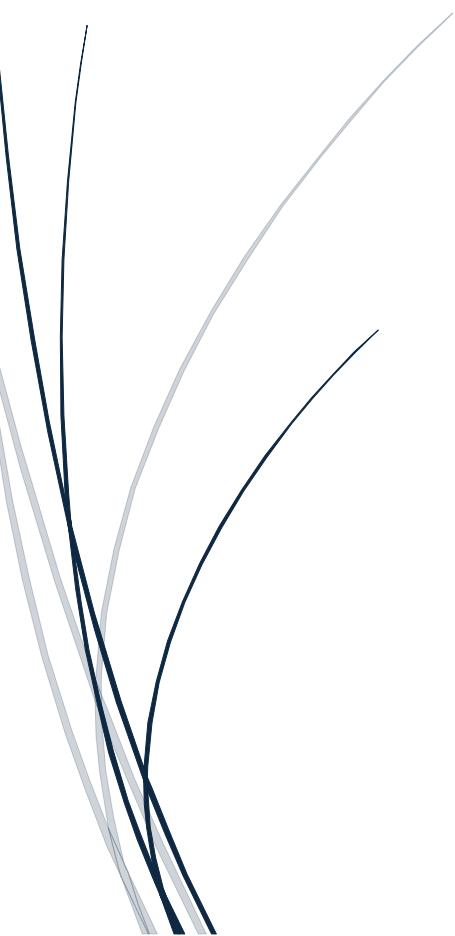


1-12-2025

# TELEMEDICINE PRACTICE MEMORY

CEU SAN PABLO – 4º BIOMEDICAL ENGINEERING



Raquel Hernanz, Pablo García, Marta Álvarez,  
Yolanda Luchelli, Sandra Cabrera

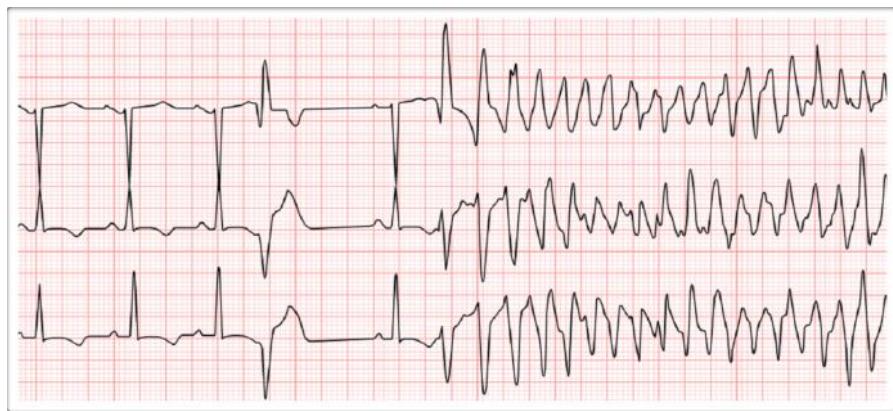
# Indexe

1.	Introduction .....	2
1.1.	<b>Proposal</b> .....	2
1.2.	<b>Main objectives of the practice</b> .....	2
2.	Available actions in the system .....	3
3.	Communication Protocol.....	5
3.1.	<b>TCP VS UDP selection</b> .....	5
3.2.	<b>JSON and Decorators</b> .....	5
4.	Code and applications' diagrams .....	7
4.1.	<b>Sequence Diagrams (SD)</b> .....	7
4.2.	<b>Use Case Diagram</b> .....	12
4.3.	<b>E-R Diagram</b> .....	12
4.4.	<b>UMLs</b> .....	13
5.	Optional points.....	17
5.1.	<b>Extra functionalities implemented</b> .....	17
5.2.	<b>About the graphical interface</b> .....	18
6.	User manuals .....	19
6.1.	<b>Patient</b> .....	19
6.2.	<b>Doctor</b> .....	21
6.3.	<b>Administrator/Server</b> .....	24

## 1. Introduction

### 1.1. Proposal

Cardiac arrhythmias are chronic conditions in which the heart beats irregularly, too fast, or too slow, often disrupting normal systole-diastole cycles (**Figure 1**). These irregular episodes frequently appear unpredictably and may not be captured during routine check-ups, which complicates early detection and increases the risk of complications such as syncope, heart failure, or stroke. Continuous home monitoring therefore plays a crucial clinical role.



**Figure 1.** Cardiac arrhythmias in an ECG

Our project proposes a telemedicine application designed to remotely supervise patients with suspected or confirmed arrhythmias, integrating self-reported symptoms together with physiological signals captured by a BITalino device, specifically ECG and EDA. This approach enables real-time monitoring from the patient's home while allowing the hospital to remotely receive, store, and analyse data relevant to arrhythmic events.

The system aligns with the course's requirement of building a telemedicine platform for chronic-disease supervision, including patient reporting, physiological recording, Bluetooth communication with BITalino, and multi-client server management. It also follows the disease-specific design described in the team's proposal on arrhythmia monitoring.

#### **Links for GitHub repositories:**

[https://github.com/RaquelHernanz/ServerCode\\_Telemedicine\\_2025.git](https://github.com/RaquelHernanz/ServerCode_Telemedicine_2025.git)

[https://github.com/RaquelHernanz/DoctorCode\\_Telemedicine\\_2025.git](https://github.com/RaquelHernanz/DoctorCode_Telemedicine_2025.git)

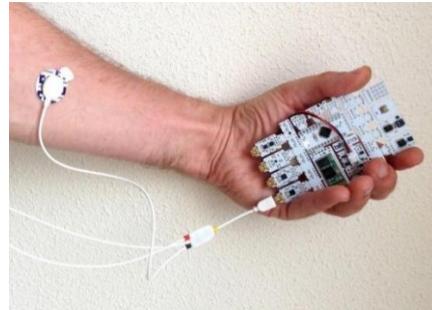
[https://github.com/RaquelHernanz/PatientCode\\_Telemedicine\\_2025.git](https://github.com/RaquelHernanz/PatientCode_Telemedicine_2025.git)

### 1.2. Main objectives of the practice

- 1- **Enable remote monitoring of cardiac arrhythmias:** the system will allow patients to report symptoms such as palpitations, dizziness, chest pain, or

fatigue and transmit physiological parameters (ECG and EDA) from home to the server, as required by the final project guidelines.

- 2- **Integrate BITalino-based signal acquisition:** the patient application will establish a Bluetooth connection with the BITalino device (**Figure 2**) and record ECG and EDA signals, which are clinically relevant for detecting arrhythmias and associated stress responses as highlighted in the proposal.



**Figure 2.** Bitalino device

- 3- **Enable doctor-side access:** the design of the telemedicine application anticipates the integration of a doctor client capable of accessing and reviewing patient data.
- 4- **Implement a multi-client server:** The server must support concurrent patient and doctor connections, sending and receiving symptom forms and physiological data, and store them. It must also provide a controlled shutdown mechanism with administrator authentication, as mandated by the project specification.
- 5- **Provide secure, organized data management:** the user information will be stored with timestamps and patient identifiers, following the project requirement to maintain clinical history in a structured manner on the server side.

## 2. Available actions in the system

This section summarizes the set of actions available to each role within the telemedicine system. Patients, doctors, and administrators interact with the platform through different capabilities aligned with their responsibilities, enabling data submission, clinical review, communication, and system control. The following overview organizes these actions into functional areas, clarifying how each user type participates in the overall workflow of the application.

### ***User and access management***

Related to the authentication and identity management

- Register user – Patient, Doctor.
- Login – Patient, Doctor.
- Authenticate administrator for server shutdown – Administrator.

- View connected clients on server – Administrator.
- View personal information – Doctor, Patient.

### ***Clinical Data Input***

Actions sent from the patient application to the server. Includes:

- Submit symptom report (palpitations, dizziness, chest pain...) – Patient.
- Record and send ECG/EDA via BITalino – Patient.
- Request appointment – Patient.

### ***Clinical Data Review***

From doctor to server

- View patient symptoms – Doctor.
- View patients ECG/EDA measurements – Doctor.
- View upcoming appointments – Doctor.

### ***Messages and communication***

Message exchange between patients and doctors.

- ❖ Send messages – Patient, Doctor.
- ❖ View received messages – Patient, Doctor.

### ***Server management***

Exclusive actions for the administrator

- Shutdown the server – Administrator.
- Monitor client connections – Administrator.
- Centralize data storage – Administrator.
- Synchronize patient–doctor data flow – Administrator.

