Heartbeat Counting Task

Instructions

In the following task, you will need to count and report the number of heartbeats during several intervals.

Simply **relax** and remain seated quietly while **counting your heartbeat without physically measuring it**.

The interval will start with a '3-2-1' signal, after which you need to count your heartbeats until you hear a beep.

Questions will then be displayed for you to answer.

I am ready