

## Project Design Phase

### Solution Architecture

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Team ID	SWTID1741164657147182
Project Name	Fit flex: Your Personal Fitness Companion
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Maximum mark	4 mark

### Solution Architecture:

The solution architecture for the Fitness Web Application ensures a scalable, efficient, and user-friendly platform for discovering and accessing exercise routines based on body parts and equipment.

### Goals of the Solution Architecture:

- Identify the Best Tech Solution: Utilize modern front-end frameworks and APIs to provide a seamless fitness discovery experience.
- Define Structure & Characteristics: Ensure modular, scalable, and maintainable software architecture for future enhancements.
- Outline Features & Development Phases: Clearly structure project milestones for effective development and deployment.
- Establish Specifications for Development & Delivery: Provide well-defined guidelines for the system's architecture, API integration, and data flow.