### ***Summary table***

The following table (

**Table 1)** resumes the available actions for each user:

Patient	Doctor	Administrator/Server
Register	Register	Server shutdown
Login	Login	Monitor the connections
Send measurement of EDA/ECG to doctor	View measurements from patient	Control the system data management
Send symptoms to doctor	View symptoms from patient	Manage the users and roles
Send and view messages	Send and view messages	-
Request and view appointment	View appointments	-

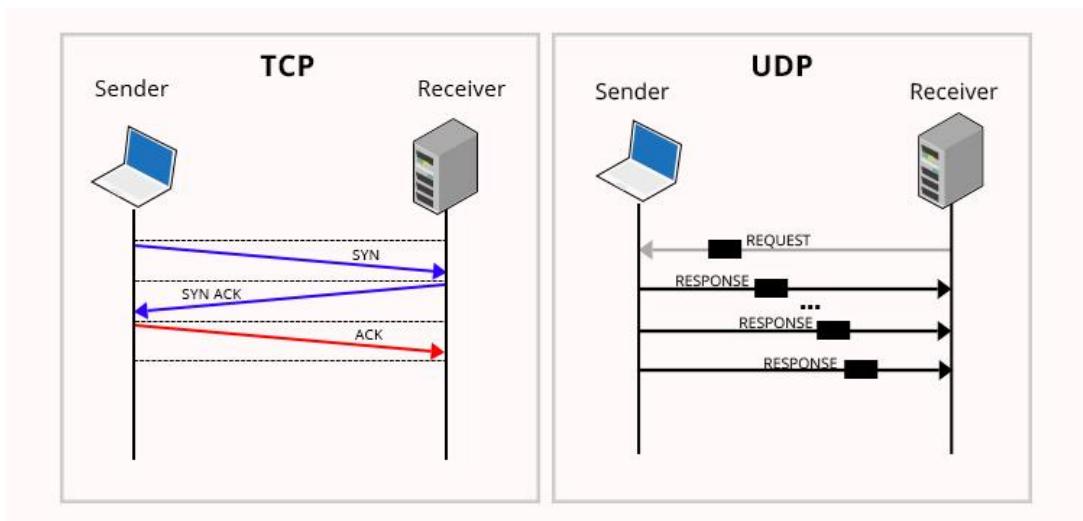
**Table 1.** Available actions summary

### 3. Communication Protocol

#### 3.1. TCP VS UDP selection

For the communication layer of the telemedicine system, we chose TCP sockets instead of UDP. The application must reliably transmit clinical information such as ECG/EDA measurements, symptom reports and appointments between patients, the central server and doctors. These data cannot be lost, duplicated or arrive out of order without compromising medical interpretation. TCP provides a connection-oriented, reliable byte stream with built-in error detection, retransmission and in-order delivery, which fits the project requirement of sending patient signs and symptoms to a server and storing them as part of the clinical history.

In contrast, UDP is connectionless, does not guarantee delivery or ordering, and would force us to implement our own reliability mechanisms on top of the protocol. Since our priority is integrity and robustness rather than ultra-low latency, TCP is the most appropriate choice.



**Figure 3.** TCP VS UDP comparison

#### 3.2. JSON and Decorators

On top of the TCP sockets, we apply a decorator-based design to exchange data. Instead of letting the rest of the application work directly with raw *InputStream* and *OutputStream* objects, each socket is wrapped by several layers (decorators) that progressively add responsibilities: buffering, character encoding, message framing and, if needed, logging or encryption.

Both server and clients wrap the socket streams with higher-level reader/writer classes that send and receive text messages following our JSON-based protocol (**Figure 4**). We chose JSON format because it has a clear and predictable structure

for information exchange, the administrator and programmers can easily read and debug, avoid ambiguity, and is widely used across the internet networks and medical platforms. As a result, the application code only deals with domain messages from enumerates (e.g. LIST\_SYMPTOMS, SEND\_MEASUREMENT, REGISTER, REQUEST\_APPOINTMENT) and not with low-level byte manipulation.

```
How the messages are going to be structure.

{
  "type": "REQUEST",
  "action": "REGISTER_PATIENT",
  "role": "PATIENT",
  "requestId": "req-1",
  "payload": {
    "user": {
      "username": "rachel@example.com",
      "password": "secreto123",
      "role": "PATIENT"
    },
    "patient": {
      "name": "Rachel",
      "surname": "Hernanz",
      "email": "rachel@example.com",
      "phonenumber": "+34999999999",
      "dob": "1999-04-10",
      "sex": "FEMALE"
    }
  }
}
```

*Figure 4. Example of JSON format message*

This use of decorators brings three main advantages:

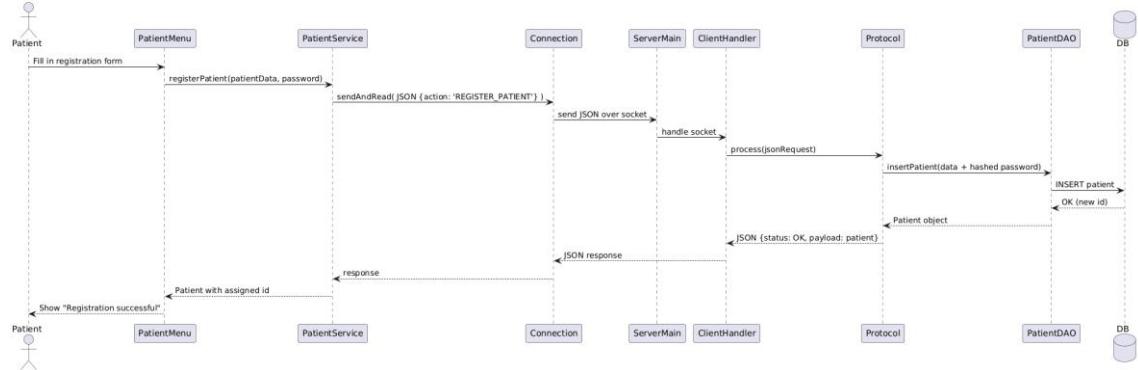
- **Separates concerns:** networking mechanics (framing, encoding, retries) remain isolated from business logic (handling patients, doctors, symptoms and measurements).
- **Improves extensibility:** allow the addition of features such as symmetric encryption, compression or additional logging by inserting new decorators around the socket without changing the core protocol handlers, as suggested in the project's optional security features.
- **Simplifies testing and maintenance:** each layer (protocol parser, data storage) can be tested independently while relying on the same decorated interface for sending and receiving JSON messages over TCP.

## 4. Code and applications' diagrams

The following schemes represent sequence diagrams, use case diagrams, E-R diagram and the UMLs for each repository.

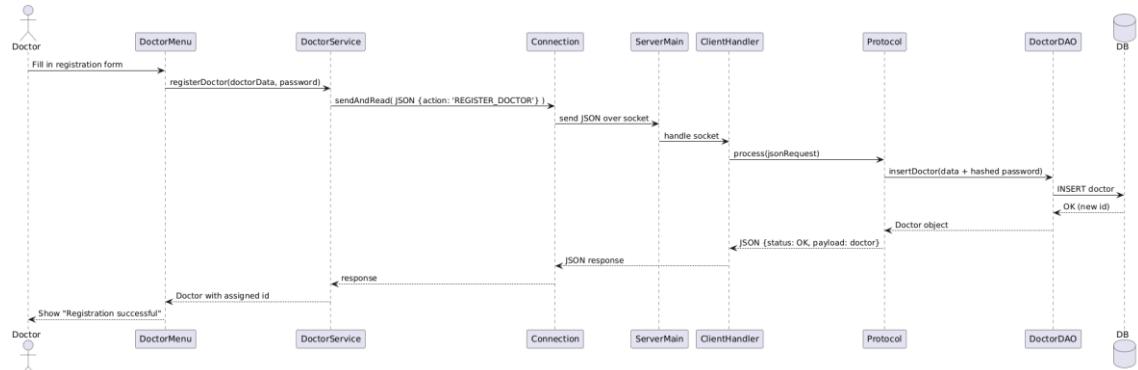
### 4.1. Sequence Diagrams (SD)

