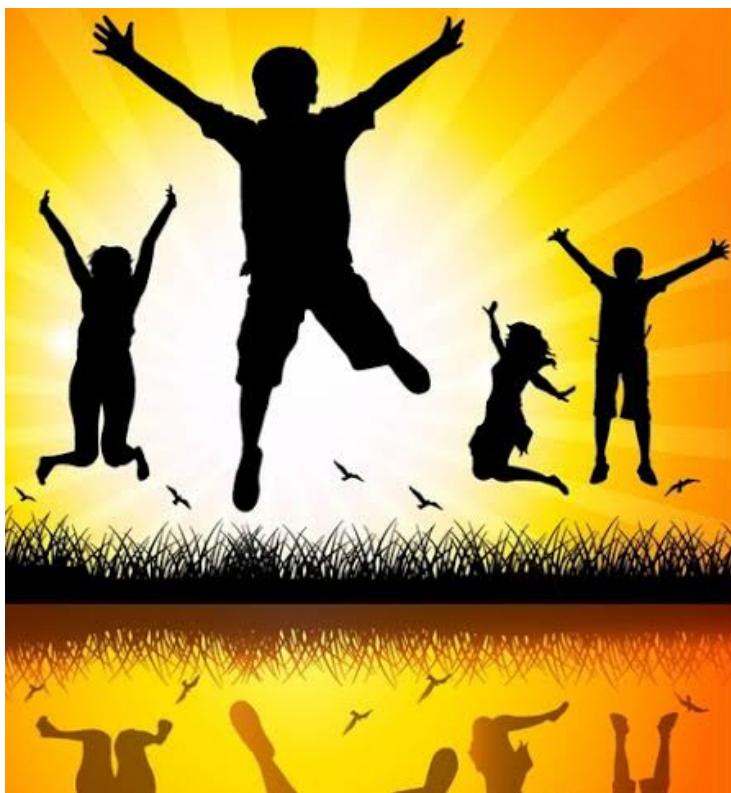




GLOBAL YOUTH



INSIDE THE JOURNAL:

LEVEL-UP

GLOBAL SYNERGY

SOARING WINGS

PROGRACE

Learning Beyond Boundaries

ADORE is a global voluntary group of college students and professionals, who have come together to motivate the budding youth into taking positive action.

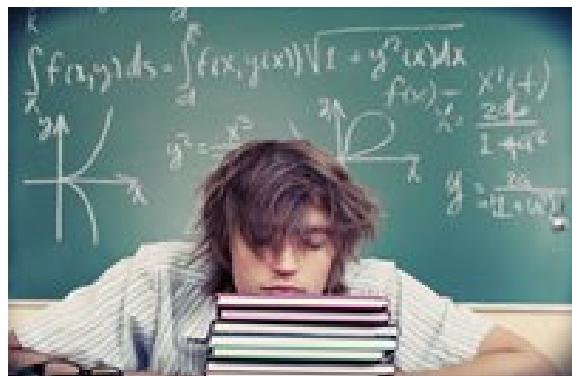
We conduct interactive sessions for children in schools, communities, children's homes, shelter homes so that they feel a sense of belongingness and fare as successful and countable professionals in the arena of their career, emerge as aware and responsible citizens and better human beings.

Follow us on:



Academic Motivation

Ms. Tanya Sharma



Did you know between 40 and 60 percent of U.S. high school students don't put much effort into school? Research shows students' desire to learn decreases steadily from the start of elementary school until they graduate from high school or dropout. How do we solve America's crisis of academic motivation? The First Tee, a youth development organization that uses the game of golf to teach young people about life skills and character education, is motivating youth to pursue learning and education in four ways:

1. Through building positive relationships and mentoring youth.

Young people do not care what you know until they know you care. Most kids and teens just want to be heard. Our coaches often provide youth that chance by listening to who they want to be and what they hope to achieve.

2. Helping youth set goals.

Students don't see education as relevant until they have a destination in mind. Once they have a goal, many students can see how education is a tool to get them to their desired destination. Coaches teach young people to dream, set goals and achieve.

3. Empowering young people to take ownership of their learning.

Youth need a fun learning environment where they discover the answers for themselves. The coaches empower youth to become their own best coach. By challenging participants to actively participate in the decision-making process, coaches inspire youth to achieve their goals in their own way.

