

K N Rao's Yogis, Destiny &

The Wheel Of Time - Part 1

My Notes & Markings as Offerings at the feet of Rao Saheb

By

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These are the notes/*markings* that I made while reading this monumental work of Shri K N Rao, one who is a beacon of light for astrologers worldwide. One of the reasons I am presenting these *markings* to Saptarishis Astrology to print is so that many people do not reject the books of K N Rao and read his books, each book atleast 3 times and make their own notes within the book. Most important is all of us make notes/important points in underlined forms in every good book but often that book is lost somewhere in our library and for years we are either unable to find it or do not get opportunity to refer to it, hence these notes would enable you to save this article on your desktop and re-read it whenever you want or you can print it out and save it in your purse or pocket and read it several times while travelling or waiting. This way you would master his book which is absolutely marvelous.

The books that Shri K N Rao wrote in the 80s and 90s are the best works on astrology and one can easily notice that it brought a fresh wave in astrology which was the need of the hour. Every century a man like K N Rao comes and reforms astrology and in order for that to happen the other divine souls are also needed to play their part and this is what Shri K N Rao extols in his work *Yogis, Destiny and the Wheel Of Time*. Following presented below are my notes in a not a very systematized fashion in words of K N Rao but may it inspire you to read or re-read his works.

Spiritual Initiations: The Timing

I observed in hundreds of cases starting with mine, that in initiating disciples, Guruji mostly followed *three* astrological principles:-

- ❖ Brahma Muhurta (48 minutes before sunrise) was his first preference, if two other astrological conditions were fulfilled. So this was a relaxable first condition.
- ❖ The second was a sthira (fixed) lagna, with the Sun well placed.
- ❖ The third was either Ketu or Jupiter in the twelfth house.

- ❖ He would not allow unaspected Ketu in the twelfth. It had to have the association of the twelfth lord, or Jupiter or Mercury.
- ❖ I had to keep awake through the night. In Brahma Muhurta, I was given initiation with all the conditions mentioned here fulfilled.

The instructions he gave appeared simplest to me:

- ❖ The mantra he gave (*mine was a longish one*) had to be done once while inhaling and then, while exhaling¹. It had to be done rhythmically, and the mantra was not to be ever divulged to anyone.
- ❖ Once in the morning, preferably in Brahma Muhurta, and once at night, it had to be done on an aasan (seat of wool, preferably) every day, in a closed room with no one seeing you do it.

Spiritual Initiations: Transits

- ❖ In transit, Jupiter will be aspecting natal Ketu, or will be transiting on it or, will be in the fifth or ninth house, Saturn should be aspecting birth lagna or the lagna lord but not Ketu. Saturn's aspect on natal Moon is excellent.
- ❖ Cast the horoscope of initiation as it is the second birth, or the '*real birth*' as till such initiation one was only an animal, not a spiritualized human being. Cast the dashas etc. as done in a birth horoscope and watch it and, see how helpful it proves.

Spiritual Initiations: Astrological Combinations

- ❖ If there are planets in the eighth from lagna or from Moon, sadhaks can hope to experience '*trance like*' conditions in their major or sub-periods. But such a trance can be from unsatisfied sexuality to the genuine one, but mostly it is '*shallow*', and an exhibition of a desire to draw attention.
- ❖ The purpose of astrology is cosmic delineation of human destiny, and not fortune-telling.

The Data To Be Prepared

The data to be prepared for any sound prediction, particularly for Sadhakas, is:

- ❖ As usual, all the sixteen vargas, but specially birth, navamsha and vimshamsha horoscopes, together with trimshamsha, which has some secret uses.
- ❖ All Jaimini's karakas with Karakamsha marked prominently.

