JOURNAL OF ENDOUROLOGY Volume 39, Number 1, January 2025 Mary Ann Liebert, Inc.

Pp. 10-18 DOI: 10.1089/end.2024.0602

## Ureteroscopy and Percutaneous Procedures

Open camera or QR reader and scan code to access this article and other resources online.



# A Prospective, Randomized, Noninferiority Study to Evaluate the Safety and Effectiveness of Steerable Ureteroscopic Renal Evacuation Compared with Standard Ureteroscopy: 30-Day Results of the ASPIRE Study

Brian R. Matlaga, MD, MPH, Thomas J. Mueller, MD, Brett Johnson, MD, Jay Page, MD, 4 J. Stuart Wolf, Jr, MD,<sup>5</sup> Glenn M. Preminger, MD,<sup>6</sup> Loren Jones, MD,<sup>7</sup> Ilya Sobol, MD,<sup>8</sup> Karen Stern, MD,<sup>9</sup> David Cuellar, MD,<sup>7</sup> Kaitlan Cobb, MD,<sup>8</sup> Robert Barsky, MD,<sup>2</sup> Robert Medairos, MD,<sup>6</sup> Charles Marguet, MD,<sup>10</sup> Naren Nimmagadda, MD,<sup>1</sup> Mark White, MD,<sup>11</sup> Michael Levin, MD,<sup>12</sup> and Thomas Chi, MD, MBA<sup>13</sup>

## **Abstract**

*Purpose:* We report the first multicenter, prospective, randomized noninferiority controlled trial of steerable ureteroscopic renal evacuation (SURE) for nephrolithiasis treatment.

*Materials and Methods:* Candidates for laser lithotripsy  $\geq 18$  years with  $\geq 1$  renal stone  $\geq 7$  mm and 7-20 mm stone burden were randomized 1:1 SURE vs ureteroscopy (URS). SURE was performed using the CVAC Aspiration System, a novel steerable irrigation-aspiration catheter. The primary efficacy end point was noninferiority in stone-free rate (SFR) based on zero residual fragments (RFs) 30 days postprocedure on noncontrast computed tomography. Secondary end points were superiority tests, stone clearance (percent stone volume reduction), residual stone volume (RSV), SFR (no RF > 2 mm), and SFR (no RF > 4 mm) 30 days postprocedure.

**Results:** Of the subjects, 123 were randomized and 101 qualified for efficacy analysis (SURE 46 vs URS 55). Despite randomization, baseline URS stone volume was higher (SURE 485.0 ± 432.5 mm<sup>3</sup> vs URS 713.3 ± 558.5 mm<sup>3</sup>). The primary noninferiority end point was achieved (SURE SFR 48% vs URS SFR 49%, p = 0.027, -1.3% [90% confidence interval; -18%, 15%]). Stone clearance was significantly higher for SURE vs URS subjects (SURE 96.9  $\pm$  5.6% vs URS 92.9  $\pm$  11.6%, p = 0.036); RSV was significantly lower (SURE 14.3  $\pm$  3 0.9 mm<sup>3</sup>

<sup>&</sup>lt;sup>1</sup>Johns Hopkins University School of Medicine, Baltimore, Maryland, USA.

<sup>&</sup>lt;sup>2</sup>New Jersey Urology, Summit Health, Sewell, New Jersey, USA.

<sup>&</sup>lt;sup>3</sup>University of Texas Southwestern Medical Center, Dallas, Texas, USA.

<sup>&</sup>lt;sup>4</sup>Arizona Urology Specialist, Tucson, Arizona, USA. <sup>5</sup>Dell Medical School, The University of Texas at Austin, Austin, Texas, USA.

<sup>&</sup>lt;sup>6</sup>Duke University Health System, Durham, North Carolina, USA.

<sup>&</sup>lt;sup>7</sup>Urology Austin, Austin, Texas, USA.

<sup>&</sup>lt;sup>8</sup>Urology of Virginia, Virginia Beach, Virginia, USA.

<sup>&</sup>lt;sup>9</sup>Mayo Clinic, Phoenix, Arizona, USA.

<sup>&</sup>lt;sup>10</sup>Prisma Health, Greenville, South Carolina, USA.

Albany Medical College, Albany, New York, USA.

<sup>&</sup>lt;sup>12</sup>Arizona Institute of Urology, Tucson, Arizona, USA <sup>13</sup>University of California, San Francisco, California, USA.

This study's abstract was previously published in The Journal of Urology, Volume 211, Issue 5S, May 2024 doi.org/10.1097/ 01.JU.0001008748.59024.cb.04.

