



GLOBAL YOUTH JOURNAL



LEARNING BEYOND BOUNDARIES

ADORE is a global voluntary group of college students and professionals, who have come forward together to motivate the budding youth into taking positive action. We conduct interactive sessions for youth in schools, communities etc. so that they feel a sense of belongingness and flair as successful and countable professional in the arena of their career, emerge as aware and responsible citizens and better human beings.

ACTIVITIES AT ADORE

- ProGrace
- E-volv
- YL activities
- Level-up
- Conversa
- Global Synergy

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Waiting for Your Turn



Forgive yourself and keep working towards your small package of success and goals instead of drowning in waters of self-pity.

*-An Article By Billy
Mlonda, MALAWI*

I just turned twenty-five a few days ago. The smiles, that extended due to the instant texting and good wishes from friends and relatives, were somehow intermittent. Unlike my previous birthday, when I forgave myself and focused on the positive, this time I was brooding over what I should have become after two and a half decades of existence. I know a number of people my age (even younger) that are at least fighting to have something, and many more that are settling financially, have at least a small business running, get to surprise their lady or man once in a while with a souvenir, and others have already secured a job. There have been many times that I have borrowed the statement from John Eldredge's *Wild at Heart*; I feel like "I am just using up oxygen" to mean just existing and worthless. I find that a little harsh to think of oneself.

It is only natural to want the best in life. That constant desire is essential for survival and resilience. If we cease to dream, or to admire what others are doing, or to want to be the rich uncle, or to have someone write an epic about us, then we are most likely are not very different from flowers or birds. Failing to be, or do the things that we want(ed) to see ourselves at a particular time in life should not deprive us of the opportunity to see the roses in the thorny bush. We have too much to count as blessings, a lot to be thankful for, somethings that someone else envies in us but we have an illusion that we made for ourselves. We cause ourselves unnecessary headache by being overly expectant and ambitious.

Waiting for Your Turn Contd.

I think what we all need to do is to do what I did on my previous birthday. We need to forgive ourselves a little bit. We both (you and I) know that if we laid stepping stones across a liver for life to step on, it is highly improbable that it will step on them. It is not like an ox that one can point it to a direction you want with a whip and a sound gesture. Understanding that we all have our own time lines and accede to the fact that “making it” in life is not always in materialistic form will serve us decades of depression. I wrote the poem Repudiation, which is my self-published book of poems Tales of the Common Man on the same context that we cannot be comparing ourselves with the rest because we are not like them, we don't have the same exposure, we do not hurt the same, we do not have fathers like theirs, we don't have faith like theirs. Here is an extract of the poem:

Don't follow my steps

It is a journey that fits only my foot

An answer to silent call from the

Top of hill flying in the wind

My path is not an akin of yours

Though we seek the same.

I commend that you have realized your failures as I have. I also recommend that you forgive yourself and keep working towards your small package of success and goals instead of drowning in waters of self-pity. Be thankful for the blessing at hand as you wait for your turn. And remember that you are not just using up oxygen.

Feedback:

It was an honor to be part of those to add value to the ADORE family.

My experience doing a webinar with Adore was humbling and at the same time a call to do more for the younger generation.

The fact that participants were drawn from far and wide the globe demands a world standard content and content delivery.

The participants were very attentive and responsive to questions from me and their questions too showed their attentiveness.

I look forward to more engagements in the future.

-Mr. Taofik Sanni (NIGERIA)

"5 BEST BOOKS I'VE READ TILL NOW" AND WHY YOU SHOULD READ IT TOO

Pooja Pal, INDIA



1. THE SECRET- RHONDA BYRNE

This book is a masterpiece. Once you read this book , you'll be forever grateful for the knowledge that you received which is 100% helpful in regular days of our lives. I carry this book with myself always whenever I feeling a little low or have any doubts. I immediately open any page of the book and yes I come across the right solution for myself. I like this sentence in the book "you are the creator of your life".

