

WORK HARDER, GET STRONGER

EASY WITH VARISU GYM

"If you want something you've never had, you must be willing to do something you've never done." ...

[BECOME A MEMBER](#)

CHOOSE PROGRAM

"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear." "When it comes to eating right and exercising, there is no 'I'll start tomorrow'." "It never gets easier, you just get better."



Basic Fitness

Success usually comes to those who are too busy to be looking for it.

[DISCOVER MORE](#)



Yoga Training

Success usually comes to those who are too busy to be looking for it.

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Basic Muscle

Success usually comes to those who are too busy to be looking for it.

[DISCOVER MORE](#)



Body Building

Success usually comes to those who are too busy to be looking for it.

[DISCOVER MORE](#)

DON,T THINK, BEGIN TODAY!

Exercise not only changes your body, it changes your mind, your attitude and your mood.

[BECAME A MEMBER](#)

OUR CLASSES



First Training Class

Workout quote is a non-firm quote that requires handling and settlement conditions to be worked out between the parties, prior to the trade.

First Training Class

- "Strength does not come from physical capacity. ..."
- "Success usually comes to those who are too busy to be looking for it." ...
- "If you want something you've never had, you must be willing to you've never done." ...

Second Training Class

Third Training Class

Four Training Class

[VIEW SCHEDULE](#)