



# Organização do dia a dia / Procrastinação

Thiago Teixeira Oliveira

Arthur Figueiredo

Raul Fonseca

Bruno

Gabriel Praes



Imagine só



# Imagine só

Angústia



# Imagine só

Angústia



Impotência



# Imagine só

Angústia

Perda de  
prazos



Impotência



# Imagine só

Angústia

Perda de  
prazos



Impotência

Falta de  
autoconfiança

**"Deixa para  
semana que vem"**

**"Vou fazer  
no próximo ano"**

**"Daqui a pouco  
eu finalizo"**

# **PROCRASTINAÇÃO**

**"De amanhã  
nao passa"**

**"Mais tarde  
eu faço"**

**"Depois  
eu termino"**

**"Vou deixar  
para outro dia"**







Como Resolver??



# Clean Day

Lembrete de eventos ( ALARMES PERSONALIZÁVEIS )

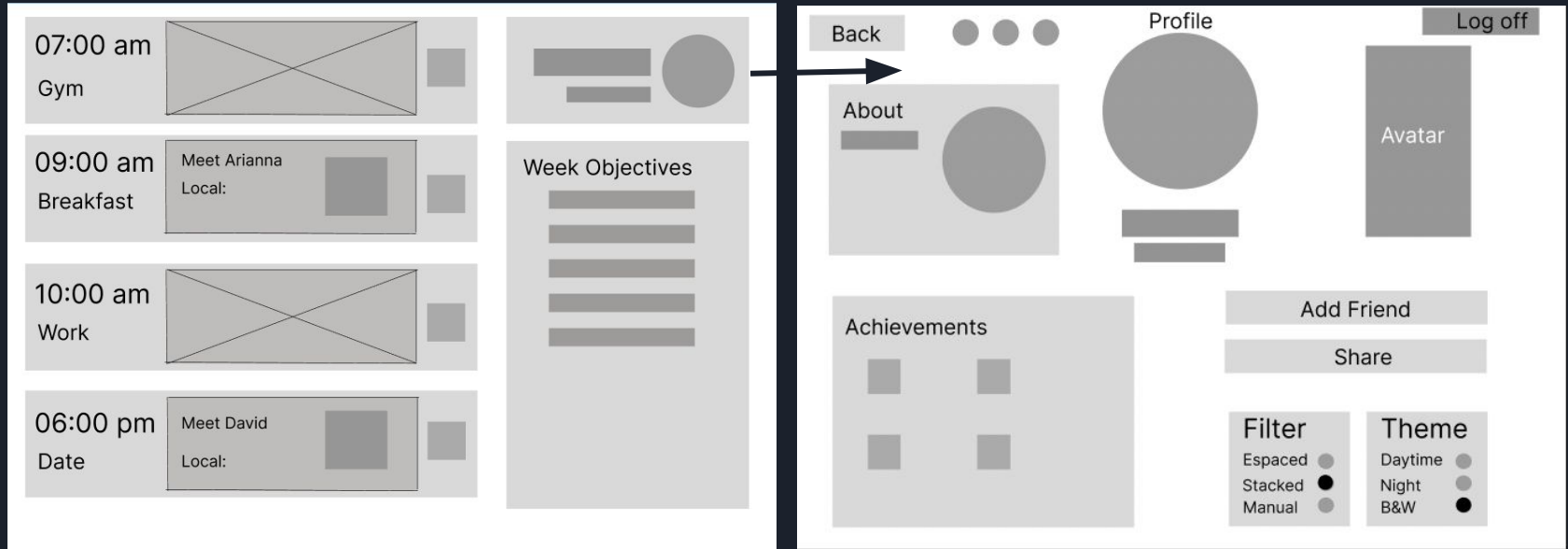
Controle de deadlines

Bloco de notas rápido

Compartilhamento de eventos

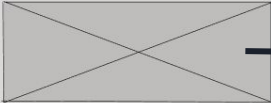
Blogs com dicas


Gameificação ( Recompensas, avatar, personalização )






07:00 am  
Gym







09:00 am  
Breakfast


Meet Arianna  
Local:






10:00 am  
Work








06:00 pm  
Date






Meet David  
Local:







Week Objectives








Back



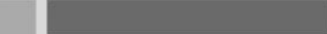
Gym

07:00 - 8:40 am

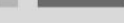

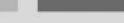
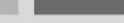
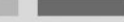
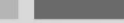
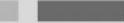
Details



To Do:



Objectives



Add Friend

Back

## Work Flow 10:00pm-18:00 am

Task 1  10:30

Task 2  11:20

Task 3  11:50

Lunch  12:00

Report



End Shift



# Protótipo com navegação

<https://www.figma.com/file/s9ibn81HXMPw2IpTIZjcHe/Untitled?node-id=0%3A3>