# RED TEAMS

Deel 2









- Offensive Security
- Ethical Hacking
- Exploiting vulnerabilities
- Penetration Tests
- Black Box Testing
- Social Engineering
- Web App Scanning



## Project Initiation

- Threat Modeling
- Define Trophies
- Determine Schedule
- Develop Attack Playbook

## Recon Phase

- Open Source Intelligence
- Covert Observation
- Asset Identification
- Social Engineering

# Compromise Target

- Scanning
- Penetrate Network and/or applications
- Obtain Credentials
- Lateral movement
- Escalate privileges
- Obtain trophies

- findings/weaknesses
- Discuss improvements
- Provide remediation guidance



## **VULNERABILITY ANALYSIS**

Vulnerability testing is the **process of discovering flaws in systems and applications** which can be leveraged by an attacker.





## **VULNERABILITY ANALYSIS**

Once a vulnerability has been reported in a target system, it is necessary to determine the accuracy of the identification of the issue, and to research the potential exploitability of the vulnerability within the scope of the penetration test.

Types of vulnerability analysis

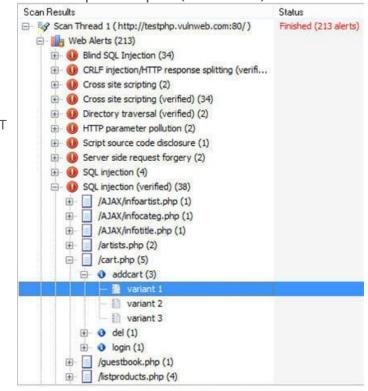
- Active, e.g.
  - automated application scans
  - banner grabbing
  - network scans
- Passive (metadata analysis and traffic monitoring)





### **VULNERABILITY ANALYSIS**

Sample output (Acunetix)



www.SoftwareTestingHelp.com

@ acunetix WEB APP

#### SQL injection (verified) Vulnerability description This script is possibly vulnerable to SQL Injection attacks. SQL injection is a vulnerability that allows an attacker to after back-end SQL statements by manipulating the injection occurs when web applications accept user input that is directly placed into a SQL statement and does dangerous characters. This is one of the most common application layer attacks currently being used on the Internet. Despite the fall easy to protect against, there is a large number of web applications vulnerable. This vulnerability affects (cart.php. Discovered by: Scripting (Sql\_Injection.script). AcuSensor Vulnerability details Source file: /hi/var/www/lcart.php line: 81 Additional details: SQL query: SELECT \* FROM carts WHERE cart id='10ebceb64152145d987c385c96080bea' AND item=1ACUSTART "8JFMGACUEND "mysgl query" was called. Attack details URL encoded POST input addcart was set to 1ACUSTART"8JFMGACUEND ¥ View HTTP headers ¥ View HTML response Launch the attack with HTTP Editor · Retest alert(s) Mark this alert as a false positive The impact of this vulnerability An attacker may execute arbitrary SQL statements on the vulnerable system. This may compromise the integri and/or expose sensitive information. Depending on the back-end database in use, SQL injection vulnerabilities lead to varying levels of data/sys attacker. It may be possible to not only manipulate existing queries, but to UNION in arbitrary data, additional queries. In some cases, it may be possible to read in or write out to files, or to executive in some cases.

underlying operating system.





## **EXPLOITATION**

#### **Initial Compromise:**

Abuse weaknesses found





## **EXPLOITATION**

#### **Initial Compromise:**

Abuse weaknesses found, in the software (configuration)

#### **Initial foothold**

Once RCE,RFI or other compromise is found, try and get shell access through code:

Good cheatsheet: <a href="http://pentestmonkey.net/cheat-sheet/shells/reverse-shell-cheat-sheet">http://pentestmonkey.net/cheat-sheet/shells/reverse-shell-cheat-sheet</a>



## persistence

/pəˈsɪst(ə)ns/ ◆

noun

the fact of continuing in an opinion or course of action in spite of difficulty or opposition.