¹ The use of breath in mantra recitation is so important that it is just ignored in Internet Jaimini Parampara forums while they dish out mantras, anyone who knows the real way of doing mantras knows this secret. ~ SA

- ❖ Vimshottari dasha, a less-used *navamsa dasha* of Jaimini, (*which I have not discussed yet in any article²*) and, accurate Kala Chakra dasha³.
- ❖ The strength of Jupiter, Mercury, fifth and ninth lords, and association of Ketu with them, must be marked out.
- ❖ Then watch the movements of Saturn and Jupiter in transit, *noting down which navamshas they happen to be in⁴* when important events take place.

The Combinations

- ❖ First notice how Ketu is positioned in the horoscope. Ketu-Jupiter inter-connection with twelfth house is always excellent.
- ❖ Then see the conjunction of Jaimini's Atmakaraka and Putrakaraka, in at least two out of the three: birth horoscope, navamsa and dashamsha.

My Guruji's Instructions

- ❖ Accept any *transfer* that comes as the will of God and never protest or represent against it.
- ❖ Wherever you go, you will get the company of a really good saint and your spiritual insight into the great Indian tradition will deepen.
- ❖ *Till the karma of a man has been exhausted, there is no use his hoping the best in spiritual life to happen to him as it is only when the nishkama stage is reached that the spiritual bliss is experienced as peace of heart which is God's greatest gift to a living human being.*
- ❖ Siddhis or supernormal gifts are good experiences but they are temptations and distractions from the true spiritual pursuit of life.
- ❖ The course of one's life's destiny is not known to us. The astrologer traces it through knowledge, fairly accurately, fairly accurately for others, even for himself. But I have met saints who told me beforehand, how long they would live and where they would spend their last days.

² Readers can read Sachin Malhotra's *Navamsa Dasha* which has recently been published by K N Rao's Vani Publications.-SA

³ Readers should read K N Rao's article on KCD as published in his magazine, probably he wrote it in Oct 1990 issue - SA

⁴ Using the navamsha position in transits was a concept we had once mentioned in internet forums, at that time we did not know if anyone was using it and it was banished easily in the forums, at that time no software used to give it. Later we learnt that Dr Paresh Desai, Ashok Upadhaya and a Panchangkarta having tradition of some 5-6 centuries from Rajasthan uses '*Navamsa position in transits*' is what was told to us. Personally we have seen Paresh Desai and Ashok Bhai use it so beautifully that it can only be labeled as a 'Super Technique'. For e.g if the natal chart has a Saturn Sun sambhanda (association), then observe in transit when Tr Saturn Tr Sun opposition or trine or association happens and see the events of one's life and as soon as the navamsa transit interaction is over the event would subside. Do not forget to use the signs of Navamshas- SA

- ❖ It is the physical body that is tied down to planetary influences not the soul. *Sadhakas* (spiritual aspirants) *should not take astrological prediction*. They should do their sadhana cheerfully, caring for the living today and ignoring the dead yesterdays and uncertain tomorrows.
- ❖ I only allayed his arguments against astrology and convinced him why astrology was not mere fortune telling or irrational political predictions, but a complete spiritual-emotional intellectual portrayal of a man's trends of life with sufficient forewarning, to shape his life properly. Man can make his destiny to a large extent within the orbit of his pre-ordained karma, not outside it. A hard-working astrologer can see it, predict it, but cannot prevent it. Only God can prevent it and that is why I have given up astrology and now devote myself only to bhajans.

