

### Structures

It was **interesting**.  
It was **boring**.  
It was **relaxing**.  
It was **tiring**.  
It was **amusing**.  
It was **exciting**.  
It was **surprising**.  
It was **amazing**.

We were **interested**.  
We were **bored**.  
We were **relaxed**.  
They were **tired**.  
They were **amused**.  
They were **excited**.  
They were **surprised**.  
We were **amazed**.

### Reading 10.3

#### 10.3 Follow-up

Look at the extracts below, from Reading 10.3. Underline the correct word in each one. Then look at Reading 10.3 to check your answers.

- 1 However, it's difficult to really understand people when you only ever see them in the same boring/exciting workplace.
- 2 So, to get to know colleagues better, does it help to spend time with them in more amusing/tiring situations?
- 3 The idea of corporate entertainment is to allow groups of colleagues to do something more boring/interesting than they do in the office.
- 4 Many events start with an exciting activity, e.g. kart racing or paintball – often something quite physical and relaxing/tiring.
- 5 After, there's a more boring/relaxing social session, usually over a meal or drinks.

#### 10.3 Reading

### Corporate entertainment

#### From photocopying machines to racing machines...

We tend to think we know our colleagues quite well. However, it's difficult to really understand people when you only ever see them in the same boring workplace. So, to get to know colleagues better, does it help to spend time with them in more amusing situations? If so, does that help to build better teams? Judging by the size of the market for "corporate entertainment", the answer to both questions is "yes".

The idea of corporate entertainment is to allow groups of colleagues to do something more interesting than they do in the office – to help with team building, or as a reward for hard work. Many events start with an exciting activity, e.g. kart racing or paintball – often something quite physical and tiring. After, there's a more relaxing social session, usually over a meal or drinks. This allows coworkers to chat about their experiences – and especially about the surprising things that normally sensible colleagues did.

### Practice Exercise 1

Use the words for describing feelings, below, to complete 1–6.

amusing boring interesting relaxing surprising tiring

- 1 I learned a lot from the book. It was very \_\_\_\_\_.
- 2 I spent the afternoon outside on a lawn chair. Very \_\_\_\_\_.
- 3 Let me tell you about something funny that happened to me. It was quite \_\_\_\_\_.
- 4 I had a \_\_\_\_\_ day, so I went to bed early.
- 5 I didn't think the tower would be so tall. It was \_\_\_\_\_.
- 6 If you do something for too long, it starts to get \_\_\_\_\_.

### Practice Exercise 2

Complete the article from the words in the given word bank. This will also review some of the concepts learnt in key point 10.2.

boring exciting relaxing surprising tiring enjoy hate mind prefer stand

## NO NEED TO GROW OLD BEFORE YOU GROW YOUR OWN

Traditionally, vegetable gardening is an older person's pastime. It's easy to see why younger people might find it a little 1 \_\_\_\_\_. It's true that, if you're looking for fast-moving fun, gardening isn't especially 2 \_\_\_\_\_. However, in today's increasingly "green" society, it's 3 \_\_\_\_\_ how popular gardening is becoming with younger generations.

There are several reasons for this change. One is that, increasingly, young people are taught to eat healthy food and to 4 \_\_\_\_\_ food that's grown organically instead of that which is treated with chemicals. So the idea of growing and eating some of your own organic food has become more attractive.



Another reason is, in today's high-pressure society, gardening is seen as a 5 \_\_\_\_\_ pursuit that helps to reduce stress. Of course, some gardening jobs, such as digging, are physically 6 \_\_\_\_\_.

But for those who don't 7 \_\_\_\_\_ doing a bit of manual work, or who 8 \_\_\_\_\_ sports, then the physical side isn't a problem – especially as many people are trying to find ways to be more physically active.

Clearly, if you can't 9 \_\_\_\_\_ getting your hands dirty, or if you 10 \_\_\_\_\_ being outside in less-than-perfect weather, vegetable gardening is not for you. But for many people who spend their working lives in clean, air-conditioned offices, getting outside and getting their hands dirty makes a welcome change to the daily routine.

### Practice Exercise 3

*Rewrite the sentence based on the given prompts. This will also review some of the language learnt in the previous key point.*

#### Part B Write full sentences.

- 1 Many people like / have / their own vegetable garden  
\_\_\_\_\_
- 2 A lot of people prefer / eat / organic food  
\_\_\_\_\_
- 3 Instead of buying food, some people would rather / grow / it themselves  
\_\_\_\_\_
- 4 A lot of people don't mind / get / their hands dirty  
\_\_\_\_\_
- 5 Some people enjoy / work / outdoors  
\_\_\_\_\_
- 6 Many people can't stand / eat / food that isn't fresh  
\_\_\_\_\_

### ANSWERS

#### Follow up 10.3

1. boring
2. amusing
3. interesting
4. tiring
5. relaxing

#### Practice Exercise 1

1. interesting
2. relaxing
3. amusing
4. tiring
5. surprising
6. boring



## Practice Exercise 2

### NO NEED TO GROW OLD BEFORE YOU GROW YOUR OWN

Traditionally, vegetable gardening is an older person's pastime. It's easy to see why younger people might find it a little **1 boring**. It's true that, if you're looking for fast-moving fun, gardening isn't especially **2 exciting**. However, in today's increasingly "green" society, it's **3 surprising** how popular gardening is becoming with younger generations.

There are several reasons for this change. One is that, increasingly, young people are taught to eat healthy food and to **4 prefer** food that's grown organically instead of that which is treated with chemicals. So the idea of growing and eating some of your own organic food has become more attractive.



Another reason is, in today's high-pressure society, gardening is seen as a **5 relaxing** pursuit that helps to reduce stress. Of course, some gardening jobs, such as digging, are physically **6 tiring**.

But for those who don't **7 mind** doing a bit of manual work, or who **8 enjoy** sports, then the physical side isn't a problem – especially as many people are trying to find ways to be more physically active.

Clearly, if you can't **9 stand** getting your hands dirty, or if you **10 hate** being outside in less-than-perfect weather, vegetable gardening is not for you. But for many people who spend their working lives in clean, air-conditioned offices, getting outside and getting their hands dirty makes a welcome change to the daily routine.

## Practice Exercise 3

1. Many people like **having** their own vegetable garden.
2. A lot of people prefer **eating** organic food.
3. Instead of buying food, some people would rather **grow** it themselves.
4. A lot of people don't mind **getting** their hands dirty.
5. Some people enjoy **working** outdoors.
6. Many people can't stand **eating** food that is not fresh.