

Darren Yeung
David Aguila
Mus 5
Winter 2021

Sonic Story Narrative Rough Draft

For my sonic story, I have chosen to detail the things I do in my monotonous day-to-day life living alone in a small neighborhood during the worst pandemic of our century.

“Yawn sounds, grunts, etc” (Sound of IOS alarm playing at full volume)

“Keeping my teeth in tip-top shape” (Sound of apartment faucet running, Sonicare toothbrush, spitting, rinsing, gargling)

“Almond milk, oatmeal, granola, blueberries, cinnamon, plate, blender” (Sound of blender running as I make my quick daily breakfast shake)

“For loops, recurse, dynamic programming, initialize, vector, map, big O of N, return, if, break, max heap, Google..” (Sounds of my mechanical keyboard with Zealio V2 switches and my keycaps hitting against the brass plate underneath as I code away on my current assignments and personal projects)

- Brief moments of silence in between to process thoughts

(Silence from studying and reading books, maybe should add sounds of flipping pages even though I mainly read from the computer or Kindle Paperwhite)

“Step by step, swing your arms, in through your nose, out through your mouth” (Sounds my footsteps hitting the concrete pavement as I go out for my daily jog right outside my apartment. Sounds of my heavy breathing should also be recorded)

“Grass, children, playground” (Sounds from a park nearby my apartment as I lay down on the grass to stretch my muscles after an intense run, usually including the sounds of children playing, skateboards, dogs, etc)

“Head and shoulders, Dove” (Sounds of my bathtub water running and then the showerhead)

“Oil, rice, pan” (Sounds of my kitchen hood running as I cook and eat dinner)

“In through your nose, out through your mouth, scan down from head to toe and notice the sensations in your body” (Silence as I perform my nightly mindfulness meditation laying down)

and as I drift away to sleep for the next day. Maybe should even include the sound of the Headspace meditation guru guiding me through the meditation)

Week 9 Artists Reflection

In week 9, we had the option of choosing from Cedrick Fermont, Moor Mother, and DeForrest Brown Jr. I have chosen to reflect on Moor's work because it seemed the most interesting as her work mixed music, space-time, quantum physics, and consciousness together. Quantum physics caught my eye as I am a big science geek and consciousness is something I have studied in depth through mindfulness meditation. Also, it seemed to integrate the current racial issues that face us in today's world. In listening to her piece, "Passage of Time," I feel that she integrated the sounds with her message and narrative very well. The constant beat in the background represents literally the flow of time, but during some instances, there is a person speaking a message that correlates with black history and their past, such as slavery. When listening to it, I felt that it carried the message of our past influencing our present more so than we realize. I think this piece was very well thought out.