



Basic Emotions

**Worksheet series for children to
understand the emotion and develop
basic emotional skills**





Goofi Series: Emotional Intelligence

Age Group: 6-8 years

For parents and teachers:

Parents and Teachers can download it and print it to use the content. Children needed some adult supervision to use this content.

How to use the worksheet?

Children will observe the pictures, find the synonym words, identify the emotions and match the letters to understand the emotional situations. They will think sequentially to identify the following parts of the emotions. They will draw their emotional situation and write it up in the blank areas of pictures which help to show their emotional moments.

Disclaimer

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Goofi Series: Emotional Intelligence

About the Content

There are many contents which help children to think emotionally. But most of them are boring type. This is a vital content which has been made to help children think more sequentially their emotion in an enjoyable way. The content is designed in emotion based activities to make children more intelligence emotionally. For instance, children learn some other synonym words of each emotion. Finally, this content will enhance children emotional intelligence skill with the help of some innovative activities by some adult supervision.

About goofi

Goofi is a global platform for young children to develop their future skills like creativity, emotional intelligence and moral values. Goofi is on a mission to give the power back to parents and teachers with amazing resources and tools so that they can help their children to unleash their creative potential them.

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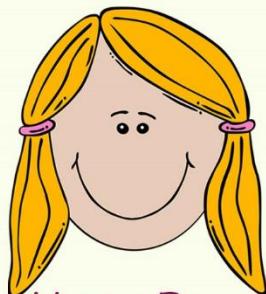
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Published on

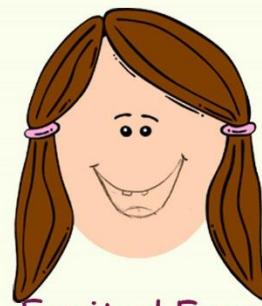
1 August 2018

Match to the same emotions

Cut on the dashed line. Match the picture that are the same and paste it beside the same picture



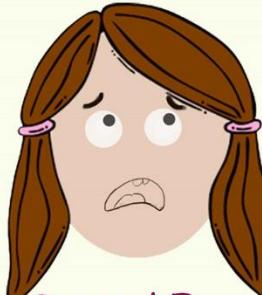
Happy Face



Excited Face



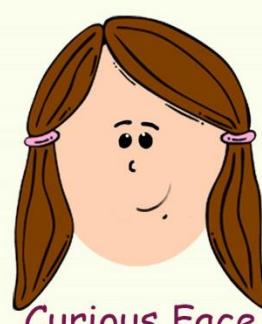
Sad Face



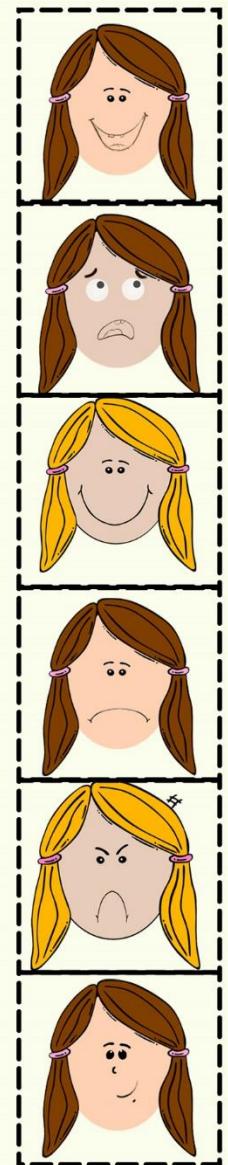
Scared Face



Angry Face



Curious Face



Happy

Name: Date:

Find the beside words bellow in the bellow word chart

g	l	a	d	o	a	s	p
i	n	j	o	l	l	y	l
c	o	n	t	e	n	t	e
a	d	e	f	h	i	k	a
c	a	l	m	n	t	l	s
d	b	s	a	f	e	o	e
a	c	p	g	f	e	t	d

