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Aanchal Gupta

Team BollyRed

Past Performances

Upcoming events and news

Classes

Sub Tab ::

1. **Groups Adults and Kids  
   1. Scroll side Tab : Bollywood**

**Bristol**

Adults Bollywood Dance Fitness:

Day & Time : Thursdays - 7.15 - 8.05 pm

Venue - Studio 1, Hamilton House, Stokes Croft, BS1 3QY

Bollywood Dance Beginners  
Thursday 8.10 - 9.00 pm

Studio 1, Hamilton House, BS1 3QY.

Bollywood Dance Intermediate  
Tuesday 8.30 - 9.30 pm

Dance Space, The Island, Nelson Street, BS1 2LE

Fees  
Drop in: £7

Block booking of 6 continuous weeks: £35

Also available on MoveGB & Class Pass

**London**

\* Bollywood Dance Fitness \*

Day & Time : Wednesdays - 6.10 - 7 pm

Venue - VIP Studio, Slice Urban Fitness, 11 Heathmans Road, Parsons Green, London SW6 4TJ

\* Bollywood Dance Beginners \*

Day & Time : Wednesdays - 8.10 - 9 pm

Venue -Dance Attic, 368 North End Rd, Fulham, London SW6 1LY

Fees

Drop in : £8 Also available on MoveGB & Class Pass

1. Scroll side Tab : Salsa

**Bristol**

\* Salsa Fridays Beginners Batch with Aanchal and Cedric \*

Day & Time : Fridays 6-7 pm

Venue : Studio 2, Street Envy, Eastgate Rd, BS5 6XY

\* Salsa Fridays Improvers Batch with Aanchal and Cedric \*

Day & Time : Fridays 7-8 pm

Venue : Studio 2, Street Envy, Eastgate Rd, BS5 6XY

Sub Tab ::

**2. Private Lessons —**

Sign up for private lessons to get the extra attention you need to improve quickly! Whether you are preparing for a performance, brushing up on basics, improving your techniques or advancing to the next level, private lessons will ensure that you reach your goal!

Private lessons can be one-on-one or in small groups. Please call or submit an enquiry through the Contact Page to discuss your requirements and options.

Dance Forms:

Indian - Bollywood, Semi Classical forms of Bharathnatyam, Garba, Bhangra, Lavani.

Latin American - Salsa, Bachata

Latin Ballroom - Jive

Fees

£25 per hour for an individual

£40 per hour for couple

Contact Aanchal for further details on personalized group session.  
Please note that the rates above do not include the hire of studio space.

Sub Tab ::

**3. Gift Voucher —**

We have the perfect gift for your loved ones… The Gift of Dance!Celebrating love, creativity and expression, the opportunity to dance is one of the best gifts you can give!

Gift sessions will be customised based on the occasion and your special requirements and can be one-to-one or in a small group.

Dance Forms :

Indian - Bollywood, Indian folk dances  
Latin American - Salsa & Bachata

Latin Ballroom - Jive

£25 per hour for an individual

£40/hour for couple  
Please contact Aanchal for further details bigger group session.

Please note that the rates above do not include the hire of studio space.

Main Tab — **Your Events**

1. Sub tab :: Corporate -

**1. Scroll side Tab : Team-building Dance workshop**

**Content :**

**Bollywood Dance Workshop :**  
Dancing together is one of the most entertaining and bonding experiences you can have and is perfect for team-building days. Indulge your team in a unique experience where they’ll learn new skills together – not only the challenging dance moves, but how to choreograph, move together and rely on each other to create something amazing!

Our teambuilding workshops are designed to cater for all levels.

Prices range from £200 to £300 for a 90 minute class with two instructors (music provided), depending on location/studio hire costs,

For full information, get in touch with Aanchal.

Tips for the organiser:

Please provide us with a range of potential dates and identify whether you would like to hire a studio or if you have sufficient space at your work location.

Why not end the workshop with taste of delicious Mumbai street food right from Samomas, pain puri, chaat, to our special masala chai and let’s not forget lassi.

Contact us for menu and pricing details.

**Salsa Dance Workshop :**

**2. Scroll side Tab : Themed Parties + Food**

**Bollywood dancing and delicious Indian food, sums up a great party !**

Add sparkle and colour to any party with your very own Bollywood show! A uniquely themed event for your company.

With our dazzling costumes, electrifying music and wide variety of Bollywood and regional dance forms, we’ll show you India in all its colour and variety!

Bringing perfect entertainment for your event where audience become equal part of the show. What fun will it be when entire company move a leg on Bollywood beats with a small dance animation immediately after the performance.  
Our Bollywood team always working to provide you with the best.

We also bring the most delicious Mumbai street food right from Samomas, pain puri, chaat, to our special masala chai. Give us a shout to get the menu and pricing details.  
Contact - 07956688008 / express@aanchalgupta.red

**2. Scroll side Tab : Group Choreography**

If you want to surprise everyone with your performance at your company event, we will create a perfect themed Bollywood performance for you or your entire team.  
Taking over the stage with peppy Bollywood music and dynamic steps topped with bright colorful costume.   
We can come to you for rehearsals or a convenient studio space can be arranged.  
Just let us know what you will like to present on stage and we will make that happen for you.  
If you are confused, don’t worry !   
We will present you with couple of best ideas and take it from there.

Contact Aanchal for more details and pricing.

**2.** **Performances & Workshops - Festivals, Corporate events, Weddings**

Bollywood means colour, energy and drama!

