

Vocabulary
Compete against
Competition
Competitor
Win
Winner
Beat

Reading 3.3



3.3 Follow-up

Match the descriptions in 1–8 to the newspaper headlines A–H in Reading 3.3.

- 1 competing to sell the most music
- 2 a sporting competition between two teams
- 3 competing to be the best athlete so far in history
- 4 competing to be the most successful person in the movie business
- 5 competing as a city/country to hold a big international event
- 6 getting a prize for a role in helping to make the world a better place
- 7 a company that has competed with other companies to get business
- 8 choosing between competitors to find the best person to be the boss

Practice Exercise 1

Audio link: <https://www.inlingua.com/audios>

3.3 Listening (Track 11)



Part A Read the opinion below from Gabby Lynch, a personal trainer and sports psychologist. Do you agree or disagree with her view? Why?

"One way or another, competition is part of every single sport and sports-related activity."

Part B You're now going to hear Gabby Lynch explaining the opinion above. Listen, then sum up what she says about 1–3 below.

- 1 competitive, individual games
- 2 team sports
- 3 sports where there's no game or match to win



First think of the answers in your own words and then complete the summary below with an appropriate form of the word in parenthesis.

1: **Competitive, individual games:** In (1) (compete) _____, individual games like tennis, squash, or badminton, the (2) (compete) _____ is straightforward—you're trying to (3) (beat) _____ your opponent.

2: **Team sports:** In team sports like basketball or volleyball, there are two types of (4) (compete) . _____. First, you're (5) (compete) _____ against other teams. Second, there's internal (6) (compete) _____ within the team, as you have to meet a certain standard to be accepted and excel, and (7) (compete) _____ individuals may strive to be the best or the star player.

3: **Sports where there's no game or match to win:** In activities like swimming, skiing, running on your own, aerobics, or weight training, the (8) (compete) _____ is more personal. You're not trying to (9) (beat) _____ anyone else, but rather improve your own performance, technique, and fitness. This is considered a personal (10) (compete) _____.

Practice Exercise 2

Complete 1–5 using words related to **compete** or **win**.

- 1 It was a tough game. There was a lot of _____.
- 2 The company produces the same products as we do. It's our _____.
- 3 It will be hard to win the cup. The championship is very _____.
- 4 I can't remember the name of the _____ of the race.
- 5 Last year, we _____ the first prize.

ANSWERS

Follow up 3.3

1. H
2. A
3. D
4. C
5. E
6. C
7. B
8. F

Practice Exercise 1

1: **Competitive, individual games:** The speaker explains that in **(1) competitive**, individual games like tennis, squash, or badminton, the **(2) competition** is straightforward—you're trying to **(3) beat** your opponent.

2: **Team sports:** In team sports like basketball or volleyball, there are two types of **(4) competition**. First, you're **(5) competing** against other teams. Second, there's internal **(6) competition** within the team, as you have to meet a certain standard to be accepted and excel, and **(7) competitive** individuals may strive to be the best or the star player.

3: **Sports where there's no game or match to win:** In activities like swimming, skiing, running on your own, aerobics, or weight training, the **(8) competition** is more personal. You're not trying to **(9) beat** anyone else, but rather improve your own performance, technique, and fitness. This is considered a personal **(10) competition**.

Practice Exercise 2

1. competition
2. competitor
3. competitive
4. winner
5. won