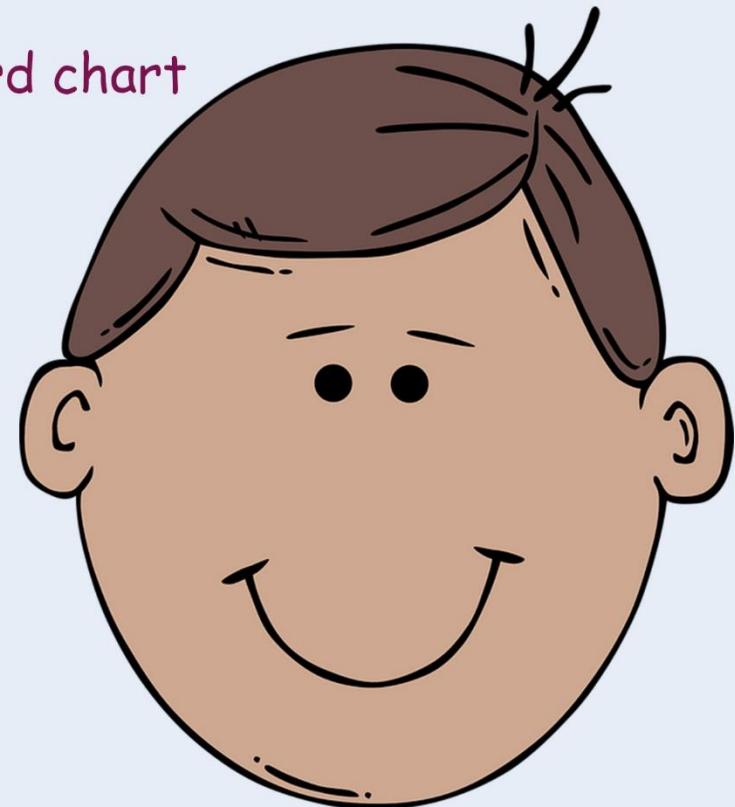
calm

safe

jolly

pleased

glad



Happy

Circle the pictures that show a happy face

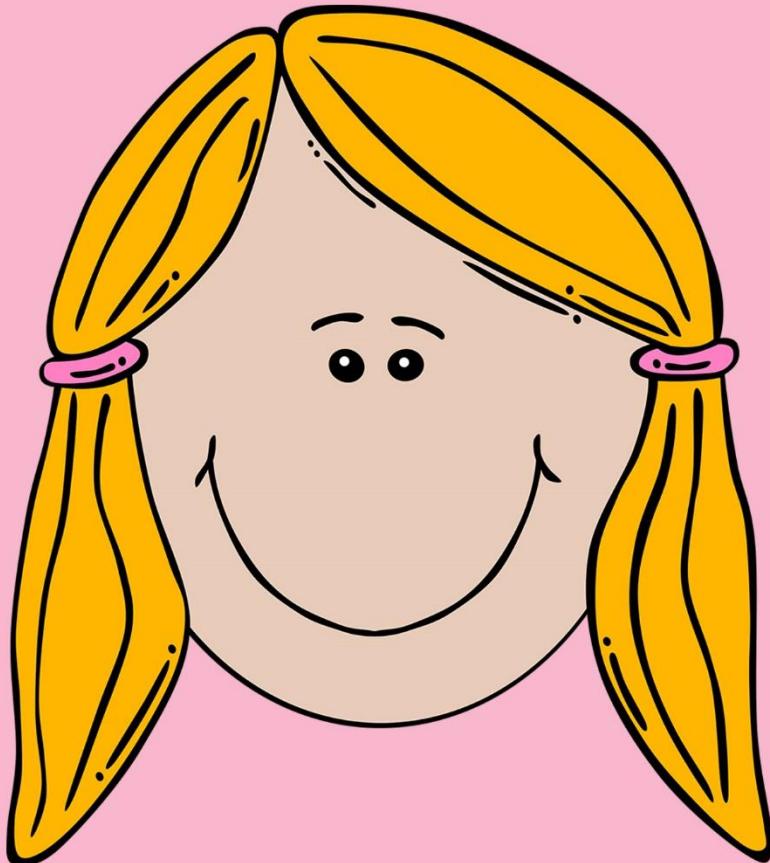


Mark the word: Happy

Sad, Happy, pencil, Sad, Happy, Sad, Color, Happy, Sad

Happy

Draw a line to match the word happy



H
A
P
P
Y

P
P
Y
H
A

Happy

Find out the situation and put a circle mark
when you feel happy



When your parents travelling with you



When your mother buying icecream for you



When your father buying toys for you



When you playing with friends

Happy

Draw a picture on your happy moment
and write down something about it



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Angry

Name:.....Date.....

Find the words bellow in the words

f	c	s	d	o	a	s	m
u	r	a	d	l	l	a	a
r	a	n	n	o	y	e	d
i	b	e	f	h	i	n	o
o	b	y	m	n	t	e	w
u	y	i	r	a	t	e	n
s	c	g	r	u	m	p	y

