```python
MENU_PROMPT="\nEnter 'a' to add a movie, 'l' to see your movies, 'f' to find a movie by title,  'y' to find a movie by year, 'd' to find a movie by director, or 'q' to quit\n"
movies = []
def add_movie():
    title = input("Enter the movie title: ")
    director = input("Enter the movie director: ")
    year = input("Enter the movie release year: ")
    movies.append({
        'title': title,
        'director': director,
        'year': year
    })
    print(f"{title} has been added to the list of movies.")

def list_movies():
    if not movies:
        print("The movie list is empty.")
    else:
        for index, movie in enumerate(movies):
            print(f"{index+1}. {movie['title']} year ({movie['year']}) directed by {movie['director']}")

def find_movie_by_name():
    title = input("Enter the title of the movie you want to find: ")
    for movie in movies:
        if movie['title'] == title:
            print(f"{movie['title']} year ({movie['year']}) directed by {movie['director']}")
            return
    print(f"No movie with the title {title} was found.")
def find_movies_by_year(year):
    matching_movies = []
    for movie in movies:
        if movie['year'] == year:
            matching_movies.append(movie)
    if not matching_movies:
        print(f"No movies from {year} were found.")
    else:
        for movie in matching_movies:
            print(f"{movie['title']} directed by {movie['director']}")

def find_movies_by_director(director):
    matching_movies = []
    for movie in movies:
        if movie['director'] == director:
            matching_movies.append(movie)
    if not matching_movies:
        print(f"No movies directed by {director} were found.")
    else:
        for movie in matching_movies:
            print(f"{movie['title']} year ({movie['year']})")

def menu():
    selection = input(MENU_PROMPT)
    while selection != 'q':
        if selection == "a":
            add_movie()
```

```python
        elif selection == "l":
            list_movies()
        elif selection == "f":
            find_movie_by_name()
        elif selection == "y":
            year = input("Enter the year: ")
            find_movies_by_year(year)
        elif selection == "d":
            director = input("Enter the Director name: ")
            find_movies_by_director(director)
        else:
            print('Unknown command. Please try again.')
        selection = input(MENU_PROMPT)
menu()
```