<sup>©</sup> The Author(s) 2024. Published by Mary Ann Liebert, Inc. This Open Access article is distributed under the terms of the Creative Commons License [CC-BY] (http://creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

vs URS 70.2  $\pm$  144.9 mm<sup>3</sup>, p = 0.012). SURE stone clearance and RSV were independent of baseline stone volume, but for URS degraded with increasing baseline stone volume. Safety was comparable between groups.

*Conclusions:* SFR for SURE subjects was noninferior compared with URS subjects; stone clearance and RSV were significantly better with SURE, independent of baseline stone volume.

**Keywords:** urolithiasis, ureteroscopy, randomized controlled trial, suction, vacuum

### Introduction

U reteroscopy (URS) is one of the most common urolithiasis treatments and has seen technology advances, including digital endoscopes and high-power lasers. Even so, stone-free rates (SFRs) as defined by computed tomography (CT) remain 55%–73% and can differ by stone burden, type, and location. Residual fragments (RFs) can increase the risk for stone recurrence and future stone events. 9–15

Steerable ureteroscopic renal evacuation (SURE) using the CVAC Aspiration System, a novel irrigation and aspiration catheter, has recently been introduced. A single-center study showed that SURE removed significantly greater stone volume and achieved significantly higher stone clearance (percent stone volume reduction) *vs* basketing, as measured by CT on postoperative day 1. A multicenter study of large stone burden patients (mean 29.3 mm) showed that SURE is safe and effective for this population, including high-risk patients. In these studies, SURE significantly reduced stone volume and achieved high stone clearance independent of baseline stone volume, in contrast to previous studies of conventional URS which found that as baseline stone size increases, SFR decreases, and the number of operations needed increases.

As a next step, the ASPIRE (ASPiration to Improve Renal Calculi Removal Effectiveness) prospective, randomized, controlled multicenter study was conducted. The aim was to evaluate the safety and effectiveness of SURE vs URS at 30 days through 2 years. In both groups, the goal of treatment was to achieve a "surgically stone-free" outcome (defined as no visible fragments or dust at the end of the procedure). The hypothesis was that SFR would be greater than or noninferior to that of URS with SURE and that SURE would achieve higher stone clearance and lower residual stone volume (RSV) vs URS.

#### **Materials and Methods**

Study protocol and objectives

ASPIRE complied with the Good Clinical Practice Guidelines, the International Organization for Standardization 14155, and the Declaration of Helsinki 2013 (NCT04519294; clinicaltrials.gov). Each investigator had the protocol approved by a central or local institutional review board. Written informed consent was obtained for study participation, each subject understanding the risks/benefits.

Eligible subjects were ≥18 years old, had a total renal stone burden of 7–20 mm, had ≥1 renal stone ≥7 mm, were candidates for URS with laser lithotripsy, and could comply with all study-related follow-up. CT measurements using the longest dimension from the axial, coronal, or sagittal view of each stone were used to calculate stone size and total stone burden (sum of the longest dimensions of each stone). Baseline CT scans were taken as much as 90 days before the index procedure. Subjects with body mass index (BMI) ≥45, significant comorbidities, bladder, ureteral, or kidney abnormalities, inability to accommodate a 12/14F ureteral access sheath (UAS), pregnancy, or unable to meet the protocol requirements were excluded.

Subjects underwent noncontrast CT (NCCT) imaging using 1.25 mm slices at 30 days postprocedure. A blinded analyst at an independent central laboratory used MIMICS semi-automated segmentation software (Materialise NV, Belgium) to measure and record stone volume at baseline and 30 days to evaluate stone clearance and RSV. For added rigor, the CT images were also read by a blinded independent endourologist. Safety was assessed and adjudicated by an independent medical monitor and the principal investigator, both blinded to randomization. Adverse events (AEs) were graded using the Clavien–Dindo system and assessed

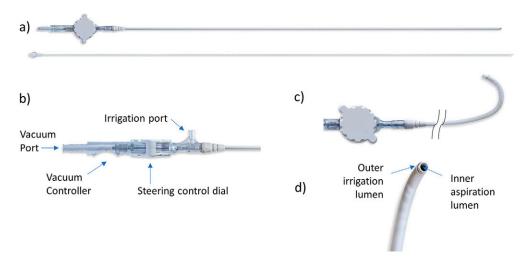


FIG. 1. CVAC<sup>©</sup> Aspiration System.

