



NUMBER 1 • VOL 1

EDITION 2025

# TREKKING ALPUJARRAS



## TREKKING ALPUJARRAS

- LOCATION: Sierra Nevada Natural Park
- PRICE: 1.100 €
- PRE-BOOKING: 20 %
- MINIMUM OF PERSONS: 4
- DURATION: 8 days
- TOUR TYPE: Guided
- SEASON: Spring & Autumn
- TOTAL DISTANCE: 72 km
- TOTAL ASCENT: 4.015 m
- TOTAL DESCENT: 3.310 m
- ROUTE TYPE: Point to point
- DIFFICULTY: B-C

### INCLUDED

- Qualified Mountain Leader
- Liability insurance and assistance
- Airport transfer
- Daily luggage transport
- Accommodation: 7 nights
- Breakfast: 7 days
- Hiking shirt

### NOT INCLUDED

- Flight
- Travel & assistance insurance
- Cancellation insurance
- Lunch and dinner
- Extra meals
- Extra nights
- Extra excursions or activities
- Personal expenses
- Tips
- Private transport after or before the tour

### EXTRA

- Visit and taste the famous ham of Trevélez in the highest village of Sierra Nevada.



## HIGHLIGHT

- Sierra Nevada Natural Park
- Whitewashed mountain villages
- Beautiful scenery while hiking
- Mountain ecosystem
- The selected rural hotels
- Sleeping in the highest village of the Sierra Nevada

## TREKKING WITH LUGGAGE TRANSFER

- Your main luggage is taken between the villages along the route. This leaves you free to hike with a light bag with the essentials you need during the day. Hiking with a light backpack is much more pleasant than dragging a heavy rucksack, allowing you to enjoy the landscape without a heavy load.

## REQUIREMENTS

- Good physical fitness, with the habit of walking
- Closed shoes, no open shoes!
- Material: Basic hiking gear is required. Good hiking boots and walking sticks are recommended.
- Booking Conditions. See terms and conditions.
- Travel insurance. See terms and conditions.
- Release of liability form. See terms and conditions.