#### REGISTER PATIENT



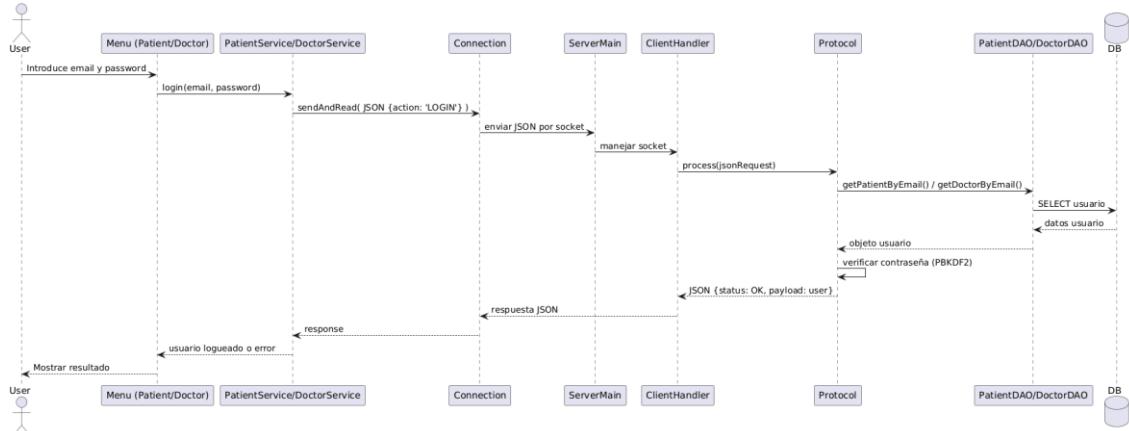
*Figure 5. Patient registration SD*

#### REGISTER DOCTOR



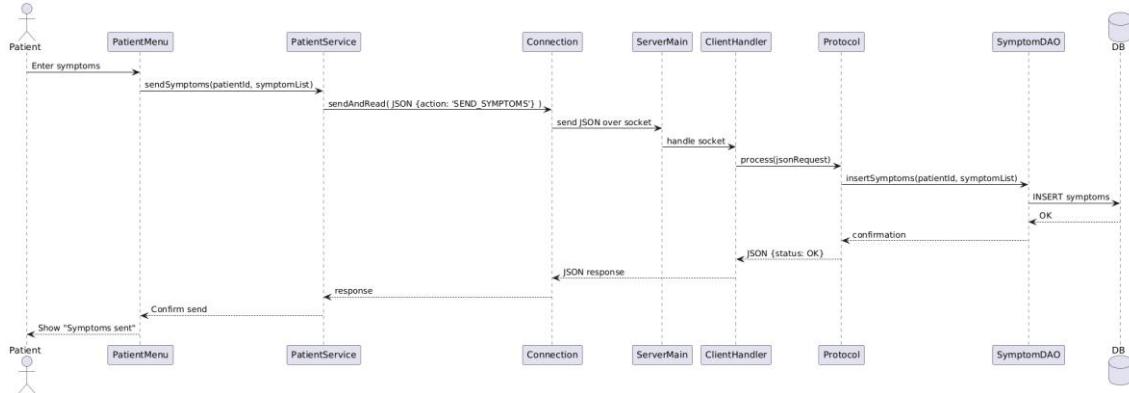
*Figure 6. Doctor registration SD*

## LOGIN



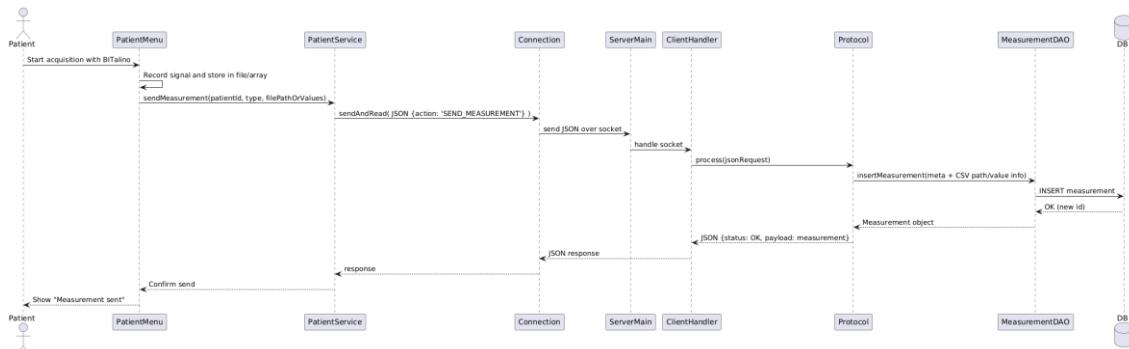
**Figure 7. Login SD**

## SEND SYMTOMS



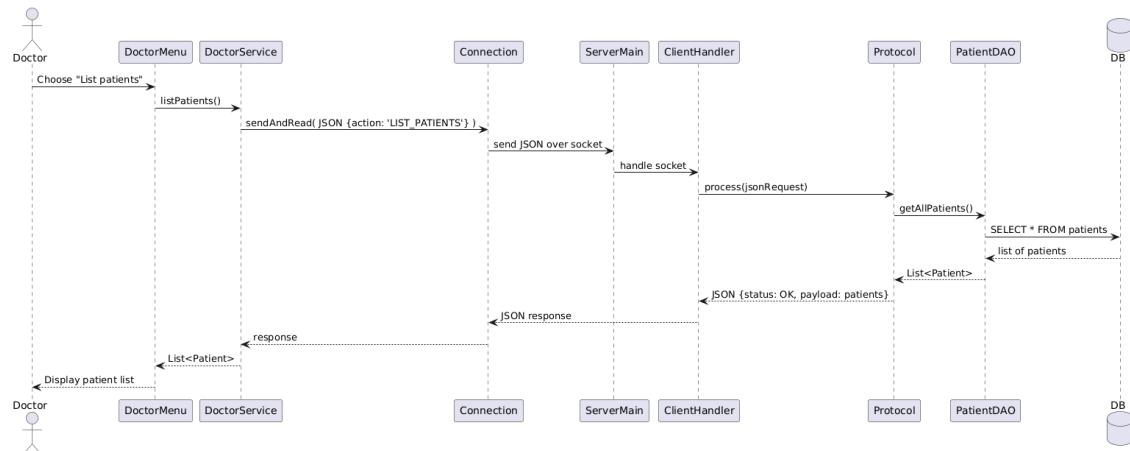
**Figure 8. Send symptoms SD**

## SEND MEASUREMENT



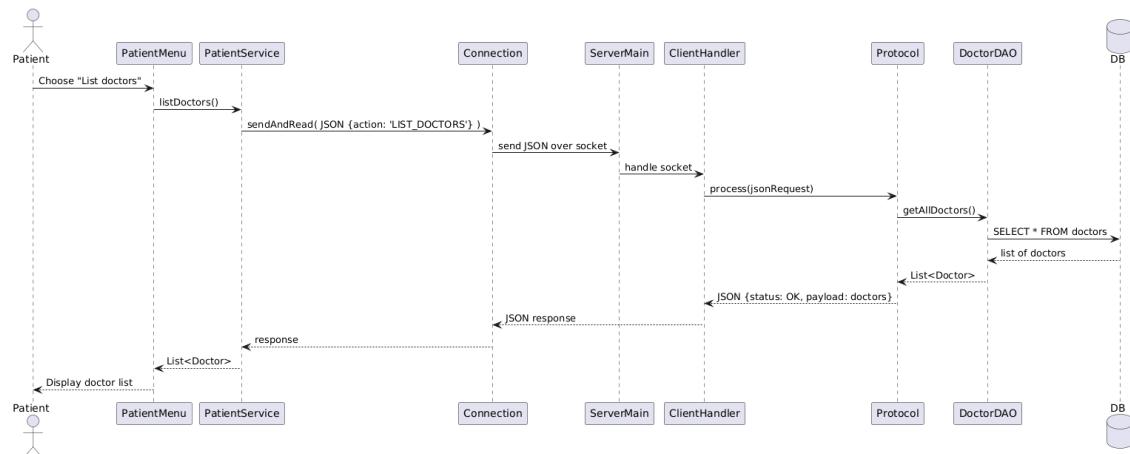
**Figure 9. Send measurement SD**

## LIST PATIENTS



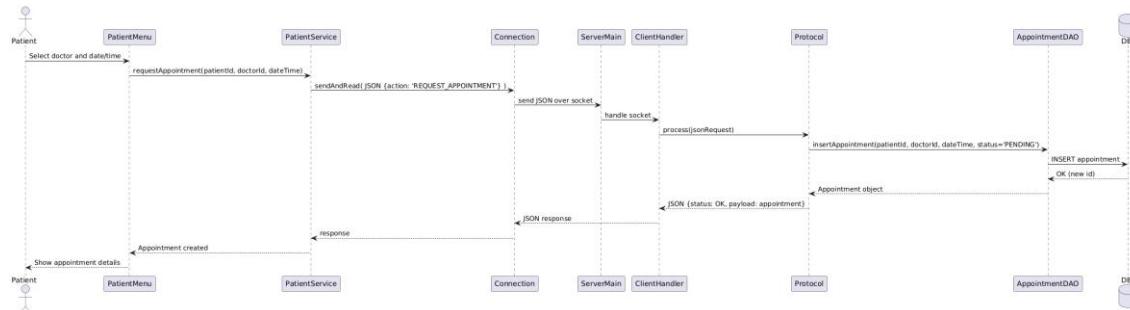