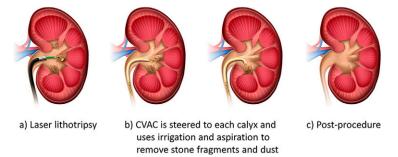


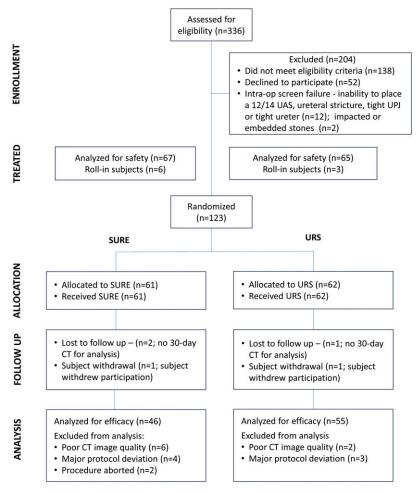
FIG. 2. Schematic of the steerable ureteroscopic renal evacuation (SURE) procedure using the CVAC<sup>©</sup> Aspiration System.

whether device or procedure related. Stone events were defined as subject-reported, documented stone passage and/ or any recurrent RF-related symptom(s) requiring clinic or ED visit, hospitalization, or additional interventions. Event rates between groups were compared.

Effectiveness was compared between groups. The primary effectiveness end point was noninferiority in SFR, defined as the percentage of subjects with zero RF at 30 days postprocedure observed on 1.25 mm slice NCCT by a blinded central reviewer. Secondary end points were stone clearance, RSV, and modified SFR defined as no RF >2 mm and no RF >4 mm at 30 days.

## Statistical methods

Subjects were randomized 1:1 SURE to URS using permuted block sizes 2 and 4, stratified by study center. Computer-generated randomization schedules were administered using sequentially numbered sealed envelopes opened by site personnel during the index procedure. Randomization was administered intraoperatively after effective 12/14F UAS placement and retrograde pyelogram to delineate the collecting system. Any ureteral stones were treated prior to randomization.



**FIG. 3.** CONSORT (Consolidated Standards of Reporting Trials) flow diagram (CT = computed tomography; SURE = steerable ureteroscopic renal evacuation; UAS = ureteral access sheath; URS = ureteroscopy).

TABLE 1. BASELINE DEMOGRAPHICS AND CLINICAL CHARACTERISTICS

	SURE	URS
	n = 46	n = 55
Age, years (Mean $\pm$ SD)	59 ± 14	$60 \pm 14$
Gender (% subjects)	Male 52	Male 51
BMI (Mean $\pm$ SD)	$32 \pm 5.7$	$31 \pm 6.1$
Total stone burden (mm)	$14 \pm 6.5$	$19 \pm 11$
Total stone volume (mm <sup>3</sup> )	$490 \pm 430$	$710 \pm 560$
Stone density (HU)	$612.0 \pm 248.6$	$679.6 \pm 243.5$
Single Stone (% subjects)	57	44
Lower Pole Stone (% subjects)	59	46
Ureteral Štones (% subjects)	30	18

Highest stone composition	SURE	URS
(% subjects)	$n = 44^a$	$n = 53^{a}$
Calcium oxalate monohydrate	64	77
Calcium oxalate dihydrate	6.8	7.5
Calcium phosphate	2.3	3.8
Uric acid	16	3.8
Brushite	2.3	1.9
Cystine	0.0	1.9
Struvite	2.3	0.0
Other	2.3	1.9

<sup>a</sup>Subjects with stone composition analysis.

HU, Hounsfield units; SD = standard deviation; SURE = steerable ureteroscopic renal evacuation; URS = ureteroscopy; BMI = body mass index.

PASS 2021 was used to estimate the sample size (80% power) for a noninferiority test for the difference between two proportions (20% noninferiority margin; one-sided Z-test,  $\alpha = 0.05$ ). We chose 20% based on published URS studies with comparable SFR (55%-73%),3,4 although absence of multicenter randomized controlled trials with 30-day follow-up and inconsistent SFR reporting made it challenging to find comparable studies. Assuming 25% URS SFR, an estimated 58 subjects per group would be needed. For secondary end points, if the noninferiority test passed, a superiority test was conducted (two-sided  $\alpha =$ 0.05) per protocol. Categorical variables were tested using chi-squared tests; continuous variables were tested using two-sample t-tests. The same primary and secondary end point analyses were repeated excluding >2 cm stone burden subjects (since their inclusion represented protocol deviations) and in lower pole stone subjects. Stone clearance and RSV linear regressions on baseline stone volume showed evidence of treatment group and baseline stone volume interaction, so these analyses were stratified by treatment group. Safety was assessed based on the intent to treat (ITT) population (all subjects in whom treatment was initiated), which includes the roll-in/training subjects (SURE, n = 6 and URS, n = 3). Efficacy was analyzed based on the modified ITT (mITT) population (all subjects treated without major protocol deviations preventing 30day outcomes assessment).

