

The background of the entire image is a blue-toned illustration. It depicts a group of people, possibly a church choir or a community, standing in a circle. They are seen from behind, looking towards a very bright, glowing light source in the center of the circle. The light creates a strong lens flare effect, illuminating the scene. The overall mood is spiritual and hopeful.

Soul Family

Dr. G.K

SOUL FAMILY

Dr. P.S Gopala Krishna (G.K), M.B.B.S



Spiritual Tablet Admission Center

D No 27-13-354, Dibbapalem Colony

Srinagar, Gajuwaka,

Visakhapatnam-530026.

Ph: 99999 88888

e-mail: test@mail.com

www.spiritualtablet.org

Cover Design by



Published by



Division of Soul Management Services Pvt Ltd

C/O Pyramid Valley International

Kebbedoddi Village, Harohalli Hobli,

Kanakapura Taluk,

Ramnagara Dist. Pin : 562112

Karnataka, India.,

Ph : +91 99805 97631

Website : www.soulmanagementservices.com

Email : info@soulmanagementservices.com

Rs. 00/-

First Edition : Month 2017

INDEX

1.	P.S.S	02.
2.	E.S.A (Enjoyment Science Academy)	05.
3.	P.P.I (Pyramid Party Of India)	10.
4.	Soul Scanning	17.
5.	Experiences	20.
6.	Annexure	24.

SOUL FAMILY DUTY

Thousands of Spiritual organizations in this Universe are distributing the Knowledge of soul to all at the level of their knowledge. However, “Pyramid Spiritual Societies Movement” has put in great efforts in its own unique style for the past thirty years. We term those individuals as PSS Movement who - have spiritual ideas from their childhood, are interested in the concept that “God is all pervading”, have an understanding that knowledge has to be distributed to many and that Meditation has to be practiced.



P S S

The first and foremost objective of P.S.S is ‘Awareness of Breath’. This is what is practiced by Pyramid Spiritual society. Along with teaching of meditation and sharing of meditation experiences through a meditation class, P.S.S. focuses mainly on sharing Spiritual knowledge by way of authoring a book or extracting and compiling many great spiritual concepts from different books.

Translating great spiritual books from English to Telugu, memorizing spiritual verses and the Knowledge of self intended to be imparted, has to be wonderfully passed on not only with own experience but also colorfully blended with these. We should understand that people who intend to deeply work on the motto of – ‘Make Gods out of men’ – come under this movement of P.S.S i.e., spirituality.

Here, the spiritual thoughts inherent from childhood are brought to a stage of complete action and fulfill the duty of soul-Family. In this way, only creating awareness about God and passing on the knowledge of self enables only ten out of hundred to attain the

ultimate. Here the reason for the usage

of the word –‘only’ is that it is really wonderful. There is nothing supreme to that on the earth. But, here, due to our existence in a society where there are both mature and immature Souls, the knowledge of self, given by us is fully passed on only to those who attain full maturity and carry spiritual refinement from previous births.

Within a few days it becomes very clear to us that they are ready to receive this, since they possess deep urge due to refinement from previous birth. So in this first and foremost step we can describe those who-proceeding with an understanding of PSS Movement; passing on only the knowledge of self; talking in favour of God; continue their journey till they understand the absolute nature of Godliness and realize that “I myself am God”.

From Childhood itself: Generally such people possess spiritual thoughts from childhood itself. Moreover, it so happens that they envision dreams of Masters and are also guided by them in their meditation experiences. Some times it so happens that through ‘Telepathy’, they obtain answers and

information from great spiritual scientists like The Buddha, Jesus, Sri Krishna and the like, who have been hailed as Gods by many.

Great effort was made to wonderfully mend this School named Earth, by specially introducing the effectiveness of vegetarianism, Pyramid energy and greatness of meditation to millions of people. This, started as an Individual effort before 24 years approximately, became possible due to the untiring efforts of Brahmarshi Patriji and all the associated pyramid masters of very high level. P.S.S.M is a cause for pride for its unique efforts to enable global Earth to enter into another plane (saka).



E.S.A. (Happiness is God)

Second concept is – Happiness is God (Enjoyment Science Academy). In this concept of Happiness is God- though the theme is soul wisdom- there is a difference in the way it is taken forward to the people. That is, once we realize God within us, what results is living happily only!