4. Applying what they learn to all areas of life.

When students don't see the connection between what they learn and what they love to do, it's hard to be motivated. The most valuable lesson is everything participants learn can be applied to life. At the end of each class, coaches ask participants how they can use their new skills at school, at home and in life.

5 Motivation Myths That Can Keep You From Reaching Your Goals

Ms. Anshita Gupta

Let's take a closer look at some of the top myths that may be standing in the way of your motivation.

Money Is the Ultimate Motivator

Money certainly can be a great motivational tool, but some people mistakenly place too much importance on financial rewards and overlook other factors that might ultimately play a greater role in their motivation and happiness. If you take a job because it pays well, but neglect the fact that it is in an undesirable location, has terrible hours, and leaves you with no free time for family, will the monetary rewards really make up for all those downsides?

If You Are Smart, You Don't Need to Be Motivated

People often believe that being smart is a way to guarantee success, but researchers have repeatedly found that intelligence is certainly not always a predictor of achievement. In the famous longitudinal study of gifted kids by Lewis Terman, some of the most intelligent individuals later went on to lead very average lives unmarked by great accomplishments. You might be smart, but that doesn't mean that motivation won't play a role in your success.

Visualizing Success Will Make Dreams a Reality

Self-help gurus often tout the power of visualization. Just imagining yourself reaching your goals, they suggest, will help you achieve them. Psychological research, on the other hand, suggests that these visualization activities can sometimes be counterproductive. If you imagine yourself instantly successful, it actually saps your motivation to go out and achieve those goals. Better strategy—visualize yourself completing the steps it will take to reach your goals.

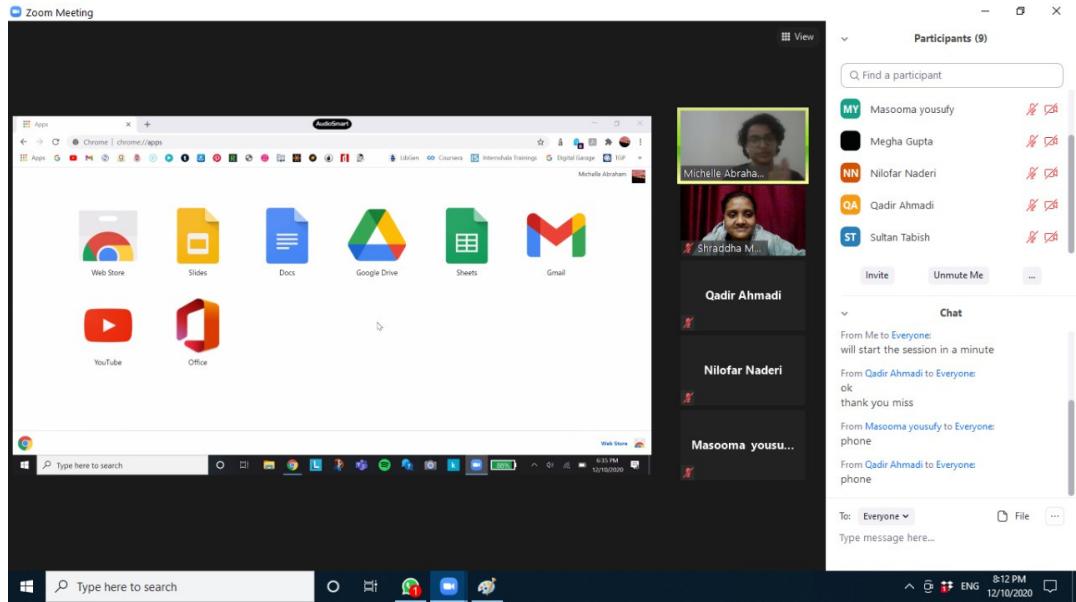
Greater Rewards Will Lead to Greater Motivation

If you want someone to do something, offering them a big reward seems like a sure-fire way to inspire motivation, right? The problem is that researchers have discovered that sometimes these rewards can backfire.⁵ When you give someone a reward for something that they are already intrinsically motivated to do, the result is often a decrease in motivation, something that psychologists refer to as the over-justification effect. Rewards can inspire action when a person really does need some sort of incentive to engage in a task, but reinforcements should be used carefully and sparingly.

Fear Is a Great Way to Inspire Motivation

The threat of punishment or penalty can definitely inspire action, but often for just a brief period of time. Rewards can be tricky, but research has shown that reinforcement is usually a more effective strategy than punishments when it comes to boosting motivation. If you are relying on fear to drive yourself or others, try switching tactics to focus on bonuses for good performance.