"Cardiff's persistence was rewarded with a try"

synonyms: perseverance, tenacity, determination, resolve, resolution, resoluteness, staying power, purposefulness, firmness of purpose, patience, endurance, application, diligence, sedulousness, dedication, commitment, doggedness, persistency, pertinacity, assiduity, assiduousness, steadfastness, tirelessness, indefatigability, stamina; More

the continued or prolonged existence of something.
"the persistence of huge environmental problems"





# Example for a php web application:

WSO PHP Shell - hide it in an accessible web directory





**EXAMPLE FOR WINDOWS WORKSTATION** 

#### Meet Office Trusted locations!

HKEY\_CURRENT\_USER\Software\Microsoft\Office\16.0\Word\Security\Trusted Locations\keys

### Did you know?

When placed in a trusted location, Office Templates will automatically execute...

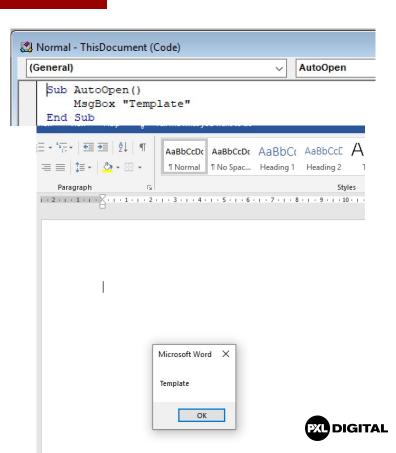
And template directories are a Trusted location by default





**EXAMPLE FOR WINDOWS WORKSTATION** 

Name	Type	Data		
(Default)	REG_SZ	(value no	ot set)	
<b>ab</b> Description	REG_SZ	0		
Path REG_EXPAND_S		SZ %APPDATA%\Microsoft\Templates		
AppData > Roaming	> Microsoft > Ter	mplates >		
Name		Date modified	Туре	Size
Document Themes		04/04/2019 20:41	File folder	
LiveContent		17/11/2018 17:02	File folder	
SmartArt Graphics		19/11/2018 10:39	File folder	
🖳 ~\$Normal.dotm		03/12/2018 21:20	Microsoft Word M	1 KE
Bring your presentations to life with 3		09/01/2019 21:44	Microsoft PowerP	4,041 KE
Formula tutorial(2).xltx		14/02/2019 20:45	Microsoft Excel Te	487 KE
Formula tutorial.xltx		21/09/2018 00:11	Microsoft Excel Te	488 KE
I Official tutorialization	Get more out of PivotTables.xltx		STATE OF THE PROPERTY OF THE P	
	otTables.xltx	21/09/2018 00:12	Microsoft Excel Te	430 KE



## **EXPLOITATION: PRIVILEGE ESCALATION**

**Privilege escalation** is the act of exploiting a bug, design flaw or configuration oversight in an operating system or software application to gain elevated access to resources that are normally protected from an application or user.

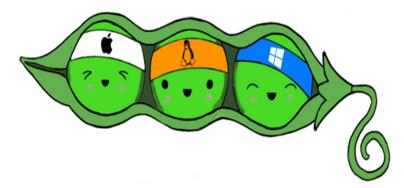
Windows Local privilege escalation explained in 10mins: <a href="https://www.youtu.be/DllyKgfkoKQ">https://www.youtu.be/DllyKgfkoKQ</a>

Linux Local privilege escalation explained in 20mins: <a href="https://youtu.be/oYHAi0cgur4">https://youtu.be/oYHAi0cgur4</a>