TABLE 2. PROCEDURE AND PERIOPERATIVE PARAMETERS

	SURE	URS
	n = 46	n = 55
Subjects prestented, number (percent)	17 (37%)	20 (36%)
Postprocedure stent duration, days	7	8
Procedure time, min (mean $\pm$ SD)	$66 \pm 32$	$58 \pm 22$
Fluoroscopy time, sec (mean $\pm$ SD)	$190 \pm 100$	$50 \pm 33$
Subjects treated with thulium fiber	9, 37	13, 42
laser, holmium YAG laser		
Laser power, kJ (mean $\pm$ SD)	$11 \pm 21$	$13 \pm 11$
Laser time, min (mean $\pm$ SD)	$14 \pm 11$	$21 \pm 27$
Basket passes (mean $\pm$ SD)	$11 \pm 11$	$19 \pm 15$

kJ = kilojoules; YAG = Yttrium Aluminum Garnet.

## Study procedures

After effective UAS placement and randomization, subjects underwent SURE or URS. In both groups, subjects initially underwent laser lithotripsy, and for consistency, each site used its ureteroscope of choice (disposable, reusable, 6.9–9.9F) and standard laser for both groups, including thulium fiber laser (3 sites) and high-power holmium Yttrium Aluminum Garnet (YAG) (8 sites). Laser settings and a dusting or fragmenting approach were based on investigator's preferences. In both groups, the surgeon was instructed to attempt a surgically stone-free outcome; accordingly, basketing was allowed in both groups.

The SURE procedure was performed using the CVAC Aspiration System (Calyxo, Inc., Pleasanton, CA), a steerable ureteroscopic irrigation and aspiration catheter designed to remove fragments ≤2.5 mm (Fig. 1). The 11.9F outer diameter catheter has an outer irrigation lumen for continuous irrigation and a 7.5F inner aspiration lumen. The large aspiration lumen facilitates continuous passive efflux of irrigant and stone debris, preventing intrarenal pressure buildup during use of the device. The steering control dial enables the surgeon to deflect the catheter tip into all parts of the collecting system under fluoroscopy. The vacuum port connects to standard operating room suction (150-200 mm Hg), and aspiration is activated by covering the vacuum controller opening. Irrigation is applied using a 10-cc syringe system and quickly removed by both passive and active aspiration through the aspiration lumen.

During SURE (Fig. 2), the surgeon utilized laser lithotripsy to ablate the stones until fragments were ≤2 mm. After ureteroscope removal, CVAC was introduced over a 0.035" or 0.038" guidewire through the UAS under fluoroscopy. Once CVAC was placed in the target location, the introducer and guidewire were removed. CVAC was manipulated under fluoroscopy throughout the collecting system. In each calyx, fragments, including "dust," were removed using simultaneous irrigation/aspiration. After CVAC removal, the ureteroscope was reintroduced to assess for RF. If necessary, CVAC and/or a basket was reintroduced and treatment continued until the subject was surgically stone free.

In the control group, URS was performed based on the investigator's standard of care. Surgeons chose a dusting *vs* fragmenting approach and used basket extraction as per their clinical judgment to render the subject surgically stone free.

TABLE 3. STONE REMOVAL OUTCOMES

	SURE	URS		
	n = 46	n = 55	Difference (CI)	p-value
Noninferiority Primary Endpoint			Difference (90% CI)	
SFR using zero RF (% subjects)	48	49	-1.3% (-18%, 15%)	0.027 <sup>a</sup>
Superiority Tests			Difference (95% CI)	
Stone clearance (% reduction in stone volume) (mean ± SD; minimum, median, maximum)	96.9 ± 5.6, (70.4, 99.9, 100.0)	92.9 ± 11.6, (56.7, 99.5,100.0)	4.1 (0.37, 7.8)	0.036 <sup>b</sup>
RSV (mm <sup>3</sup> ) (mean ± SD; minimum, median, maximum)	$14.3 \pm 30.9$ (0.0, 0.5, 149.9)	$70.2 \pm 144.9$ (0.0, 0.9, 593.2)	-55.9 (-99, -13)	$0.012^{b}$
SFR using no RF >2 mm (% subjects)	52	49	3.1% (-16%, 23%)	0.8 <sup>c</sup>
SFR using no RF >4 mm (% subjects)	78	62	16% (-0.01%, 34%)	0.074 <sup>c</sup>

<sup>&</sup>lt;sup>a</sup>Chi-squared test for noninferiority.

In both groups, a retrograde pyelogram was performed to assess for kidney/ureter injury postprocedure. A stent was placed for ≥3 days, total duration as per surgeon discretion. Alpha-adrenergic blockers, analgesics, and/or anticholinergics were prescribed as per investigator standard of care.

Any protocol changes initiated by investigators were reviewed and approved by the principal investigator. Since CVAC had been previously used for large stone burdens, investigators requested this deviation when they felt that they could achieve a surgically stone-free result with either treatment. As such, 7 subjects with stone burden >2 cm were admitted into the study, randomized 6:1 URS to SURE (by chance).

