

**AYIKUMA RECREATIONAL
CENTER**

ACCRA NORTH FSY CONFERENCE REPORT

DAY ZERO

VENUE: AYIKUMA RECREATIONAL CENTER, GHANA.

DATE: 26TH OCTOBER,2025.

SESSION COUPLE: BRO & SIS SARKODIE.

PREPARED BY: COORDINATORS

Day Zero of the Strength of Youth (FSY) Conference at Ayikuma marked the official beginning of preparations for the program. The day was dedicated to the arrival, orientation, and organization of counselors who will be leading and supporting participants throughout the week. No participants arrived on this day, as it was reserved solely for counselor briefing and readiness activities.

Counselors arrived at the conference venue in the morning and were warmly received by the organizing committee. Upon arrival, they completed registration formalities and were guided to their respective accommodation areas. The atmosphere was welcoming and filled with excitement and anticipation for the days ahead.

Each counselor received their official FSY attire for the week. The distribution process was well-coordinated, ensuring that every counselor obtained the correct set of clothing items, including T-shirts and other approved wear for various conference activities.

An orientation session was held to brief counselors on their roles, responsibilities, and expectations during the conference. The session covered topics such as leadership conduct, safety measures, communication channels, and how to effectively guide participants in both spiritual and recreational activities.

Team-building exercises and discussions were also conducted to help counselors bond and prepare for a unified and spirit-led experience.

Following the orientation, a leadership meeting was held between session directors and counselors to finalize logistical arrangements, review the program schedule, and address any pending matters before participant arrival. This session ensured that all counselors were well-prepared and aligned with the conference objectives.

Day Zero proceeded smoothly and according to plan. The counselors displayed enthusiasm, teamwork, and readiness for the tasks ahead. The successful distribution of attire, effective orientation, and smooth coordination set a positive tone for the rest of the week.

FSY CONFERENCE REPORT

DAY ONE

Day One of the FSY (For the Strength of Youth) Conference officially began on Monday 28th October, 2025 Ayikuma recreational center, under the inspiring theme “**LOOK UNTO CHRIST.**”

The day commenced with a special **orientation session for coordinator and assistance coordinator**, focusing on the *Counselor Instructions* from the **Staff Handbook**. During this session, leaders guided counselors through their roles, responsibilities, and expectations for the week. Key points included how to be examples of faith, provide spiritual guidance, ensure the safety and well-being of participants, and maintain an atmosphere of love and unity throughout the conference. Counselors were reminded to lead with patience, humility, and a Christlike attitude in all their interactions.



After the counselor briefing, **participants began arriving at the camp** with excitement and anticipation. They were warmly welcomed by their counselors and guided through the registration process and dormitory assignments. Upon arrival, participants received their **FSY attire, hand bands, and name tags**, and assigned groups. Fostering a sense of belonging and unity. The environment was filled with joy as participants interacted, formed new friendships, and prepared for the week ahead.



Following their arrival, an **orientation was held for all participants**. The session aimed to familiarize them with the conference layout, daily schedules, group activities, and safety guidelines. Leaders also introduced the youth theme which doubled as the theme for the conference as well **“Look Unto Christ”** encouraging every participant to stay focused on the Savior and draw strength from Him throughout the conference. The orientation further emphasized the importance of respect, discipline, teamwork, and spiritual participation in all FSY activities.



The main message of the day centered on **looking unto Christ as our perfect example and source of strength**, encouraging everyone to trust in Him and live by His teachings. As per the Agenda of the day most events turned out a success. Meals were served on time, and various activities helped participants bond and work together as a team. The evening concluded with a devotional and testimony session, where participants and counselors shared their thoughts and spiritual impressions, feeling inspired and ready for the days ahead.

In conclusion, **Day One was a day of preparation, orientation, and joyful fellowship.**

The counselor instruction session, participant orientation, and family home evening all worked together to set a strong spiritual and social foundation for a Christ-centered FSY experience. A total of 884 members were presently reported as follows, Session Directing Couple - 2, Coordinators - 2, Logistical Administrators - 2, Assistant Coordinators - 15, Counselors - 110, Youth - 728 and Logistics Team - 25

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DAY TWO

Day Two of the FSY (For the Strength of Youth) Conference at Ayikuma began with great enthusiasm and a renewed spiritual focus under the theme “**“LOOK UNTO CHRIST.”**

The day started with **morning devotion**, where participants gathered to sing hymns, pray, and share short inspirational messages. The devotion set a calm and reflective tone for the day, helping everyone center their hearts and minds on the Savior.



