

Loops in JavaScript

- **Loops help us execute a block of code repeatedly**
- **They make code efficient, shorter, and cleaner**

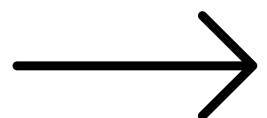


for loop

Runs a block for a fixed number of times.

```
for (let i = 1; i <= 5; i++) {  
  console.log(i);  
}
```

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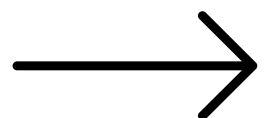


while loop

Runs as long as the condition is true.

```
let i = 1;  
while (i <= 5) {  
  console.log(i);  
  i++;  
}
```

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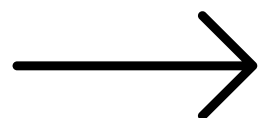


do...while loop

Executes the block at least once, then checks the condition.

```
let i = 1;  
do {  
  console.log(i);  
  i++;  
} while (i <= 5)
```

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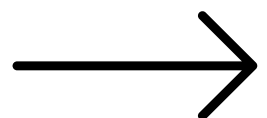


for...in loop

Iterates over object properties

```
let user = {name: "Tushar", age: 21};  
for (let key in user) {  
  console.log(key, user[key]);  
}
```

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for...of loop

Iterates over iterables
(arrays, strings, etc.)

```
let colors = ["red", "green", "blue"];  
for (let color of colors) {  
  console.log(color);  
}
```