Single Interrupted Suture Technique

Grip the needle in the needle holders 1/3 of the length away from the suture material

Use a pen grip to hold the needle holders

Insert the needle at a right angle to the wound edge and at an appropriate distance

Use tooth forceps to aid in handling the soft tissues

Pass the needle through the tissue, holding the emerging tip with the tooth forceps

Do not hold the needle tip with fingers

Remount the needle with the needle holders

Pass the needle through the second side and retrieve

First throw: wrap the suture two turns clockwise around the needle holder tip

Grasp the free end and tighten the knot and approximate the flap edges

Second throw: wrap the suture one turn anti-clockwise

Grasp the free end and tighten the knot and approximate the flap edges

Third throw: wrap the suture one turn clockwise

Grasp the free end and tighten the knot and approximate the flap edges

Ensure no excess tension on the wound

Cut the suture at an appropriate length from the wound edge

Too short and it may loosen however too long is irritable to the patient's tongue

Dispose of sharps safely

Consider a courtesy call 24 hours post extraction