## AVAILABILITY

### 2025

#### Spring:

22-03 / 29-03

05-04 / 12-04

19-04 / 26-04

18/05 - 25/05

#### Autumn:

20/09 - 27/09

### 2026

#### Spring:

21-03 / 28-03

04-04 / 11-04

16-05 / 23-05

06-06 / 13-05

#### Autumn:

19-09 / 26-09



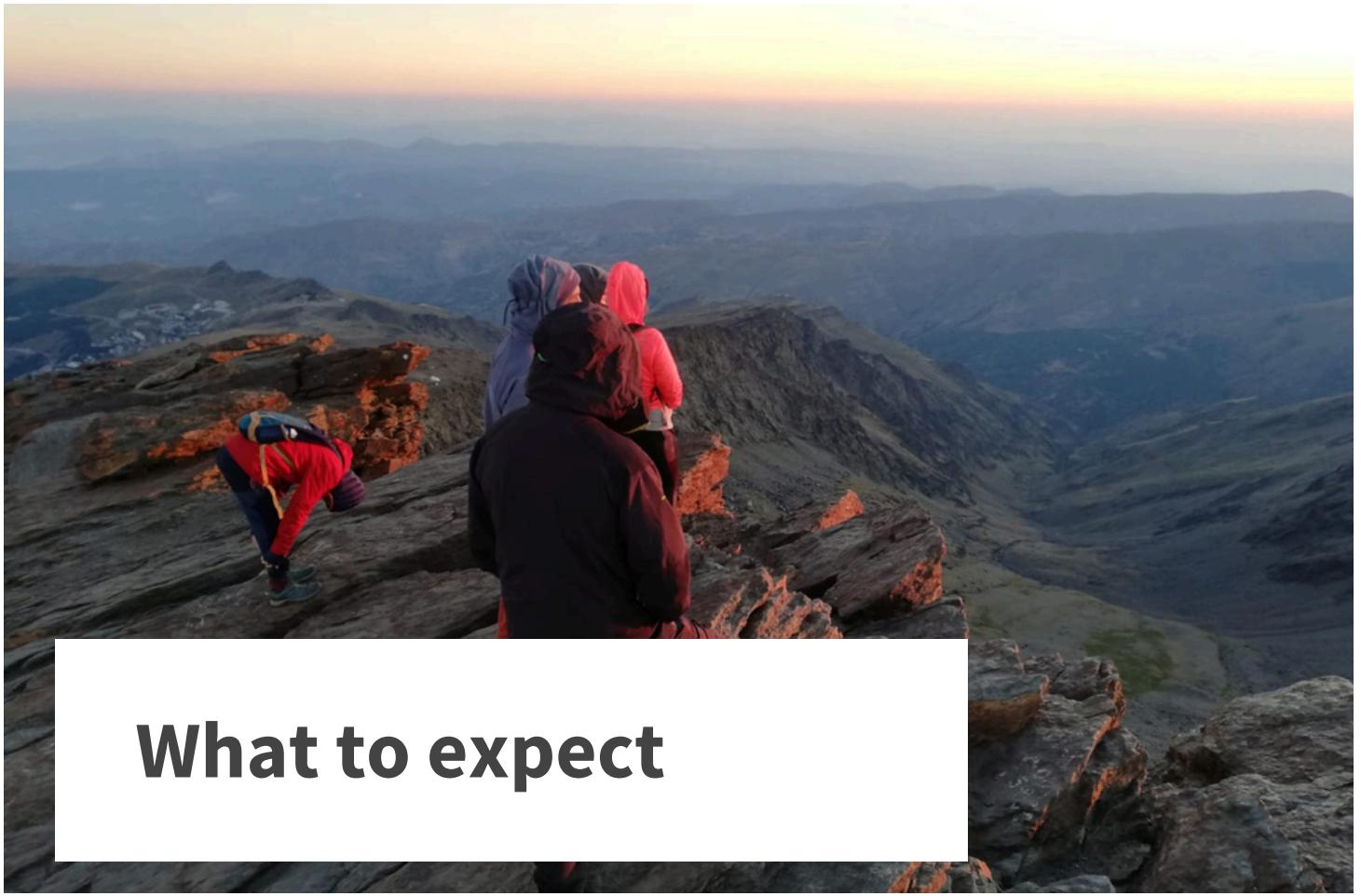
## ¿CHECKLIST?

Weather is important to consider while packing for your outdoor activity. Your packing list is based on your comfort and sensitivity. The best way to travel and to be outdoors is to layer your clothes.

Highly recommended as best way to stay warm and keep cool as the weather is bound to change in the mountains.

- Water (incl.) minimum 1 L
- Picnic
- Light day pack 20 l – 35 L
- Waterproof Rain cover backpack
- Weather-appropriate and comfortable clothing
- Quick-drying pants/shorts
- Long-sleeve shirt
- Hiking socks
- Rainwear (jacket and pants)
- Hiking shoes, not open shoes!
- Trekking poles
- Sun protection
- polar fleece or softshell jacket
- gloves
- warm hat
- Neck gaiter
- Water bottle

Any questions about the recommendations of the material do not hesitate to contact us.



## What to expect

Hiking in the rich Andalusian culture and history with the natural beauty of picturesque landscapes, charming villages, and iconic landmarks.

Your main luggage is taken between the villages along the route. This leaves you free to hike with a light bag with the essentials you need during the day. Hiking with a light backpack is much more pleasant than dragging a heavy rucksack, allowing you to enjoy the landscape without a heavy load.

The trekking takes you through the picturesque Alpujarra region on the southern slopes of the Sierra Nevada, Spain's highest mountain range. It seems like a journey back in time, as the area has its unique culture from ancient times to the present day, shown in its food culture, architecture, and traditions.

