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## **MEMORANDUM FOR ALL TIEZA PERSONNEL**

FROM

THE MANAGER

Administrative Services Department

**SUBJECT** 

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REMINDERS ON THE OBSERVANCE OF MINIMUM PUBLIC HEALTH STANDARDS

DATE

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17 AUGUST 2020

Pursuant to the Department of Health's BIDA Solution Campaign, everyone is encouraged to adopt the following minimum health standards as a behavioral lifestyle to lessen the risk of COVID-19 transmission in the TIEZA workplace:

- 1. Practice self-care and maintain a healthy lifestyle to ensure that one's health and well-being are in optimal condition;
- 2. Always wear a face mask;
- 3. Practice hand hygiene and proper coughing/sneezing etiquette;
- 4. Frequently clean and disinfect all high-touch areas and things;
- 5. Observe one (1)-meter physical distancing; and
- 6. Ensure that any information and updates on the COVID-19 pandemic are from official sources

The following are, likewise, emphasized:

- Face shields are not to be used as substitutes for face masks and should only be used in addition to face masks as an added protection; and
- Stay home when feeling sick. Seek medical attention immediately if symptoms of cough and colds persist.

Everyone is advised to remain vigilant, take extra-precautionary measures and stay up-to-date on the latest COVID-10 information.

Noted by:

ATTY. JOY M. BULAUITAN
Assistant Chief Operating Officer
Administration & Finance Sector