2. THE ALCHEMIST- PAULO COELHO

" And ,when you want something,all the universe conspires in helping you to achieve it." This book will help you in believing in your dreams and yourself. Also to find your passion and also to ask yourself and think what you really want and what your desires are and you will really start chasing your dreams and you will feel great about as I did.

3. THE FORTY RULES OF LOVE- ELIF SHAFAK

This book is a gem. I can worth all your time spend on this book you're perception towards love will change. The best part about this book is the story of Sham and Rumi which keeps you engaged and exciting.

4. 5AM CLUB BOOK- ROBIN SHARMA.

I'll recommend you this book if you want to be productive. As this book gives an layout of what you really should do to be successful and achieve your goals.

5. CHARLIE AND THE CHOCOLATE FACTORY- ROALD DAHL

Roald dahl is one of the best story writer in children's category and this book is one of the best sellers in the world and there's also movie of this book. The story of the book is really interesting and also gives an great message about life and kindness.

ONLINE ACTIVITIES CONDUCTED



"FROM LEARNING TO EFFECTIVE COMMUNICATION OF YOUR VALUE "

By Mr. Taofik Sanni

Content writer | Copy writer | HR-L&D
Nigeria

Date: 14th November 2020, Saturday

Time: 05:00PM(IST) | 12:30PM(WAT)

To Register, WhatsApp (+91) 76030 37077

ADORE does not charge any fee for any of its programs

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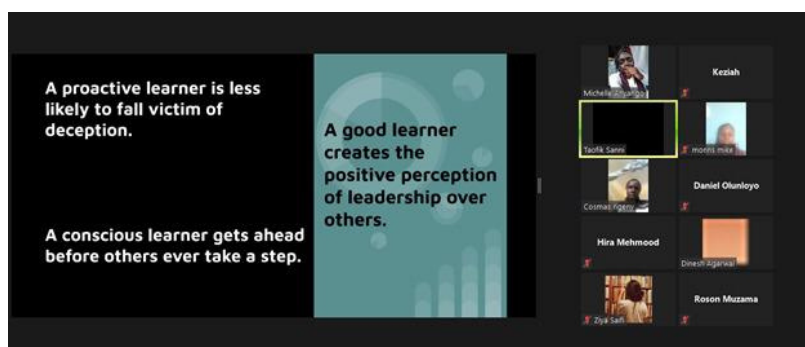
SYNERGY



GLOBAL SYNERGY

Good communication skills and eagerness to learn will always enhance our relationships.

On the 14th November 2020 we had with us, Mr Taofik Sanni (Communication & Business Development Professional, Relationship Manager) from Nigeria 🇳🇮, talking to us about "The Unique Path of Leadership, Communication & Relationship Management"



To conduct session with us [CLICK HERE](#)



Youth in World of Many Opportunities

Desire C. Mussa, MALAWI

It is a fact that we live in a universe of economics where resources are defined to be scarce. It is also a fact that we stay on the global of many opportunities that can bring forth the abundant resources. However, the biggest challenge is to discover those opportunities.

Most youths believe that they live in the era of few opportunities compared to the time before their existence. This is not a myth because I was also told by my elders that there were many opportunities during their youth days compared to the present. However, I view this 21st Century as a greatest period full of opportunities than previous centuries. We can clearly see the opportunities that surround us only if we learn more on how to discover an opportunity from an existing problem. Have you ever thought of why shoes were introduced in the first place? There are several reasons that led to the development of shoes. People found challenges in walking through rough and thorny roads. Hence, the invention of shoes was initiated. As time goes, people realized that their shoes needed protection and care, hence another opportunity was created; Shoe polish was invented. Furthermore, another opportunity was discovered on damaged shoes, thence shoe repair personnels were introduced. Today, millions of people are making a living from a shoe. This shows that we can even find opportunities from little things. If we have many opportunities generated from a pair of shoes, how about from other great things. People earn a living from shoes at manufacturing, selling, polishing and maintenance points. This is just a reminder that we live in the world of many opportunities. For instance, if the river is able to bring forth several opportunities through fishing, irrigation farming, energy generation, domestic utilization and tourism, how about the lake, sea and ocean?



