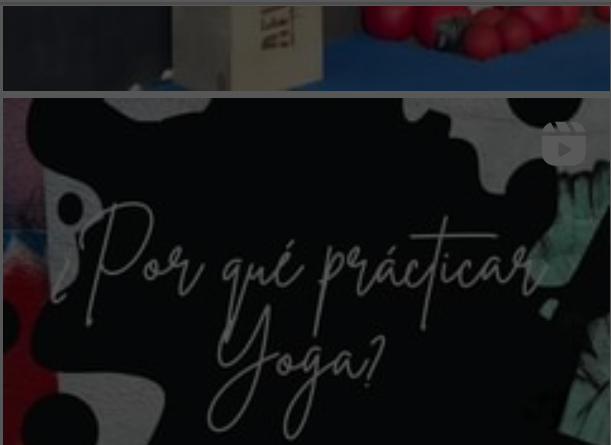


HORARIO JULIO 2022

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
8-10:30h	HATHA YOGA	SPINNING		SPINNING	HATHA YOGA
10-11:30h	CROSSTRAINING		BOX-TRAINING	CROSSTRAINING	
14-16:00h	CROSSTRAINING		CROSSTRAINING		BOX-TRAINING
16-18:30h	CROSSTRAINING	SPINNING	CROSSTRAINING		BOX-TRAINING
18-19:30h					
19-20:00h	SPINNING		SPINNING		
20-20:00h					
20-20:00h	CROSSTRAINING	BOX-TRAINING	CROSSTRAINING		
20-21:00h					
21-21:30h	HATHA YOGA				
21-21:00h	KRO-GAMMA				



Gym Mes Esport 2022

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
8-10:30h	HATHA YOGA	SPINNING		SPINNING	HATHA YOGA
10-11:30h	CROSSTRAINING	Body FIT	BOX-TRAINING	Body FIT	CROSSTRAINING
14-16:00h	CROSSTRAINING		CROSSTRAINING		BOX-TRAINING
16-18:30h	CROSSTRAINING	SPINNING	CROSSTRAINING	HATHA YOGA	BOX-TRAINING
18-19:30h					
19-20:00h	SPINNING		SPINNING		
20-20:00h					
20-20:00h	CROSSTRAINING	BOX-TRAINING	CROSSTRAINING		
20-21:00h					
21-21:30h	HATHA YOGA				
21-21:00h	KRO-GAMMA				



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