Examples of His Predictions Ketu

- ❖ He took up my horoscope and discussed it on some occasions thus: Ketu in the twelfth house with Mercury in its house of exaltation with my atmakaraka was the combination of the ninth lord with Ketu and atmakaraka. This according to his rating was the best.
- ❖ The second best was Ketu in the eighth house aspected by Jupiter or with a benefic, preferably Mercury. *He praised Mercury in the eighth house, next to Jupiter⁵*.
- ❖ The third best was Ketu in the fourth house with the conjunction of the fifth or the ninth lord or with Jupiter or aspect of Jupiter on it.
- ❖ He called the *fourth house as the "esoteric" house* in the moksha (salvation) triangle, good for astrological pursuits and allied astrological sciences; the eighth house was the *"occult" house which would enlarge an astrological vision*, with high intuitive gifts and clairvoyance.
- ❖ Ketu in the fifth house with Jupiter aspecting it, preferably from the ninth house or Jupiter in the third, aspecting the ninth house was a case of extra-sensory perceptions, as in the case of Cheiro.
- ❖ Jupiter, Mercury and Ketu's association in any house was good.
- ❖ Jupiter, Ketu and tenth lord's association with Jupiter aspecting the second or the tenth house was very good for astrological pursuits.

⁵ Lets deviate slightly and see only Jupiter in the 8th in some astrologers who had a great influence on astrology; Dane Rudhyar had Jup in 8H and his contribution was of a Sage, then Robert Schmidt, who was with Project Hindsight translating rare manuscripts from Greek to English thus displaying the bringing to light (Jupiter) the hidden (8H) works. Then coming to Spiritualists the great Paramhansa Yogananda had Jupiter in the 8H with 9L of higher Vidya and Guru Mars. K N Raos Guru calls Ketu in the 8H aspected by Jupiter as excellent, let us take a variation of Jupiter with Ketu combination and deviate, something that one would find in many Prime Ministers of India as per our mentor and as per him it's a special combination. In the 8H this Jupiter Ketu combo can be found in charts of some spiritualists and those who might their religious beliefs in our limited understanding, this has been stated by us earlier too in our past comments. There is another angle to Jupiter Ketu, say for example Jup-Ketu in 5H then problems in getting pregnant or problems due to children, especially for Sag Asc, if the dispositor of Jup-Ketu is with Mer in 2H. It would make you shed tears for getting children or on account of children. - SA

- ❖ Jupiter aspecting Ketu and ninth house helped deep and original astrological research with hard work.

On Jupiter

- ❖ He always preferred untainted Jupiter in the tenth house as the best. "*Adviser to royal families*" was the classical astrological meaning of it, according to him, a person whose house will be like a temple. Aspect from here to the second house (speech) and the fourth house (heart, according to Sarvartha Chintamani) *lent idealism to karma, speech and heart*.
- ❖ Next position for Jupiter was the fourth house. From here he aspected the eighth and twelfth houses, the occult and spiritual houses.
- ❖ Jupiter in the twelfth house similarly covered the esoteric house and the occult house.
- ❖ But did he prefer untainted Jupiter? His answer was any malefic associated or aspecting Jupiter (*Ketu was not malefic for spiritual or astrological purposes*) created occasions for terrible ego clashes.

Why did he condemn afflicted Jupiter?

- ❖ He gave an instance of Jupiter and Rahu, the guru-chandal yoga, *a case of ruined idealism*⁶, lack of gratitude, religious perversion, misreading and distortion of religious and astrological classics.
- ❖ If Saturn or Mars aspected the combination, it would be a case of extreme guru-chandal yoga. Then the house where it occurred mattered most. If in the ninth house, the place of Guru, or in the third, from where it aspected the ninth house, it would be a double combination of an ungrateful man who was a scorpion perverted.

Mercury

- ❖ Briefly, *the best was the fourth house for Mercury, second best the eighth, the third best the tenth*. (In my case Mercury was more favourable for spiritual pursuits than for astrology.)
- ❖ *He preferred the kendra positions for Mercury*. What about the fifth house for Jupiter and Mercury? His answer: good for writing books, business, accumulation of wealth etc. *Such persons need not be good predictors*.