Youths in the World of Many Opportunities Contd.

For instance, if the river is able to bring forth several opportunities through fishing, irrigation farming, energy generation, domestic utilization and tourism, how about the lake, sea and ocean?

The world is like a restaurant, and we are like restaurant customers with a food menu in our hands. Once we make orders from the menu, we are assured of getting what we want on our tables. However, we are expected to pay for the services in order to get the meal. What I am trying to say is that we all have a menu of opportunities in our hands. All we need is to make orders based on what we want from the menu. However, we are expected to put effort on making our choices a living reality.

Everyday comes with lessons and this is a great time for us to understand that the primary opportunities were already created long time ago. All we need to do is to generate secondary and tertiary opportunities from existing primary opportunities. We can do this by seeking gaps in primary opportunities. The solutions that we have to use for filling up those identified gaps are what called readily available opportunities.

Therefore, we have to understand that many opportunities are waiting for us at our doorsteps. We just need to learn how to identify those gaps in our societies. If we are dwelling in the universe where opportunities can be created from rocks, soil, water, sun, air, food and other basic needs; we can conclude that we are living in the world of many opportunities.

EDUCATION SYSTEM - A BIGGEST PROBLEM!

Sarvesh Rawte, INDIA

There are significant steps required to make changes in the current education system. If we see the current scenario our country is unable to consume the graduates which are produce by the country.

The problem why graduates are not getting jobs and suffering from unemployment lies in the current education system of our country

Problems in education system –

- No real time corporate experience
- Conventional theoretical-based classroom approach
- Stagnant syllabus/Lack of counselor
- Underemployment is a bigger problem
- Low industry demand
- Incompetent faculty



When a student graduates from college and join the corporate company, it is observed in many cases that the 5 graduates are unable to do the work of a single employee.

There are around 5000 colleges in our country and 3.5crores students are taking education from these colleges, but are not getting jobs they should get. There are students whose aspirations and goals are high but our education system is failing to provide proper industry ready preparation to those students. Today the student doesn't feel the education they are taking is interesting. There only goal is to make 75 percent attendance in the college. This is because the education techniques used are boring.

Here are some solutions to this problem-

- ¶ Do more group and individual projects
- ¶ Be available, visible and flexible
- ¶ Create a conducive learning experience
- ¶ Use of mix learning tools such as new collaborative, audio visual tools, etc
- ¶ Don't teach theory based knowledge, explain how to implement the theory
- ¶ Ask for feedbacks
- ¶ Focus on group discussions
- ¶ Act as a friend , philosopher and guide of students
- ¶ Don't be bossy
- ¶ Update students with new skills



Golden Statement-

AVERAGE TEACHER TELLS, GOOD TEACHER EXPLAINS AND BEST TEACHER DEMONSTRATES!

VIOLENCE WITHIN OUR SOCIETY, DISRESPECT OF LAW AND HUMAN RIGHT.

By Celestine Zimbi Chi, REPUBLIC OF CAMEROON



In the community where we find ourselves today, there are a lot of inhuman activities that are on going therein which has cause the youths within at present moment to feel that there is no reason for which one should be alive again. Some of these activities include adoption, beheading of humans, armed robbery, seizure of properties, smoking of

weed, internet malpractices, etc, all these activities are the things that most youths within this society have engaged themselves into without minding the consequences. All the above mentioned activities have been existing for quite a long time now and as days goes by, it goes worst and the situation seems to be more than the state itself to handle given that the perpetrators³ of these activities attributes it to the state for being the cause of all these given that majority of the youths are not employed were as the old are at the helm of every institution and state offices as well as the right given to the security forces to do as they wish at any instant by the state, these has given them the security forces the opportunity to even partake in most of the atrocities than even the youth. These has cause most youths now to feel that since there is no security or government to protect them, no human right to defend them or their rights, they owe themselves a duty to protect their own lives and as such, it has only helped to increase the number of youths into such activities within the society .