After devotion, **breakfast was served**, and participants joyfully shared the meal as they prepared for the day’s programs.

The **first order of the day** was led by the **counselors**, who taught their participants on various gospel topics related to faith, obedience, and discipleship. These teachings were inspired by the conference theme, encouraging the youth to always look unto Christ in all aspects of their lives. The sessions were interactive and uplifting, as participants asked questions, shared insights, and bore testimonies of how the gospel influences their daily choices.

The morning continued in its spiritual sequence with the session directing-couple morning devotion with participants. The devotion focused on gospel principles that strengthen faith and understanding of God’s plan. They taught about the **Plan of Salvation**, explaining how every soul has the opportunity to hear and accept the gospel of Jesus Christ. The couple discussed key topics such as the **Spirit World**, **Spirit Prison**, and **Paradise**, helping participants understand that God’s mercy and love extend beyond this life. They emphasized repentance, missionary work, and the importance of living righteously so we can return to our Heavenly Father. The message

touched many hearts and invited a strong spiritual atmosphere as participants reflected on their eternal purpose.



After this devotional, the rest of the day continued with **group activities, workshops, and discussions** that strengthened both participants spiritually and socially. Counselors guided their groups through teamwork exercises and spiritual reflections that helped participants grow in confidence and faith. With meals served on time, the day proceeded smoothly with excitement and active participation.

When the workshops had concluded, the atmosphere leveled up as participants took part in **games and recreational activities**. The games encouraged teamwork, unity, and fun among the youth, creating a balance between learning and leisure. Laughter and excitement filled the grounds as everyone enjoyed a friendly competition and fellowship.



Day Two proved to be a blend of spiritual growth, learning, and joyful interaction.
From the devotion and teaching sessions to the games and workshops, every activity contributed to helping participants truly “*Look Unto Christ*” and build stronger faith and unity.

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DAY THREE

Day Three of the FSY Conference at Ayikuma was another spiritually uplifting and activity-filled day. The participants continued to learn, and strengthen their faith under the inspiring theme **“LOOK UNTO CHRIST.”**

The day began with **breakfast**, followed by the regular group **morning devotional**. The devotional brought everyone together as they sang hymns, shared a prayer, and brief messages of encouragement inviting the Spirit and preparing the hearts of participants for the day ahead.

After the devotional, participants engaged in **Gospel Study led by their various counselors**, which focused on understanding scriptures and gospel principles in creative ways.

Later in the morning, the **Session Directing Couple** led a **special devotional** on the theme **“Fear Not.”** They reminded everyone that faith in Jesus Christ removes fear and that through trust in the Lord, we can overcome all challenges. Their message inspired the youth to stand firm in their faith and always remember that they are never alone when they **“Look Unto Christ.”**



After the couple's devotional, participants proceeded to their **First Class or Activity**, which focused on seminary and institute.

The second session followed suite with breakout room discussion led by the Family Services Department of Africa West Area. These discussions focused on emotional resilience and self-reliance. Participants acquired knowledge on how to make choices that align with gospel

principles in difficult situations. As well, they gained understanding on educational needs and aids available to the youth presently.



After such an educational morning, participants enjoyed the rest of their day with meals and bonding activities. They had an opportunity to prepare for their banner and cheer off the night. During this prep, participants took part in drawing and painting banners reflecting the theme of the conference as well as the names assigned to their various companies. They used their period to learn exciting ways to cheer to support their banner presentation. This activity served as a great opportunity for the youth to work as a group and become more unified.



The day concluded with a **Reflect and Review** session. During this quiet and spiritual moment, participants and counselors reflected on the lessons and experiences of the day. Many shared testimonies and expressed gratitude for the growth and happiness they had felt.

