# Concern2Care

## Student Concern Report

Generated on August 21, 2025

### Student Information

Name: NOEL R.

Teacher: Noel Roberts
School: Not specified

### Concern Details

Type: Social/Emotional

Date Documented: 8/21/2025

Description:

Noel was found in a corner crying today at Gym. he would not talk about what was bothering

### Al-Generated Intervention Strategies

### 1. Al-Generated Tier 2 Recommendations

Of course. Here are Tier 2 intervention recommendations for Noel R. based on the provided information.

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### \*\*1. Assessment Summary\*\*

Based on the incident report, Noel is exhibiting signs of moderate social-emotional distress, characterized by social withdrawal, emotional dysregulation (crying), and difficulty with verbal expression. The behavior occurred in a less-structured, high-stimulus environment (Gym), which may be a trigger. The primary areas of need appear to be in \*\*self-regulation\*\*, \*\*emotional expression\*\*, and potentially \*\*social anxiety\*\*. These behaviors suggest a need for targeted support to develop coping skills and a safe means of communication before academic performance is impacted.

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### \*\*2. Immediate Interventions\*\* (To implement within 1-2 weeks)

These strategies are designed to provide immediate support and de-escalation options for Noel.

- \* \*\*Strategy: Non-Verbal Check-In System\*\*
- \* \*\*Implementation:\*\* Create a simple, private signal with Noel (e.g., a color card system on his desk: green = okay, yellow = feeling anxious/needs a break, red = overwhelmed/need to leave; or a specific hand signal). The homeroom teacher should initiate a quiet, non-public check-in at the start of each day to gauge his readiness to learn.
- \* \*\*Expected Outcome:\*\* Reduces pressure to verbalize feelings when dysregulated and provides the teacher with immediate, discreet data on his emotional state.

- \* \*\*Timeline:\*\* Implement within the next 2 school days.
- \* \*\*Resources Needed:\*\* Small colored cards or a pre-printed visual cue chart.
- \* \*\*Strategy: Pre-Teaching and Previewing for Transitions\*\*
- \* \*\*Implementation:\*\* The homeroom teacher (or a designated staff member) should briefly preview the day's schedule with Noel, paying special attention to potentially stressful transitions like moving to the gym, lunch, or assemblies. Use a visual schedule. Before gym, calmly state what the activity will be, the expectations, and the signal he can use if he needs a break.
- \* \*\*Expected Outcome:\*\* Reduces anxiety associated with the unknown and unpredictable environments, helping Noel feel more prepared and in control.
  - \* \*\*Timeline:\*\* Begin immediately and continue daily.
  - \* \*\*Resources Needed:\*\* A visual daily schedule (can be a small printed copy for his desk or binder).

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### \*\*3. Short-term Strategies\*\* (To implement within 2-6 weeks)

These interventions build on the immediate supports to help Noel develop foundational self-regulation skills.

- \* \*\*Strategy: Scheduled "Check and Connect" Time\*\*
- \* \*\*Implementation:\*\* Designate a trusted adult (e.g., homeroom teacher, school counselor, assigned mentor) for a brief, scheduled 2-3 minute check-in twice per week. This is not crisis-based but a consistent, positive connection time to build rapport. Use open-ended questions or activities (e.g., "How did that math test go?" or a quick game).
- \* \*\*Expected Outcome:\*\* Builds a trusting relationship with an adult in the building, creating a safe person Noel might eventually feel comfortable opening up to.
  - \* \*\*Timeline:\*\* Schedule and begin within the next week; continue for a minimum of 4 weeks.
  - \* \*\*Resources Needed:\*\* A designated time slot and a private space for a quick conversation.
- \* \*\*Strategy: Explicit Instruction in Emotional Vocabulary & Coping Strategies\*\*
- \* \*\*Implementation:\*\* Use small-group instruction (which could include other students who would benefit) or individual moments to teach and practice identifying emotions using a "feelings wheel" or chart. Pair emotions with simple, practiced coping strategies (e.g., "If I feel overwhelmed, I can ask for a break, use a breathing technique [5-finger breathing], or get a drink of water").
- \* \*\*Expected Outcome:\*\* Equips Noel with the language to identify his feelings and a toolbox of strategies to manage them, moving beyond non-verbal shutdown.
  - \* \*\*Timeline:\*\* Introduce one strategy per week for the next 4-5 weeks; practice daily.
- \* \*\*Resources Needed:\*\* Feelings wheel/chart, posters or cue cards for breathing techniques, a "calm down corner" pass.

