

FAQs

1. Is milk good for kids?

Milk contains calcium which is needed for strong, healthy bones and teeth so the dairy foods (milk, curd, cheese) that children eat and drink every day are important.

2. Is milk good for all ages?

What every is your age, drinking milk at any age is important for good health. Milk is a good source of vitamin D and Calcium, which older adults need more to maintain bone strength, muscle strength and prevent osteoporosis.

3. Does curd help you lose belly fat?

Milk products like curd will help to retain lean muscle, store less fat and reduce belly fat.

4. Can milk be adulterated?

Yes. Milk can be adulterated, but in our case the farmers are the owners of our company who ensure to supply unadulterated Milk.

5. Can you subscribe the milk for door delivery?

Yes, you can choose variant, quantity and the frequency . After making the payment we will start delivering the milk to your doorstep.

6. How can you pause if going on a vacation?

You can pause the deliveries for your vacation period. And the period will add up to your subscription of 30 days.

7. What payment options can i use?

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8. what's your cancellation policy

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