**Figure 10.** List of patients SD

## LIST DOCTORS



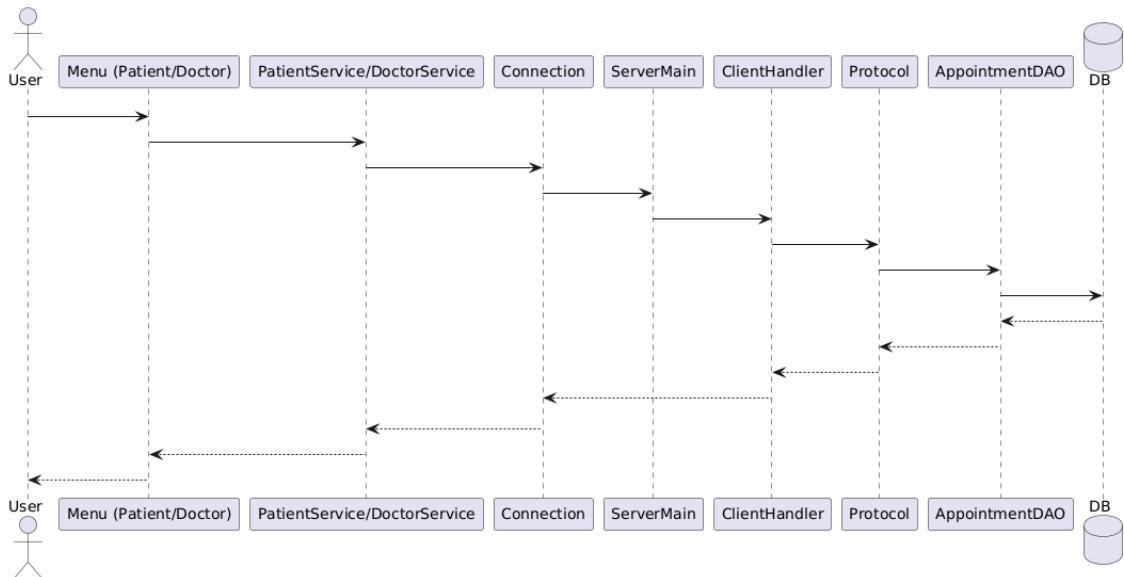
**Figure 11.** List of doctors SD

## REQUEST APPOINTMENTS



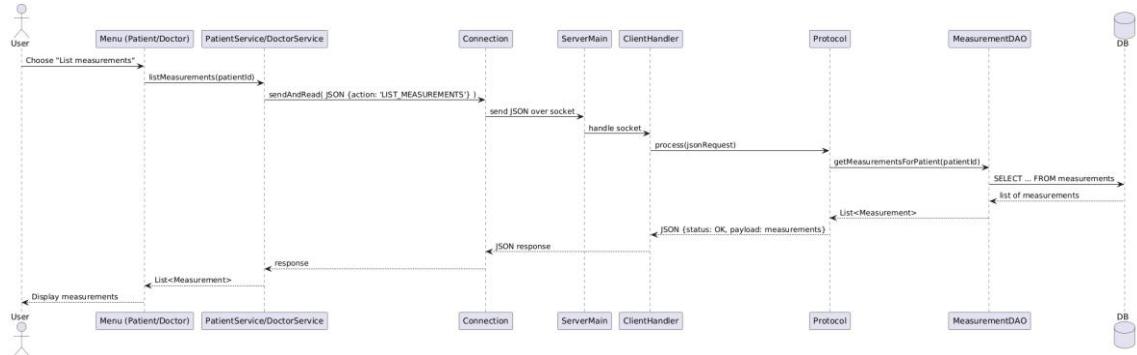
**Figure 12.** Request of appoint SD

## LIST APPOINTMENTS



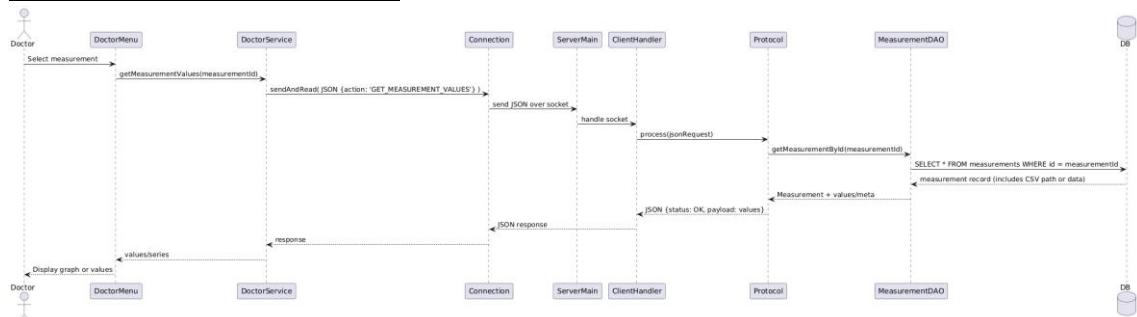
**Figure 13.** List of appointments SD

## LIST MEASUREMENTS



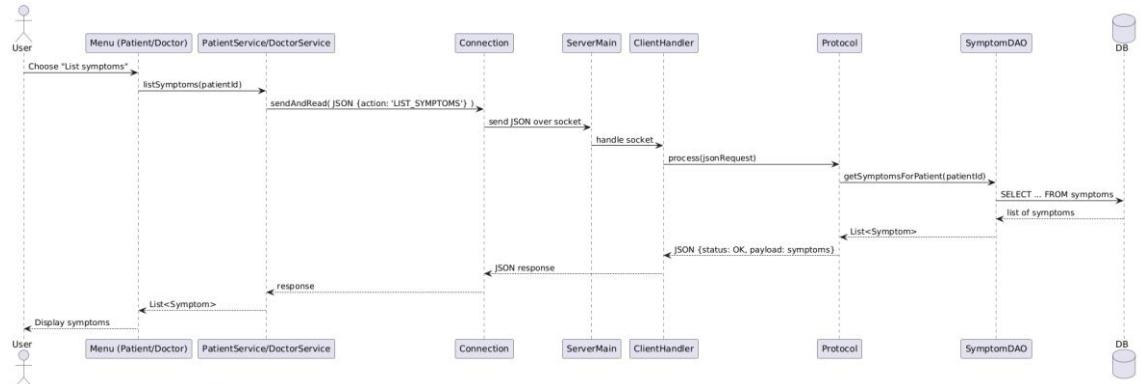
**Figure 14.** List of measurements SD

## GET MEASUREMENT VALUES



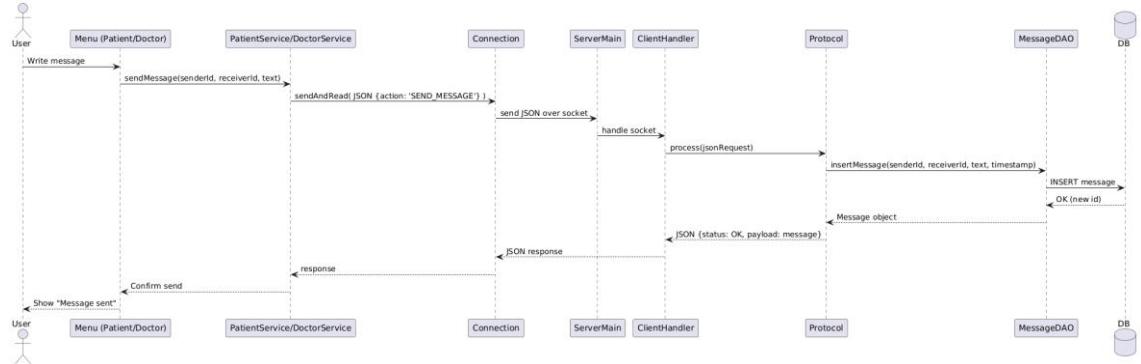
**Figure 15.** Get measurement values SD

