

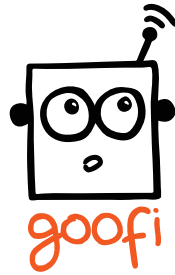
# We are beautiful



## **Goofi Series: Emotional Intelligence**

Age Group : 8-12Years

An amazing worksheet series for children to develop self-confidence, gratitude and emotional intelligence.



# Goofi Series: Emotional Intelligence

For Parents and Teacher

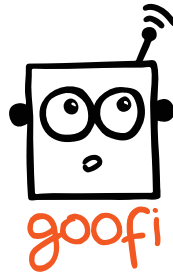
Children are not afraid of anything. They are confident and not afraid of failing. But as they grow up, they start to lose their confidence. Their self-esteem starts to go down. This worksheet type e-book is a wonderful tool for you to help your boy or students to develop self-esteem, emotional intelligence and also gratitude for the amazing people they have in life.

How to use the worksheet?

Before using the worksheet, read the small write-up in each page to get a better understanding. Then talk with your child or students about the true nature of beauty of an individual. After that give the sheets one by one. They can color it, put it on wall or give it as gift to individuals. You can print out as many as you can to serve your purpose.

## Disclaimer

The content is developed and copyrighted by Goofi, a brand by Light of Hope Ltd. Any unauthorized use of the content in any form (print or electric) will be subjected to copyright violation under national and international law. We encourage you to use it personally for your kids or for your school. Any commercial use of the content other than school or personal use is strictly prohibited.



# Goofi Series: Emotional Intelligence

## About the Content

The content is developed for children around the world between 8-12 years old. This will help to improve self-esteem, emotional intelligence and gratitude among children. Designed and developed by a group of young educators, this content can be a life-time tool for parents and teachers.

## About goofi

Goofi is a global platform for young children to develop their future skills like creativity, emotional intelligence and moral values. Our formal education system is failing to nurture the potential of our future generation. Goofi is on a mission to give the power back to parents and teachers with amazing resources and tools so that they can help their children to unleash their creative potential.

## Content Creator:

Fahad & Wali

## Illustrator:

Suvra

## Published on:

28 February 2018

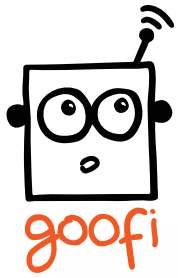


# I am beautiful



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways you are beautiful, inside or outside.





You are beautiful

my best friend

Things that  
make you  
beautiful

1.

2.

3.

4.

There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your friend is beautiful, inside or outside.



Cut it and give it to your friend.



You are beautiful

my best friend

Things that  
make me beautiful

1.

2.

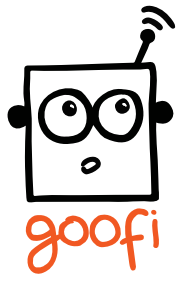
3.

4.

Cut it and give it to your friend.



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your friend is beautiful, inside or outside.



You are beautiful

mom

Things that  
make my mom beautiful

1.

2.

3.

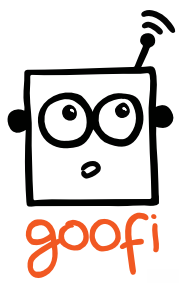
4.

Cut it and give it to your mom.



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your mom is beautiful, inside or outside.





You are beautiful

dad

Things that  
make my dad beautiful

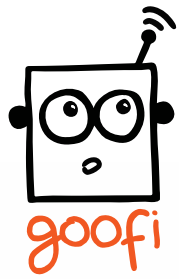
- 1.
- 2.
- 3.
- 4.

Cut it and give it to your dad.



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your dad is beautiful, inside or outside.





You are beautiful

sister

Things that  
make my sister  
beautiful

1.

2.

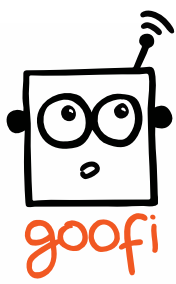
3.

4.



Cut it and give it to your sister.

There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your sister is beautiful, inside or outside.



You are beautiful

brother

Things that  
make my brother  
beautiful

1.

2.

3.

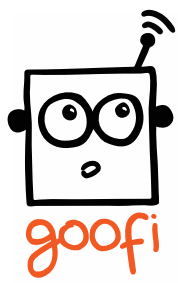
4.