Annoyed

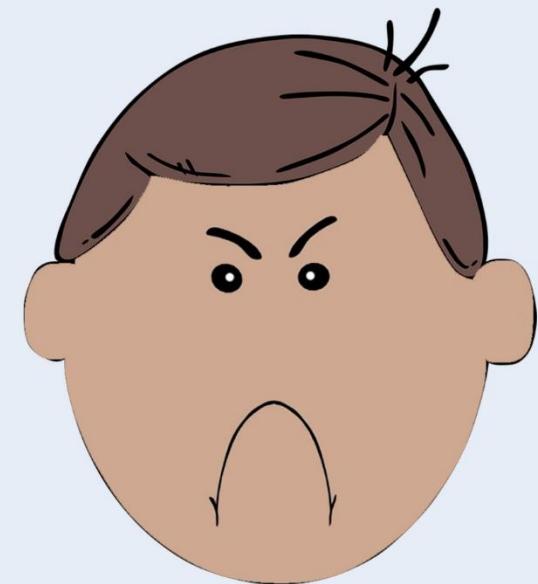
Crabby

Grumpy

Mad

Irate

Furious



Angry

Circle the pictures that show a angry face

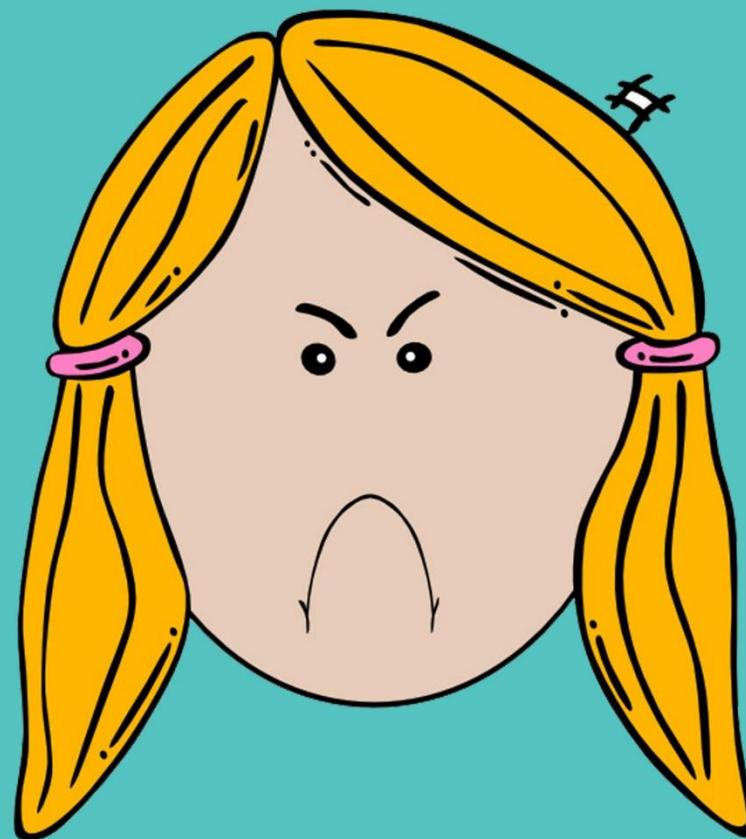


Mark the word: Angry

Sad, Happy, Angry, Sad, Angry, Sad, Happy, Angry, Sad

Angry

Draw a line to match the word angry



A
n
g
r
y

g
r
A
y
n

Angry

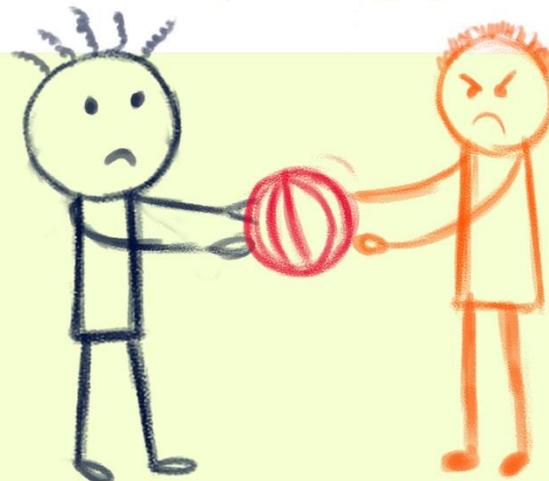
Find out the situation and put a circle what makes you angry



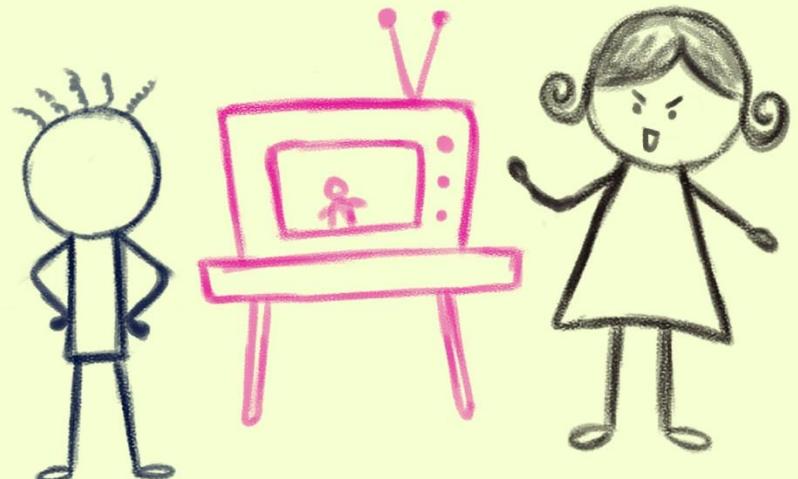
When your mother say you
shouldn't eat junk food



When friends push you



When your little brother take your toys



When your mother switch off cartoon channel

Angry

Draw a picture on your angry moment
and write down something about it



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Sad

Name: Date:

Find the beside words bellow in the bellow word chart

f	i	s	d	o	a	s	p
i	m	a	d	l	l	a	f
c	o	d	t	e	n	d	r
a	d	e	f	h	i	n	o
c	r	y	m	n	t	e	w
u	p	s	e	t	e	s	n
g	c	p	g	f	e	s	d

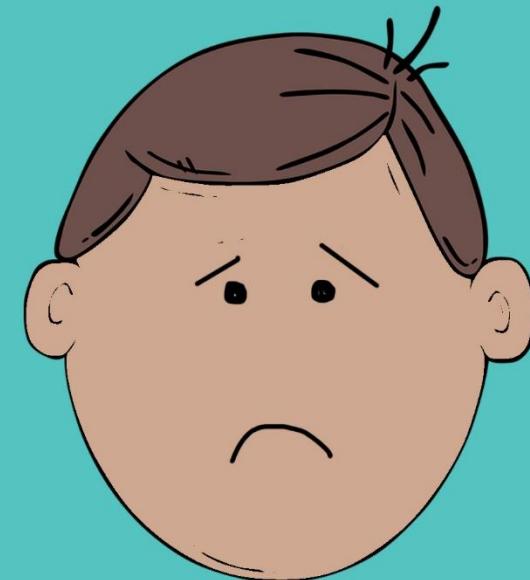
Cry

Sadness

Mad

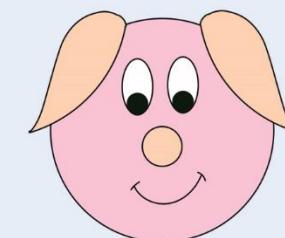
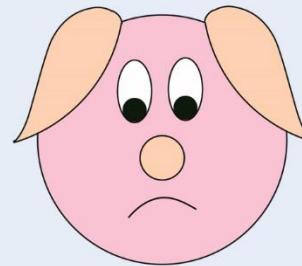
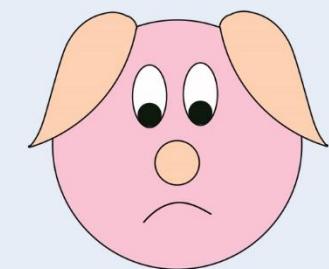
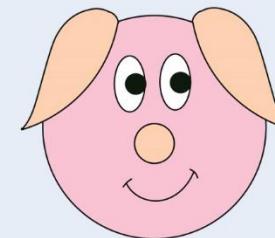
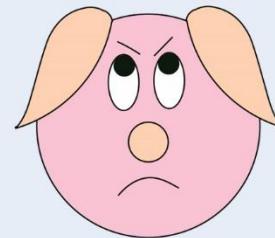
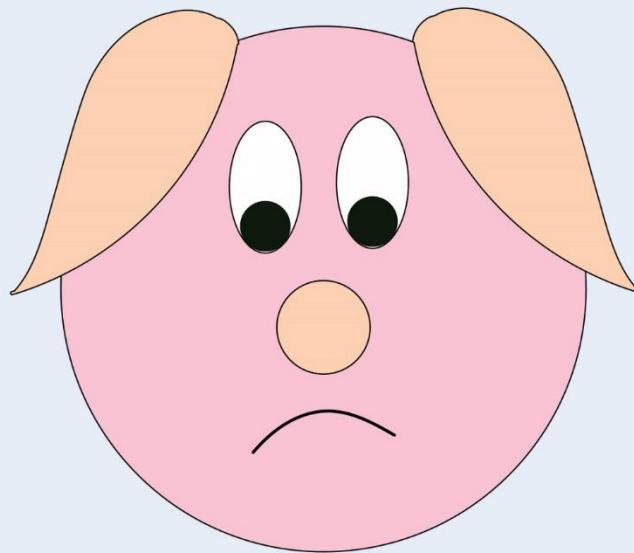
Upset

