

# RU

# HEALTHY?

## *Get Active with Our Free RU HEALTHY? App*

**Count your steps, distance traveled and calories burned for each workout with *RU HEALTHY ? Ready, Step, Go!* app.**

**Get Help and advice from Professional Physicians with one touch, control your weight, measure your heart rate reduce stress, strengthen your heart and lungs, all in one app So get ready, step and go!**