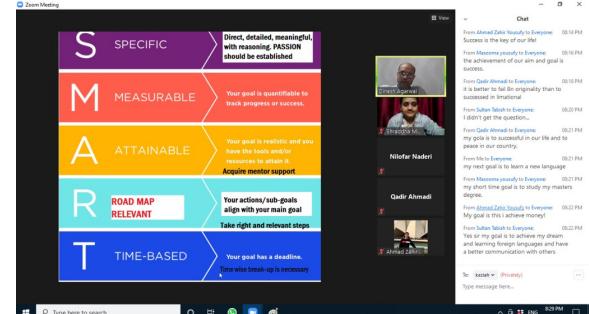




Some of the topics covered in our ProGrace Workshop

- Creative Writing
- Public Speaking
- Art of networking
- Corporate Skills
- Resume Building
- Interview Skills
- MS Office

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- Presentation Skills
- Team Work
- Communication Skills
- Self Presentation
- Group Discussion
- Assertiveness
- SMART Goals

CHANGES NEEDED IN INDIAN EDUCATION SYSTEM

Ms. Harshita Mittal

Students routinely score around 85%-90% but students scoring 90+ percentages also find it difficult to get admission in their dream institution. Creating more schools or colleges and universities will not solve the crisis of education system. India is a country where people consider education as means of climbing the economic ladder. If there is any failure in education, it would not be due to lack of good education; it will be because due to lack of quality education.

Focus Should Be On Skill Based Education

Indian education system is influenced towards testing knowledge at each and every stage as compared to teaching skills. If we teach a man any skill, we enable him for the lifetime. What all we learn is forgotten after the exams. As time passes, Indian students are cramming everything. Actually, according to the education system, best crammers are awarded. This is the major flaw of our Indian education system.

Honor Creativity, Research, Innovation and Original Thinking

Our Indian education system rarely honours who deserves highest accolades. Our testing should be designed to recognize contributions, creativity, original research, problem solving and innovation. If we do it wholeheartedly, Indian education system will change overnight.

Re-Define the Purpose of the Education System

India has a colonial education system. We have many engineering students, but they are not good enough in technological innovation. Rather, India is busy in running call centers.

Personalize Education-One Size Does Not Fit All

Indian education system has a presumption that if anything is good for a kid, it is good for all children. Some students learn fast, some slow. Some students are audio-visual learners; others can be audio learners while some learn through experience. If education system wants to provide education to students, they have to assume that one size doesn't fit all.

Make Reservation Irrelevant

India has a reservation system but it has to be rationalized. It is not a solution. If we want to be a developed country, we need to have a good education system for everyone. There is no reservation available in online education because it is for masses.

Implement Massive Technology Infrastructure for Education

There is need to embrace internet technology in India if it wants to teach its huge population, majority lives in remote villages. Also, instead of investing in brick and mortar institutions, educational delivery mechanisms need to be created.



PARTICIPANT'S FEEDBACKS

"I would like to thank ADORE for making useful workshop for student in abroad country.

My skill has been improved from different angle by the help of trainers which gave their golden time for us and make the session useful and attractive to learn new things."

-Ms. Nilofer Naderi

"In this Workshop I learned a lot of things. It was a very fantastic workshop arranged for me and for our students. Thank you so much The session was great and excellently conducted "

- Mr. Ahmad Yousufy

"I really appreciate the time and dedication given to this workshop for giving this opportunity for various country and especially for, Afghanistan students. The teachers taught and explained the topic to us very nicely. This Program that you guys are providing are giving access to education for the students who needs it.

So, Thank you Adore family for this outstanding workshop "

-Mr. Hadayt Rahimi

"Thank you for this workshop. It let us learned about the things that we needed and we loved it. This workshop was really enjoyable to me. I thank Miss. Nilofer for letting me know about this workshop. I hope for more of such workshop and participate again.

