

# Database Optimization Guide

## Query Optimization

1. Use proper indexes
2. Write efficient queries
3. Avoid SELECT \*
4. Use EXPLAIN to analyze queries
5. Optimize JOIN operations

## Database Design

1. Proper normalization
2. Appropriate data types
3. Efficient relationships
4. Smart indexing strategies
5. Partitioning considerations

## Performance Tuning

1. Cache optimization
2. Memory management
3. Disk I/O optimization
4. Connection pooling
5. Query cache settings