### Results

From June 2021 to February 2023, 123 subjects were randomized across 11 U.S. institutions. A total of 101 subjects

qualified for the efficacy analysis in the mITT population (SURE n=46 and URS n=55, Fig. 3). Baseline demographics and clinical characteristics were similar between groups, except for stone burden; despite randomization, the baseline stone burden and volume were lower in the SURE vs URS groups (Table 1). Stone composition was also comparable between SURE and URS subjects (Table 1).

Procedure time, laser time, and laser power were similar between groups (Table 2). Mean fluoroscopy time was greater for SURE *vs* URS, and the mean number of basket passes was lower for SURE *vs* URS.

All end points were met (Table 3). Secondary end points of SFR (no RF >2 mm or no RF >4 mm) showed no significant difference between groups. SURE demonstrated significant superiority in stone clearance and RSV vs URS at 30 days. Subgroup analyses excluding subjects with stone burden >2 cm showed findings consistent with the entire cohort (Table 4). RSV (mm<sup>3</sup>) in the lower pole was significantly lower after SURE vs URS (SURE  $n = 17, 25.8 \pm 39.1$ 

Table 4. Subgroup Analysis Excluding Subjects with Stone Burden >2 cm

	SURE	URS		
	n = 45	n = 49	Difference (CI)	p Value
Noninferiority Primary Endpoint			Difference (90% CI)	
SFR using zero RF (% subjects)	49	51	-2.1% (-19%, 15%)	0.038 <sup>a</sup>
Superiority Tests			Difference (95% CI)	
Stone clearance (% reduction in stone volume) (mean ± SD; minimum, median, maximum)	97.1 ± 5.4 (70.4, 99.9, 100.0)	$93.3 \pm 11.7$ (56.7, 100.0, 100.0)	3.8 (0.05, 7.6)	0.047 <sup>b</sup>
RSV (mm <sup>3</sup> ) (mean ± SD; minimum, median, maximum)	$11.7 \pm 25.8$ (0.0, 0.4, 149.9)	$57.8 \pm 124.6$ (0.0, 0.0, 593.2)	-46 (-84, -8.4)	0.017 <sup>b</sup>

<sup>&</sup>lt;sup>a</sup>Chi-squared test for noninferiority.

<sup>&</sup>lt;sup>b</sup>Two-sample *t*-test for superiority.

<sup>&</sup>lt;sup>c</sup>Chi-squared test for superiority.

RF = residual fragment; RSV = residual stone volume; SFR = stone-free rate.

<sup>&</sup>lt;sup>b</sup>Two-sample *t*-test for superiority.

RF = residual fragment; RSV = residual stone volume; SFR = stone-free rate.

Table 5. Stone-Free Rates by Status Grade at 30 Days<sup>a</sup>

	$\frac{SURE}{n = 46}$	$\frac{URS}{n = 55}$	p Value
Grade A (no stone) – % subjects	48	49	0.027 <sup>b</sup>
Grade B (RF ≤ 2 mm)	52	49	0.76 <sup>c</sup>
Grade C (RF 2.1–4 mm)	26	13	0.087 <sup>c</sup>
Not stone free (RF >4 mm)	22	38	0.074 <sup>c</sup>

Subgroup analysis of stone-free rates by status grade excluding subjects with stone burden >2 cm

	SURE	URS	
	$\overline{n = 45}$	$\overline{n = 49}$	p Value
Grade A (no stone)-% subjects	49	51	0.038 <sup>b</sup>
Grade B (RF ≤2 mm)	53	51	$0.823^{c}$
Grade C (RF 2.1–4 mm)	27	12	$0.114^{c}$
Not stone free (RF >4 mm)	20	37	$0.110^{c}$

 $^{\mathrm{a}}\mathrm{Stone}\text{-free}$  rates based on noncontrast CT scans with 1.25 mm slices.

<sup>b</sup>Chi-squared test for noninferiority.

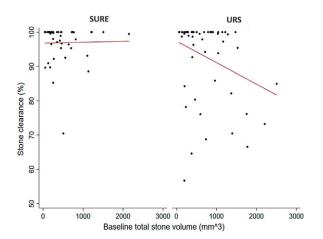
<sup>c</sup>Chi-squared test for superiority.

RF = residual fragment.

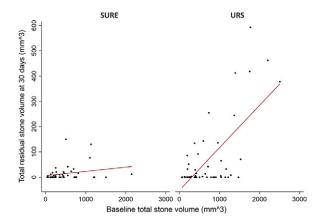
vs URS n = 22, 97.4  $\pm$  147.3, p = 0.04). SFR by stone-free status grade is shown in Table 5.

With SURE, there was no evidence that stone clearance was dependent on baseline stone burden (Pearson's correlation coefficient = 0.02, p = 0.89; Fig. 4). In contrast, with URS, there was a significant negative correlation between stone clearance and baseline stone volume (correlation coefficient = -0.30, p = 0.025; Fig. 4).