Sad



Sad

Circle the pictures that show a sad face

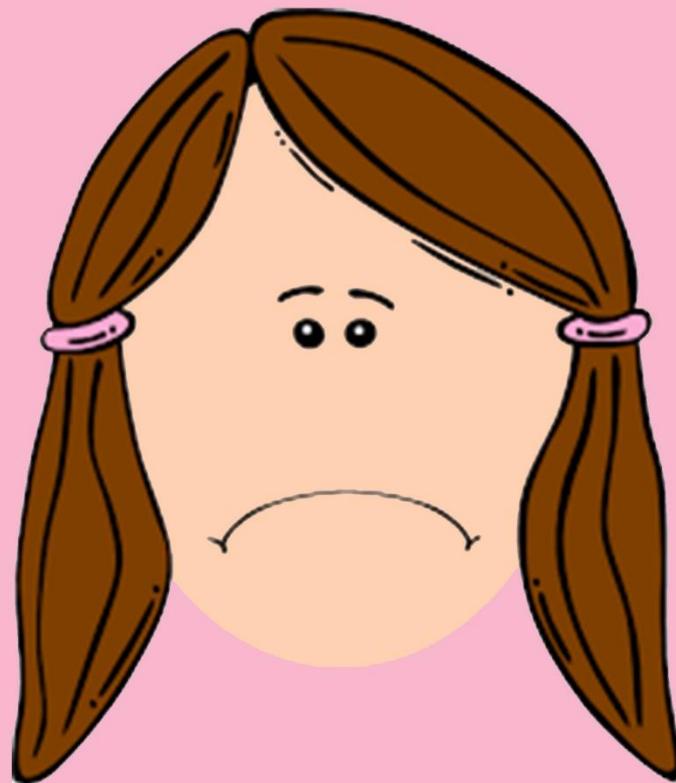


Mark the word: Sad

Sad, Happy, Sad, Happy, Sad, Eraser, Happy, Sad

Sad

Draw a line to match the word Sad



S
A
D

D
S
A

Sad

Find out the situation and put a circle when you feel sad



When friends pulling your ball



When toys break down



When you don't understand math



When you fell down

Sad

Draw a picture on your sad moment
and write down something about it



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Excited

Name: Date:

Find the beside words bellow in the bellow word chart

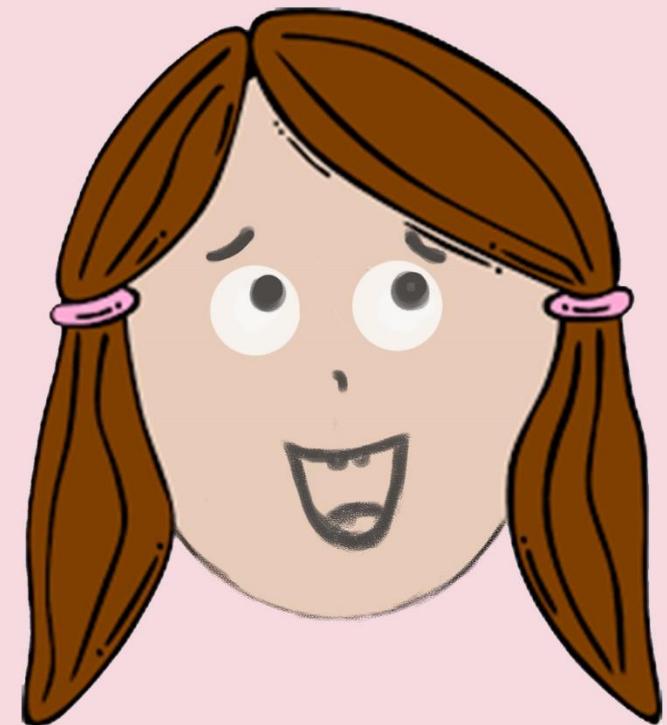
t	h	r	i	l	l	e	d
r	r	h	a	l	n	a	e
a	r	o	u	s	x	g	l
n	b	c	r	h	i	e	i
t	b	k	a	n	o	r	g
i	j	u	m	p	y	e	h
c	c	d	d	f	s	a	t

Eager

Delight

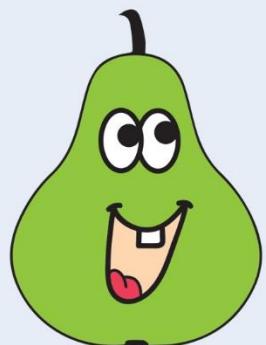
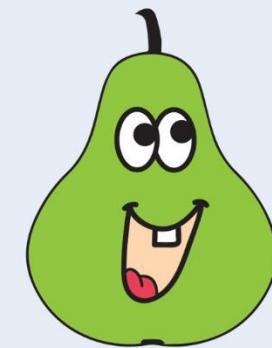
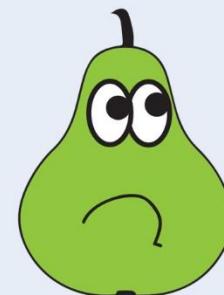
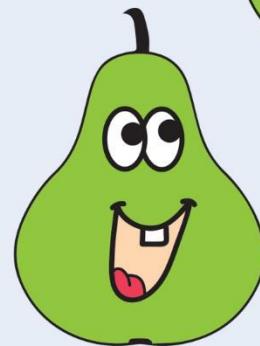
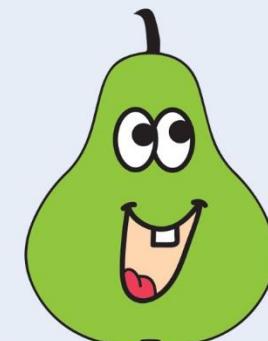
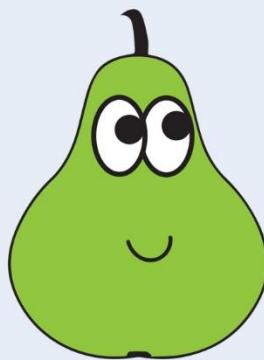
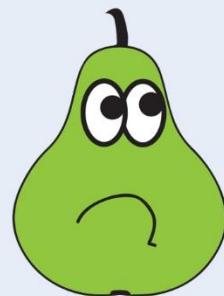
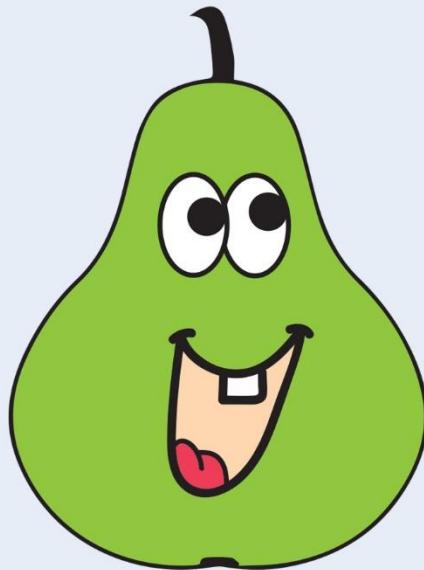
Jumpy