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### \*\*4. Long-term Support\*\* (6+ weeks)

These are sustainable practices to support Noel's ongoing social-emotional health and resilience.

- \* \*\*Strategy: Strengths-Based Goal Setting\*\*
- \* \*\*Implementation:\*\* Once rapport is established, work with Noel to set small, achievable personal goals related to participation or expressing needs (e.g., "I will use my yellow card once this week if I need help," or "I will contribute one idea in a small group project"). Celebrate effort, not just success.
- \* \*\*Expected Outcome:\*\* Fosters self-efficacy and internal motivation by focusing on his strengths and incremental progress.
  - \* \*\*Timeline:\*\* Begin in approximately 6 weeks, after other strategies are in place.
  - \* \*\*Resources Needed:\*\* A simple goal-tracking sheet (can be a private chart).
- \* \*\*Strategy: Fading Supports and Generalizing Skills\*\*
- \* \*\*Implementation:\*\* As Noel demonstrates consistent use of coping strategies and check-ins, begin to slowly fade the adult support (e.g., moving from teacher-initiated check-ins to student-initiated, using the strategies in more classes independently).

- \* \*\*Expected Outcome:\*\* Promotes independence and self-advocacy, ensuring skills are internalized and not dependent on constant adult prompting.
  - \* \*\*Timeline:\*\* An ongoing process after the first marking period.
  - \* \*\*Resources Needed:\*\* Continued observation and communication among teachers.

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### ### \*\*5. Progress Monitoring\*\*

To determine if these interventions are effective, track the following data:

- \* \*\*Frequency of Incidents:\*\* Tally the number of times Noel is observed withdrawing, crying, or needing to leave class. The goal is a decrease in frequency.
- \* \*\*Use of Strategies:\*\* Track how often he successfully uses his non-verbal signal or a taught coping strategy (e.g., "Noel used his break card appropriately 3 out of 5 days this week").
- \* \*\*Behavioral Checklists:\*\* Use a simple weekly rating scale (e.g., a 1-5 scale on "participated in group activity," "appeared calm during transition," "advocated for need") completed by the homeroom teacher and one other relevant teacher (e.g., gym teacher).
- \* \*\*Check-In Logs:\*\* The designated adult should keep brief notes on the tone and content of their scheduled check-ins to monitor for improvements in engagement and communication.

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#### ### \*\*6. When to Escalate\*\*

It is crucial to escalate this to the school's student support team (SST), child study team, or school psychologist immediately if any of the following occur:

- \* \*\*Increased Severity or Frequency:\*\* The crying/shutdown episodes increase in frequency, duration, or intensity.
- \* \*\*Lack of Progress:\*\* After 4-6 weeks of consistent intervention implementation, there is no noticeable improvement in his ability to regulate or communicate.
- \* \*\*Expressed Harm:\*\* Noel makes any verbal or written statements that hint at self-harm, harm to others, or profound hopelessness.
- \* \*\*Academic Impact:\*\* His emotional state begins to significantly impact his academic performance (e.g., missing assignments, failing grades, refusal to complete work).
- \* \*\*Social Isolation:\*\* He completely withdraws from all peer interactions and shows signs of depression.

The actions already taken (talking with the student and parent) are appropriate first steps. The next logical step is to implement these Tier 2 strategies while formally bringing the concern to the school-based support team to document the interventions and plan for a potential 504 evaluation if responses are insufficient.

Implementation Steps:

• Review Assessment Summary

• Implement Immediate Interventions

• Apply Short-term Strategies

• Monitor Progress