Regression analysis also indicated that with SURE, there was no significant evidence of a relationship between RSV and baseline total stone volume (correlation coefficient = 0.24, p = 0.11), whereas with URS, there was a significant, positive correlation between RSV and baseline stone volume (correlation coefficient = 0.68, p < 0.001; Fig. 5).



**FIG. 4.** Regression analysis of stone clearance *vs* baseline total stone volume.



**FIG. 5.** Regression analysis of residual stone volume (RSV) *vs* baseline total stone volume.

There were no significant differences in safety between groups (Table 6). Most AEs were mild, occurred within the first 7 postoperative days, and resolved spontaneously. There were no serious device-related AEs in either group. There were 3 Clavien–Dindo Grade I SURE-related AEs; all involved a tear/perforation to the tissue. Two had bleeding that obscured visualization and the procedures stopped. Since CVAC was manipulated without direction visualization, it is unknown whether suction and/or device manipulation caused the bleeding. All events resolved without intervention. In the URS group, there was one Clavien–Dindo Grade I device-related AE in which the laser caused tissue injury and bleeding that resolved before the end of the procedure.

Three subjects per group experienced stone events. Two SURE subjects had documented stone passage; one underwent stent placement. One URS subject passed a stone fragment; one had flank pain requiring an ED visit; and one was scheduled for retreatment for RF. No SURE subjects required retreatment within 30 days.

## **Discussion**

SURE using the CVAC Aspiration System achieves high stone clearance with minimal RSV independent of baseline stone volume. A recent study of SURE in large stone burden patients also reported high effectiveness independent of stone burden. ASPIRE also demonstrates what was previously reported in the literature that URS efficacy declines with increasing baseline stone volume. For a court knowledge, SURE is the first ureteroscopic procedure to demonstrate an efficacy and reliability profile independent of baseline stone parameters.

A strict, standardized CT imaging protocol enabled rigorous outcomes assessment and demonstrated the limitations of the SFR metric. The mean SFR with zero RF was <50% in both groups, in line with the 55% SFR in a study of aggressive basket extraction.<sup>3</sup> The seemingly low SFR is likely due to the increased sensitivity of 1.25 mm CT slices and reflects a more accurate assessment *vs* other studies where 3–5mm slices are typically used. The fact that SFR improved as the criteria for "stone-free" changed from zero fragments to no RF >2 mm to no RF >4 mm highlights the problematic variability of the SFR metric. These distinctions in SFR definition

TABLE 6. At	DVERSE EVENTS	ат 30	DAYS
-------------	---------------	-------	------

	SURE (r	SURE (n = 67 subjects)		URS (n = 65  subjects)	
	Number events	Number subjects (%)	Number events	Number subjects (%)	(for subjects)
Clavien–Dindo Grade I	10	10 (15%)	6	6 (9.2%)	0.4
Pain	1	1	0	0	
Renal perforation	1	1	0	0	
Stent pain	3	3	0	0	
Ureteral damage	4	4	5	5	
Urinary retention	0	0	1	1	
Urinary tract infection	1	1	0	0	
Clavien-Dindo Grade II	7	7 (10%)	5	4 (6.2%)	0.5
Hematuria	2	2	0	0	
Pain	2	2	0	0	
Pyelonephritis	1	1	0	0	
Sepsis	0	0	2	2	
Stent pain	0	0	1	1	
Urinary retention	1	1	1	1	
Urinary tract infection	1	1	1	1	
Clavien-Dindo Grade IIIa	0	0	0	0	N/A
Clavien-Dindo Grade IIIb	3	3 (4.5%)	1	1 (1.5%)	0.6
Kidney stone	1	1	1	1	
Pain	1	1	0	0	
Sepsis	1	1	0	0	
Clavien-Dindo Grade IV	0	0	0	0	N/A

<sup>a</sup>Fisher's exact test.

have clinical implications, as RFs >4 mm have been associated with increased rates of stone events and RFs >2 mm are more likely to grow than smaller fragments. 11,12

Due to the variability of how SFR is measured and defined and its bimodal nature, it may be that continuous variables such as stone clearance and RSV are more clinically relevant and useful for comparing treatments. Both RSV and RF size pertain to how much stone is left. Studies have demonstrated that the largest RF is a predictor for stone events<sup>12</sup> and that larger RFs are more likely to grow *vs* RF.<sup>11</sup> With longer follow-up, we anticipate understanding whether similar observations can be made between RSV and stone events, including retreatment.

