

**Digital Appendix 3.** Some Behavioral and Physical Attributes of a Sample of 165 University Students. Data obtained from a questionnaire and from measurements. The names of the variables and what they code for are:

Gender:	Male/Female
Aerobic:	Response to the question "Do you do aerobic exercise on a regular basis?"
Weights:	Response to the question "Do you work out with weights on a regular basis?"
Smoke:	Response to the question "Do you smoke?"
Caffeine:	Response to the question "Have you consumed caffeine in the past 2 hours?"
Sports:	Response to the question "Have you participated in a varsity sport in the past year?"
Pulse:	Pulse rate in beats per minute
Reaction:	Reaction time in milliseconds