The main feature of the outstanding landscape is the villages situated mainly above 1.000 m. They are made up of white, square-shaped houses with flat roofs spreading out across the valleys.

The adventure sets out from the village of Laroles located near the pass of La Ragua, the only connection between the north and south of the Sierra Nevada, and heading toward the west. During the journey, you will discover the many villages and their terraced fields climbing the slopes presenting beautiful views and dramatic landscapes of the mountain range.

The blossoms of spring and the colors of autumn are the ideal time to join the trekking making it a unique experience.

Join us and uncover the hidden beauty of the Alpujarra region a treasure to discover!



## TRACK

**Start:** Village of Laroles  
**Finish:** Village of Capileira  
**Total distance:** 72 km  
**Total ascent:** 4.015 m  
**Total descent:** 3.310 m  
**Maximum altitude:** 1.750 m

Check out our blog for more information about Hiking Checklists

- Blog
- Hiking and Trekking
- What to bring on a hike

If you have any questions about the recommendations of the material do not hesitate to contact us.

Check out our blog for more information about our hiking grades

- Blog
- Hiking and Trekking
- Hiking grades

If you have any questions about the hiking grades do not hesitate to contact us.

## **DAY 1 Welcome**

Upon arrival in Málaga or Granada, our pick-up will drive us to our rural hotel in the Guadix region located between the north of the Sierra Nevada Mountain Range and the Gorafe desert, one of the unique landscapes of the province of Granada.

The tour leader will organize an introductory briefing about the trip the same day followed by a safety briefing.

There will be an organized dinner to celebrate the first day of the journey.

## **DAY 2**

**Trail 1: Laroles – Válor**

**Total distance: 13 km**

**Total ascent: 550 m**

**Total descent: 650 m**

**Duration trail: 5 hours**

**Physical difficulty: B**

**Technical difficulty: B**

After breakfast, we drive over the mountain pass “Puerto La Ragua” to the trekking starting point in the Laroles village.

The trail starts at the upper part of the village, at 1000 meters above sea level, from where you can see the flat roofs of the town's houses.

One of the defining elements of the territory that reaches its maximum significance in the Alpujarra region is the architecture with values from other cultures and civilizations. The orography and relief of the terrain influence the profile of the towns. These villages are distributed and oriented towards the south so that the sun offers them its luminosity and keeps them warm for as long as possible in the cold winters. Most of these towns are located in the middle of the slopes that descend from the top of the Sierra Nevada in a stepped composition that gives them a charm.

The tour leader will organize a dinner.

## **DAY 3**

**Trail 2 Válor – Mecina Bombarón**

**Total distance: 13 km**

**Total ascent: 700 m**

**Total descent: 400 m**

**Duration trail: 5 hours**

**Physical difficulty: B**

**Technical difficulty: B**

We leave the village of Válor which was the homeland of the Alpujarra hero Aben Humeya, a descendant of the Umayyad caliphs, who was proclaimed King of the Alpujarra after the Moorish uprising against the Christians in the reign of Philip II, back in 1568.

The second hike will take us to Yegen, a peaceful village where the romantic traveler Gerald Brenan lived known as the author of “Al Sur de Granada”, one of the best-known books about the Alpujarra. After crossing the Mecina River and a steep climb we reach the village of Mecina Bombarón.

After we take the car that brings us to our next hotel nearby in the village of Cádiar located between the Sierra Nevada and the Contraviesa mountain range.

The tour leader will organize a dinner.

## **DAY 4**

**Trail 3 Cádiar - Trevélez**

**Total distance: 20 km**

**Total ascent: 1.300 m**

**Total descent: 900 m**

**Duration trail: 8 hours**

**Physical difficulty: C**

**Technical difficulty: B**

Today's stage will be more demanding. It will take us from the southernmost point of the Alpujarra trail (800 meters) to the highest trekking point, about 1.500 meters above sea level, in the village of Trevélez.