Let us complete your special event with one of our dazzling Bollywood performances, each one as mind-blowing as a Bollywood movie. Specialising in fusing Indian Classical Dance with modern Bollywood, we design our performances to match the flavor of the occasion and the tastes of the audience.

We also offer interactive workshops alongside our performances so that your guests can get on board with some Bollywood moves! The dance floor will be packed!

Contact Aanchal for more details.

**3.** **First Dance —**

We are here to make your first dance as special as it can be. First dances are more than just dancing. They express the deepness of the relationship you have with your partner. There is always uncertainty and anxiousness around the first dance, so leave it to us! We’ll choreograph and teach you your first dance so that you’re calm, confident and ready to enjoy every step!

Meet up for discussion of choice of songs and theme!

Convenient locations near you or in the comfort of your own home.

Music

For your first dance, we can teach you how to move to any rhythm and dance style. If you don’t have your music yet we’ll bring you a selection based on your musical and dancing tastes.

Dance Forms

Why not add a theme to your wedding dance with Indian Tadka?

Indian Dance Forms - Bollywood, Bhangra, Garba.

Latin America - Salsa & Bachata

Latin Ballroom - Jive

Free style couples dance

Location & Timetable

First dance lessons are scheduled on days and times that suit you, from early morning to late evening, every day of the week and weekends. The sessions can take place in the comfort of your home or at a convenient dance studio.

Payment

1 hour follow-up lesson - £45

Please note this does not include the rent of the dance studio.

Cancellation Policy

Due to studio hire commitments and Aanchal’s professional time obligations, we operate a 48 hours cancellation policy, after which the lesson fee will not be refunded.

Get in touch for more details!

**4.** **Bollywood themed Hen party —**

Add Bollywood dancing to your hen weekend and spend an unforgettable time with your friends! Bollywood dancing offers a huge range of songs to bring you that ultimate party feeling, including 90’s Cabaret, 90’s Quirkiness, Sensual Bollywood 2000 or Pop 2017.

We will put everyone at ease and ensure that they have a great time no matter what age, size or ability they are. Within minutes everyone will be having far too much fun to feel nervous!

The package starts from £200 for group of 15 people.

Please contact us to discuss further details including date, time, venue, style, costumes, group size and pricing.

**5. Family Dance -**

Weddings become even more memorable when you surprise the couple with a special performance! It’ll be a real highlight and add another dimension to the celebration! Give something really special to your friend or relative on their wedding day.

We can also deliver a mix of acting and dance performances that tell the couple’s story. Get friends and family members involved to really showcase the bride and groom’s personalities.

Services

Father/daughter dance

Friends’ dance

Cousins’ dance

Relatives’ dance

**6. Schools —**

**Side scroll tab : Indian Dance Workshops**Our school workshops are a fun and educative way to teach children about Indian culture and traditions as well as the importance of music and dance.

India is multicultural country and its dance forms magnificently express its diversity, colour and beauty. Indian dance is a physical and artistic way for children to engage with Indian culture and is a hugely satisfying and expressive skill for them to learn.

Cultural education and exchange has enormous positive effects on children and their communities, as they are given the chance to share in the different cultures and art forms that different people and places have to offer.

Add Indian cultural dance to your school program and expose your children to the wonder and intricacies of India through dance and movement.   
We can provide Bollywood, Bhangra, Garba and Indian classical dance workshops and even combine a fusion of styles within one workshop

Dance Forms -

Indian Classical Dance from Kerela - Bharathantyam

Folk Dance from Punjab - Bhangra

Folk Dance from Gujarat - Garba

Folk Dance from Maharashtra - Lezim

Blending all together - Bollywood

Let us know what you need and we will send you a quote.

**Side scroll tab : After-school club Bollywood session —**

Book us for Bollywood workshops or regular after-school Bollywood lessons.

Bollywood dance is a great physical, creative, team building and fun activity for kids. In our regular Bollywood session for kids we build the foundations of Bollywood dance by practising the core basics, whilst increasing coordination and memory through longer routines & sequences. Cultural context is always included to both educate and inspire!

The ideal age to start Bollywood is 6+.

Teachers are CRB checked and have years of experience teaching children dance.

**Salsa for kids —**

The term ‘salsa’ was created in New York, meaning the dance was a spicy mix of flavours or dance ingredients.  
If you’ve been searching for some fun and motivating activities for your children, perhaps you should consider salsa for kids. Salsa dancing is an incredible way to get your kids up, moving and away from those video games this summer, and chances are, once they get the hang of this increasingly popular dance

**7.** **Choreography for your group —**

We can help you realise the most creative choreography for any event or occasion, be it a competition, stage performance or social dance event. We will make you or your group stand out with our dynamic and colorful choreography which will play to your strengths and bring out the best in you.

Choreography can be of any theme and style, including a fusion of Salsa, Bachata, Jive, Bollywood, Bhangra or Indian classical. We’ll pay attention to every minute detail of your unique routine.

First meeting with concept discussion!

We’ll start with a concept discussion and a short lesson. We’ll get to understand what your goals and vision are for the event or performance, so we can create choreography that really reflects your ideas.

We work with all the folk dances of India as well as Bollywood, Salsa and Bachata.

Pricing varies depending on the length of the routine and the number of sessions required.

Studio rent cost is separate to the teaching cost.

Sessions can also be conducted in the comfort of your house.

Please get in touch to discuss further details.