

Nervous System

What is it?

- The nervous system is made up of the brain, spinal cord and nerves. It is the body's communication system that controls much of what your **body** does. It allows you to do things like walk, speak, swallow, breathe and learn, and controls how your **body** reacts in an emergency.

Organs of the Nervous System

- **The nervous system has two main parts:**
- The central nervous system is made up of **the brain** and **spinal cord**.
- The peripheral nervous system is made up of nerves that branch off from the **spinal cord** and extend to all parts of the body.

Brain

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- The **brain** sends messages via the spinal cord to peripheral **nerves** throughout the body that serve to control the muscles and internal organs. The somatic **nervous system** is made up of neurons connecting the CNS with the parts of the body that interact with the outside world

Spinal Cord

- The **brain** and **spinal cord** are your body's central **nervous system**. The **brain** is the command center for your body, and the **spinal cord** is the pathway for messages sent by the **brain** to the body and from the body to the **brain**.

Brain Parts

- The **brain** has three main **parts**: the cerebrum, cerebellum and brainstem. Cerebrum: is the largest part of the **brain** and is composed of right and left hemispheres. It performs higher **functions** like interpreting touch, vision and hearing, as well as speech, reasoning, emotions, learning, and fine control of movement.