Health Notes App

Problem:

The majority of old people do not always remember what their doctor suggested to them about their health (which leads to them forgetting about it and, in the future, will not be able to tell their doctor about their past issues.).

Solution:

They can use the app to note down everything their doctor suggested about their health, or the doctor can also note down the things, and the medication, so that they remember about their health and the medication needed to help them get better. They can also use the notes, that were typed down, to show the doctor about their issues and health - if they completely forget.

(They do not have to sign in to the app.)