

Workshop for Immigrant Parents and Children

Thursday, November 14th, 2019

6:00 p.m. – 7:30 p.m.

204 Stierlin Rd. Mountain View



A SPACE FOR CHILDREN TO SAFELY DISCUSS HOW TO SHARE THEIR FEELINGS WITH AN ADULT

The Children's Workshop is centered around *Feelings* for children ages 3-10 and includes circle time, craft time, and snack time.

Children will learn:

- Where we feel feelings
- Stress management techniques
- Legitimated fear versus conflated fear

SEATING IS LIMITED

A TRAINING FOR ADULTS ON HOW TO NAVIGATE CHILDREN'S FEARS ABOUT IMMIGRATION

Participants will learn:

- How to talk to children about immigration fears
- How to develop a family plan
- Children's sensitivity to overhearing adult conversation (between adults, news, etc.)
- Expectations put on older siblings to take care of their younger siblings, if something should happen

To register for this FREE workshop, please contact:

Eonis Cibrian Pelayo
Community and Public Relations Coordinator
650.669.9551
ecibrianpelayo@csacares.org
www.csacares.org
204 Stierlin Rd. Mountain View, 94043