#### Tools:

https://github.com/carlospolop/privilege-escalation-awesome-scripts-suite

https://github.com.cnpmjs.org/DominicBreuker/pspy





## **EXPLOITATION: TOOLS**











## POST-EXPLOITATION

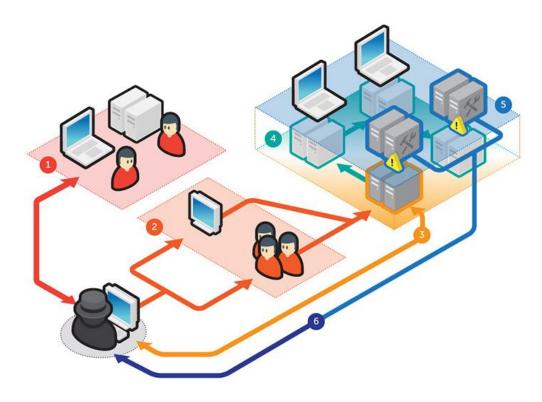
The purpose of the Post-Exploitation phase is to determine the value of the machine compromised and to maintain control of the machine for later use. The value of the machine is determined by the sensitivity of the data stored on it and the machines usefulness in further compromising the network.

- Infrastructure Analysis (for potential targets deeper in the network)
- Pillaging (e.g. personal information, credit card information, passwords, etc.)
- Data Exfiltration
- Persistence (e.g. installation of backdoor or creating an alternate user account)
- Cleanup (after the penetration test has been completed)



## **POST-EXPLOITATION: DO IT AGAIN!**

Lateral movement within the network is needed most of the time, reiterate the previous steps by doing internal recon, vulnerability analysis and exploitation/ post-exploitation until you've reached your goal.

















## REPORTING

Reporting is done in most all cases either to external clients or internal bosses/teams. The report is broken down into two (2) major sections in order to communicate the objectives, methods, and results of the testing conducted to various audiences.

**1. Executive Summary:** Specific goals of the Penetration Test and the high level findings of the testing exercise. The intended audience will be those who are in charge of the oversight and strategic vision of the security program as well as any members of the organization which may be impacted by the identified/confirmed threats.

The Penetration Testing Execution Standard, used under GNU Free Documentation License 1.2



## REPORTING

#### 2. Technical Report

Help your team getting better, guide others through findings and help make improvements (in case of friendlies)

#### Learn to make good reports!

Make sure everyone understands what/how it works!

#### Title

- Vulnerability type
- Domain
- How

"Reflected XSS in example.com/profiles via name parameter"

#### Description

- General information of the vulnerable endpoint or component.
- Vulnerability type found
- The causes of vulnerability

#### Reproduction

- 1.
- 2.
- 3.

23

#### Attack Vector/Payload (Usually included in Reproduction)

- Tools and commands used to perform the attack

#### Exploitability

- Attack cases and conditions

#### **Impact**

- What attacker can do as a result of the vulnerability

#### Recommendation (Optional)

- How to fix the vulnerability

#### Reference (Optional)

- External sites related to the vulnerability



## Now you try!

https://tryhackme.com/room/vulnversity

#### Guided from Boot to Root!

Vergelijkbaar met HackTheBox, maar met iets meer educatieve, guided, content. Ook iets meer boxen om specifieke dingen uit te leggen, in deze bvb: nmap, Burpsuite, Priv Esc dmv SUID.

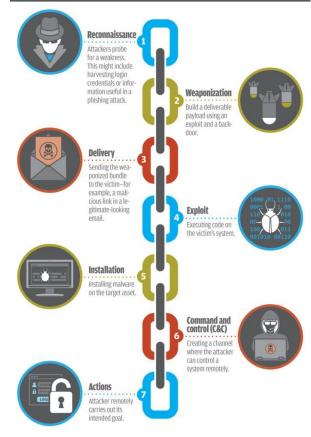
(Met extra walkthroughs, dus geen ENKELE reden om het niet te

proberen!)



# What is the **CYBER KILL CHAIN?**

The cyber kill chain, created by Lockheed Martin, describes the phases or stages of a targeted attack. Each stage presents an opportunity to detect and react to an attack.





## **PLURALSIGHT VIDEOS**



Pluralsight video: <u>link</u>

Relevant: Introduction to Pen Testing using Metasploit

Pluralsight video: <u>link</u>

Relevant : Exploiting & Post-Exploiting with Metasploit

Pluralsight video: <u>link</u>

Relevant: Web Application Penetration Testing Fundamentals





