

RAWAN J. OTHMAN

Suwanee, GA 30024 404-258-2622 othmanrawan21@gmail.com

## **CAREER SUMMARY:**

Motivated and compassionate nutrition professionals with a strong academic foundation in health, wellness, and dietetics. Dedicated to promoting evidence-based nutrition practices that support healthy lifestyles and improve patient outcomes. Skilled in providing empathetic, customer-focused care and building trust with diverse populations. Committed to maintaining safety and well-being in all interactions. Bilingual in English and Arabic, with the ability to communicate effectively in multicultural settings. I am eager to contribute expertise in nutrition assessment, counseling, and education to enhance community health and support organizational goals.

## EDUCATION:

Purdue University Global March 2024

## Bachelor of Science in Nutrition

University of Georgia May 2020

Bachelor of Pharmaceutical Science

## CERTIFICATIONS:

- CPR/AED: Adult, Child, Infant + First Aid (BLS) – American Health Care Academy Exp: Nov 2026
  - Adult Mental Health First Aid USA – National Council for Behavioral Health Issue: Aug 2021
  - Dental Assistant Certificate – The Georgia Board of Dentistry Issue: Aug 2018
  - Certified Personal Trainer – Brightspace Issue: Jun 2024
  - Certified NUTRITIONIST – Brightspace Issue: Aug 2025
  - CERTIFIED GLUTE SPECIALIST Issue: May 2025

#### **RELATED COURSEWORK:**

- Nutritional Counseling Nutritional Analysis & Assessment
  - Food Safety Nutritional Planning & Management
  - Food Science with Lab Nutrition Across the Human Life Cycle
  - Nutrition and Special Populations Principles of Nutrition
  - Food & Beverage Management Foodservice Management - Principles & Practices

## **PROFESSIONAL EXPERIENCE:**

Self-Employed – Personal Training/Online Nutrition Coach

- Provide online coaching in personal training and nutrition to three clients.
  - Create meal plans based on the client's health and wellness goals, such as weight loss or addressing health risks like High Cholesterol.
  - Develop exercise plans and instruct clients on how to perform exercises safely.
  - Assist clients in overcoming hurdles to meet their health and well-being goals.

**High School Teacher 07/2025 - Present ILM Academy, Roswell, GA 30075**

Delivering comprehensive, college-level instruction aligned with the AP Biology curriculum, emphasizing scientific inquiry, lab investigations, and critical thinking. Creating a supportive classroom environment that encouraged curiosity and academic growth while collaborating with colleagues and parents to support student success.

For High School ACT Math Instructor, we develop and teach lessons in algebra, geometry, trigonometry, and problem-solving to prepare students for the ACT Math exam.

**School Teacher 01/2023 - 06/2025 Hamzah Science Academy, Alpharetta, GA**

- Provide Math and Health Science instruction to STEM-oriented private school students.
- Act as 1<sup>st</sup> grade homeroom teacher.

**Pharmacy Technician**

**CVS Pharmacy, Athens, GA 10/2019 – 12/2022**

- Verified and filled prescriptions.
- Maintained pharmacy records and inventory.
- counseled patients on the proper way to take prescribed medicines.

**Caregiver/Personal Assistant**

**M&S and Emory Home Care Services, Chamblee, GA**

**Oct 2015 – Present**

- Caregiver, personal assistant, and office worker.
- Prepare healthy meals based on dietary needs.
- Instruct clients in exercise

**Childcare Assistant**

**Unitarian Universalist Congregation of Atlanta - Atlanta, GA 04/2014 – 04/2016**

- Supervised about ten children at a time.

**VOLUNTEER EXPERIENCE:**

**Arabic Instructor**

**School in Clarkston, GA ` 03/2014 – 08/2019**

- Taught Arabic lessons for children aged 5-12, starting with alphabet and sentence structure.
- Developed simple games where students learn Arabic numbers.
- Created and implemented innovative and engaging lesson plans and activities.

**General Chemistry & Mathematics Tutor**

**Georgia Piedmont Technical College - Clarkston, GA ` 05/2015 – 05/2016**

- Assisted students with homework and prepped them for exams.