Besides being the highest village in the Sierra Nevada, Trevélez is renowned for its naturally cured hams, which benefit from the healthy air of the Sierra Nevada. In the 19th century, the ham of Trevélez gained recognition when Queen Isabel II granted it the distinction of being a supplier to the Royal House. It currently holds the Denomination of Origin and has attained worldwide recognition.

The tour leader will organize a dinner.

## DAY 5

**Trail 4 Trevélez – La Taha**

**Total distance: 17 km**

**Total ascent: 650 m**

**Total descent: 950 m**

**Duration trail: 6 hours**

**Physical difficulty: B**

**Technical difficulty: B**

Today, the trail takes you through a forest of holm oaks which in autumn offers a colorful and impressive valley. In spring the gorse and broom come into bloom, producing a sea of bright yellow flowers.

The panoramic views we pass expose the rugged landscapes with deep valleys and large slopes of the Alpujarra region. Isolated places like ravines are home to many species of fauna and flora due to microclimates characterized by freezing temperatures in winter and mild temperatures in summer.

After crossing two ravines and a long descent the path arrives at the village of Busquístar near our destination for today called “La Taha”, a municipality that consists of several beautiful small towns. The name derives from the administrative divisions of the ancient Kingdom of Granada during the Nasrid era.

It is a peaceful place with stunning views, preserving well-maintained traditional neighborhoods in the Alpujarra.

The tour leader will organize a dinner.

## DAY 6

**Trail 5 La Taha – Capileira**

**Total distance: 9 km**

**Total ascent: 815 m**

**Total descent: 410 m**

**Duration trail: 5 hours**

**Physical difficulty: C**

**Technical difficulty: B**

Today's last stage is an upward trail with a long ascent in the morning that brings us to our last destination, the village of Capileira, the highest of the three small towns located at 1.435 meters in the gorge of the Poqueira River.

The Poqueira Gorge and the three villages on its slopes have become one of the most iconic sights of the Alpujarra Mountains. It is located at the foot of the highest peaks and contains one of the most surprising landscapes of the Sierra Nevada Natural Park making it a must-see for anyone who wants to get to know the Alpujarra.

Here we stay for the last two nights of the trekking.

**Free Dinner**

## **DAY 7 Free day Capileira**

**Explore the Historic-Artistic site of Poqueira River Valley and the three villages; Pampaneira, Bubión, and Capileira.**

**Although its origins date back to the Phoenicians, Romans, and Visigoths, the strongest legacy is left by the Arabs. The traditional architecture with typical white houses and flat roofs built along steep and winding streets, irrigation systems, agriculture, and linguistic roots are the inheritance left by a culture that was present for eight hundred years.**

**For the enthusiasts, there is the option to join the guide for an extra hike in the area. The guide will organize a place to have dinner together to celebrate the last evening of the journey.**

## **DAY 8**

**The journey ends after breakfast at our hotel. There will be a private transfer from the hotel to the airport in Málaga or Granada.**

## **MEALS**

- Breakfast included
- Lunch and dinner are not included

## **Group size**

- The group size ranges from 4 to 16 people

## **Accommodations**

The hotels have been carefully selected with great care for their location and their character to make your trip a single experience. The accommodations include breakfast and good service often with a restaurant, bar, garden, and swimming pool. The hotel room type is a standard double room assigned to two people with two individual beds or one double bed for couples with a private bathroom. Rooms are distributed, in consultation, according to the gender of the travelers. Private rooms can be booked at an additional cost for those who do not wish to be shared with other group members. Due to the limited capacity of the hotels, a single room must always be requested. Hotel extensions, adding an extra day or days at our selected accommodations can be arranged but have to be requested in advance. Because of the limited capacity of the hotels due to the group size, dates, etc., any changes in hotels will be immediately communicated to you.

## **Private transport**

- Airport Málaga or Granada – Hotel
- Hotel – Airport Málaga or Granada

There are no private transfers included for pre- and post-hotel extensions.

Any questions about the transport do not hesitate to contact us.

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