In conclusion, **Day Three was a beautiful blend of faith, learning, creativity, and joy.** From gospel study and devotionals to classes and games, every activity inspired participants to trust the Lord, live faithfully, and truly ***“Look Unto Christ.”***

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DAY FOUR

Day Four of the FSY Conference at Ayikuma was another spiritually uplifting and activity-filled day. The participants continued to strengthen their faith under the inspiring theme **“LOOK UNTO CHRIST.”**

The day began with **breakfast**, followed by the **morning devotional**. The devotional brought everyone together in hymns, prayer, and brief messages of encouragement that invited the Spirit and prepared the hearts of participants for the day ahead.

Short inspirational messages were shared by both participants and counselors, focusing on faith, diligence, and the importance of living righteously. It was a beautiful start to the day that encouraged everyone to draw closer to the Savior and strengthen their relationship with Him.

Following their morning devotions, participants separated into groups for the **Young Men** and **Young Women**. The activity focused on building unity, leadership, and spiritual confidence. Through discussions, games, and role-playing, the youth learned how to live gospel standards and support one another in righteousness.

The **Young Men** discussed the importance of priesthood responsibilities, service, and setting good examples among their peers. The **Young Women** learned about faith, virtue, and self-worth, emphasizing how living gospel standards can bless their future homes and families. Both groups later came together to share insights and testimonies, creating a spirit of unity and mutual respect.





Later in the morning, Elder and Sister Morrison, Second counselor to the Africa West Area presidency graced the conference with their presence. They led a powerful and heartfelt devotion. Their message centered on three main gospel principles; Missionary Work, Seminary, and Patriarchal Blessings

Elder Morrison began by encouraging the youth to prepare themselves for missionary service. He explained that missionary work is not just about wearing a name tag but about sharing the gospel through our example, love, and kindness. He reminded everyone that every faithful member can be a missionary in their home, school, and community by living the teachings of Jesus Christ.

Sister Morrison then spoke about the importance of attending **Seminary** and studying the scriptures daily. She emphasized that seminary is a place where testimonies are strengthened and where youth learn to recognize the voice of the Spirit. She encouraged all participants to take their seminary studies seriously, as the lessons learned there will prepare them for future challenges and strengthen their faith.

Lastly, the couple taught about **Patriarchal Blessings**, explaining that such blessings are sacred personal revelations from God that provide direction and comfort in life. They urged participants to prepare spiritually and worthily to receive their patriarchal blessings when the time is right, reminding them that it is one of the special ways God speaks individually to His children. The devotion by the Morrisons was deeply moving and left many participants reflecting on how they could better serve, study, and seek divine guidance in their own lives.



In the afternoon, participants gathered for a **Reverence and Testimony Discussion**, a quiet and sacred session designed to invite the Spirit. Counselors and leaders guided the discussion on the importance of reverence not only in meetings but in everyday behavior, speech, and thoughts. Participants were reminded that reverence is a form of respect for God and a reflection of one's testimony of the Savior. Afterward, several youths bore heartfelt testimonies about how FSY had strengthened their faith, built new friendships, and brought them closer to Christ. The Spirit was strong as many felt deep gratitude and renewed commitment to live righteously.

As evening approached, the atmosphere became lively with the **Variety Show** one of the most anticipated events of the conference. Participants showcased their talents through singing, dancing, poetry, drama, and other creative performances. The performances were not only entertaining but also uplifting, as most centered on gospel themes, gratitude, and the importance of unity. Laughter and applause filled the room as everyone celebrated the diverse talents among them. The Variety Show brought joy, strengthened friendships, and reminded participants that using their talents to uplift others is another way to serve God.



Day Four of the FSY Conference was a beautiful blend of **spiritual learning, personal reflection, and joyful expression and growth**. From the inspiring devotionals and gospel study to the testimony discussion and variety show, every activity helped participants grow spiritually and socially.

The teachings by **Elder Morrison** on missionary work, seminary, and patriarchal blessings especially touched hearts and motivated the youth to live more faithfully. As the day ended, participants felt renewed strength, deeper testimonies, and an even greater desire to continue looking unto Christ in all things.

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DAY FIVE

The fifth day of the FSY conference began with an atmosphere of peace and renewed spiritual energy. The **participants' morning devotional** set a wonderful tone for the day, as everyone gathered to sing hymns, share scriptures, and express gratitude for the experiences and lessons gained so far. The devotional reminded all in attendance of the importance of staying close to Christ and preparing their hearts to receive spiritual guidance throughout the day.

