

CONSENT FORM FOR RESIN INFILTRATION [ICON]

What is ICON?

Resin infiltration is a minimally invasive restorative treatment for white-spot lesions. The lesions look white because there is a scattering of light at the subsurface of the demineralized enamel. They can be formed due to various lifestyle factors, genetics, orthodontics, poor oral hygiene, trauma, or infection involving the primary teeth and various other reasons.

What it involves:

- Initially, a course of home teeth whitening is strongly advised.
- After teeth whitening is completed, In clinic, the teeth are isolated to keep them dry using a rubber sheet.
- A gel is then used to access the 'white spot'.
- A bur may be needed to remove some enamel for deeper lesions.
- A flowable resin is then used to fill the void and fade the appearance of the white spot.
- In some cases, composite bonding may also be needed to fully fade the appearance of the white spot.

Longevity:

Unlike whitening products, Icon resin infiltration is considering to be a long-term treatment solution. Cases show stability for at least 10 years since ICON was released for white spot treatment. However, teeth whitening itself requires maintenance and top-ups at an *extra cost* to you.

Risks:

With the ICON treatment we offer to help fade the appearance of white spots. We cannot guarantee the spot will disappear completely, but in most cases, it provides a significant cosmetic improvement in one simple, painless visit. Worst case scenario – there's no change in appearance, but at least nothing irreversible or invasive has been done to the tooth. A drill may have to be used for deeper white spots, but this will be discussed by your dentist beforehand. If you decide to whiten your teeth after ICON treatment, the area treated with ICON will NOT whiten and will need treating at an *extra cost* to you.

I understand how ICON works and feel that all of my queries have been addressed.

SIGN.....DATE.....

PRINT FULL NAME.....