

There were issues affecting this run of Lighthouse:

- Chrome extensions negatively affected this page's load performance. Try auditing the page in incognito mode or from a Chrome profile without extensions.
- There may be stored data affecting loading performance in this location: IndexedDB. Audit this page in an incognito window to prevent those resources from affecting your scores.
- The page loaded too slowly to finish within the time limit. Results may be incomplete.
- The page may not be loading as expected because your test URL (https://mail.google.com/mail/u/0/#sent) was redirected to https://mail.google.com/mail/mu/mp/149/. Try testing the second URL directly.



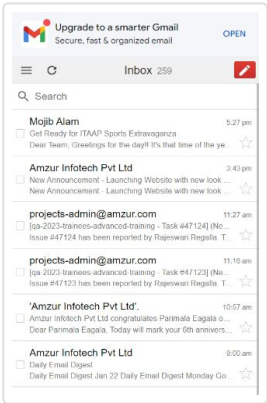
Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

▲ 0–49

50–89

90–100

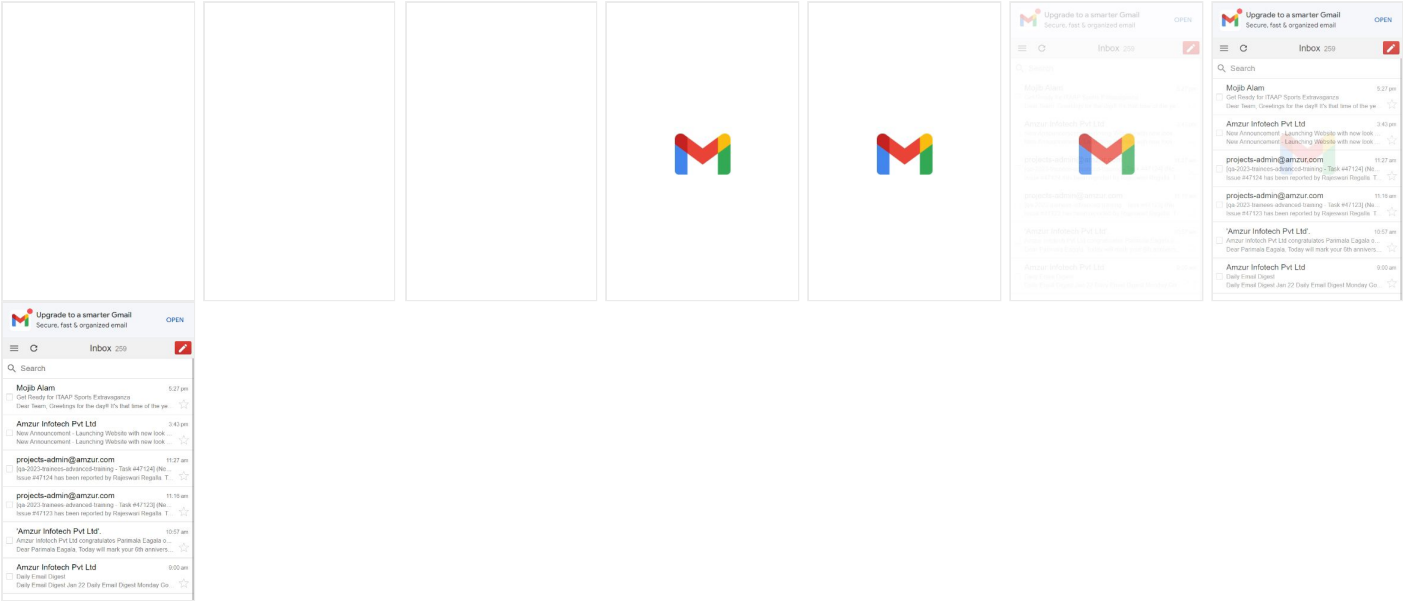


METRICS

Expand view

<div>▲ First Contentful Paint</div> <div>5.3 s</div>	<div>▲ Largest Contentful Paint</div> <div>5.3 s</div>
<div>Total Blocking Time</div> <div>190 ms</div>	<div>Cumulative Layout Shift</div> <div>0</div>
<div>▲ Speed Index</div> <div>6.8 s</div>	

