



Key insights

- Disability prevalence increases with age, with the highest rates among people aged 65 and over.
- Adults have a higher prevalence rate than children at a population level.
- These patterns highlight the importance of accessible services across the life course.

Data limitations & ethics

This analysis uses publicly available, aggregated data from Stats NZ (2023). Findings are descriptive and intended to support understanding, not to explain causes or represent individual experiences. Disability is diverse, and lived experience cannot be fully captured through quantitative data alone.