Therefore in a result oriented way, i.e., the method of taking primarily the science of making people knowledgeable about happiness, and thereby inculcate the knowledge of God's nature- is termed here as Happiness is God. Bliss is God. For the very purpose, 'Enjoyment Science Academy came into existence.

Brahmarshi Patriji started this Enjoyment Academy in Tirupathy about fifteen years ago. After that, through many programs, deep-rooted awareness about Enjoyment was created among people.

On the whole, in this method of 'Enjoyment is God', awareness is created among people on the theme that three types of enjoyment viz. Material bliss,

Devotional Bliss and Supreme Bliss” prevail in our life.

If we concentrate only on food, clothing and dwelling, we attain only 33%, which is only 1/3rd. While emphatically making this statement ESA teaches that is important to append Material bliss with devotional bliss (bliss through musical prayer of God) and supreme bliss gained through great experiences obtained through the “Third Eye”.

Material Enjoyment is known to everybody. However, 90% of people not at all know that there are two more things- enjoyment of singing Gods Prayers, and, supreme Bliss. Describing fully the specialty and need of these, creating awareness of the method of obtaining this is here the main theme of *‘Anandobrahma’*.

Those who take their birth with a desire to come nearer to the soul family through the method of “Enjoyment is Bliss” in this way, have great interest towards arts from childhood. We observe that people who are unable to learn an art like music or painting in spite of their ardent desire for the same, are also unable to come nearer to the soul family!

Artistic Outlook: As a doctor, in my work with the patients, in some patients of thyroid, it happened to observe that within 40 days of starting Meditation, awareness was created in them about the artistic affinity or points related to Anandobrahma inherent in them, and soon after by bringing them closer to (introducing them to) practice of some music, they could achieve total alleviation from their sufferings!

As such, people associated with music and dance, on coming across people of spirituality, should not make fun of them saying – “what is this, these people always talk about, God, Knowledge of Self and Meditation- what is there in it”! Similarly, those, who crave for God and think that God is their life, should not ridicule people engaged in music and dance, but understand that “it is their life ambition.”

Arts: Those who are in the state of Anandobrahma- once they learn arts such as music, dance or an instrument and attain full-fledged skill in that- should understand that- it is their duty to mix Meditation and spiritual science also, which is necessary for Divine Bliss or Self Bliss.

Therefore the aim of this “Enjoyment Science

Academy” is only to mould oneself to achieve these three kinds of Enjoyments in life.

In this new age, it happens that- in many patients, after reaching certain stage- experiences like dreams of Cinema actors, Musical instruments, or themselves dancing - happen in their experiences of meditation. At that state we have to recognize them as those who have elected ‘Soul Family Duty” in the method of *anandobrahma* and depending on their interest, make arrangements for starting practice in that art form. We can then see great improvement in their health.

That is why ‘Music Dance Learning Center’ is a part of ‘Real relief centers’ in Pyramid Meditation Health Centers.

Spiritual Status: Just as we realize that in the concept of Lakshmi, Parvati and Saraswati the prime object is-1. Money 2. Knowledge of Self and 3. Saraswati (Arts), in the same way treating these arts as primary means of reaching out to people is itself *anandobrahma*.

Therefore, once one realizes the self and understands

life, with the primary concept of *anandobrahma*, when they focus achieve excellence in their chosen art form, then the minor health issues can be completely uprooted. We have to understand that this realization is the soul duty, which analyzes the above said 3 purposes of life.

Therefore, as part of reaching their spiritual children, individuals who have their ideal of life through this “Enjoyment is God” have to mould themselves. They should start with the ABCDs of these arts, convert it into stringent practice, and become successful in attaining spiritual state in the same way as we initiated them into the rudiments of meditation and spiritual books. This is the second aspect called *anandobrahma*.



P.P.I (Spiritual administration)

Third item in the soul family duty is ‘administrative’ division. The key principle in creating ‘Pyramid Party of India’, a division belonging to administrative category is to make the dream of Socrates-that ‘people with knowledge of self only should be rulers or leaders’ - a reality. This is because – when we enter into a society; have to rule a community, a high quality leadership becomes essential.

No society exists without ‘Administration’; therefore in the future generations, by the time this school called earth is molded within the Kingdom of self to be built by us, the Kingdom of Enjoyment imagined by us can be built only when many spiritual scholars turn out to be good administrators.

Therefore it should be understood that those, who possess the qualities of leadership from childhood and are deeply immersed in carrying out works, staying in the house or outside or behind the screen, primarily belong to this administrative wing or ‘Pyramid Party Of India’.

