# Concern2Care

## Student Concern Report

Generated on August 21, 2025

## Student Information

Name: jay R.

Teacher: Noel Roberts
School: Not specified

### Concern Details

Type: Peer Relationships

Date Documented: 8/21/2025

## Description:

Jay is overly competitive and will get into fights over a simple game. he does not know how to take loosing.

## Al-Generated Intervention Strategies

### 1. Al-Generated Tier 2 Recommendations

### \*\*Assessment Summary\*\*

Jay demonstrates moderate challenges in peer relationships characterized by hyper-competitiveness, poor emotional regulation in competitive settings, and difficulty coping with losing. These behaviors are impacting his social interactions and may stem from undeveloped self-management skills, low frustration tolerance, or possible underlying social-emotional needs. Tier 2 interventions should focus on teaching emotional regulation, perspective-taking, and collaborative skills in structured, low-stakes environments.

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### \*\*Immediate Interventions\*\* (1-2 weeks)

\*Goal: De-escalate conflict, introduce self-awareness, and provide immediate support during competitive activities.\*

- \*\*Strategy: Pre-Activity Coaching\*\*
- \*\*Implementation\*\*: Before competitive activities (e.g., games in gym), briefly meet with Jay to:
- 1. Review expectations for sportsmanship.
- 2. Practice a calming strategy (e.g., deep breathing, counting to 5).
- 3. Use a scripted phrase like, "It's okay to feel upset, but I will stay calm."
- \*\*Expected Outcome\*\*: Reduced outbursts; increased self-awareness.
- \*\*Timeline\*\*: Implement before each competitive activity.
- \*\*Materials\*\*: Visual prompt card with calming steps/script.
- \*\*Strategy: Structured Debriefing After Conflicts\*\*
- \*\*Implementation\*\*: After an incident, use a neutral space to:
  - 1. Have Jay reflect using a "Feelings and Choices" worksheet.
  - 2. Discuss alternative responses (e.g., walking away, using words).

- \*\*Expected Outcome\*\*: Improved reflection and problem-solving skills.
- \*\*Timeline\*\*: After each incident, 5-7 minutes.
- \*\*Materials\*\*: Simple graphic organizer for reflecting on emotions/actions.

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### \*\*Short-term Strategies\*\* (2-6 weeks)

\*Goal: Teach and reinforce prosocial behaviors, emotional regulation, and cooperative skills.\*

- \*\*Strategy: Social Stories/Scripting for Sportsmanship\*\*
- \*\*Implementation\*\*:
- 1. Create or use a social story about losing gracefully/winning humbly.
- 2. Read and discuss with Jay 1–2 times per week.
- 3. Role-play scenarios in a non-competitive setting.
- \*\*Expected Outcome\*\*: Better understanding of expected behaviors; reduced reactivity.
- \*\*Timeline\*\*: 2x/week for 4 weeks.
- \*\*Materials\*\*: Customized social story, role-play scenario cards.
- \*\*Strategy: Positive Peer Modeling & Group Goals\*\*
- \*\*Implementation\*\*:
- 1. Pair Jay with a peer model during low-stakes team activities.
- 2. Use group contingencies (e.g., "If everyone demonstrates good sportsmanship, the class earns 5 minutes of free time").
- \*\*Expected Outcome\*\*: Increased cooperative behavior; peer reinforcement.
- \*\*Timeline\*\*: During gym/group activities 2–3x/week.
- \*\*Materials\*\*: Reward system (e.g., token board, class incentive chart).
- \*\*Strategy: Emotion Regulation Toolkit\*\*
- \*\*Implementation\*\*:
- 1. Teach and practice a "cool-down" strategy (e.g., square breathing, using a stress ball).
- 2. Jay accesses the toolkit when frustrated (e.g., a designated cool-down corner for 2 minutes).
- \*\*Expected Outcome\*\*: Improved self-regulation during frustration.
- \*\*Timeline\*\*: Teach Week 2; use as needed Weeks 3-6.
- \*\*Materials\*\*: Cool-down corner, tactile tools, visual timer.

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### \*\*Long-term Support\*\* (6+ weeks)

\*Goal: Generalize skills across settings, build resilience, and foster positive peer connections.\*

- \*\*Strategy: Peer-Mediated Conflict Resolution\*\*
- \*\*Implementation\*\*:
- 1. Train Jay and peers in basic "I-statements" and conflict resolution steps.
- 2. Implement structured peer feedback sessions after group activities.
- \*\*Expected Outcome\*\*: Sustainable conflict resolution skills; improved peer relations.
- \*\*Timeline\*\*: Begin Week 7; reinforce biweekly.
- \*\*Materials\*\*: Conflict resolution script, facilitator guide for teacher.
- \*\*Strategy: Mentorship or SEL Group\*\*
- \*\*Implementation\*\*:
- 1. Refer Jay to a school-based SEL group focusing on emotional regulation or social skills.
- 2. Pair with a staff mentor (e.g., coach, counselor) for weekly check-ins.
- \*\*Expected Outcome\*\*: Generalized coping strategies; supportive adult connection.
- \*\*Timeline\*\*: Ongoing after Week 6.
- \*\*Materials\*\*: SEL curriculum, mentor meeting log.

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- \*\*Method\*\*: Use a simple frequency tally for incidents (e.g., arguments, outbursts) during competitive activities.
- \*\*Tool\*\*: ABC (Antecedent-Behavior-Consequence) data sheet for patterns; student self-rating scale on sportsmanship (1–5 scale).
- \*\*Frequency\*\*: Weekly data review; compare baseline to intervention phases.

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#### ### \*\*When to Escalate\*\*

Refer to the student support team or consider a 504/IEP evaluation if:

- Behaviors persist or intensify after 6 weeks of consistent intervention.
- Jay shows signs of emotional distress (e.g., withdrawal, anger outbursts in non-competitive settings).
- Peer relationships significantly deteriorate or impact academic engagement.
- Parent or teacher notes concerns in multiple settings (e.g., classroom, home, extracurriculars).

Let me know if you would like support drafting a referral or connecting with your school's MTSS/504 coordinator.

Implementation Steps:

• Review Assessment Summary

• Implement Immediate Interventions

• Apply Short-term Strategies

• Monitor Progress