## LIST SYMPTOMS



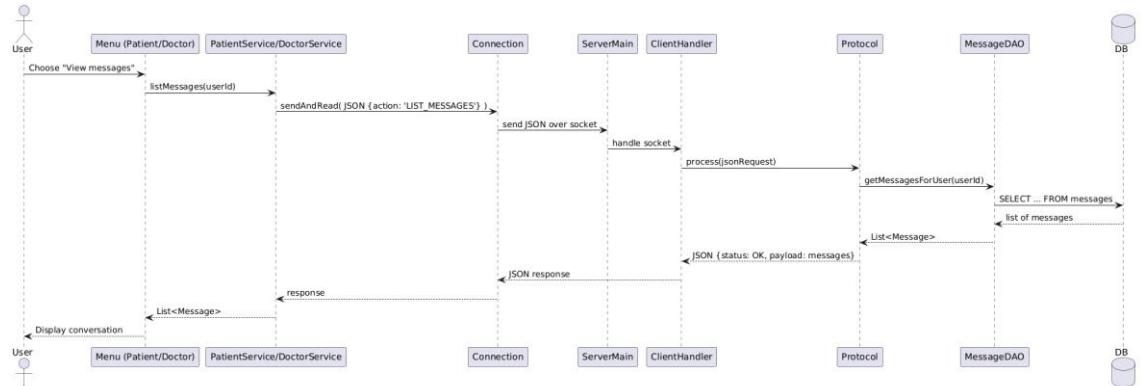
**Figure 16.** List of symptoms SD

## SEND MESSAGE



**Figure 17.** Send message SD

## LIST MESSAGES



**Figure 18.** List of messages SD

## 4.2. Use Case Diagram

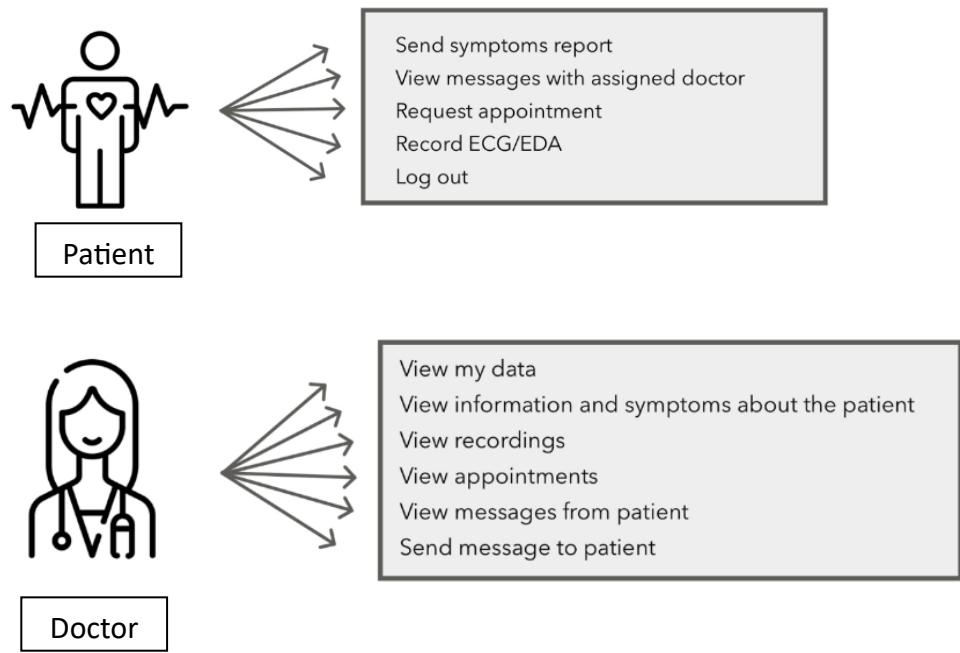


Figure 19. Use Case Diagram

## 4.3. E-R Diagram

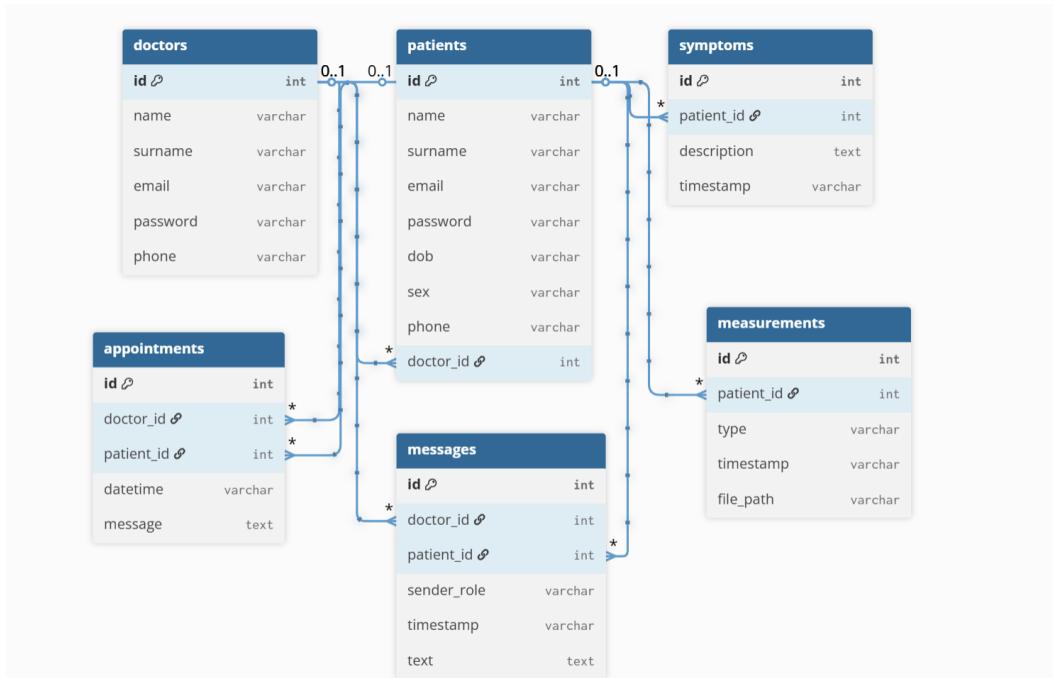
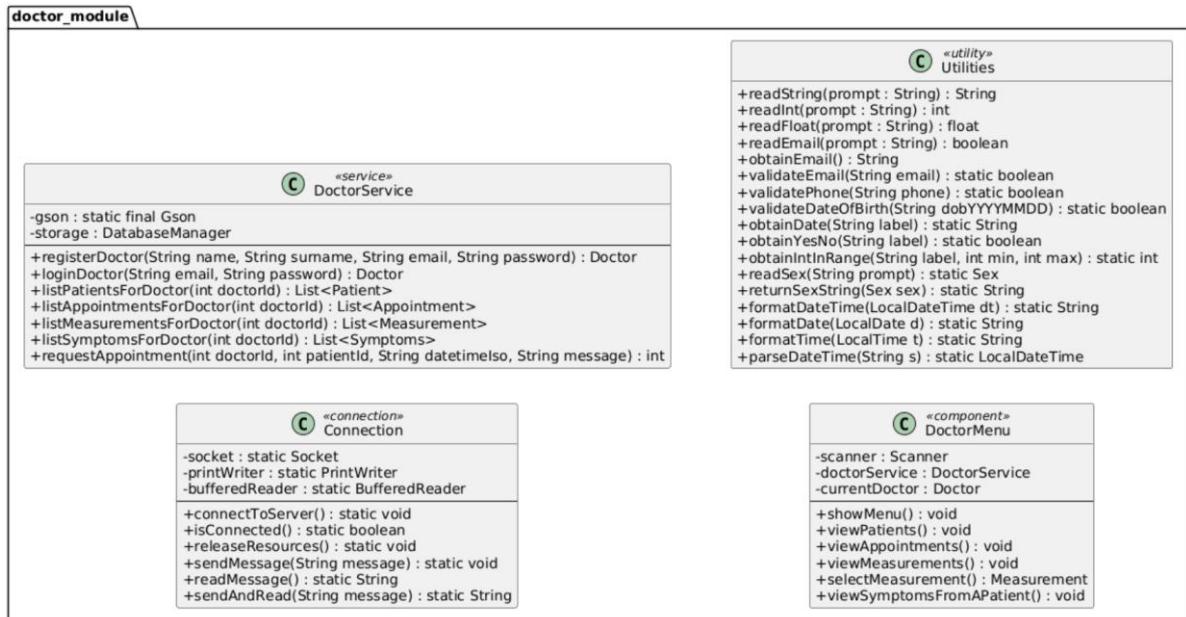
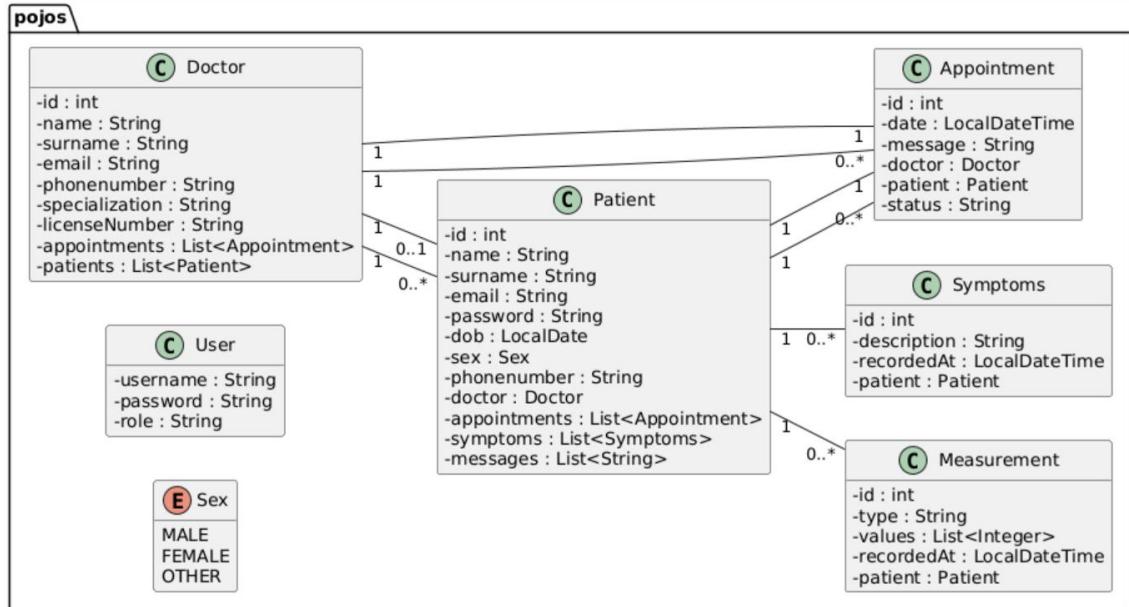