As it is the case now, majority of the youths who have not taken part into these activities and who does not like the state at which the society is now thinks that if they can run to other areas if possible out of the country, they will be better off than just being here and not knowing whether they will see tomorrow talk less of what tomorrow holds for them most especially the youths. Talking about the usage of internet, it is generally a problem that this society as of the moment, cannot do without it yet, youths have generally misinterpreted the function of the internet within the society as they do not really make proper use of it rather, they uses mostly for gambling, play of games, charting, etc, since it is the cheapest way of communication with each other given that with just 150FCFA, you are given 100 mega bites for 24 hours, which can be used within and out of the country, this is a situation that is very much challenging to handle eve by the government itself given that, most of those who goes against the modalities put in place to protect youths from ignorantly getting themselves involved in all these internet malpractices are still the same people who talks about internet security therefore, youths finds more pleasure and freedom in using it the way they want without any fear. As much a majority of the youths does not use the internet properly, there are equally a number of youths who understands the usage of the internet and who have also been doing a lot as far as sensitizing the general youths groups concerning the use of the internets in the different communities and it has been bearing fruits though not as fast as we thought.



INFORMATION OVERLOADED

Aditya More, INDIA

“Information is power”, quotes rightly for this 21st century. Equally is the problem of the Information Overload in Today’s Generation.

The average amount of information consumed by a youth in every single day is equivalent to amount of Information consumed by a average man in his whole life time in 1400th century. The incapability of the Human mind to process enormous amount of information is causing ill effects on youths. Digital Dementia, Deluge and Distraction are some of the noted harms of Information overload. Yet being a major crisis today, it is being neglected by us. It will soon decrease brain Solving and Thinking power and we humans might never be able to achieve peak productivity of what our mind is capable of .

The founder of 'Mind valley' quotes, "Our mobile handsets today contain such large amount of information, a U.S. president didn't had 20 years ago". Regardless of this power of information, why can't we make information our asset to success, why can't we use it to our benefit to accomplish our dream in life?

[CLICK HERE](#) to join us

FOR THE LOVE OF VEGGIES!

Mary Nweke, Nigeria



Are veggies actually lovable or just green? Hmm! How about you try having broccoli for breakfast and having spinach with a little bit of lettuce for dinner.

Does that make you salivate?

Of course not! Everyone goes ‘Eew’..

But, do you know that vegetables are said to be the best food for our body. Vegetables have all the essential nutrients namely vitamins, minerals, fibers and phytochemicals that form resistance to diseases naturally.

What if I let you know that you have been eating your vegetables the wrong way.

Now, let me tell you various ways you get to enjoy and love your veggies. Alright, let's do this!

No plain vegetables: One of the major reasons people turn down vegetables is because they get to eat it plain. That would definitely not do. An easier method for anyone trying to eat healthy is to add these veggies to their daily meal. I. E. Adding lettuce to your sandwich, cabbage to your rice, macaroni, noodles and so on. This is a great way to introduce veggies into your diet, where the flavors of the other foods you eat them with help them taste. You can start by adding little vegetables to your standard meals.

Blend them up: who told you that you cannot add a little bit of broccoli to your smoothie. You wouldn't even know it is in there. The trick is If you don't like a particular vegetable yet, try preparing it a different way!

Food combo: If you know that you and fried chicken can't be separated, you can add vegetable to every bite. I. E you never go wrong with cabbage, spinach or onions... it can be eaten with rice, potatoes and the likes. Get some of each on the fork with each bite for a healthy diet!

