

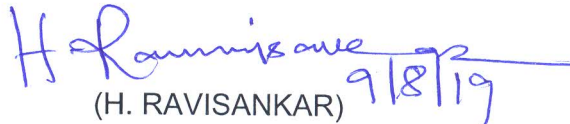
ICAR SOUTH ZONE SPORTS MEET – 2019

CIRCULAR-1

This is to inform that ICAR South Zone Sports Meet 2019 will be conducted by ICAR-CIFT, Cochin during 4-8th November, 2019. Members interested to participate in these sports and games are requested to send their name through their respective Division/ Section Heads so as to reach the undersigned on or before 17th August, 2019. List of events is given below:

MEN		WOMEN	
Games	Volley Ball (Shooting)	Games	Badminton (Singles and Doubles)
	Volley Ball (Smashing)		Table Tennis(Singles and Doubles)
	Badminton		Caroms (Singles only)
	Table Tennis		Chess
	Caroms (Singles)		
	Chess		
	Kabaddi		
Athletic events	Races a. Runs (100, 200, 400, 800, 1500 m and Relay 4 x 100 m) b. Cycle Race (5,000 m)	Athletic events	Throws Shot put, Javelin, Disc
	Throws Shot put, Javelin, Disc		Jumps Long Jump and High Jump
	Jumps Long Jump and High Jump		

Rajahmundry
Date: 09.08.2019


(H. RAVISANKAR) 9/8/19
Chairman
CTRI Sports Selection Committee