Figure 20. E-R Diagram

## 4.4. UMLs

### UML Doctor



**Figure 21.** Doctor UML

## UML Patient

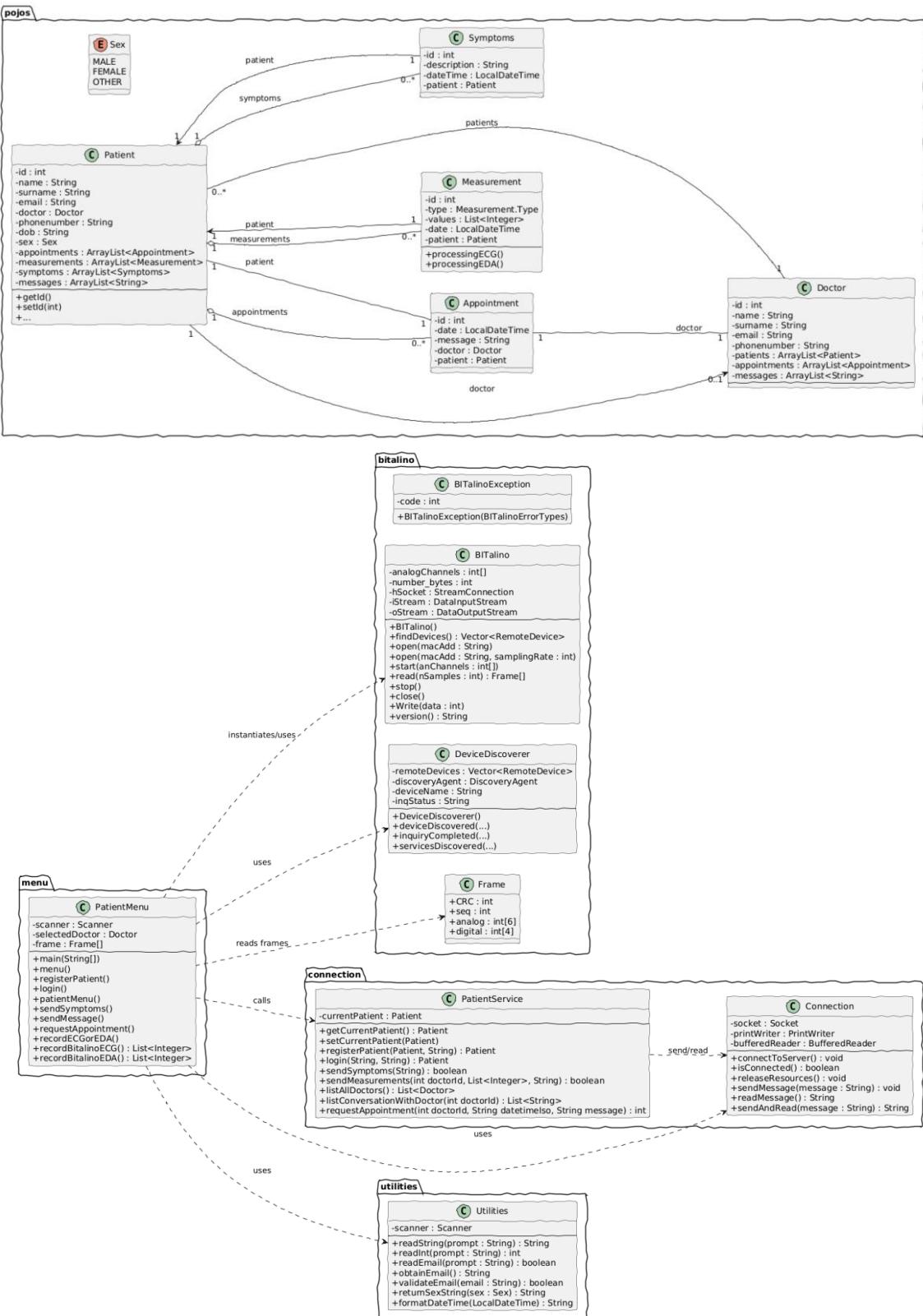
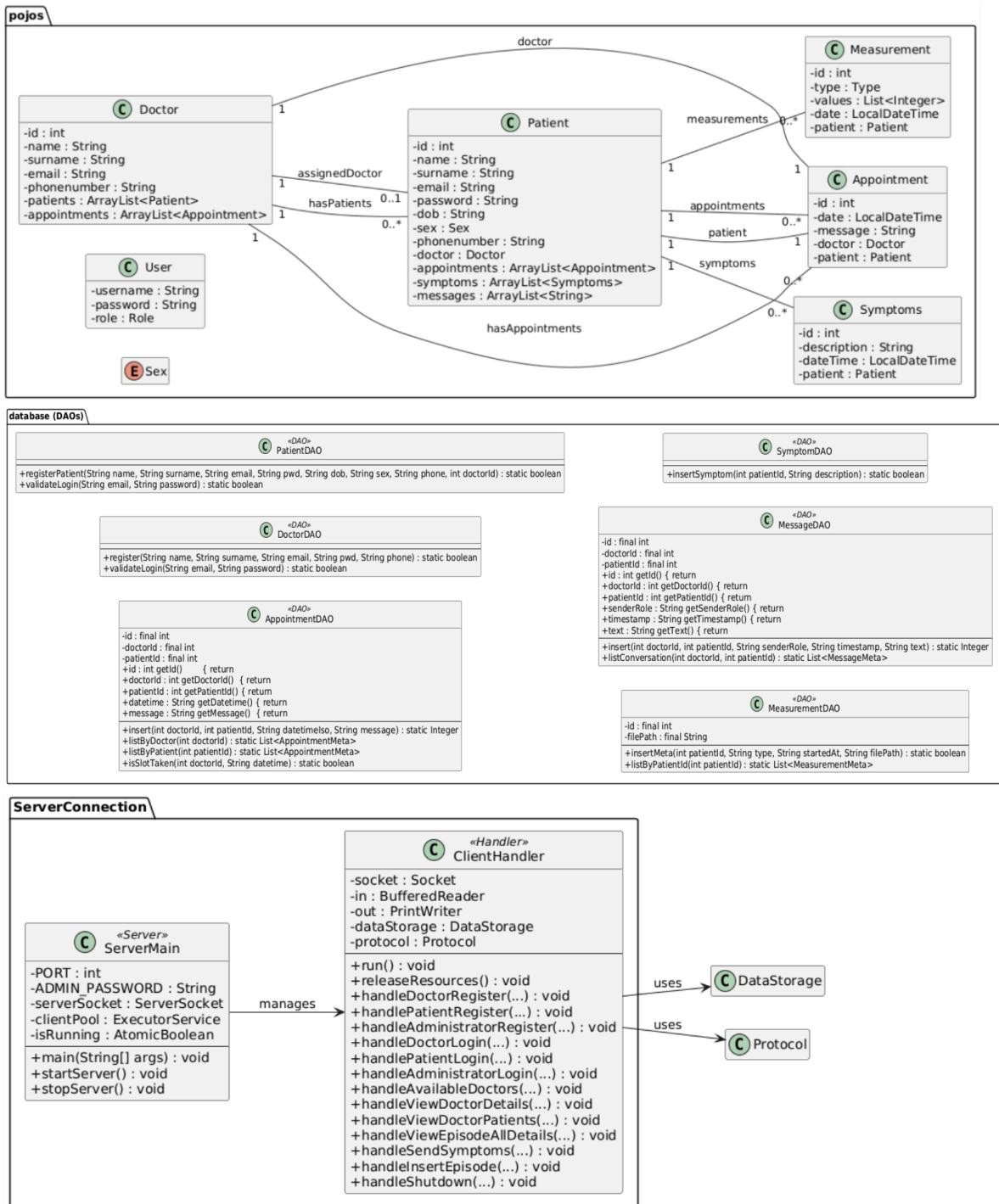
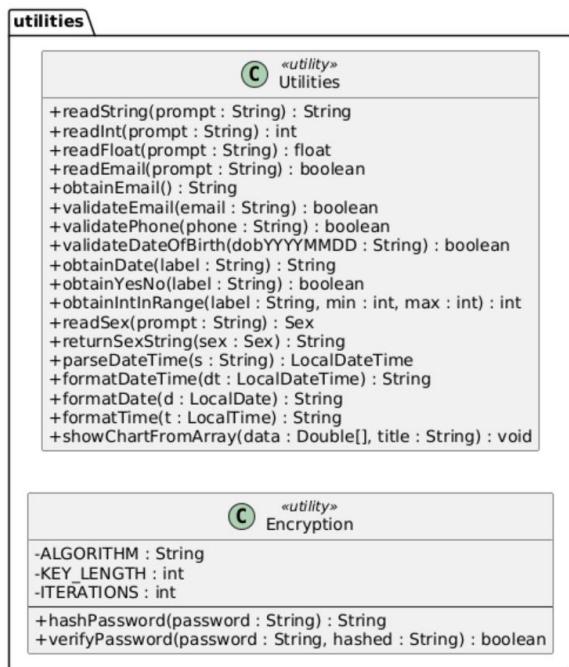


