

# 08

What are the best  
practices for  
teaching REACH  
CAD to women with  
limited technical  
backgrounds?

# 08

## What are the best practices for teaching REACH CAD to women with limited technical backgrounds?

Here are some best practices for teaching REACH CAD to women with limited technical backgrounds:

### **1. Adapt Teaching Methods**

- (i)** Use interactive and hands-on approaches:  
Engage students by having them take apart and reassemble digital models.
- (ii)** Implement problem-based learning (PBL):  
Combine PBL with interactive self-assessment tools to improve academic performance and motivation.
- (iii)** Incorporate team projects:  
Encourage collaboration by having students work together on larger projects, bringing separate parts into one design.

## **2. Tailor Content and Delivery**

**(i)** Start with basic digital literacy:

Many women, especially in rural areas, may lack fundamental computer skills. Begin with digital literacy training before introducing CAD software.

**(ii)** Use step-by-step tutorials:

Provide clear, sequential instructions that students can follow at their own pace.

**(iii)** Offer flexible learning options

Accommodate women's household responsibilities by providing part-time or modular training options.

## **3. Address Barriers and Provide Support**

**(i)** Overcome mobility constraints:

Utilize mobile training units like NIIT Foundation's Digital Bus Program to bring REACH CAD training directly to remote areas.

**(ii)** Create a supportive environment:

Establish Women Empowerment Centers (WECs) that offer not only technical skills but also personal development workshops and mentoring.

**(iii)** Provide comprehensive support:

Combine REACH CAD training with entrepreneurship development, financial literacy, and soft skills training.

#### **4. Emphasize Real-World Applications**

**(i)** Connect skills to job opportunities:

Highlight how REACH CAD skills can lead to employment in apparel manufacturing, design, and other industries.

**(ii)** Encourage entrepreneurship:

Teach women how to use REACH CAD skills to start their own businesses or offer freelance services.

**(iii)** Showcase success stories:

Share examples of women who have successfully used CAD skills to improve their economic situation.

## **5. Utilize Technology and Resources**

**(i)** Implement self-assessment tools:

Use interactive graphical tools to allow students to evaluate on their own.

**(ii)** Leverage online resources:

Utilize platforms like GrabCAD to access a wide range of models and learning videos

**(iii)** Incorporate multimedia:

Use videos, animations, and interactive content to make learning more engaging and accessible.

## **6. Address Gender-Specific Challenges**

**(i)** Challenge stereotypes:

Encourage women to explore non-traditional roles in CAD and design, moving beyond stereotypical “women’s work”.

**(ii)** Create a gender-sensitive curriculum:

Ensure that course content and examples are inclusive and relevant to women’s experiences.

**(iii)** Provide role models:

Invite successful women in CAD-related fields to speak or mentor students.

By implementing these best practices, educators can create an effective and empowering learning environment for teaching REACH CAD to women with limited technical backgrounds.

This approach not only imparts valuable skills but also contributes to broader goals of women’s empowerment and economic participation.

*For more information on how REACH CAD can add value to your business, please email [info@reach-tech.com](mailto:info@reach-tech.com) and visit [www.reach-tech.com](http://www.reach-tech.com)*

# enabling agile apparel enterprises for the digital economy

