

G present simple and continuous, action and non-action verbs

V food and cooking

P short and long vowel sounds

1 VOCABULARY food and cooking

a Circle the word that is different.
Explain why.1 peach chicken raspberries pearThe others are all fruit.

2 pork lamb squid beef

The others are all squid.

3 melon cherries peach cucumber

The others are all cucumber.

4 green beans beetroot cabbage duck

The others are all duck.

5 lemon salmon grapes cherries

The others are all salmon.

6 courgette crab mussels prawns

The others are all courgette.

b Match the words from the list to definitions 1–8.

aubergine avocado lobster mango
melon red pepper squid tuna

1 a large sea fish that we eat

tuna

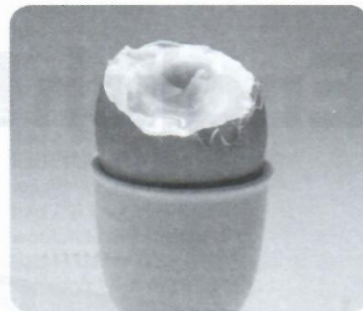
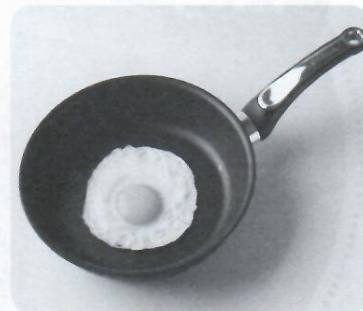
2 a vegetable with dark purple skin

aubergine3 a tropical fruit with hard, dark green skin,
soft, light green flesh, and a large seed
insideavocado4 a sea animal with a soft body, eight arms,
and two tentaclessquid

5 a red vegetable that is empty inside

red pepper6 a tropical fruit, which has a yellow and
red skin and is yellow insidemango7 a sea creature with a hard shell and
eight legslobster8 a large round fruit with a thick yellow or
green skin and a lot of seedsmelon

c Label the pictures.

1 grilled salmon2 boiled egg3 baked potato4 fried egg5 roast chicken6 steamed peas

d Complete the sentences with a word from the list.

fresh frozen low-fat raw spicy tinned

1 We don't need tinned tomatoes, we need fresh ones.2 Are there any frozen peas in the freezer?3 I don't like raw fish, so I never eat sushi.4 Hannah's on a diet, so she's bought some low-fat yoghurt
to have for dessert.5 We buy fresh bread from the baker's every morning.6 Mexican food can be very spicy.

e Match the phrasal verbs in **bold** in questions 1–3 to definitions a–c.

- Are there any food or drinks you'd like to **cut down on**? Which one(s)? c
- Have you ever tried to **cut out** any food or drinks completely? Which one(s)? a
- Where do you usually go when you want to **eat out**? What do you usually have? b

- a to stop eating something completely
b to have lunch or dinner in a restaurant
c to eat less of something

f Answer the questions in e.

- I would like to cut down on sugar and beer.
- I cut milk out of my life completely
- When I want to eat out I usually go to Volchek's bakery

VOCABULARY FROM LISTENING

g Complete the sentences.











- I miss drinking English tea when I go abroad.
- My favourite pizza topping is ham and mushroom.
- I eat chocolate when I'm unhappy to cheer myself up.
- We sometimes eat ready-made food for dinner when we get home from work late.
- I'm a llergic to peaches, so I never eat them.
- Do you ever get takeaway food from the Chinese restaurant on the corner?
- I don't like tuna as a sandwich filling.

2 PRONUNCIATION short and long vowel sounds

a Write the words in the chart.

beef carton chicken chocolate cookie
crab cucumber jar mango peach pork
prawns sausage squid sugar tuna

			
1 fish	2 tree	3 cat	4 car
	beef		

			
5 clock	6 horse	7 bull	8 boot

b 1.1 Listen and check. Then listen again and repeat the words.

c Write the words.

- /bɔɪld/ boiled
- /ˈkæbɪdʒ/ _____
- /ˈspɑːsi/ _____
- /rəʊst/ _____
- /greɪps/ _____
- /fru:t/ _____
- /beɪkt/ _____
- /ˈmelən/ _____
- /ˈəʊbədʒiːn/ _____

d 1.2 Listen and check. Then listen again and repeat the words.

3 GRAMMAR present simple and continuous, action and non-action verbs

a Complete the sentences with the present simple or continuous form of the verbs in brackets.

- I sometimes feel tired after lunch. (feel)
- We don't usually get up late at the weekend. (not get up)
- Are you watching the TV or can I turn it off? (watch)
- My boss cycles to work every morning. (cycle)
- Can you call back later – I can't hear you. We are having a party, and the music is very loud. (have)
- There's a man in our neighbours' garden. What is he doing? (do)
- How often does your teacher give you homework? (give)
- I 'm not eating chocolate this month. I need to cut down on sweet things. (not eat)
- My mother doesn't often do exercise. (not do)
- My girlfriend has stopped eating snacks. She is trying to be healthier. (try)

b Correct any mistakes in the highlighted phrases. Tick (✓) the correct sentences.

- I like your jacket. Is it new? ✓
- Something is smelling good. What are you making? X
Something smells good.
- That cake is looking delicious. Did you make it? X
that cake looks
- I don't know what to cook for dinner. ✓
- Are you thinking the fish is cooked now? X
Do you think
- Can I call you back? I'm having lunch right now. ✓
- This soup tastes quite spicy. What's in it? ✓
- I'm loving all kinds of vegetables. There aren't any I don't eat. X
I love

c Complete the sentences using the correct form of a verb from the list.

believe not belong drive play not recognize
not sleep sound not use

- I can't talk now, I'm driving. I'll call you when I get to the office.
- I think your boyfriend is telling the truth – I believe him.
- Can you turn off your computer if you aren't using it?
- This bag doesn't belong to me. Is it yours?
- Sarah isn't at home. She 's playing tennis.
- I'm tired because I 'm not sleeping well at the moment.
- I don't recognize that woman. Do you know who she is?
- That music sounds awful. Would you mind turning it down?

d Write questions.

- what / you / do right now
What are you doing right now?
- where / you / usually do your homework
Where do you usually do your homework?
- why / you / study English
Why are you studying English?
- you / think English is easy
Do you think English is easy?
- you / enjoy the classes at the moment
Are you enjoying the classes at the moment?
- what / you / usually do after the class
What do you usually do after the class?

e Write an email to your teacher. Use the questions in d to help you.

✉

Hi Valerie,

Right now, I'm doing my English homework.

I'm studying English because it is cool! I usually do my homework in my dormitory. I think English is very difficult language.

But I am enjoying the classes right now. Then I usually go to eat with my friends after the classes

I'll succeed

Hope you're well.

Best wishes

Ravil