⁶ Guru Chandala Yoga or milder forms of it often would be found in charts of astrologers of modern era, this has been our humble finding though it has not been written before. Rahu aspecting Jupiter or dispositor of Jup or vice versa or *Nadi variations* (see one commentary of ours of either Suka Nadi or Ravana Samhita where one of the variations has been revealed) of Guru Chandala produces the same case, ruined idealism, distorting of texts, lack of gratitude, copying others ideas without giving them due credit and claiming it as their own researches. - SA

Saturn

- ❖ Planet of concentration, **Saturn** in the *third*, *fifth* or *ninth* was capable of conferring *detached view in most matters*. But again, he insisted an *untainted Saturn*, like Jupiter.
- ❖ *Saturn in the eighth* was the worst, as it made one caustic in speech, aspected the tenth house from the *house of intrigues*, the house of speech (the second) and the fifth house, the intelligence which harbored malice.
- ❖ Then he told me that *Saturn in the eighth house gave a prolonged disease*, brought on the *astrologer the curses of his consultants which would fall on his children*.

The Lagna

- ❖ He preferred Mithuna, Tula and Kumbha the intellectual rashis for quick grasp of subtle astrological principles, provided other conditions were fulfilled, as stated in the case of Ketu, Jupiter, Mercury and Saturn.
- ❖ But these people should have malefics in the third or sixth house or both or *more planets in fixed rashis*⁷, to make them work hard.
- ❖ His second preference was Kanya lagna which had Mercury's rashi, Mithuna as the tenth house or Dhanu for similar reason.
- ❖ What about other lagnas. He said all lagnas could be good provided the four planets, Ketu, Jupiter, Mercury and Saturn were well placed.

Benefics in Kendras

- ❖ Sometimes, it appeared that he gave topmost priority to benefics in kendras: one, two or three.
- ❖ A horoscope without any benefic in Kendra *would get compensated to some extent, if benefics aspected Kendras*. The Vishnu sthanas (quadrants) showed nobility and benefics reinforced such noble approach to the divine subject of astrology.
- ❖ An astrologer with only malefics in Kendras was a malicious, ill-equipped, dishonest and poor scholar with either no sound knowledge or ill-digested knowledge, *in which he would combine inferior siddhis more, and astrology less. This is known as shoola (thorn) yoga*. They have unhappiness in their families with their children and wife etc. revolting against him and create enemies, out of sheer malice. If there was one of the malefics in such Kendras without a single benefic, it was the shoola yoga at its worst. Aspect of a benefic on any of the malefics in kendras could at most slightly reduce it, but they are born astrological frauds.

Benefic Rashis

⁷ An important point to remember that more planets in fixed rashis makes one work hard, if we have correctly interpreted what KNR has written. ~ SA

- ❖ He preferred, whatever be the lagna or position of Saturn, Jupiter, Ketu and Mercury, *the rashis of Jupiter and Mercury for the placement of planets most*. He would count how many planets were in Mithuna, Kanya, Dhanu and Meena. Next, in preference were the rashis of Venus, Tula, in preference to Vrisha and that of Moon, Karka.
- ❖ He insisted that the Moolatrikona rashis had a deep influence Mesha, Kanya, Tula, Dhanu, Kumbha. Planets in these or lagna in them had their own strength and vigor.

Navamsha

- ❖ He told me some secret rules and asked me never to disclose them, as without examination of navamsha, the bare analysis of the horoscope could be misleading.

Some general principles are:

- ❖ Benefic influence on the fifth house, fifth lord or preferably of Jupiter, next, of Mercury and then, of Venus.
- ❖ He *praised sky high Mercury influencing the tenth⁸ or the tenth lord*.

Nakshatras

- ❖ He singled out Mercury's nakshatras as the best. *It had to be either the tenth lord in the nakshatra of Mercury or a planet in the tenth house in this nakshatra*.
- ❖ In my case, he pointed out my tenth lord in the nakshatra of Mars kept me more busy in office while, my Jupiter in the tenth in the nakshatra of Mercury would turn my hobby of astrology into a serious pursuit, not though full time pursuit. It is true, as during my entire service career, I had to stop astrology for some months in a year, when the pressure of office work increased. In 1990 when I authored two non astrological books, I could not contribute a single article to the Astrological Magazine
- ❖ He told me that he encouraged me because of my tenth Jupiter, twelfth Ketu with Mercury aspected by my fifth lord and *aspect of Jupiter from Kumbha in my navamsha (Mesha) on the fifth lord (Sun) in Simha⁹*.

