

Level: E2S1 **Unit 14:** Food and Drink **Key point 14.2** Referring to fruit and vegetables

Vocabulary

Is this **cooked**? – No, it's not cooked. It's **raw**.

Dairy **products** are made from milk. Examples are cheese and butter.

Herbs and spices are used to add flavor to food. Beer and wine are examples of alcoholic drinks.

Drinks that don't have alcohol in them are called soft drinks.

Drinks with bubbles of gas in them are called sparkling drinks.

A **still drink** is one that's not sparkling.

If food needs to be kept in a cold place, we say it must be **chilled** or **refrigerated**.

A lot of food and drinks are sold in small metal containers, called cans.

Food is often sold inside soft packaging (for example, paper) called a packet.

Bottles are glass or plastic containers for drinks.

Jars are glass containers for some types of food – for example, jam.

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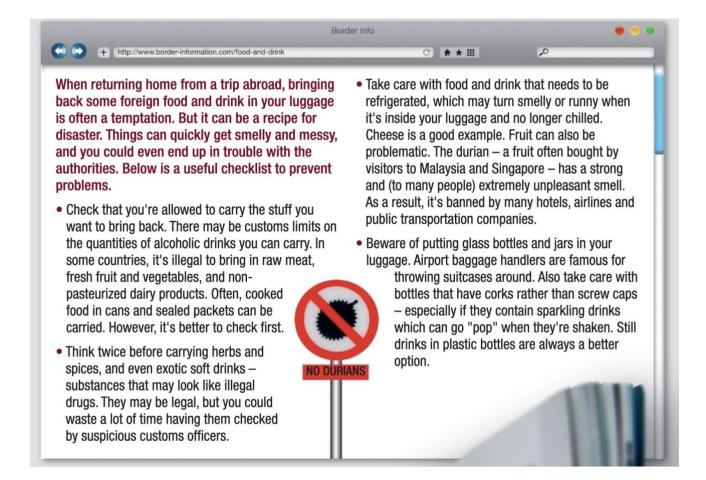
Use the words below to complete the sentences. Then look at Reading 14.2 and check your answers.

alcoholic caps chilled dairy drugs jars raw sparkling spices

- 1 There may be customs limits on the quantities of drinks you can carry.
- 2 In some countries, it's illegal to bring in meat, fresh fruit and vegetables, and non-pasteurized products.
- 3 Think twice before carrying herbs and that may look like illegal , and even exotic soft drinks substances
- 4 Take care with food and drink that needs to be refrigerated, which may turn smelly or runny when it's inside your luggage and no longer .
- 5 Beware of putting glass bottles and in your luggage.
- 6 Also take care with bottles that have corks rather than screw especially if they contain drinks which can go "pop" when they're shaken.

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Reading 14.2



Practice Exercise 1

Use pairs of opposite words, below, to complete the sentences about food and drink.

alcoholic chilled cooked raw soft sparkling still warm

1 It doesn't taste like beer. Is it , or is it a drink?

2 Is there gas in the drink? Is it ? Or is it ?

3 Don't drink it . Put it in the refrigerator. It tastes better if it's been .

4 Do these vegetables need to be , or can you just eat them ?



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Practice Exercise 2

Part A Complete the words in the article.

A rough guide to smoothies

For many nationalities, it's difficult to pronounce. However, the English word "smoothie" has been adopted in languages around the world. You can order this particular type of 1 d anywhere from Beijing to Buenos Aires.

But what, exactly, is the definition of a smoothie?

Everyone knows they contain different sorts of 2f.

Some people will tell you they can also include a 3d p, such as 4i - c.

The Juice and Smoothie Association (JASA) defines "professional smoothies" (those served in specialty smoothie bars) as: "fruit 5j, fruit, crushed 6i, or nonfat frozen

5 j , fruit, crushed 6 i , or nonfat frozen 7 y or soy milk" which is "blended in a high-speed blender". It sums up smoothies as "a healthy in a cup that can also double as a quick 9 s or dessert".

So what makes a really good smoothie?

⇒ JASA has its own ranking system to define different levels of quality. To get the top rank of "Platinum Smoothie", the association states that the drink should be made to order, using 10 *f* ingredients – not frozen fruit or juice concentrate – and that these ingredients should be organic. There are also "Gold", "Silver" and "Bronze" rankings.



_{uit} (*) inlingua*

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ANSWERS

Follow up 14.2

- 1. alcoholic
- 2. raw, dairy
- 3. spices, drugs
- 4. chilled
- 5. jars
- 6. caps, sparkling

Practice Exercise 1

- 1. alcoholic, soft
- 2. sparkling, still
- 3. warm, chilled
- 4. cooked, raw

Practice Exercise 2

- 1. drink
- 2. fruit
- 3. dairy product
- 4. ice cream
- 5. juice
- 6. ice
- 7. yoghurt
- 8. meal
- 9. snack
- 10. fresh