Thrilled



Excited

Circle the pictures that show a excited face

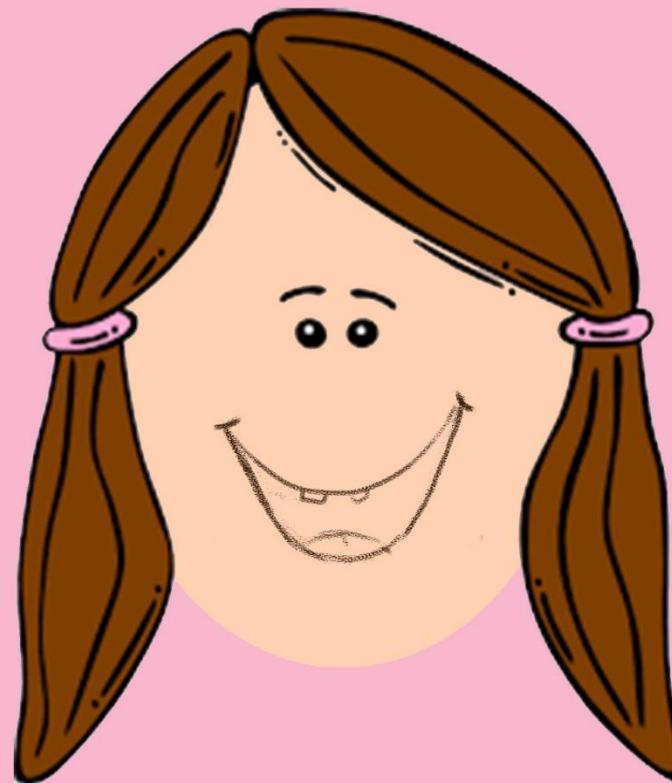


Mark the word: Excited

Excited, Happy, Excited, Sad, Excited, Sad, Bag, Scared, Excited

Excited

Draw a line to match the word excited



E
X
C
I
T
E
D

X
C
T
I
E
D
E

Excited

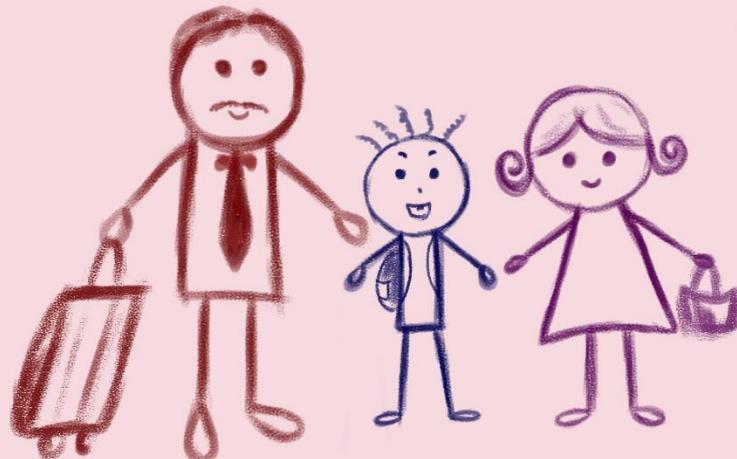
Find out the situation and put a circle what makes you excited



When you get star marks in drawing



When your father give you favourite toys



When you travel new place with parents



When you see your favourite cartoon

Excited

Draw a picture on your excited moment
and write down something about it



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Curious

Name: Date:

Find the beside words bellow in the bellow word chart

e	a	g	e	r	n	e	s	s	p
r	i	n	t	e	r	e	s	t	u
a	r	o	u	g	x	g	l	g	z
n	o	s	y	a	i	e	i	r	z
t	b	k	a	r	r	o	r	g	i
a	j	u	m	d	y	e	h	j	e
s	n	o	p	p	y	a	t	h	d