Figure 22. Patient UML

## UML Server





**Figure 23.** Server UML

## 5. Optional points

### 5.1. Extra functionalities implemented

With these extra functionalities, we accomplished to build a more complex and functional telemedicine system for our practice.

- ✓ **Database storage:** serves to store the information about the clients connecting to our application. In the E-R Diagram scheme the relationships of each POJO in the database are mentioned in this practice memory. The only values that are not uploaded to the database directly are the measurements' numerical values, which are sent from the Patient repository to the Server repository (contain in a CVS file in the data folder), and later they are retrieved for visualization in the Doctor repository.

Tabla: messages					
	id	doctor_id	patient_id	sender_role	timestamp
1	6	31	17	DOCTOR	2025-11-27T22:51:41.514866
2	7	31	18	PATIENT	2025-11-28T16:23:33.529360

*Figure 24. Example of data base table*

- ✓ **Password encryption thought symmetric key:** we searched for various encryption methods; however, we chose Password-Based Key Derivation Function (PBKDF2) with Hash-based Message Authentication Code (HMAC) and SHA256. The idea is to transform a human password into a strong cryptographic key by repeatedly applying HMAC-SHA256 thousands of times together with a unique salt or random number, avoiding the passwords to have the same hash. This intentional computational cost makes each password-guess expensive, preventing attackers from performing fast brute-force or rainbow-table attacks. Instead of storing the password itself, the system stores the derived key, which can only be reproduced by providing the correct password and running the same iterative process.

password
Filtro
3e54a84c2d6ddf3eeb72b20f26b34210d...
3e54a84c2d6ddf3eeb72b20f26b34210d...
4c94102875636fcbcd2ad5a8271fc7b5a...

*Figure 25. Encrypted password*

- ✓ **Visualization of the clinical signal:** the doctor in the console or graphical interface is capable of viewing the measurement's signals from a specific patient, employing an interface frame. The doctor can distinguish between an EDA and ECG signals.

## 5.2. About the graphical interface

We decided not to integrate a graphical interface in the doctor and patient applications for the practice delivery on 1<sup>st</sup> of December due to time constraints during the development, and because we wanted to ensure the applications have a fully functional and reliable system over having incomplete implementation. For later versions we would add additional functionalities such as the graphical interface, connection to the server without introducing the specific IP, and also the asymmetric key encryption for the database information.

## 6. User manuals

**Reminder:** the clients must always specify the server IP, because it is not fixed.

### 6.1. Patient

#### Purpose of the Patient Application

The patient application allows individuals with cardiac arrhythmias to remotely send relevant clinical information to the hospital. This includes:

- Self-reported symptoms (palpitations, dizziness, chest pain, fatigue).
- ECG and EDA measurements recorded through a BITalino device.
- Messages and appointment requests to their assigned doctor.

#### Starting the Application

The patient opens the program and is presented with an initial menu that allows:

- Registering as a new user.

```
--- Patient Registration ---
Email: patienttest@gmail.com
Password: Patient
Name: Jane
Surname: Hopper
Phone Number: 74398745
Sex (M/F/O): F
```

**Figure 26.** Patient registration

- Logging in with email and password.
- Exiting the application.

Both registration and login are required to access the full functionality.

#### Main Functions Available (after login)

Once logged in, the patient accesses the main menu containing the following actions:

```
0. Log out
1. Send symptoms report
2. View messages with assigned doctor
3. Send message to assigned doctor
4. Request appointment
5. Record ECG/EDA (Bitalino)
6. View my personal information
7. View appointments
```

**Figure 27.** Patient Menu

### 1. Send Symptoms Report

The patient can submit a brief description of current symptoms.  
This report is automatically sent to the server and stored in their clinical profile.

```
--- Send Symptoms Report ---  
Describe your current symptoms (e.g., chest pain, dizziness): I had chest pain during exercise|
```

**Figure 28.** Patient sends symptoms to doctor

## 2. View Messages

Displays all the messages previously exchanged with the assigned doctor.

```
== Conversation with Dr. Duncan ==  
[2025-11-29T14:01:42.130Z] PATIENT: Hello  
== End of conversation ==  
Logged as: patienttest@gmail.com (ID: 21)
```

**Figure 29.** View patient's messages

## 3. Send Message to the Doctor

Allows the patient to write and send a new message directly to the doctor.

```
--- Send Message to Dr. Duncan ---  
Message: Hello
```

**Figure 30.** Patient sends a message to the doctor

## 4. Request an Appointment

The patient can request a date and time for a future medical appointment.