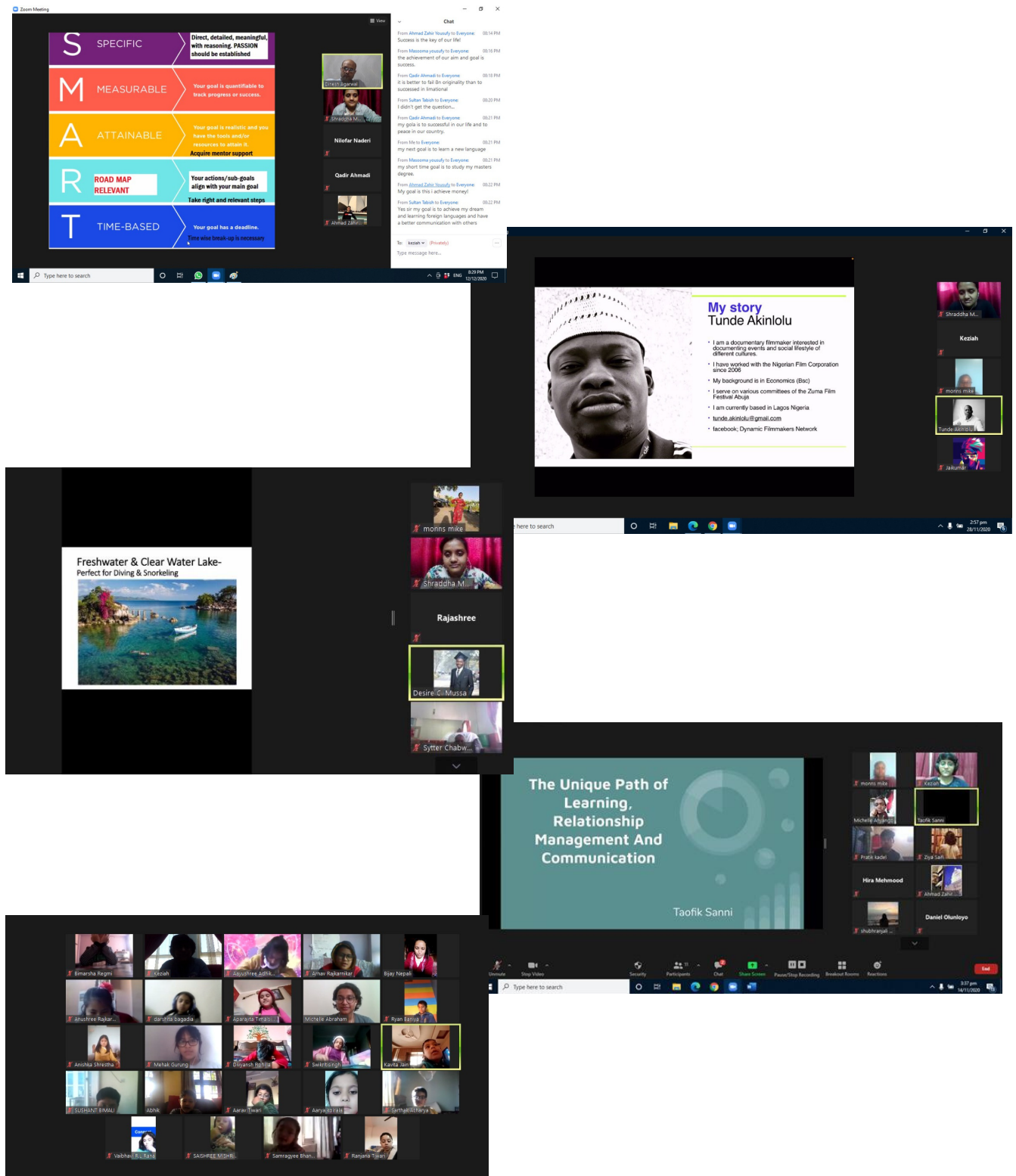
Spice it: Adding spices to boring looking vegetables like asparagus or broccoli improve the taste of the vegetable. Pepper, salt, olive oil always come handy here.

