

# WEEKLY THESIS PLANNER (BLOCK-BASED SCHEDULING)

Month: \_\_\_\_\_ Week #: \_\_\_\_\_ Planned on: \_\_\_\_/\_\_\_\_/2026

Weekly Outcome (what must exist by end of week):


Available Work Blocks (tick): [ ]1 [ ]2 [ ]3 [ ]4 [ ]5

Block Plan (one block per row):


Minimum Viable Week (if only 1–2 blocks happen):


End-of-Week Review (facts only):


Remarks / Scratch / Overflow:

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DAILY FOCUS SHEET (USE ONLY ON WORK DAYS)

Week #: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/2026

Primary Task (ONE):

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Secondary Tasks (max 3):


Notes / Equations / Sketches:


End-of-Day Review (facts only):


Remarks / Scratch / Overflow:

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