Cut it and give it to your brother.

There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your brother is beautiful, inside or outside.





You are beautiful

teacher

Things that  
make my teacher  
beautiful

1.

2.

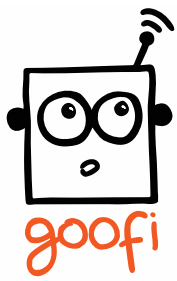
3.

4.

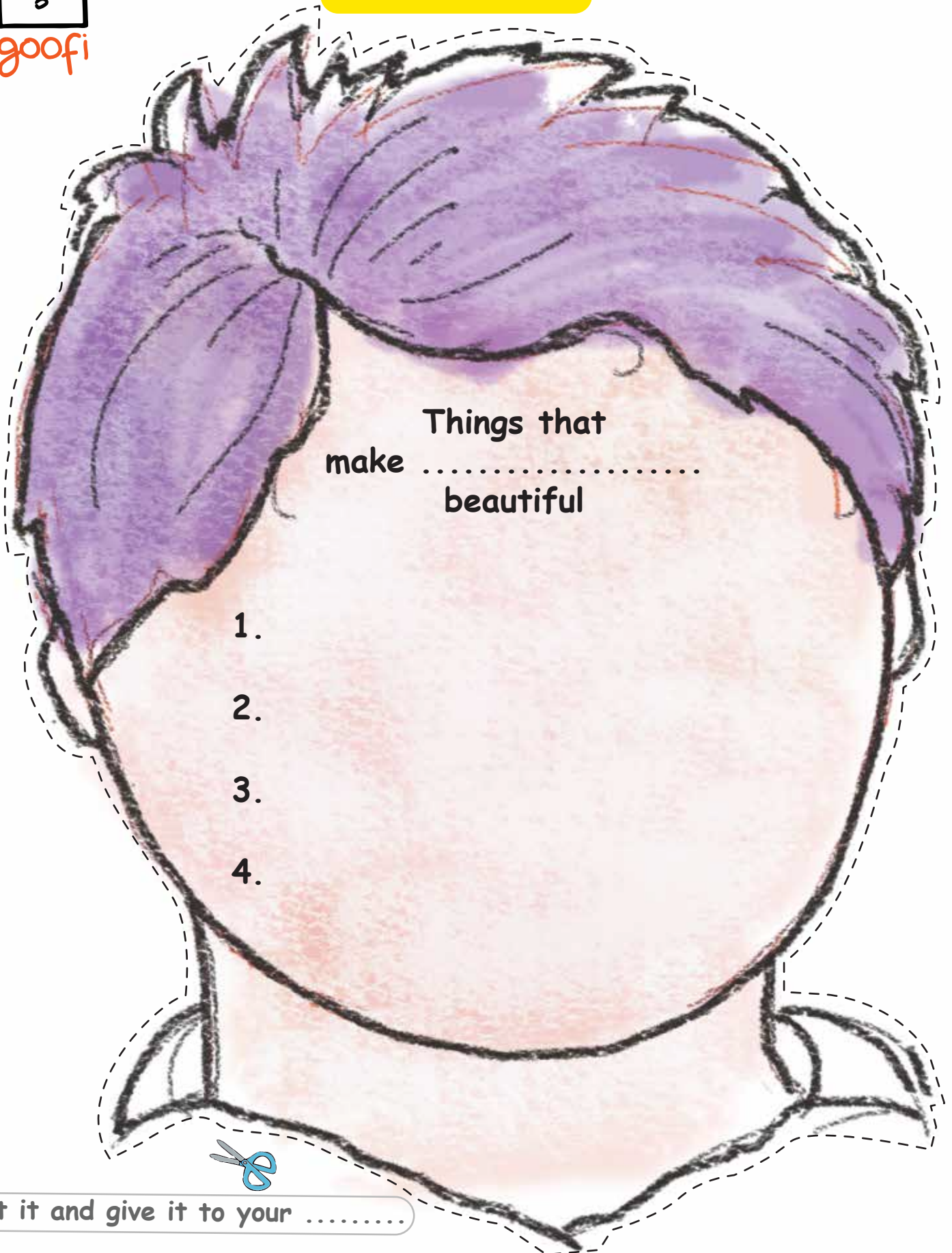
Cut it and give it to your teacher.



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your teacher is beautiful, inside or outside.



You are beautiful



Things that  
make .....  
beautiful

1.

