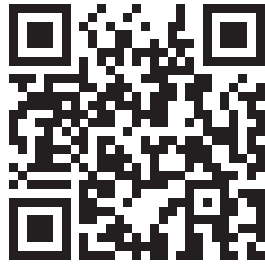


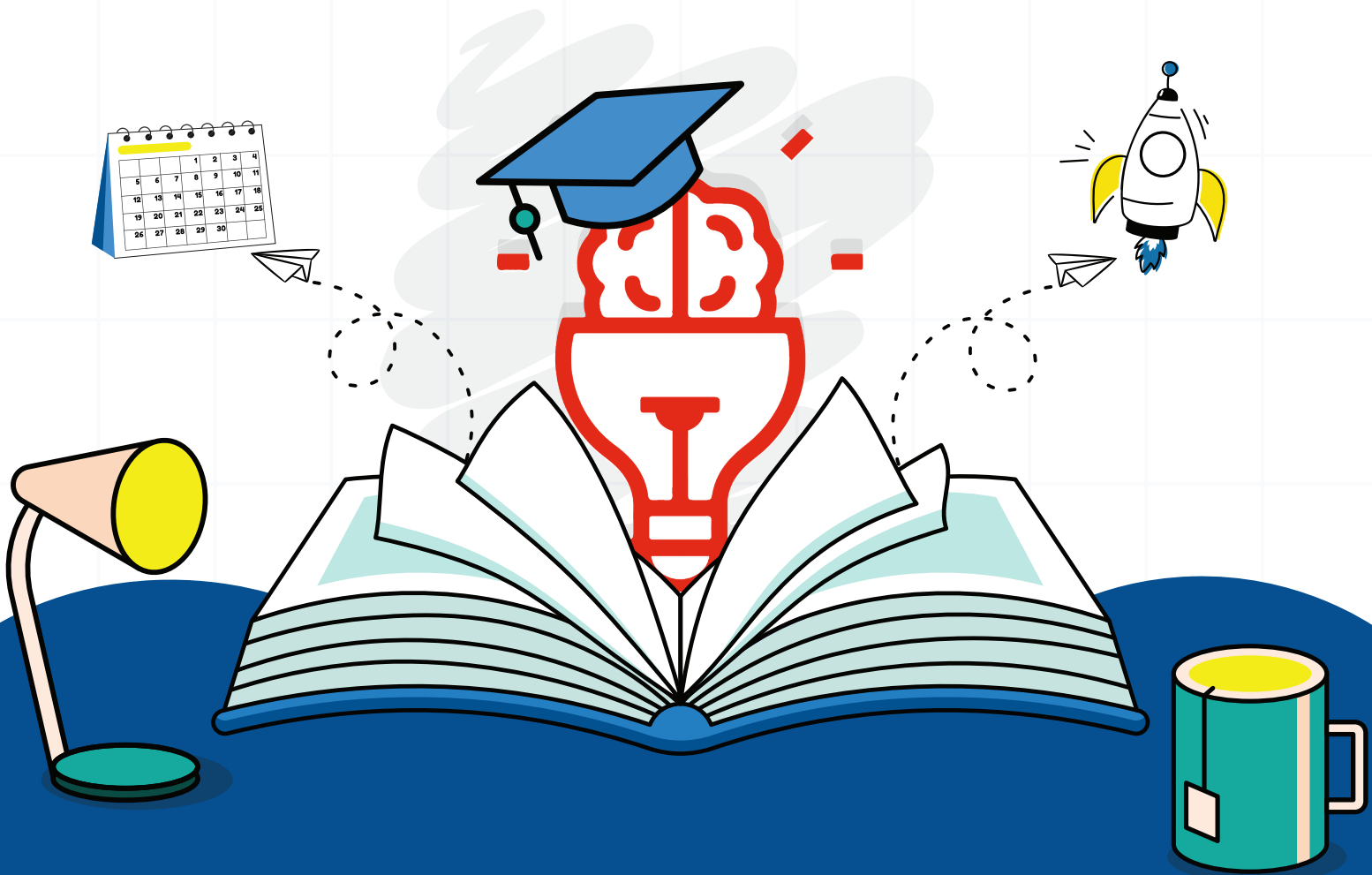
# 30 Days. 30 Micro-Shifts. One Future-Ready You.

**"Your next skill isn't learned in a leap — it's learned in a day"**



Scan to Start

Your Skill Passport evolves with every action




1 ♥



Read one article that challenges how you think about your field

2 ♣




Teach one new concept to a friend in five minutes

3 ♦



Write down one skill you'd love to master this year

4 ♠




Watch a 5-minute video on a topic you've never explored

5 ♥



Reflect on your biggest learning from the past week

6 ♣




Ask someone, "What's one thing you learned at work today?"

7 ♦




Listen to a podcast episode about innovation or leadership

8 ♠




Take one online quiz or micro-assessment to check your skill level

9 ♥




Record yourself explaining a concept — then watch to improve clarity

10 ♣



Start a 7-day streak of learning something small daily

11 ♦



Summarize a news story from your domain in three bullet points

12 ♠



Search for one "future skill" in your industry and learn about it

13 ♥



Take 10 minutes of quiet reflection before beginning your work

14 ♣



Identify one mentor or peer you can learn from this month

15 ♦



Post one insight or learning on LinkedIn — no perfection, just honesty

16 ♠

Review your progress: What new skill did you apply this week?

17 ♥

Watch a TED Talk and jot one action you can implement immediately

18 ♣

Update your Skill Passport or resume with one verified skill

19 ♦

Explore a new digital tool that can boost your productivity

20 ♠

Ask for feedback from one person on a project or task

21 ♥

Learn one new term from another field— connect it to your work

22 ♣

Write a thank-you note to someone who helped you learn

23 ♦

Replace one old habit with a micro-learning moment

24 ♠

Read one page of a book related to your professional growth

25 ♥

Try the 25+5 focus technique — 25 minutes of deep work, 5 minutes rest

26 ♣

Explore a global perspective — how is your field changing worldwide?

27 ♦

Share one learning resource with your team or classmates

28 ♠

Set one clear learning goal for the next seven days

29 ♥

Reflect: "What skill helped me most in the past month?"

30 ♣

Celebrate your learning streak — and plan your next 30-day cycle!

# Track. Showcase. Grow.



Scan to book a demo



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