

# TOP 5 VISUALS: FIRST, THEN BOARD

## PRINTABLE RESOURCE

[autismqld.com.au](http://autismqld.com.au) | [aqkis.autismqld.com.au](http://aqkis.autismqld.com.au)

A *First, Then* board is a two-step visual, showing a child what is currently happening and what is going to happen soon or next. It can be used to support transitions and routines.

Using visuals can support a child as they are a permanent instruction, rather than a verbal instruction that disappears.



### How do I use it?

Educators can use this visual in across their activities and routines in all spaces. When an educators provide a verbal instruction they also point to the visual. For example, "wash hands, then morning tea". Page 3 provides example routine visuals or educators can use page 4 to create their own visuals using pictures of common activities in their classroom. Other language such as 'this, then', 'now, next'

### How do I make it?

#### Page 2 First, Then Board:

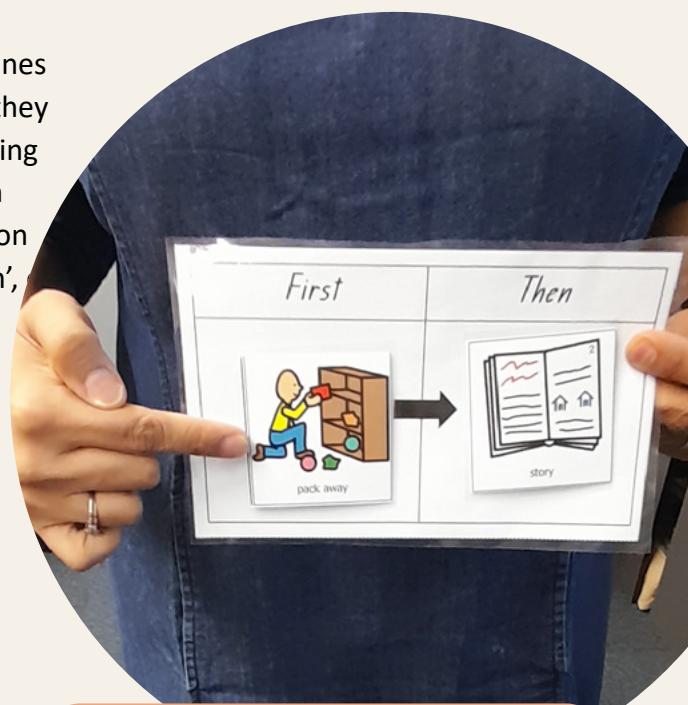
- Step 1: Cut around board.
- Step 2: Laminate the board.
- Step 3: Draw or velcro on visuals.

#### Page 3 Visuals:

- Step 1: Cut around each box.
- Step 2: Laminate the visuals.
- Step 3: Add velcro to the back.

#### Page 4 Template:

- Step 1: Cut around each box.
- Step 2: Add photographs of items or routines in your classroom.
- Step 3: Laminate the visuals.
- Step 4: Add velcro to the back.



#### TIP:

*First, Then* boards can be used flexibly. Educators can use photographs, miniature version of objects, actual objects, text or drawings.