In such people, either in their dreams or in their

Experiences of Meditation, it happens that they mostly have dogs or buses as their experience. Just as we keep a dog to watch and it barks as and when necessary only, here the person designated as leader becomes one among the society and acquires the qualities required to serve them as a servant and in addition, should have the nature of questioning strongly where the aim of life is sidelined or when a state of affairs causing hurdles to the society prevails.

Of the four techniques – conciliation, compensation, conflict and chastisement when it becomes necessary to utilize the technique of chastisement or punishment in full, they should be capable of enforcing that into practice in that society. A small example - When there is some useless dump somewhere in the house, children go away as if unnoticed. We observe that similarly, the husband does the same (in a hurry of job), assuming that his wife will take care of it. If the wife and also the maid go away even after noticing it, who else will clear it?

Hence, if a spiritual man moves about in a community with indifference to a problem, then it is the right purpose for his life. For an ESA person the right purpose is to complain about the problem. But a

person who has chosen administration as his purpose of life, has to hold on to the situation and not let go till it has reached a stage of resolution.

Therefore we call this third department, the administrative wing, as “Pyramid Party of India.” That means, those who attain “self realization” only should be leaders. When we do not curb the uncontrollable energy and impulse within to reform others or the society and emphatically execute the reform by way of speech or spirituality, then it is understood to be our soul family duty.

However, in the existing society at present, apart from making changes in the food, clothing and housing, these administrators should mainly bring about change in their thought process and their spiritual progress. It is to be noted that once we change their spiritual progress, then change in worldly affairs occurs automatically.

Main objectives of this “Pyramid Party of India” are – to work behind the screen in this way; to be capable of managing all as a group without hesitation; carryout works ably in a family or a group or a function-remaining behind screen; plant saplings, cleanliness

of surroundings, constructing social pyramid meditation centers; arranging spiritual libraries- etc.

Those who come out to work in this way can reach their spiritual children only if they take this work as their duty of soul family.

On the whole, when we work incessantly considering these three parts as part of soul Family duty - a symbol of spirituality, as symbol of happiness, as symbol of administrative group with a life purpose – and by taking that only as the goal of life, which is connected with the idea prevalent in us from childhood, great expanse of happiness, experience and awareness can occur.

In Kalikamba sapta sati, Sri Veerabrahmendra Swamy has given a description about “Spiritual administration”.



To Elevate From Individual Consciousness To Supreme Oneness ...

This constitutes of the entire spiritual science. ‘Pragnanam Brahma’ means Supreme consciousness itself is God. Once we know this essence of the Vedas and start implementing it, we gain spiritual knowledge and realize the eternal truth ‘Aham Brahmasmi’ – I am God!

Once we realize this truth, then the next step will be to understand – Sarvam Khalvidam Brahma’ – everything is consciousness. Every object and all matter is Divine consciousness itself.

Then we have to make others know – ‘Tatvamasi’ – I am the same as you. So, this ‘Spiritual Science Service’ is the process of elevating ourselves from ‘I am God’ state to a state of Oneness where ‘everything is Divine’.

**Teacher and student- administrators-all-
If develop as Supreme seekers,
Peace and happiness prevail in the society-
Mother Kali! Swan! O- Mother Kali!**

The auspicious person has bestowed on us “Sri Kalikamba Sapta sati” with His signature-“Kalikamba-Hamsa-Kalikamba”.

Teachers, disciples, administrators: In this society, teachers are there in many trades. There are students learning from them. There are teachers in every school. There are students in every school. There are capable administrators, who administer the society.

Sri Veerabrahmendra Swamyji enunciates that - if each and every one is “developed as Supreme seeker”, happiness and peace prevail in the society. In the worldly trades, everybody is a teacher or student in one trade or the other! Teacher In the trade of business, student in the trade of business; teacher In the trade of agriculture, student In the trade of agriculture! Music teacher, Music student; and teachers in science- in botany, zoology, geography, History- and likewise, M.L.As and M.Ps, Surpanches, administrators - “each and every one has to imbibe spirituality”, says Sri Veerabrahmendra Swamy. How nicely Sri Veerabrahmendra Swamy has pronounced...! If teachers, students, administrators- all turnout as Supreme seekers, eternal happiness and eternal peace prevail in the society. Supreme seeking implies spirituality!

