Bulacan State University – Hagonoy Campus

1st Semester A.Y 2025-2026

**GENDER AND SOCIETY**

Activity No. 2

**Name: FELIPE, REO ROI T.**

**Program, Year, & Section: BSIT – 4B**

**Date: September 03, 2025**

**Instruction**

Please see, https://www. verywellhealth.com/ sex-myths-mans-responsibility-to-buy-condoms-3132649. After reading the article, answer the following questions written below:

1. How does the myth that "men buy condoms” connect to larger societal expectations of masculinity? (e.g., men as initiators, providers, "always ready" for sex).

**A:** It connects to a larger society expectation of masculinity because it reinforces the stereotype that men must always be prepared and continually ready for sexual activity. It could lead to men being pressured to the point of them disregarding shared responsibility of both parties.

1. What does this myth imply about femininity and the expected role of women/non-binary individuals in sexual situations? (e.g., passivity, not being prepared for sex, the "gatekeeper" role).

**A:** Supporting my point in question one, the norms discourage women to be assertive and should not be carrying condoms or be always prepared for sexual activity.

1. For Men: What are the potential negative pressures or consequences for men who feel solely responsible? (e.g., financial burden, embarrassment, anxiety if unprepared).

**A:** The potential negative pressure I could think of is being shy if caught carrying condoms around, because the society might think one is lustful.

1. For Women/Other Genders: How does this myth potentially disempower others or put their health at risk? (e.g., lack of agency, dependency, being in a situation without protection if the partner doesn't have a condom).

**A:** The myth might put their health at risk, because condoms are made to practice save sexual intercourse. If both parties do not have one in their disposal if they happen to take part in sexual activity it could lead to transmission of disease.

1. For Relationships**:** How might this assumption hinder communication about consent and safer sex between partners?

**A:** This assumption might hinder communication about consent and safer sex between partners, because it assumes that safe sexual activity lies with one person creating an imbalance that discourages shared responsibility.

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Activity No. 3

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**Program, Year, & Section: BSIT – 4B**

**Date: September 03, 2025**

**Instruction**

Read the provided suicidal letter of **Julia Buencamino**- the late daughter of actors Shamaine and Noni Buencamino, which expresses profound feelings of isolation, hopelessness, and a desire to escape intense emotional pain. While the letter mentions many sources of this pain, your task is to focus specifically on the potential connection to the author's sexuality.

Analyze and reflect on the following questions.

1. How might the author's struggle with their sexual identity contribute to the feelings of isolation and despair described in the letter?

**A:** The author may have struggled to express their true self, their sexual identity creating a deep emotional isolation. The lack of support may have multiplied their sense of despair.

1. In what ways could the pressure conform to societal or familial expectations regarding sexuality act as a weight on the author's sense of self-worth?

**A:** The society used to be so much rigid about norms when it comes to sexuality, thankfully these days it is not as much but it could be the reason why the author felt suffocated back then. It may have led to them feeling shame.

1. Conversely, how could embracing and finding community in one's authentic sexuality be a potential source of resilience and hope, even amidst such deep pain?

**A:** Embracing and finding community in an individual’s authentic sexuality can be a source of resilience and hope because it could be the reason for one to find confidence to embrace why they truly feel. By having connection with those with similar experience can bring strength and hope.