There has been recent discussion in the urologic community of possible elevated intrarenal pressure during URS contributing to increased sepsis. <sup>19,20</sup> The sepsis rates for SURE (1.5%, 1/67) and URS (3.1%, 2/65) compared favorably to the 5.0% average published rate for URS. <sup>21</sup>

Several limitations must be acknowledged. The baseline imbalance in stone size between the SURE and URS groups, despite randomization, introduces a confounding factor. The subgroup analysis excluding patients with stone burden >2 cm addresses this concern, and the findings similar to those in the entire cohort are reassuring (Table 4). In addition, the regression analyses (Figs. 4 and 5) showed no relationship between baseline stone volume and RSV or stone clearance for SURE.

Each site used its standard laser, which represents realworld practice but introduces variability. To control for different laser types and dust quality, the same laser type and settings were used in both groups. Future studies could be enhanced by limiting the laser to one type. Subjects were censored when major deviations impacted accurate assessment of the primary and secondary efficacy end points. It is not known whether these unavailable data would have affected the results.

The benefits of increased stone clearance with SURE need to be balanced with potential drawbacks as follows: increased fluoroscopy time, the need for a 12/14F UAS, and device costs. Although fluoroscopy time for SURE was significantly higher than for URS—potentially increasing radiation exposure to the patient—there was wide variation reflecting differing investigator techniques. A next-generation CVAC system that integrates direct vision, laser lithotripsy, irrigation/aspiration, and stone collection through a single device expected to improve safety and effectiveness outcomes has been developed and will be the subject of future studies. The benefit-drawback balance for SURE vs URS will also be further understood with longer term follow-up.

## **Conclusions**

In this largest and most rigorous study of SURE compared with URS, SFR was noninferior and stone clearance and RSV were significantly better with SURE, independent of baseline stone volume. These results suggest that SURE has a role in the treatment of nephrolithiasis; longer follow-up will better inform the clinical and health economic effect of improved stone clearance, including the need for retreatment. Additional outcome metrics beyond SFR such as stone clearance and RSV are needed to better assess procedural outcomes.

## **Acknowledgments**

The authors would like to thank the following collaborators for their support in investigation: Brian Mazzarella, MD; Urology Austin; Austin, TX. Kalpesh Patel, MD; Arizona Urology Specialist; Tucson, AZ Gregg Eure, MD; Urology of Virginia; Virginia Beach, VA Patrick Springhart, MD; Prisma Health; Greenville SC Eric Katz, MD; Johns Hopkins University School of Medicine; Baltimore, MD Kevin Wymer, MD; Mayo Clinic; Rochester, MN. The authors would also like to thank Sharon Lam Wang for her assistance in preparation of this article and Miranda Kunz of Technomics Research for the statistical support.

### **Authors' Contributions**

Conceptualization: B.R.M. and G.M.P. (both supporting), investigation: B.R.M. (lead); T.J.M., B.J., J.P., J.S.W., G.M.P., L.J., I.S., K.S., D.C., K.C., R.B., R.M., C.M., N.N., M.W., and M.L. (all equal), supervision: B.R.M. and T.C. (both equal), and writing—review and editing: B.R.M., B.J., J.S.W., G.M.P., K.S., and T.C. (all equal).

## **Author Disclosure Statement**

J.S.W. serves as a consultant to Applaud Medical, Calyxo Inc., and Lilac Therapeutics and is on the editorial board of Urology Times, G.M.P. serves as a consultant to Calyxo, Inc., I.S. serves as a consultant to Ambu and Storz, N.N. serves as a consultant to Endotheia, and T.C. serves as a consultant to Calyxo Inc., Boston Scientific Company, Becton Dickinson and Company, Cook Medical, and Uroviu. The remaining authors have nothing to disclose.

## **Funding Information**

This study was sponsored by Calyxo, Inc.

### References

- Kim JK, Daignault-Newton S, DiBianco JM, et al. Michigan urological surgery improvement collaborative. Real-world practice stone-free rates after ureteroscopy: Variation and outcomes in a surgical collaborative. Eur Urol Focus 2023; 9(5):773–780; doi: 10.1016/j.euf.2023.03.010
- Tzelves L, Geraghty RM, Hughes T, et al. Innovations in kidney stone removal. Res Rep Urol 2023;15:131–139; doi: 10.2147/RRU.S386844
- 3. Canvasser N, Lay A, Kolitz E, et al. Prospective evaluation of stone free rates by computed tomography after aggressive ureteroscopy. J Urol 2017;197(4 Suppl):MP75–M12.
- York NE, Zheng M, Elmansy HM, et al. Stone-free outcomes of flexible ureteroscopy for renal calculi utilizing computed tomography imaging. J. Urology 2019;124:52–56; doi: 10 .1016/j.urology.2018.09.005
- 5. Xue Y, Zhang P, Yang X, et al. The effect of stone composition on the efficacy of retrograde intrarenal surgery: Kidney stones 1–3 cm in diameter. J Endourol 2015;29(5): 537–541; doi: 10.1089/end.2014.0778
- Elbakary MR. Factors affecting use of flexible ureteroscope in large renal stones; stone size or stone composition. Urol Ann 2022;14(4):336–339; doi: 10.4103/ua.ua\_13\_22
- 7. Huang JS, Xie J, Huang XJ, et al. Flexible ureteroscopy and laser lithotripsy for renal stones 2 cm or greater: A single institutional experience. Medicine (Baltimore) 2020;99(43): 43(e22704; doi: 10.1097/MD.0000000000022704