Thank you Ma'am for helping me"

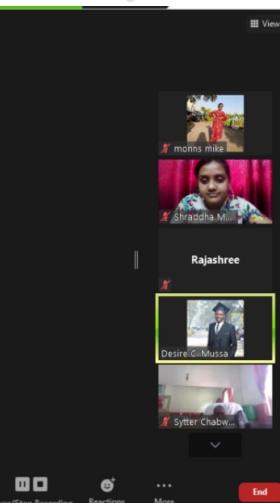
-Mr. Sultan Amini

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YOUTH IMPACT

ONLINE ACTIVITIES CONDUCTED

The screenshot shows a Zoom video conference interface. At the top, it says "Recording...". The main title on the slide is "EQUIPPING YOUR MIND TO THRIVE IN 2021" with a subtitle "Presentation by Akinede Oluwatobi Best". On the right side of the screen, there is a participant list with several names and profile pictures. The names listed are Oluwatobi Best, Shraddha M..., monns mike, yashinti gupta, Elizabeth ., and Dada Ifeoluwa.



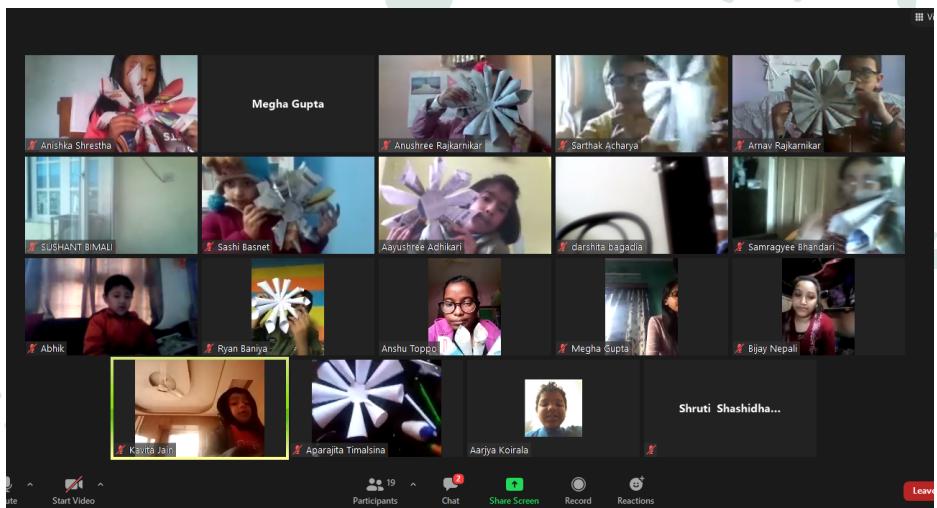
GYPSE CULTURAL TOUR

This screenshot shows a Zoom video call interface. On the left, there is a slide titled "SPECIFIC" with the text "Direct, detailed, meaningful, with reasoning. PASSION should be established". On the right, there is a participant list and a chat window. The participant list includes Disha Agarwal, Shraddha M..., Nilofar Naderi, Qadir Ahmadi, and Ahmad Zahir. The chat window shows various messages from participants discussing success, goals, and language learning.

PROGRACE WORKSHOP

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FUN AND LEARN WORKSHOP

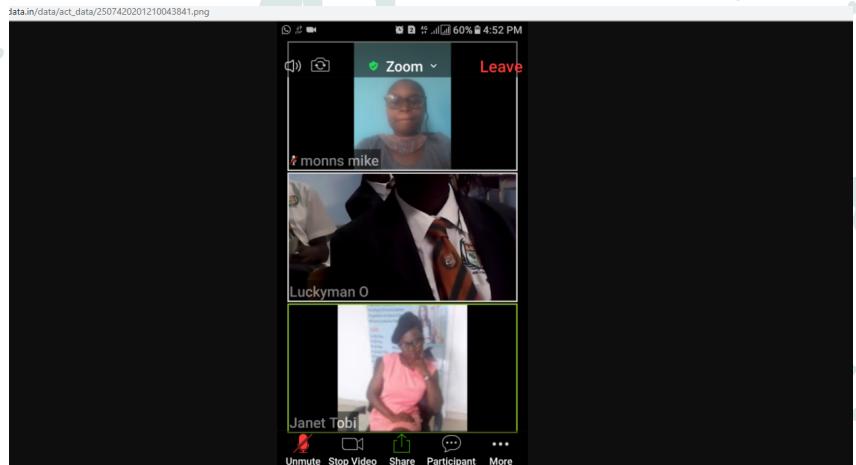


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What is the fondest memory you have of your childhood?

