

## ST. JOSEPH'S TECHNICAL INSTITUTE

A DON BOSCO INSTITUTION, AFFILIATED TO NCVT, NEW DELHI

## LETTER OF APPRECIATION

Dr.A.J.Einstein PhD, and Dr.M.Arul Saravanan, the Psychologists and Holistic Trainers of *Masters of Mind®* –Behavioral Consultancy and Training Academy-deserve our whole hearted appreciation for the workshop they organized to bring awareness to the students of our institute.

The psycho-educational workshop entitled as "Empowering Youth against High Risk Behaviors" was presented to our students on 10<sup>th</sup> November, 2012 with professional touch and interactive approach. The Trainers of *Masters of Mind* had truly empowered our students through an in-depth and impressive presentation on various high risk behaviors that the present youth are exposed too in a dangerous manner. The feedback offered by the participants indicate, that the workshop was very relevant and interesting to them. They also expressed that the knowledge and the attitudinal change that was initiated by this workshop will surely prove to empower them to face their future assertively.

We wish that the expertise and the service of the Trainers of *Masters of Mind* <sup>®</sup> Training Academy, Dr.A.J.Einstein and Dr.M.Arul Saravanan may benefit many more institutions and organizations that are working for the holistic development of the youngsters.

. Ashok Amaladoss The Principal

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