Spiritual Knowledge! “I am not the Body. I am Soul” – how does this come? It comes through the Knowledge of Meditation! Isn’t it! It is not attained through ritualistic prayers, not through vows, and not at all through pilgrimages; isn’t it! Swamiji is enunciating this only.



SOUL SCANNING

1. The sense of duty that we have in worldly sense towards our family members of blood relation, own brothers and sisters, distant relatives etc the same should prevail towards the soul family.
2. Just as we maintained many relations in many births, with a pre-determination to attain success in many propositions in various births, we take our birth on a particular proposition.
3. Vision of Deities, appearance of great spiritual Masters, and the like in our dreams and In Meditation is an indication to realize that we have come to reach out to the soul family realized in our propaganda of soul wisdom.
4. If Musical instruments, Teachers of Music, interest towards arts and other such experiences occur in Meditation, Masters in those arts have to be approached as part of *anandobrahma*.
5. It so happens that all other artists, others who wish to experience enjoyment through arts and still others

who occupy the place of Gurus, receive Soul Science and Meditation from these.

6. In addition to the experiences with dogs in dream, extreme fear of dogs or love of them and intention to pet them is seen, all such people should be understood to have brought “Administrative Capability” in their Life’s purpose.

7. The agenda of “Administrative capability” is completely filled with spirituality; that means-those persons who are completely immersed in matters of self-administration, self control and “uninterrupted learning” only are eligible for such spiritual administration.

8. On many occasions, both of the above mentioned items could associate together. If it so happens that two items come together in a single person, it should be understood that affair should be handled in those matters in “combination”.

On many occasions – Jeep, transport vehicles and large car with seven seats have been observed for purpose of life in the aspect of soul wisdom.

D.V.D player in the house should be recognized for “administrative capability” and T.V as related to Meditation and soul science.



EXPERIENCES:

My name is Satyanarayana. I live in Tirupati. In the year 2003 in November, when Vyasa Ashrama was hoisting Diamond jubilee celebrations, I came to know of Meditation through the book “Complete Man” in Patriji’s office and I started Meditation and thereafter it so happened that – while conducting Meditation programmes, Meditation centers were established.

It so happened that our Madam Smt. Lakshmi Prasoon went to Vizag Dr GK’s Nijam hospital in Vepagunta for “Training on soul wisdom’. During that period, G.K.sir spent some amount and arranged a kitchen for us. During those 40 days, I gained great experience of soul amidst Meditation, self-study and association with good people. I realized by my own experience while engaged in Pyramid party work through GK sir that “Pyramid Masters exist only to give to Nature.”

For two years, it so happened that I went to Naidupeta from Tirupati and conducted Meditation classes, G.K.sir’s classes and Patriji’s programmes.

There at that time, many people learnt Meditation and became Pyramid masters.

In the year 2009, Patriji telephoned me and instructed to carryout Pyramid work at Nellore. Then, within ten days 11 vegetarians were selected as M.L.As, people there were motivated about Pyramid Party, pamphlets were distributed, Meditation classes were conducted, and thus for about 40 days, I happened to work for administration of spiritual masters. After elections, I completed the remaining work and went back to Tirupati in two months. Similarly, in 2014 also, I undertook Pyramid Party work.

My name is B.Kiranmayi. We are from Gajuwaka in Visakhapatnam. My experience was written to a small extent in the book “ Jeevitha dhyeyam”(Purpose of Life) in 2010, “ Sanjeevani Pyramid Meditation center” was established in ‘China Gantyada, near Gajuwaka. Usharani Madam used to help a lot. For three full years the center was run without distinguishing between day and night. Who so ever might come, hospitality was extended.108 uninterrupted Meditation Classes for 40 days, Full moon day Meditation, classes of senior

masters, counseling room were all arranged. For many people who came and stayed for 40 days for Meditation classes, free lodging boarding arrangements were made with the help and cooperation of masters and my husband.

“Sanjeevani Pyramid Meditation center “ used to shelter the masters who came from far off places and didn’t know where to go. Apart from this, one miracle happened. Our son Vicky was completely addicted to drugs.

At that juncture, I lodged my son in a room and like a doctor tried in all respects to enable him to again overcome those habits through Meditation, Knowledge, and counseling. During that period, ‘Pyma’s children extended a helping hand. Now Vicky is rendering ‘Spiritual service’ under Dr GK’s guidance.

In 2014 I contended as MLA of Pyramid Party. I propagated meditation extensively with the help of family and Pyramid masters.