Wrap it in bacon: This is another terrific way to get some vegetables into you. Chop your vegetables into smaller chunks and wrap it with bacon... into your mouth it goes and that's it! You are adding veggies to your diet.

All of the above accomplish one goal- Eating Healthy!

So, when eating try adding little bits of vegetables and get healthy.

Few Glimpses of the sessions



ONLINE ACTIVITIES CONDUCTED



Filmmaking for Beginners

By Mr. Tunde Akinolu

Documentary filmmaker | Researcher in the Nigerian
Film Corporation
Nigeria

Date: 28th November 2020, Saturday

Time: 04:00PM(IST) | 11:30PM(WAT)

To Register, WhatsApp (+91) 76030 37077

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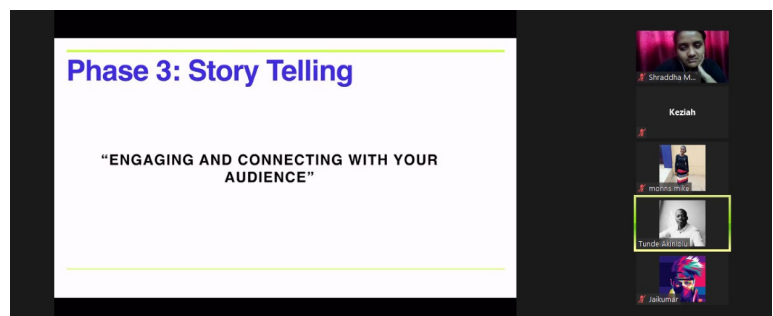
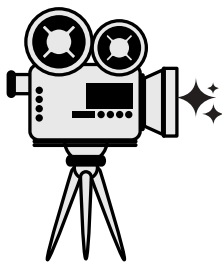
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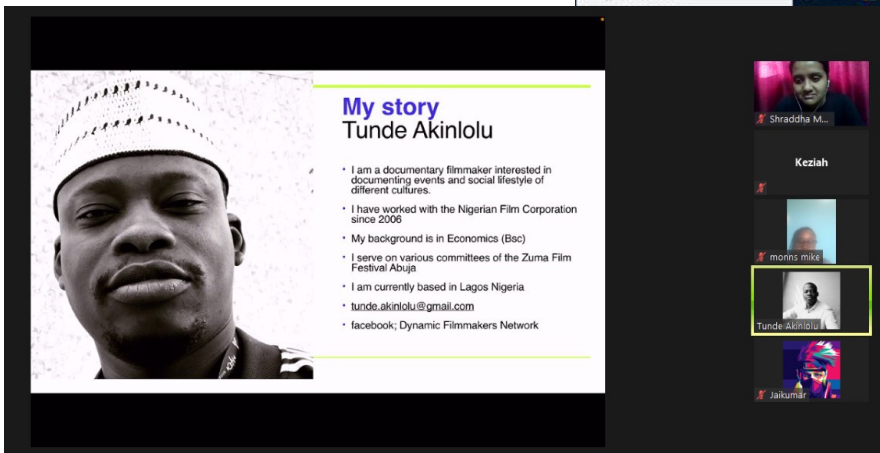


GLOBAL SYNERGY

"In cinema, a story is most visual when ideas and emotions are expressed through performance and aesthetics as opposed to the dialogue!"

On the **28th November 2020** we had with us,
Mr Tunde Akinolu, Documentary filmmaker & Researcher in the Nigerian Film Corporation, from Nigeria 🇳🇮 , shared with us his journey as a documentary filmmaker and the basics of filmmaking.





FROM THE EDITORS:

We say a big thank you to all the young leaders and volunteers in ADORE for sending on these write-up. The views expressed are those of the volunteers themselves. It was An Amazing opportunity of editing this Journal and we would like to thanks ADORE for providing us a platform where we can Showcase our skills.

Your suggestions and criticism are welcome.

- Mary Nweke, Nigeria
- Simran Sharma, India
- Megha Gupta, India