


14-DAY ONLINE

FREE YOGA

 Starts **Monday**

SAURABH BOTHRA

Govt Certified Yoga Teacher
IIT Graduate | 12+ Years Exp.

 +91

[Click to Join Free Challenge →](#)

1,26,82,266+ already attended


Burn
Fat

Be
Calm

Become
Flexible

Join Any Batch

45min classes, Indian Standard Time


Morning Slot

Evening Slot

6:30 AM

7:30 AM

8:30 AM

5:00 PM

6:00 PM

7:00 PM

Welcome To Hubuild

Trusted by Members Country-wide

We blend the best of old-school knowledge with modern tricks to help you form long-lasting healthy habits.



Community Members

12 +

Years of Experience

4.9/5

Google Rating

Benefits

Reason to Join Us



Be Calm

- ✓ Reduce Stress
- ✓ Improve sleep quality
- ✓ Learn Powerful breathing techniques



Burn Fat

- ✓ Increase the flexibility of muscles
- ✓ Heal stiffness & tightness in the body
- ✓ Reduce Joint pains



Burn Fat

- ✓ Burn extra calories
- ✓ Learn techniques to maintain weight
- ✓ Get Stronger

Meet Your Trainer

Yoga Everyday with Saurabh Bothra



12+ yrs of Yoga teaching to people

Practical, impactful daily exercises and asanas create a

thoughtful program for a healthy body and mind.

Testimonials

Our User Stories



Smita Lath
53 years | 93 Yoga Days

4.5 ★
G

Yoga has become a natural part of my life. I've lost 2 kg and am aiming to lose 3 more, confident that I will achieve it with continued effort. The changes in my nutrition have also been significant. Habuild has helped me change my lifestyle, which seem difficult earlier.



YOGA EVERYDAY

One Step Closer to a Healthier You

[Click to Join Free Challenge →](#)

1,26,91,901+ already attended

Media Coverage in 50+ Newspaper

AhmedabadMirror

TOI

 **The Indian EXPRESS**

India's fastest-growing wellness platforms, Habuild has one goal:
Make people commit to some form of exercise

 **The Indian EXPRESS**

World Record Created on 21st June, 2024

Biggest Online Yoga Session



WORLD RECORDS UNION
An Official Registrar of World Records

5,99,162 People attended Live Together
in a day

What INCLUDED?

Unlock Your Exclusive Benifits



Accountability Support

Stay on track with regular check-ins and guidance to ensure you meet your wellness goals.



Flexible Timings

Choose from various time slots to fit yoga seamlessly into your schedule.



Easy Accessibility

Join sessions anytime, anywhere, with simple access across devices.



Habit Tracking Reminders

Receive gentle nudges to build and maintain your healthy habits effortlessly.