The server registers the request so the doctor can review it.

```
--- Request Appointment with Dr. Duncan ---  
Appointment Date (yyyy-MM-dd): 2026-03-12  
Appointment Time (HH:mm): 12:30  
Reason for the appointment: Monthly check-up
```

**Figure 31.** Patient requests an appointment

## 5. Record ECG/EDA (BITalino)

The patient can start a BITalino recording session to capture:

- ECG (cardiac rhythm): port A2.
- EDA (stress-related skin conductance): port A3.

The application connects to the device via Bluetooth, add the MAC address, records a short measurement, and sends the data to the hospital server automatically.

```
Choose an option: 5  
Select 1 for ECG or 2 for EDA  
1  
Recording ECG  
BlueCove version 2.1.1-SNAPSHOT on winsock  
javax.bluetooth.LocalDevice@26f67b76  
[]  
Enter MAC address for Bitalino: [REDACTED]
```

**Figure 32.** ECG recording action

Since we are not recording, it should send a message that the ECG won't be sent.

```
No ECG data recorded. Measurement will not be sent.  
Logged as: patienttest@gmail.com (ID: 21)
```

**Figure 33.** No data recorded message

And if we are recording properly the signal it should send this message:

```
Enter MAC address for Bitalino: 20:17:11:20:52:32  
[Patient] Enviado: {"type": "REQUEST", "action": "SEND_MEASUREMENT"  
[Patient] Recibido: {"type": "RESPONSE", "action": "SEND_MEASUREMENT"  
ECG sent successfully.
```

**Figure 34.** ECG send message

## 6. View Personal Information

Shows the patient's stored personal detail.

```
PATIENTS INFORMATION:  
Name: Jane  
Surname: Hopper  
Email: patienttest@gmail.com  
Date of Birth: 1987-08-11  
Sex: FEMALE  
Phone Number: 74398745  
Logged as: patienttest@gmail.com (ID: 21)
```

**Figure 35.** Personal information

## 7. View Appointments

Displays upcoming or previously scheduled appointments registered on the server.

```
==== Appointments ====  
Date/Time: 2026-03-12T12:30  
Patient ID: 21  
Message: Monthly check-up
```

**Figure 36.** View patient's appointments

## 8. Log Out

Ends the current session and returns to the initial login menu.

### 6.2. Doctor

#### Purpose of the Doctor Application

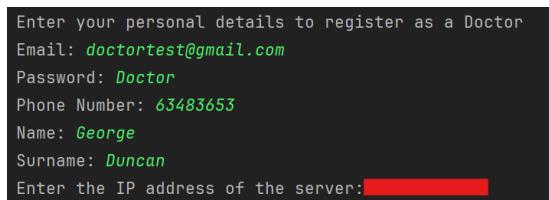
The doctor application allows medical professionals to connect to the hospital server and supervise their assigned patients. The doctor can:

- View their own personal data.
- See information and symptoms of a selected patient.
- View physiological recordings (ECG/EDA) previously sent by the patient.
- Review the patient's appointments.
- Read messages received from the patient.
- Send messages to the patient.

## Starting the Application

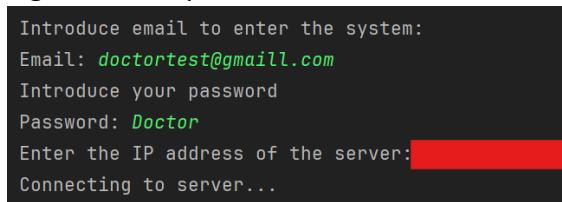
The doctor opens the program and is presented with an initial menu that allows:

- **Registering as a new doctor.**



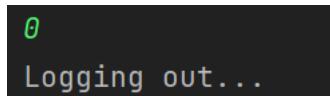
**Figure 37.** Doctor registration

- **Logging in using email and password.**



**Figure 38.** Log in

- **Exiting the application.**

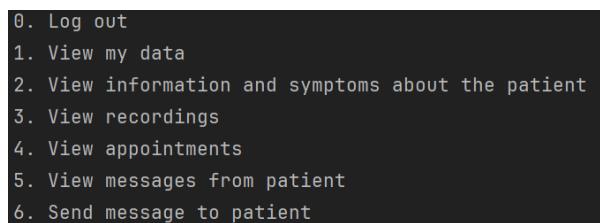


**Figure 39.** Log out

A successful registration and login are required to access the full functionality.

## Main Functions Available (after login)

Once logged in, the doctor accesses the main menu containing the following actions:



**Figure 40.** Doctor Menu

### 1. View My Data

Displays the doctor's personal information stored in the system, including name, surname, email, phone number, and ID.

```

DOCTOR INFORMATION:
id: 33
Name: George
Surname: Duncan
Email: doctortest@gmail.com
Phone Number: 63483653

```

**Figure 41.** View personal information

## 2. View Information and Symptoms About a Patient

The doctor can select a patient from their assigned patient list (searched by ID).

For the selected patient, the application displays:

- Personal data
- All symptoms previously submitted by the patient

This information is retrieved from the server and stored in the doctor's patient list.

```

ID: 21, Name and surname: Jane Hopper
Enter the ID of the patient: 21

PATIENTS INFORMATION:
Name: Jane
Surname: Hopper
Email: patienttest@gmail.com
Date of Birth: 1987-08-11
Sex: FEMALE
Phone Number: 74398745
Symptoms for patient Jane Hopper:
Symptoms{date_hour=2025-11-29T14:00:56.835953300, description='I had chest pain during exercise'}.

```

**Figure 42.** View a patient's symptoms

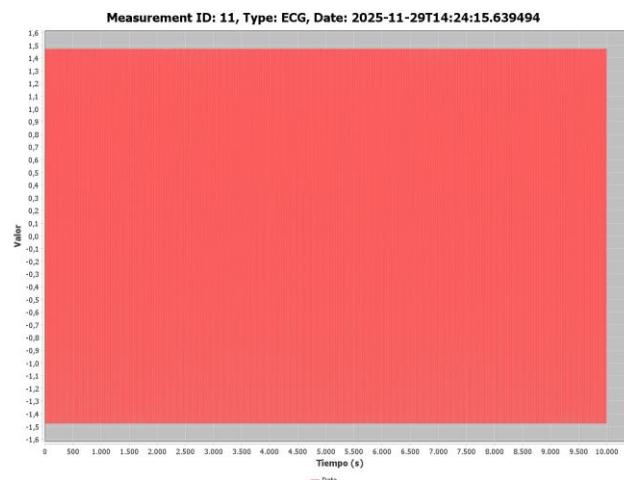
## 3. View Recordings

The doctor can view physiological recordings sent by the patient.

These include:

- ECG measurements
- EDA measurements

The application retrieves the selected measurement from the server and displays the processed ECG or EDA signal as a line chart.



**Figure 43.** Measurement's signal

## 4. View Appointments

Displays the list of medical appointments associated with the patient, including:

```
ID: 21, Name and surname: Jane Hopper  
Enter the ID of the patient: 21  
== Appointments for patient 21 ==  
Date/Time: 2026-03-12T12:30  
Patient ID: 21  
Message: Monthly check-up
```

**Figure 44.** View appointments from a specific patient

- Appointment date and time
- Appointment message
- Patient and doctor ID

The information is requested from the server.

## 5. View Messages from Patient

Shows all text messages previously received from the selected patient.

```
== Conversation with Jane Hopper ==  
[2025-11-29T14:01:42.130Z] PATIENT: Hello  
[2025-11-29T14:37:07.991Z] DOCTOR: Hello there, Jane  
== End of conversation ==
```

**Figure 45.** View messages

## 6. Send Message to Patient

Allows the doctor to write and send a new text message to the patient through the server.

```
ID: 21, Name and surname: Jane Hopper  
Enter the ID of the patient: 21  
Write your message: Hello there, Jane
```

**Figure 46.** Send a message to the patient

## 7. Log Out

Ends the doctor's session and closes the server connection, returning to the initial menu.

### 6.3. Administrator/Server

#### Purpose of the server

The administrator can access to the server, controlling the flow of protocols and the database, able to:

- Change the database.
- View the protocol messages in the console while the clients are interacting.
- Shutdown directly the server through a command and prefix password.

**Figure 47.** Protocol messages flow in console

```
[Server] Connection closed for / [REDACTED]
shutdown
Enter admin password to confirm shutdown: [REDACTED]
[Admin] Shutting down server...
[Server] Shutting down thread pool and DB connection...
[DB] Connection closed.

-----
[Server] Server stopped successfully.
```

**Figure 48.** Server shutdown through command and password