2.

3.

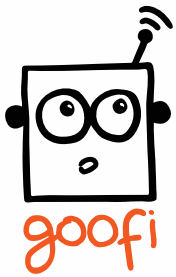
4.



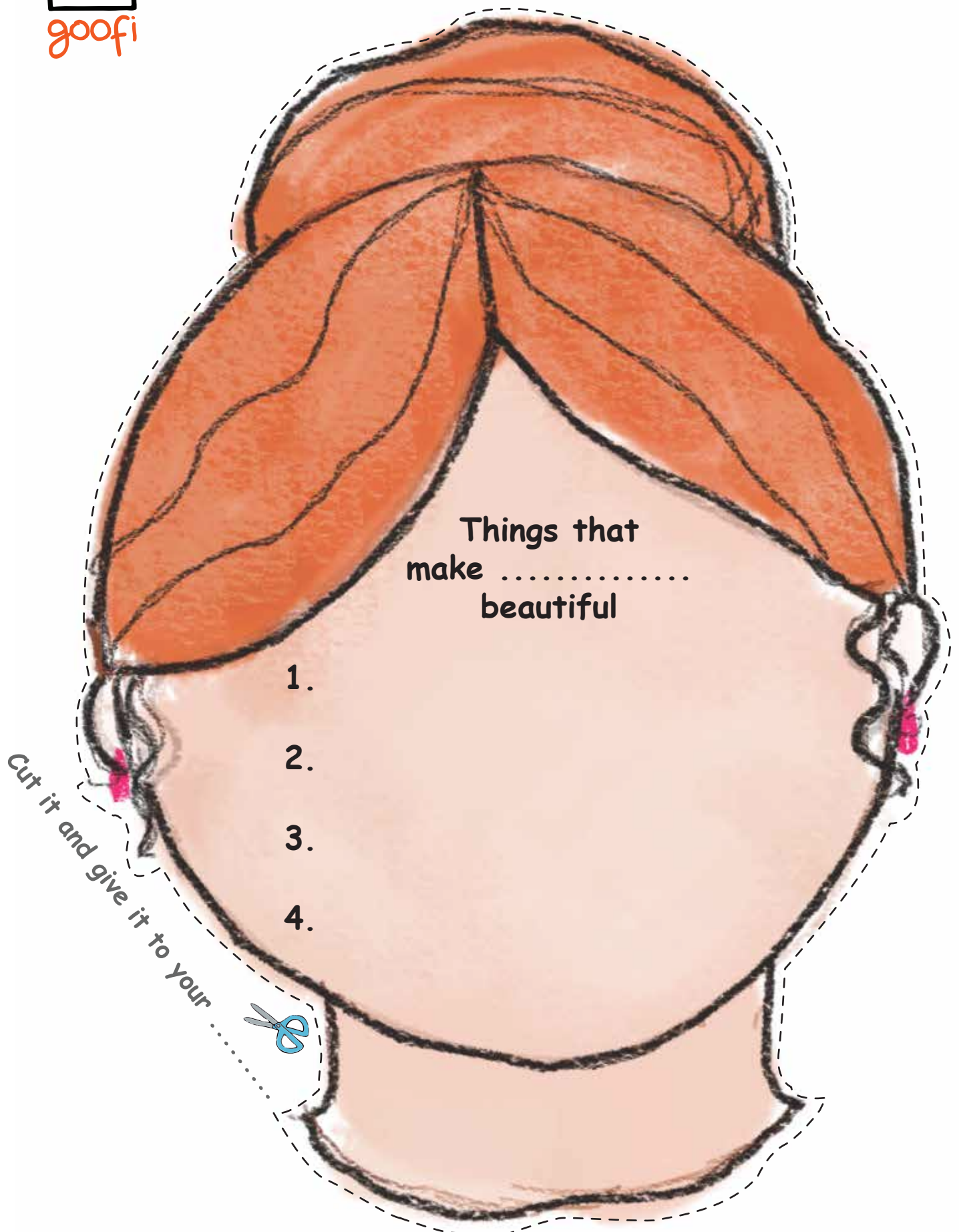
Cut it and give it to your .....

There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your ..... is beautiful, inside or outside.





You are beautiful



There are many ways to be beautiful. We are all different. And we are all beautiful. Some are beautiful inside, some are outside. List some ways your ..... is beautiful, inside or outside.