## Highlighted text are parts of this code that may need to be optimized to match your dataset

```
# Use this code to reformat your raw data from total instances into an excel
# spreadsheet listing each observation as a separate row.
                                                      Change this to match the name of your
library(readxl) #read excel spreadsheets into R
library(writexl) #write R data frames to excel
                                                      raw dataset in the input folder
library(tidyr) # Load the tidyr package
df <- read_excel("input/Male Supplement Aged Control AD2 5.xlsx")</pre>
reshape data <- function(df) {
  # Create a list to store individual worm observations
  data <- list()</pre>
  # Loop through each observation in the dataset
  for (i in 1:nrow(df)) {
    row <- df[i, ]
                             Change these variables to match the column headers in your dataset
    # Extract original data except the title of the column, in this case "Exopher" and
"No Exopher"
    original data <- row[!(names(row) %in% c("Exopher", "No Exopher"))]
    # Add rows for instances where the data is positive for "Exopher" with original data
    if (row$Exopher > 0) {
      for (j in 1:row$Exopher) {
        data[[length(data) + 1]] <- c(original data, Exopher = 1, No Exopher = 0)
    # Add rows for "No Exophers" events with original data
    if (row$No Exopher > 0) {
      for (j in 1:row$No Exopher) {
        data[[length(data) + 1]] <- c(original data, Exopher = 0, No Exopher = 1)
    }
  # Combine worm observations into a data frame
  do.call(rbind, data)
}
# Reshape the data frame- this will require tidyr later to format it as a table
df expanded <- reshape data(df)</pre>
# Print the expanded data frame
print(df expanded)
data expanded <- as.data.frame(df expanded)</pre>
str(data expanded) #checks the structure of the data- if the result is a "list" then you
need to use tidyr to clean it up
#use tidyr to make the lists individual columns, this is formatting the data back into a
table
                                                                          These variables
data trial unnested <- unnest(data expanded, Trial)</pre>
                                                                         reference the
data treatment unnested <- unnest(data trial unnested, <a href="Treatment">Treatment</a>)
data exopher unnested <- unnest(data treatment unnested, Exopher)
                                                                         column titles in your
data final <- unnest(data exopher unnested, No Exopher)</pre>
                                                                         dataset
print(data final) #check your work
write_xlsx(data_final, "input/aged_exopher_final.xlsx") #write to an excel file
                                Indicate where you want to
                                 save the reformatted data
                                 and what you want to name
```

the final spreadsheet