# Functional Requirements Document - BMI Calculator

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# 1. Project Overview

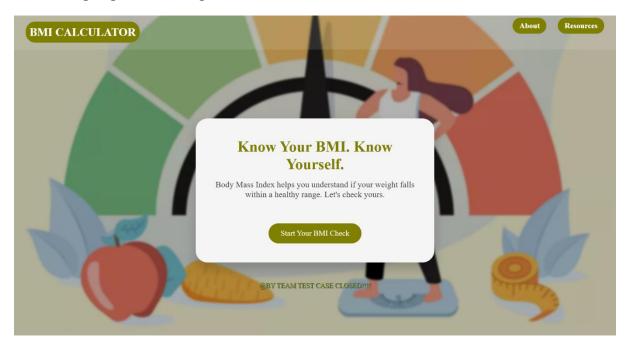
The BMI Calculator is a web-based tool that allows users to calculate their Body Mass Index (BMI) using their height and weight. It supports multiple units for both inputs and provides instant feedback on the BMI value and its health category. The application is designed to be user-friendly, responsive, and informative.

## 2. Functional Requirements

| Feature         | Description  |
|-----------------|--|
| Height Input    | Accepts numeric input for height.                                      |
| Height Units    | Dropdown to select cm, inches, or feet.                                |
| Weight Input    | Accepts numeric input for weight.                                      |
| Weight Units    | Dropdown to select kg or lbs.  |
| Validation      | Ensures inputs are positive numbers.                                   |
| Unit Conversion | Converts height to meters and weight to kilograms.                     |
| BMI Calculation | Uses formula: BMI = weight (kg) / height² (m²).                        |
| Result Display  | Shows BMI value and category (Underweight, Normal, Overweight, Obese). |
| Navigation      | Links to About and Resources pages.                                    |

# 3. UI/UX Design

• Landing Page: Welcoming interface with a call-to-action button.



**Figure: Landing Page** 

• **BMI Calculator Page**: Clean form layout with animated transitions and responsive design.



**Figure: BMI Calculator** 

• About Page: Explains the purpose and importance of BMI.



**Figure: About Page** 

• Resources Page: Provides external links to health-related content.



Figure: Resource Page

# 4. Technology Stack

| Layer    | Technology                                       |
|----------|--|
| Frontend | HTML5, CSS3, JavaScript                          |
| Fonts    | Google Fonts (Quicksand, Times New Roman)        |
| Media    | Background images from Cleveland<br>Clinic       |
| Hosting  | Static web hosting (e.g., GitHub Pages, Netlify) |

## 5. Enhancements (Future Scope)

- BMI history tracking
- Graphical representation of BMI trends
- Mobile-first design improvements
- Accessibility enhancements
- Integration with health APIs

# 6. Project Link

The application is deployed on Github and can be accessed via the following link -

https://vagdevimahendrada.github.io/BMICalculator/