After the devotional, the participants continued with their **Gospel Study** session. During this time, they explored deeper gospel principles through scripture reading, group discussions, and spiritual reflections. The focus of the study was on how living gospel standards brings joy and purpose to life. Participants shared personal insights, bore testimonies, and asked thoughtful questions that encouraged everyone to strengthen their faith and commitment to the Savior. Counselors facilitated the discussions, helping the youth understand how gospel principles can guide their daily choices and shape their future.



Following the gospel study, the participants engaged in a **Goal Setting Review** session. This activity allowed them to look back at the personal goals they had set earlier in the week—spiritual, social, intellectual, and physical. With the help of their counselors, participants reflected on their progress, identified areas where improvement was needed, and set new goals for continued growth after the conference. Many expressed their desire to build better spiritual habits such as regular scripture study, daily prayer, and service to others.

The day was filled with moments of reflection, gratitude, and motivation. As participants reviewed their goals and testimonies, it became clear that the FSY experience had left a lasting impact on their hearts, encouraging them to continue striving to “Look Unto Christ” in all things.

DAY SIX

The sixth and final day of the FSY program was primarily dedicated to concluding activities. Participants checked out of their accommodations in the morning, followed by breakfast. Afterward, farewells were exchanged as participants departed for their various destinations, marking the official end of the week's activities.

SUGGESTIONS FOR FUTURE SESSIONS

Improvement of Sanitation Facilities

- ❖ To ensure the comfort and hygiene of participants, it is recommended that adequate washrooms be provided to meet the needs of all attendees. Where existing facilities are insufficient, the use of mobile toilets or temporary setups should be considered. Additionally, volunteers should be assigned to oversee cleanliness and ensure regular supply of sanitary materials.

Strengthening Health and Safety Measures

- ❖ A designated vehicle or ambulance should be made available throughout the program to transport any participant who falls ill or requires medical attention. It is also advisable to establish a well-equipped first-aid station managed by trained personnel.

Addressing Food Allergies and Dietary Restrictions

- ❖ It was observed that most participants did not indicate their food allergies or dietary restrictions. To prevent potential health risks, it is important to collect this information during registration. Meals should be planned to accommodate special dietary needs, and all catering staff should be informed of possible allergies. Clearly labeling food items and providing alternative meal options will help ensure the safety and comfort of all participants.

Enhanced Pre-Event Logistics Planning

- ❖ Prior to the commencement of the program, a comprehensive inspection of the venue should be conducted to identify and address any infrastructural or logistical gaps. A detailed checklist covering transportation, accommodation, and equipment requirements should be prepared and reviewed. Partnerships with local organizations or sponsors can also be explored to support in areas such as health services, vehicle provision, and facility improvement.

Ensuring Youth Welfare and Comfort

- ❖ Participants' welfare should remain a top priority throughout the program. Adequate rest breaks and hydration points should be provided to maintain energy and focus. Clear communication channels must be established to enable participants to report any issues or emergencies promptly. Welfare officers should also be appointed to monitor and address the well-being of participants.

Continuous Feedback and Program Improvement

- ❖ Feedback mechanisms should be put in place to gather input from both participants and facilitators at the end of each session. The insights gained should inform future planning and adjustments. It is also recommended that a record of lessons learned be maintained for reference and continuous improvement in subsequent editions of the program.
- ❖ To ensure maximum participation, schedule the youth program during school vacation periods so more participants are available to attend. Additionally, introduce a fully digital registration system to minimize manual work and speed up processes such as room allocation and record-keeping. This will help improve organization, reduce delays, and create a smoother start to the program.
- ❖ Provide an indoor venue or well-covered structure for classes and activities to prevent disruptions caused by weather conditions. This will ensure sessions continue smoothly, keep participants comfortable, and maintain focus regardless of rain or other environmental factors.
- ❖ Ensure a dedicated vehicle or an ambulance is stationed on-site throughout the program for emergency and health-related cases. Having a readily available means of transport will enable the health team to respond quickly to any urgent situation and ensure the safety and well-being of all participants. Set up a well-equipped first aid station at the program venue, staffed by trained health personnel. This will allow for immediate medical attention to minor injuries or illnesses and provide essential support while awaiting further medical assistance if needed.