[View Treemap](#)



Show audits relevant to: [All](#) [FCP](#) [LCP](#) [TBT](#) [CLS](#)

DIAGNOSTICS

	Largest Contentful Paint element — 5,280 ms	
	Avoid multiple page redirects — Potential savings of 1,210 ms	
	Eliminate render-blocking resources — Potential savings of 920 ms	
	Reduce JavaScript execution time — 2.9 s	
	Minimize main-thread work — 5.2 s	
	Reduce unused JavaScript — Potential savings of 88 KiB	
	Minify JavaScript — Potential savings of 297 KiB	
	Ensure text remains visible during webfont load	
	Does not use passive listeners to improve scrolling performance	
	Reduce unused CSS — Potential savings of 86 KiB	
	Page prevented back/forward cache restoration — 4 failure reasons	
	Avoid long main-thread tasks — 14 long tasks found	
	Initial server response time was short — Root document took 390 ms	

- Avoids an excessive DOM size — 298 elements
- Avoid large layout shifts — 1 element found
- Avoids enormous network payloads — Total size was 688 KiB
- Avoid chaining critical requests — 1 chain found
- Minimize third-party usage — Third-party code blocked the main thread for 0 ms

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (21) Show



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

BEST PRACTICES

- ▲ `[user-scalable="no"]` is used in the `<meta name="viewport">` element or the `[maximum-scale]` attribute is less than 5.

These items highlight common accessibility best practices.

INTERNATIONALIZATION AND LOCALIZATION

- ▲ `<html>` element does not have a `[lang]` attribute

These are opportunities to improve the interpretation of your content by users in different locales.

NAVIGATION

- The page contains a heading, skip link, or landmark region

These are opportunities to improve keyboard navigation in your application.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (17)

Show

NOT APPLICABLE (41)

Show



Best Practices

GENERAL

Registers an `unload` listener

▼

PASSED AUDITS (12)

Show

NOT APPLICABLE (3)

Show



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

CONTENT BEST PRACTICES

Document does not have a meta description

▼

Format your HTML in a way that enables crawlers to better understand your app’s content.

CRAWLING AND INDEXING

▲

Page is blocked from indexing

▼

To appear in search results, crawlers need access to your app.

MOBILE FRIENDLY

▲

Tap targets are not sized appropriately — 45% appropriately sized tap targets

▼

Make sure your pages are mobile friendly so users don't have to pinch or zoom in order to read the content pages. [Learn how to make pages mobile-friendly.](#)

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (9)

Show

NOT APPLICABLE (2)

Show



PWA

These checks validate the aspects of a Progressive Web App. [Learn what makes a good Progressive Web App.](#)

INSTALLABLE

▲

Web app manifest or service worker do not meet the installability requirements — 1 reason

▼

PWA OPTIMIZED

▲

Is not configured for a custom splash screen Failures: No manifest was fetched.

▼

▲

Does not set a theme color for the address bar.
Failures: No manifest was fetched, No `

▼

Content is sized correctly for the viewport

▼

about:blank

5/6

Has a `<meta name="viewport">` tag with `width` or `initial-scale`



▲ Manifest doesn't have a maskable icon **No manifest was fetched**



ADDITIONAL ITEMS TO MANUALLY CHECK (3)

Show

These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

Captured at Jan 22, 2024, 5:38 PM GMT+5:30
Initial page load

Emulated Moto G Power with Lighthouse 11.2.0
Slow 4G throttling

Single page load
Using Chromium 120.0.0.0 with devtools

Generated by **Lighthouse** 11.2.0 | [File an issue](#)