

**POST-OPERATIVE ASSESSMENT REPORT**  
**General Hospital - Surgery Department**

Patient Name: Ashmitha B  
Patient ID: ASH-2026-001  
Surgery Date: January 28, 2026  
Follow-up Visit: February 6, 2026 (Day 9 Post-Op)  
Attending Physician: Dr. Michael Chen, MD, FACS

**VITAL SIGNS:**

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Temperature: 37.5 °C  
Blood Pressure: 122/78 mmHg  
Heart Rate: 85 bpm  
Respiratory Rate: 14 breaths/min  
Oxygen Saturation: 97% (Room Air)  
Weight: 68 kg  
Pain Level: 3/10 (well-controlled on current regimen)

**SURGICAL SITE EXAMINATION:**

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Incision: Clean, dry, and intact  
Healing: Primary intention, no dehiscence  
Drainage: None  
Redness: Minimal, normal for healing phase  
Swelling: Mild, decreasing since last visit  
Warmth: Normal skin temperature  
Staples/Sutures: Intact, removal scheduled for Day 14

**PAIN ASSESSMENT:**

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Current Pain Score: 3/10  
Pain Type: Mild incisional discomfort  
Pain Management: Acetaminophen 500mg PRN  
Pain Trend: Decreasing daily  
Sleep Impact: Minimal disturbance

**FUNCTIONAL STATUS:**

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Mobility: Ambulating independently  
Activity Level: Medium (increased from Low)  
Range of Motion: 75% of baseline (improving)  
Self-Care: Independent with all ADLs  
Appetite: Good, tolerating regular diet  
Sleep Pattern: 6-7 hours nightly

**CURRENT MEDICATIONS:**

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- Acetaminophen 500mg PO Q6H PRN pain
- Multivitamin daily

- Stool softener as needed

ASSESSMENT:

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- ✓ Excellent post-operative recovery progress
- ✓ Surgical site healing appropriately - no infection signs
- ✓ Pain well-controlled with minimal medication
- ✓ Patient compliance with post-op instructions excellent
- ✓ No complications: No fever, no wound infection, no bleeding
- ✓ Vital signs stable and within normal limits
- ✓ Activity level progressing as expected

PLAN:

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1. Continue current pain management regimen
2. Gradual increase in activity - start light walking 15-20 min daily
3. Wound care: Keep incision clean and dry, no bathing until Day 14
4. Suture removal scheduled: February 11, 2026
5. Return to clinic if: Fever  $>38.5^{\circ}\text{C}$ , increased pain, drainage, redness
6. Next follow-up appointment: February 20, 2026
7. Cleared for return to desk work on February 13, 2026
8. No heavy lifting ( $>10$  lbs) until 6 weeks post-op

PATIENT EDUCATION PROVIDED:

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- ✓ Warning signs of infection discussed
- ✓ Activity restrictions reviewed
- ✓ Pain management strategy explained
- ✓ Wound care instructions reinforced
- ✓ Follow-up schedule confirmed

Patient demonstrates understanding and verbalizes no concerns.

Recovery Prognosis: Excellent

Expected Full Recovery Timeline: 4-6 weeks

Provider: Dr. Michael Chen, MD, FACS

Nurse: Jennifer Williams, RN, BSN

Report Status: FINAL

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