Thus with an equal balance of worldly duty towards family and soul family duty, and finding required

knowledge for learning from any problem I am implementing it in my life.

My soulful respects to Patriji and Dr GK.



ANNEXURE

Meditation Health science Method

Definition: “ According to the definition of “World Health Organization” physical, mental, social and spiritual dysfunctions can all be set right by individual strength with the help of vegetarianism and meditation. Bestowing perfect good health by way of complete spiritual education along with the aid of allopathy, homeopathy, ayurveda or any other system of medicine under the illumination of the torch called soul wisdom is the main objective of ‘Spiritual Health Care’.

Principle:

1. “Gnanagni dagdha karmanam!” - Bhagavadgeeta
2. “ Word restores Health” - Jesus Christ
3. “ Knowledge only through Meditation -Salvation only through Knowledge” –Brahmarshi Patriji
4. “Our sins only are our diseases.” - Brahmarshi Patriji)

Problems of Patients – Services of the Organisation

1. First and foremost, to explain and make them understand the point that “ problems of patients are created by themselves.”
2. Secondly, creating awareness that “problems can be solved only by themselves. Depending on others is only making the problems more complicated!”
3. Extending full help and cooperation to patients mentally in their effort for diminishing their disease.
4. Taking all the points proposed by “Medical Council Of India” into consideration while introducing Health science to patients.
5. Creating awareness about the important role of Vegetarianism in burning out all bad karmas.
6. Creating awareness in people about the important role of “wonderful Pyramid energy” and “Pyramid Meditation”.

Meditation Health Method :

In the method of Health through Meditation, mainly, the sufferer is termed as ‘God in the folds of Ignorance.’ At first, the patient who comes to the “Meditation Health Center” (Rural) or “Real Relief Center” (urban) is shown DEMO VIDEO about the Meditation Health method. After entering all details, the patient is trained to learn ‘Meditation’- that means observation of the Breath. Creating awareness on the specialty of vegetarian food, follow up is carried out keeping contact through letters, phone and, if necessary even home visits, so that he remains on vegetarian diet and Meditates for 40 days.

Spiritual health counseling is given at every 15 to 30 days interval; and the patient is made to participate in the congregation of teachers, group meditation and pyramid meditation. Information is given to the patients away from the main centers about the centers available nearby. Similarly, arrangements are made for the availability of full- fledged library, audio visual facilities, all types of books and pyramids, to enable to put the instructions, given as and when in writing, in to practice.

In the same way, it is arranged to provide opportunity in the meditation classes to facilitate the patients who have completed the training of 40 days to share their experiences with others.

At every point, intensity of the illness of the patient is assessed through allopath, homeo and ayurvedic doctors and unnecessary medicines are gradually reduced. Music & Dance learning center is also established for required patients for excellence in arts like music and dance.

Meditation health Medical Shop- 350 Spiritual Tablets

Just as tablets are administered for illness in other systems of medicine, here too 350 spiritual tablets are prepared. This can be called as the ‘heart’ of the entire Meditation Health Project.

These tablets are designed in the form of pamphlets, audio CD/ cassettes, in audio visual form and in the form of small booklets- such that they are not only easily understood by patients but also recollected again and again automatically as and when necessary in his real life to bring about change in his

understanding. These are given to the patients after rightly deciding the necessity depending on their individual experiences and illness.

In this way, for patients who are ignorant and are lacking in spiritual knowledge, and arrive with illness and pressure of problems, any type of disease can be pulled out from deep roots with capability by creating suitable atmosphere and giving suitable suggestions to obtain necessary confidence, energy and knowledge of self to solve all problems by one self. Already this has been proved in thousands of cases.

Facilities at pyramid meditation Health center

- *Special Powerful Pyramid Meditation temple
- *Group Pyramid Meditation temple
- *Spiritual counseling chamber
- *Health Science Class Room
- *Music and Dance learning center.

*Pyramid Book House & Library.

*Supervision of recognized doctors.

Note: Those who wish to completely eradicate ill health by themselves through Spiritual Health Science, acquiring Meditation training and knowledge tutorial, may directly contact the nearest Spiritual Health Center or by phone, mail, or online at the following address :

Ph: 9246648411, 9246638401
Mail : spiritualtablet@gmail.com,
skype: spiritualtablet.workshop,
www.spiritualtablet.org.



Soul Family

Dr. GK