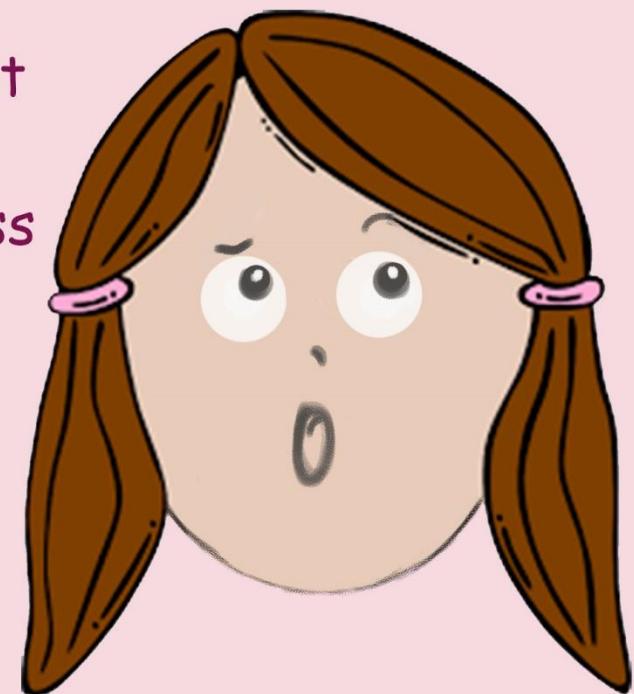
Interest

Eagerness

Nosy

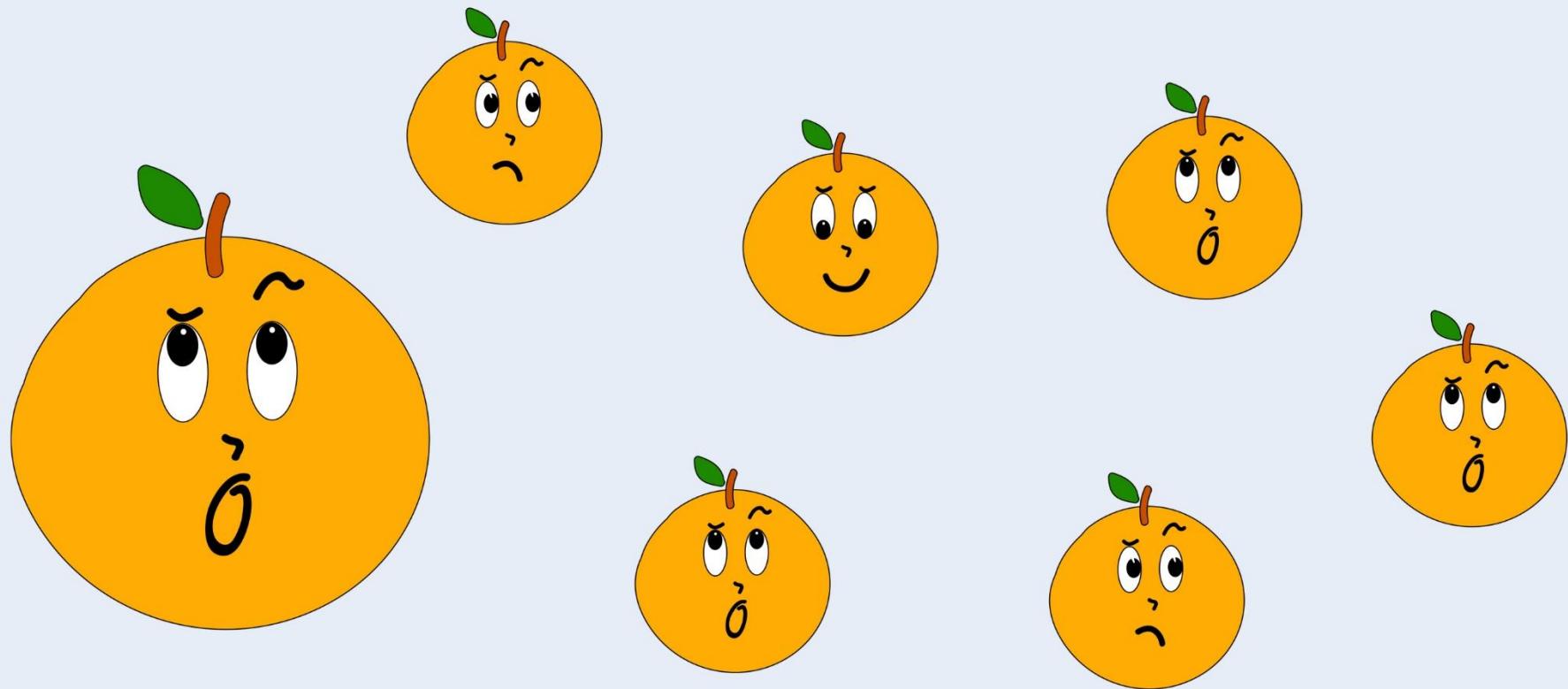
Regard

Puzzled



Curious

Circle the pictures that show a curious face

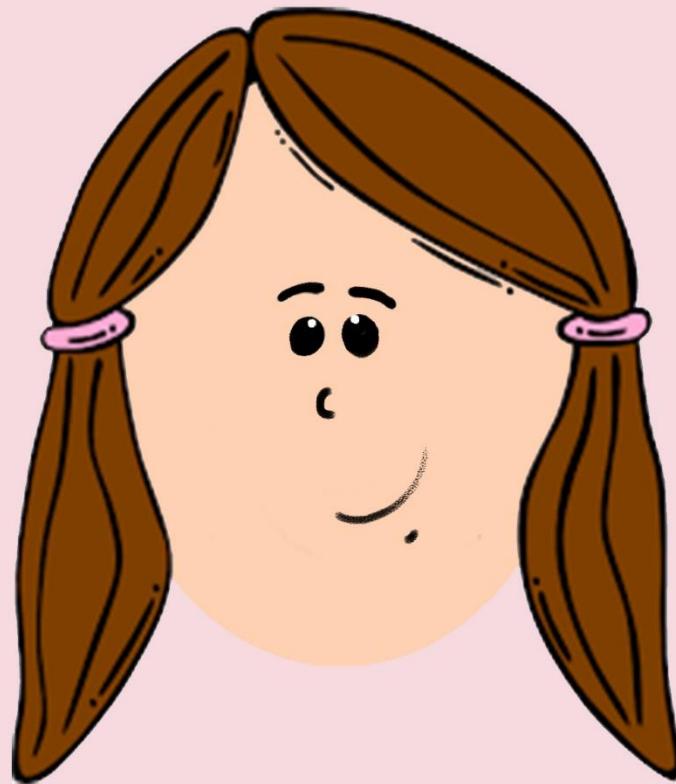


Mark the word: Curious

Excited, Happy, Curious, Sad, Curious, Sad, Bag, Scared, Curious

Curious

Draw a line to match the word curious



C
U
R
I
O
U
S

U
R
C
O
S
U

Curious

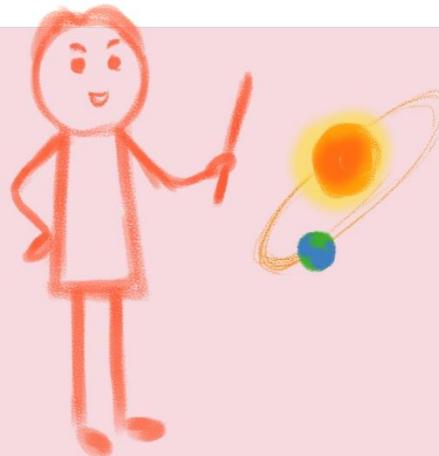
Find out the situation and put a circle what makes you curious