**YOUNG
LEADERS
SPEAK
PROGRAM**

**ENGLISH
COMMUNICATION**

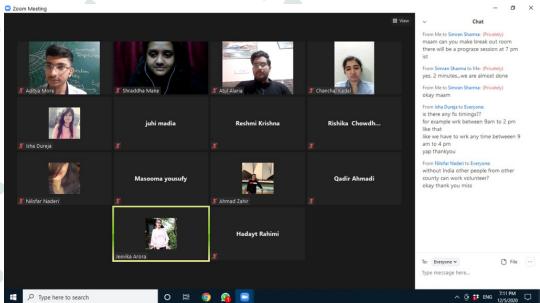


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VOLUNTEERS FEEDBACK

"My feedback regarding the session is , it was very interactive and it was a new experience for me as well. The participants were thoroughly enthusiastic during the session and wanted to learn about power point presentation. Although, I had to fast my presentation pace due to time constraints, I thoroughly enjoyed the session."

-Ms. Priyanka Jayanth



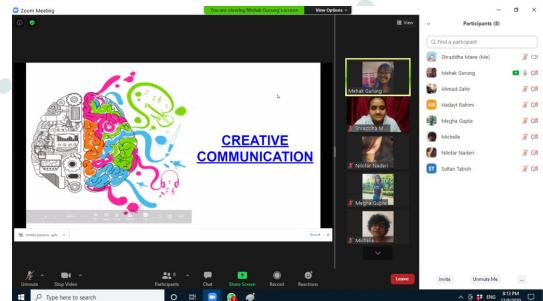
"First of all I thank Shraddha for the opportunity. The participants were very engaging and it is the primary reason I cherish being part of her workshop. This session helped me realize I should be contended with my abilities as well as take effort to take it to the next level"

-Ms. Sanjelyn Joyson

"It was a pleasure conducting sessions like team work and communication skills with an amazing set of participants for the workshop. Overall it was a great experience for me and I really enjoyed doing these sessions. Participants were very active and they interacted really well. So overall a great session and it was very well coordinated by Shraddha. So kudos to her for doing an amazing job starting from confirming the session to the follow up. So overall a well coordinated sessions."

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-Mr. Akshat Tripathi



"I enjoyed taking this session on Interview Skills as the participants were eager to know about this interesting topic and proactively involved in the discussion. It was wonderful to hear their experience. Thank you for giving me an opportunity to be a part of this workshop and I look forward to work with you in the future. Thank you."

- Ms. Devika Anand



TEAM MEMBER'S FEEDBACKS

"It was an amazing Experience of co-managing this workshop, with Shraddha, Especially as our participants were from a different country it was a nice Experiences of interacting with them, All the speakers were truly outstanding and the participants were very Enthusiastic and participated actively in all the sessions that were conducted. I would like to thank Adore for providing us such a platform where we are learning new things each day while helping other people learn."

- **MS. MEGHA GUPTA**

"This was my first workshop at Adore Earth. I feel happy after conducting this 15 days workshop. In this workshop, I met some great mentors, made new friends with participants from Afghanistan and Pakistan .I learnt a lot as well by listening to the speakers during the sessions. I would thank my team member Keziah Ma'am who helped me when I was in doubts or in any confusion, Megha who coordinated with me for this session, thanks to a Volunteer from Afghanistan, Masooma and my Team Glowball. I would like to thank the whole Adore for giving me such wonderful opportunity also, my special thanks to all the mentors to make this workshop informative and insightful for the participants. My main goals for this workshop was to bring confidence among students such that they can tap the opportunities available to them in their country. At the end, I would like to thank the participants who actively participated in the sessions, some of them had personal issues, some had network issues. Although, facing all these problems they managed to participate in the sessions. I am happy to present this newsletter of the Prograce Workshop as well. While making this newsletter ,I remembered each day of the workshop that I managed and enjoyed"

- **MS. SHRADDHA MANE**

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Find a participant
Shradha Mane (Me)
Mehak Gurung
Ahmad Zahir
Hiday Rahimi
Megha Gupta
Michelle
Nilofar Naderi
Sultan Tabish



WHO IS KNOWN AS KING OF THE JUNGLE?

1)	Lion
2)	Elephant
3)	Tiger
4)	Fox



From the Editors:

We say a big thank you to all the young leaders and volunteers in ADORE for sending on these write-up. The views expressed are those of the volunteers themselves. It was An Amazing opportunity of editing this Journal and we would like to thanks ADORE for providing us a platform where we can Showcase our skills.

Your suggestions and criticism are welcome.

- Mary Nweke, Nigeria
- Simran Sharma, India
- Megha Gupta, India