- 8. Mozafarpour S, Hernandez N, Lipkin M, et al. Outcomes of ureteroscopy. Minerva Urol Nefrol 2016;68(6):560–569.
- Raman J, Bagrodia A, Gupta A, et al. Natural history of residual fragments following percutaneous nephrostolithotomy. J Urol 2009;181(3):1163–1168.
- Rebuck D, Macejko A, Bhalani V, et al. The natural history of renal stone fragments following ureteroscopy. Urology 2011;77(3):564–568; doi: 10.1016/j.urology.2010.06.056
- 11. Chew BH, Brotherhood HL, Sur RL, et al. Natural history, complications and re-intervention rates of asymptomatic residual stone fragments after ureteroscopy: A report from the EDGE research consortium. J Urol 2016;195(4 pt 1): 982–986; doi: 10.1016/j.juro.2015.11.009
- Emmott A, Brotherhood H, Paterson R, et al. Complications, re-intervention rates, and natural history of residual stone fragments after percutaneous nephrolithotomy. J Endourol 2018;32(1):28–32; doi: 10.1089/end.2017.0618
- Sorokin I, Canvasser N, Lay A, et al. Natural history of residual fragments confirmed by computed tomography after ureteroscopy. J Urol 2018;199(4S):PD45–P02.
- Sorensen MD, Harper JD, Borofsky MS, et al. Removal of small, asymptomatic kidney stones and incidence of relapse. N Engl J Med 2022;387(6):506–513; doi: 10.1056/NEJ Moa2204253
- Iremashvili V, Li S, Penniston KL, et al. Role of residual fragments on the risk of repeat surgery after flexible ureteroscopy and laser lithotripsy: Single center study. J Urol 2019 Feb;201(2):358–363; doi: 10.1016/j.juro.2018.09.053
- Sur RL, Agrawal S, Eisner BH, et al. Initial safety and feasibility of steerable ureteroscopic renal evacuation: A novel approach for the treatment of urolithiasis. J Endourol 2022; 36(9):1161–1167; doi: 10.1089/end.2021.0759
- Stern KL, Borgert BJ, Wolf JS., Jr., steerable ureteroscopic renal evacuation (sure) for large renal stones: A multiinstitutional center study. J Endourol 2023;37(11):1179–1183; doi: 10.1089/end.2023.0424
- Takazawa R, Kitayama S, Tsujii T. Appropriate kidney stone size for ureteroscopic lithotripsy: When to switch to a percutaneous approach. World J Nephrol 2015;4(1):111– 117; doi: 10.5527/wjn.v4.i1.111
- Bhojani N, Paranjpe R, Cutone B, et al. Predictors and health care utilization of sepsis post-ureteroscopy in a U.S.based population: Results from the Endourological Society TOWER Collaborative. J Endourol 2022 Nov;36(11): 1411–1417; doi: 10.1089/end.2022.0010
- Bhojani N, Eisner B, Monga M, et al. Sepsis prevalence and associated hospital admission and mortality after ureteroscopy in employed adults. BJU Int 2023;132(2):210–216; doi: 10.1111/bju.16029
- Bhojani N, Miller LE, Bhattacharyya S, et al. Risk Factors for Urosepsis After Ureteroscopy for Stone Disease: A Systematic Review with Meta- Analysis. J Endourol 2021; 35(7):991–1000; doi: 10.1089/end.2020.1133

Address correspondence to:
Brian R. Matlaga, MD, MPH
Johns Hopkins University School of Medicine
600 N. Wolfe St
Baltimore, MD 21287
USA

## **Abbreviations Used**

AE = adverse event

 $ASPIRE = ASPiration \ to \ Improve \ Renal \ Calculi$ 

Removal Effectiveness

BMI = body mass index

CA = California

cc = cubic centimeter

CI = confidence interval

CT = computed tomography

ED = emergency department

F = French

mITT = modified intent to treat

mm = millimeters

mm Hg = millimeters of mercury

NCCT = noncontrast computed tomography

RF = residual fragment

RSV = residual stone volume

SFR = stone-free rate

SURE = steerable ureteroscopic renal evacuation

UAS = ureteral access sheath

URS = ureteroscopy

YAG = Yttrium Aluminum Garnet