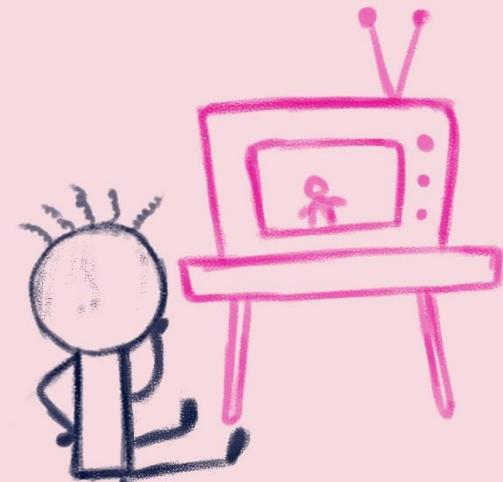
When you see star in the sky



When you make new things



When you hear the earth moves



When you see cartoon attentively

Curious

Draw a picture on your curious moment
and write down something about it



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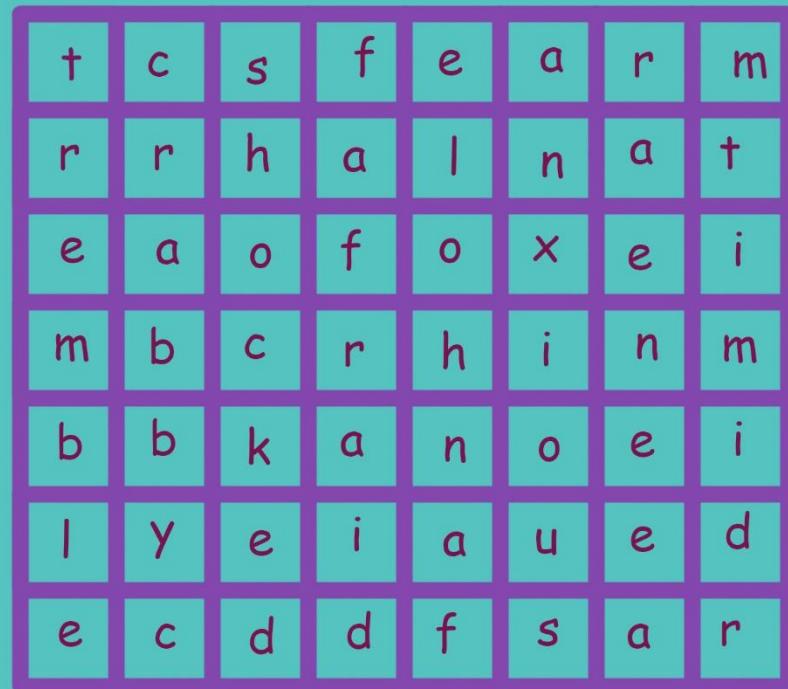
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Scared

Name: Date:

Find the beside words bellow in the bellow word chart



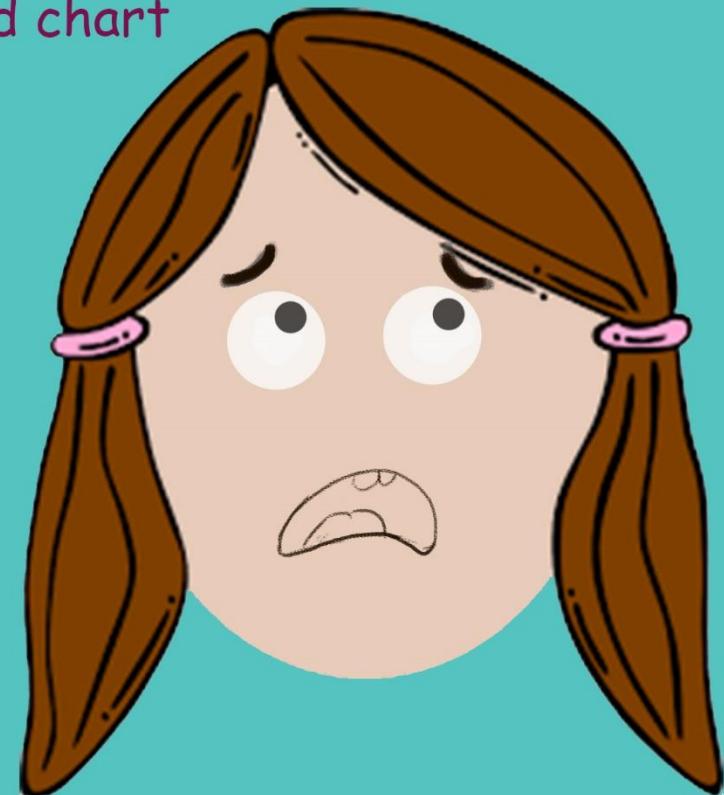
Afraid

Fear

Anxious

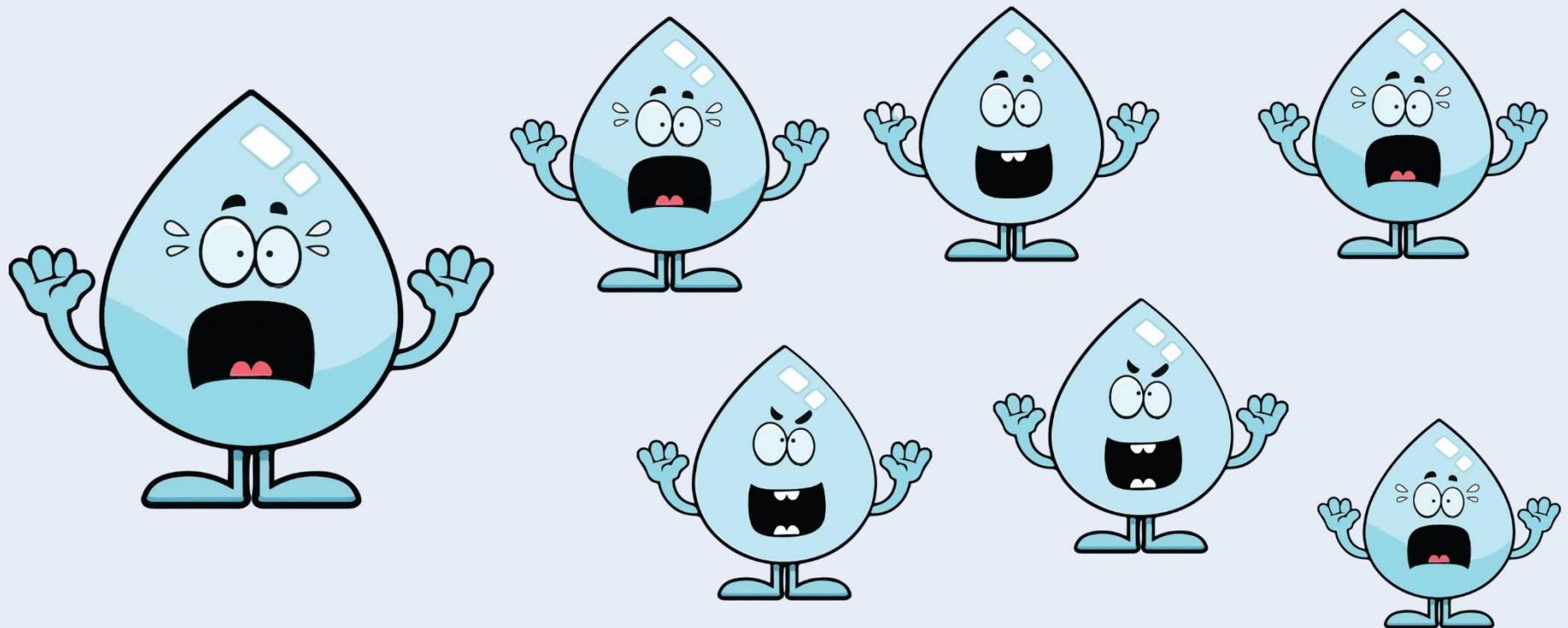
Tremble

Shocked



Scared

Circle the pictures that show a scared face

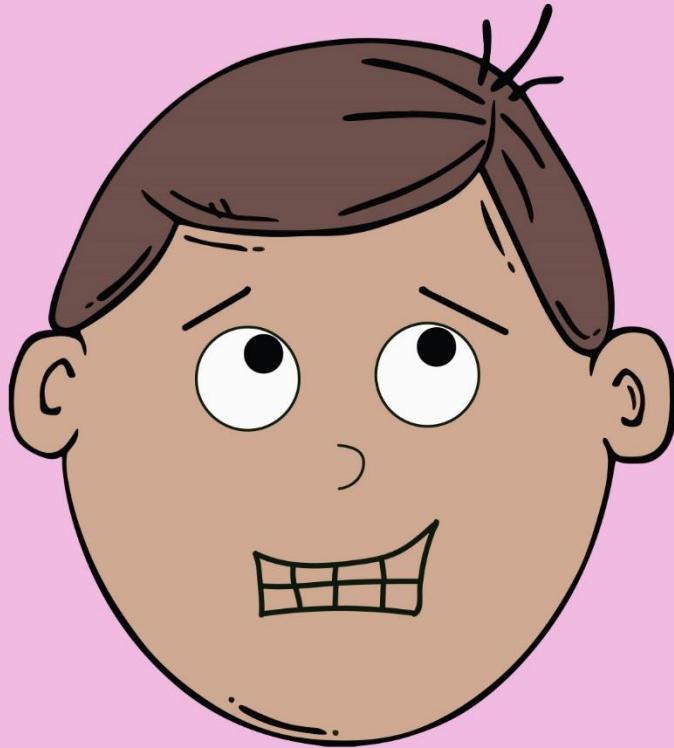


Mark the word: Scared

Scared, Happy, Scared, Sad, Scared, Sad, Bag, Scared, Sad

Scared

Draw a line to match the word scared



s
c
a
r
e
d

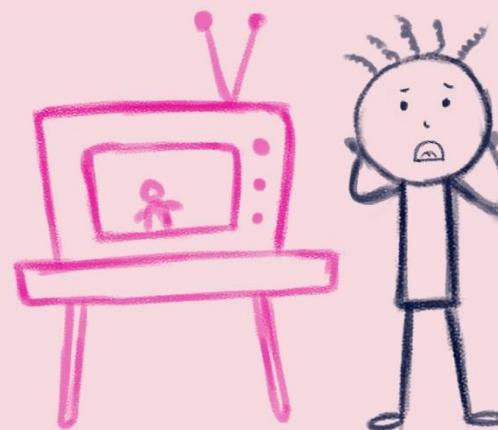
r
d
S
e
c
a

Scared

Find out the situation and put a circle what makes you scared



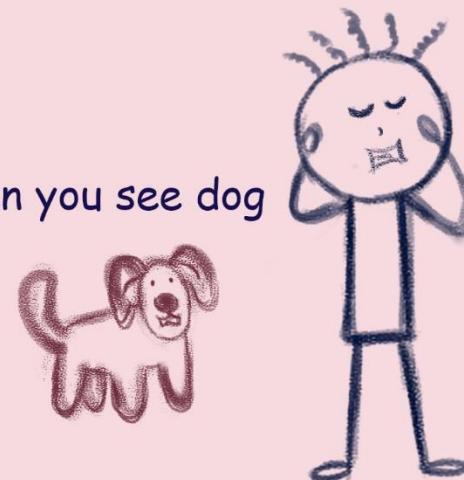
When sounds are too loud



When you see monster in tv



When you see spider



When you see dog

Scared

Draw a picture on your scared moment
and write down something about it



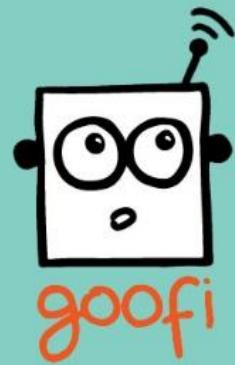
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