

FREDRIK RAPPICH

DETAILS

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Stockholm
Sverige

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LINKS

[LinkedIn](#)

[Github](#)

SKILLS

C/C++

● ● ● ○ ○

Embedded Systems

● ● ● ○ ○

OOP

● ● ○ ○ ○

Git

● ● ○ ○ ○

HTML/CSS/Tailwind

● ● ○ ○ ○

SQL/NoSQL

● ○ ○ ○ ○

Javascript/Typescript

● ○ ○ ○ ○

React

● ○ ○ ○ ○

Node.js

● ○ ○ ○ ○

PROFILE

I've always been into tech, and after a few years in HR, I decided to make the switch. I'm now studying system development (C/C++) at Chas Academy and building projects on the side to keep learning and try out new ideas — feel free to check them out on my GitHub. My background in HR have given me a solid understanding of how people and systems work together, which helps me approach development with both users and business needs in mind.

EMPLOYMENT HISTORY

HR & IT consultant, Rappich Consulting AB

Stockholm

Sep 2024 — Present

- Founded Rappich Consulting to provide HR and IT consulting services, leveraging my HR expertise while pursuing studies in System Development (C/C++).
- Work mainly with smaller businesses looking to improve their HR processes and adopt more digital ways of working.
- Focus is often on simplifying the day-to-day – automating where it makes sense, improving structure, and supporting leadership.

HR Business Partner, Eurenco Bofors AB

Karlskoga

Jan 2023 — Sep 2024

- Responsible for developing, implementing, and digitalized HR processes and strategies in a growing industry, where many processes were built from the ground up to improve efficiency, tracking, and reporting.
- Led initiatives within rehabilitation, goal-setting and development processes, as well as recruitment and onboarding.
- Supported and guided stakeholders, managers, and employees in various HR matters.

Learning and Development Partner, Tre

Stockholm

May 2022 — Nov 2022

- Led a pilot project to improve how customer service and sales were delivered, aiming to create a unified approach across the company.
- Worked as a strategic partner in learning and development, facilitating trainings and supporting various business areas in competence developmen.

Learning and Delivery Specialist, IKEA

Stockholm

Aug 2019 — May 2022

- Led a large project together with a colleague during the pandemic to digitalize the entire onboarding process for IKEA Sweden, which streamlined and standardized the process nationwide.
- Digitalized and developed training processes to provide IKEA Sweden with a unified and efficient support system, while adapting them to align with the company's business goals.
- Collaborated with internal and external stakeholders, both globally and nationally, to develop and adapt learning tools that meet both local and global needs.

HR Business Partner, IKEA

Borlänge

Aug 2018 — Aug 2019

- Responsible for recruitment and supporting leaders in HR matters, including team development and employee relations.
- Led the integration and strengthening of initiatives for health, well-being, and diversity, equity, and inclusion in daily operations.
- Collaborated with store teams and business partners to ensure that competency development and HR processes supported our business goals and store needs.

HR Generalist, IKEA

Örebro

Jan 2016 — Aug 2018

- Responsible for recruitment and supporting leaders with team development and employee relations to ensure a positive work environment and high performance.
- Worked hands-on with initiatives for health, diversity, and gender equality in daily operations.
- Supported competency development and HR processes by collaborating with store teams and business partners to achieve unit goals and improve results.

EDUCATION

System developer C/C++, Chas Academy

Stockholm

Sep 2024 — Present

Practical Project management, Consensus

Örebro

Dec 2023 — Feb 2024

Certified Inyan Coach, Inyan

Stockholm

Aug 2022 — Nov 2022

Bachelor in Psychology, Behaviour Science, Örebro University

Örebro

Sep 2011 — Dec 2015