⁸ R.Santhanam had Mercury in the 10H in D9 if memory serves us right, K N Rao has Mer aspecting the 10H, Sanjay Rath has Mer in the 10H, the great Bhrihu Astrologer K C Saxena had Mer in the 10H, the astrological giant C J Krishnaswamy had Mer in the 10H, C S Patel had 10L Mer's dispositor Mars posited in the 10 with Jupiter in Gemini (writing & subconscious mind), P.S.Sastri had 10L with Mer. ~ SA

⁹ Pls re-read this sentence, K N Rao like many other astrologers does use aspects in divisional charts (here in his navamsa), some members of internet forums having interacted some 20-30 mails with KNR falsely claim that KNR does not use aspects in divisional charts and also claim that KNR does not use lordship/houses in divisional charts. Here he mentions 5L Sun of D9. ~ SA

Best Combinations for Clairvoyance or Even Siddhis

- a) Connection of Ketu with Jupiter, involving the fifth house and its lord, the eighth house and its lord or the twelfth house and its lord.
- b) The second best is, the same combination as above without the involvement of Jupiter.
- c) The third best is Ketu in the twelfth house without any aspect, Moon in the rashi of Saturn aspected by Mars or, in the rashi of Mars aspected by Saturn, with Jupiter influencing the lagna or the lagna lord exactly.

The best example I have seen to date, though I have not succeeded in collecting the horoscopes of other gifted saints, is that of my own Guru. Note the combinations.

- a) Ketu in the twelfth house aspected by the fifth and the eighth lord, Jupiter.
- b) In the navamsha, as also in the birth horoscope, the Moon coming under the influence of both the Saturn and Mars.

Study of an accurate Vimshamsha chart is an absolute necessity. However in the birth horoscope what leads to these aberrations is what I am narrating here.

- a) When Mars gets combined with Ketu with fifth and ninth lord, clairvoyant visions are most of the ghastly type.
- b) When Saturn, as the fifth lord or the ninth lord, gets combined with Ketu without Jupiter's involvement, the worldly visions cease and divine visions, mostly of lofty hills, pilgrimages, saints giving messages of some future events occur, broken but they are visions.
- c) If Mars and Ketu are in the fifth house, *without* the involvement of the fifth and ninth lord, such visions are too small and often tragic.
- d) If Mars and Ketu in the fifth have the involvement of the fifth or the ninth lord, such experiences are very dazzling, once in a while.

On Siddhis

- ❖ In the major or sub periods of planets in Cancer and Pisces, preferably in the second and third drekkanas. What we call sarpa dreshkonas, represents the kundalini power in a spiritual sense. Scorpio gives this power but with good deal of morbidity. Cancer and Pisces are the rashis of Moon and Jupiter and, may be because of their beneficent nature, they colour the clairvoyant with sweet divinity. Scorpio influenced by Mars, gives tragic, macabre and even ghoulish visions.
- ❖ Such visions occur in the periods of the fifth and the ninth lords also
- ❖ Planets in the eighth house having a very substantial role in such visions the range and the frequency almost unlimited.
- ❖ In transit Jupiter aspecting natal Ketu or in the fifth or the ninth house from the lagna seems to be the best time for such visions.

- ❖ I have further noticed that those who have such combinations, mostly in the twelfth house, gets these experiences in dreams, while those with the fifth or the ninth houses involved may get it, sometimes in their pooja and sometimes in their dreams. But those who have it in their eighth house, get it in all states, dreams, meditations or even when walking and waking hours.

To Be Continued

